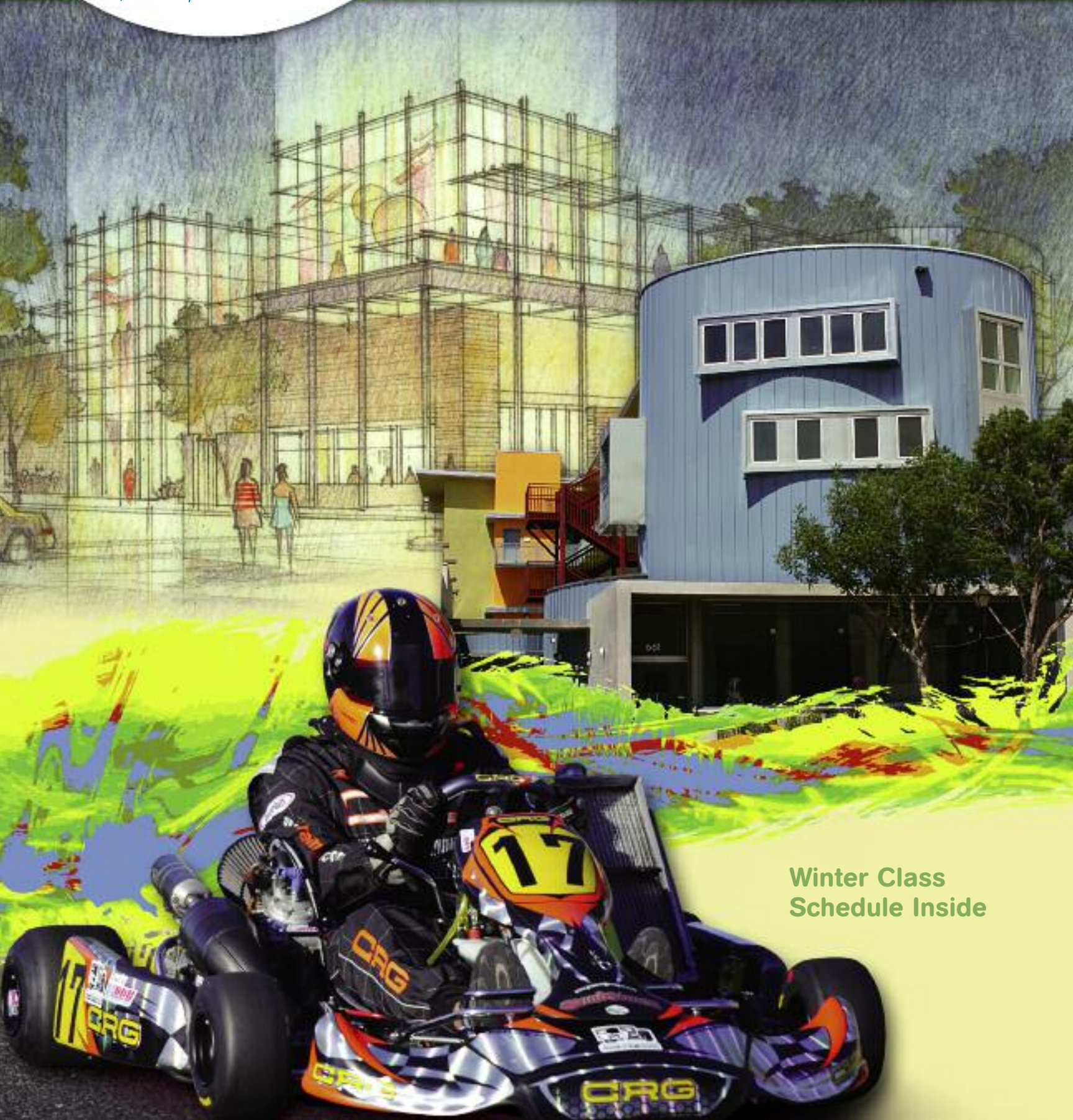


outlook

December 2009
Newsletter &
Activity Guide

lancaster  ca
it's positively clear



Winter Class
Schedule Inside

city officials

Lancaster City Council

R. Rex Parris, Mayor
Ronald D. Smith, Vice Mayor
Ken Mann, Council Member
Sherry Marquez, Council Member
Ed Sileo, Council Member

City Manager

Mark V. Bozigian

you're invited to meetings

Due to the holidays, there will be no Lancaster City Council/Lancaster Redevelopment Agency meeting on December 23. City Hall will be closed for the holidays on December 25, January 1 and January 18, and will be closed at noon on December 24 and December 31.

Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 5 p.m. Notice of special Council meetings will be posted at City Hall.

Lancaster Architectural & Design Commission

2nd Friday of the month at 4 p.m. All meetings are held in the Council Chambers at City Hall.

Lancaster Criminal Justice Commission

2nd Wednesday of the month at 10 a.m. All meetings are held in the Council Chambers at City Hall.

Lancaster Neighborhood Vitalization Commission

1st Monday of the month at 4 p.m. All meetings are held in the Council Chambers at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 6 p.m. All meetings are held in the Council Chambers at City Hall. Agenda review is held on the Monday preceding each month's meeting at 5:30 p.m. in the Planning Department Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 p.m. All meetings are held in the Council Chambers at City Hall.

let us hear from you

We welcome your comments. Contact City Hall at 661-723-6000 Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.

hotline info

24-hour recorded information	661-723-6200
Abandoned shopping cart retrieval	800-887-0466
City Special Event hotline	661-723-5900
Job hotline	661-723-5874
Hate crimes hotline	877-728-7322 (7-AT PEACE)
Graffiti hotline	661-723-5985
Anonymous crime tip hotlines	661-948-COPS (948-2677) 800-78-CRIME (782-7463)

www.cityoflancasterca.org

City Council meeting agendas can be found here. Register for selected classes online.

www.lpac.org

Lancaster Performing Arts Center

www.avfilm.com

Antelope Valley Film Office

www.colra.org

Lancaster Redevelopment Agency

www.lancastersoccercenter.com

Lancaster National Soccer Center

www.big8softball.com

Big 8 Softball Complex

www.poppyfestival.com

California Poppy Festival

a message from the

city council

THERE IS NO DENYING THAT 2009 HAS BEEN A CHALLENGING YEAR.

But it has also been a year in which we have seen the community draw closer together to help each other through difficult times.

Lancaster's Economic Stimulus Package has been an overwhelming success, with thousands participating in the Shop & Dine program and hundreds buying new vehicles with our Shop & Drive rebates. Many aspects of the stimulus package continue to contribute to our community. Read more on page two.

The City has gone to great lengths to prevent the blight of foreclosed homes from devastating neighborhoods. In this issue, we focus on the progress being made in the Piute neighborhood and their plans for the future.

Lancaster's crime rate continues to plunge dramatically, thanks in large part to the active cooperation of citizens like you. You'll find the latest FBI statistics on page six.

As the end of the year approaches, families gather to celebrate. We hope you join us at the many holiday events scheduled between now and New Year's Day. Then on Saturday, January 16, 2010, the community will once again band together for our Annual Day of Service in honor of Dr. Martin Luther King Jr. Plan to participate in one of the many service projects which will help beautify our community.

A new decade means the U.S. Census is back for an all important head count. Congressional boundaries, federal funding and much more depend on an accurate count. The ten minutes you spend to complete the Census mailer will have a big impact on our community for years to come.

On behalf of all of us at City Hall, may we wish you and yours a wonderful Christmas, the happiest of holiday seasons and the very best in 2010!

Your City Council



on the cover

Photo by David Balian.

Streets of Lancaster photo by David Mills.

Karts & Arts: Downtown's eclectic blend

Have you discovered the transformation going on in Downtown Lancaster? The avant garde Arbor Lofts and Gallery has arrived. The *Streets of Lancaster* Go-Kart Grand Prix recently raced by and Lancaster's new Museum and Art Gallery is in the works. There is so much to see and do along the Boulevard. Drop by soon.

outlook

Editor: Joseph Cabral, *Communications Manager*

Design: Davis Communications

Photography: David Balian, Liz Breault, *Streets of Lancaster* photos by David Mills

outlook is published quarterly by the Lancaster Community Services Foundation.

This newsletter is mailed to households and businesses in the City as a public service.

Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County.

The City of Lancaster is an equal opportunity employer.



*Martin Luther King Jr. Day of Service
January 16 – Be great! Volunteer!*
page 4

*Coming soon to your
mailbox – the 2010 Census*
page 5

United States® Census 2010



Sign up for Lancaster eNews!
page 8



*Celebrate the season
with The Silver Bell*
page 21

LPAC

Lancaster Performing Arts Center

december

outlook

2 close up

Lancaster's Economic Stimulus Package
Piute Plan revitalizing neighborhood

4 community in action

Martin Luther King Jr. Day of Service

6 safe at home

Crime rate drops again

8 announcing eNews!

Sign up to receive timely topics of local interest

8 prime desert woodland

Winter nature events

9 christmas and holiday events

Celebrate the season with us!

9 parks, recreation & arts

Preschool, classes, sports, aquatics

19 arts in the city

25th Annual Juried All-Media Art Exhibition

21 lpac

2010 starts with fabulous entertainers

close up on creating community

Lancaster's Economic Stimulus Package: *Helping to build a stronger City in 22 ways*

Widely acclaimed for its innovative, take-charge approach, the City of Lancaster's Local Economic Stimulus Package continues to benefit residents in a number of ways. Encompassing 22 distinct initiatives, the stimulus has focused on five key areas of the local economy: merchant assistance, hospitality, construction projects, developer/broker incentives and promotional opportunities.

"We designed the program to be timely, temporary and targeted," stated Lancaster's Economic Development/Redevelopment Director Vern Lawson. "It was important to get dollars flowing through the community quickly to help those segments which needed help the most."

While some of the most visible aspects of the stimulus package have run their course, many other activities are still going strong and some are only now beginning to take hold in the community. Cumulatively, the stimulus initiatives are expected to have a \$110 million impact on our local economy.

The Shop & Drive rebate program ended in August with approximately 800 vehicles being purchased as a result of the rebates, generating more than \$25 million in sales. The Shop & Dine Gift Card program, which rewarded those who shopped locally, expired in October. More than 5,300 families and 400 businesses participated.

Another aspect of the stimulus package roared on stage in October as nearly 10,000 spectators flocked downtown to the Streets of Lancaster Grand Prix. The first foray of a new visitor's bureau known as Destination Lancaster, the event was designed to attract more weekend traffic to the area and beef up local transient occupancy taxes. Created in partnership with the Antelope Valley Fairgrounds, local hoteliers and other stakeholders, Destination Lancaster will work cooperatively to attract visitors and their dollars to our community. Sports and adventure will be a major theme with ballooning, hiking, dirt biking and other outdoor activities prominently featured. The group will also help draw attention to Lancaster's prominent role in hosting amateur athletics at our world-class sports facilities including the Big 8 Softball Complex and James C. Gilley Lancaster National Soccer Center.

"More than anything else, the stimulus has helped engender new cooperation within the City and increased loyalty among residents to shop locally," offered Lawson. "The program has lifted local spirits and generated a whole lot of community pride."

Visit www.shoplancaster.org for more information and remember to buy local!



"MORE THAN ANYTHING ELSE, THE STIMULUS HAS HELPED ENGENDER NEW COOPERATION WITHIN THE CITY AND INCREASED LOYALTY AMONG RESIDENTS TO SHOP LOCALLY."

— Vern Lawson
Director, Lancaster Economic
Development/Redevelopment

DESTINATION  LANCASTER



Piute Plan Revitalizing Neighborhood

City's Housing Department tackles tough challenges



When a neighborhood is hit by foreclosures, it can send the area into a vicious downward cycle. But thanks to the City's Housing & Neighborhood Revitalization Department, things are looking up for the Piute neighborhood on Lancaster's northeast side.

Generally bounded by Division Street to the west, Avenue H-8 to the north, 7th Street East to the east and Avenue I to the south, the Piute area has been the focus of intensive efforts by the City to improve the quality of life and maintain property values in the area.

The neighborhood was identified as a "primary focus" in initial studies and was targeted for a planning process that involved residents, staff and outside professionals.

"We developed the 'Piute Neighborhood Master Plan' after extensive meetings with the people who live there," explained Elizabeth Brubaker, Director of Housing & Neighborhood Revitalization.

"Through a series of town hall meetings, we learned that more open space and a new community center were desired additions. Dealing with crime and troublesome rental units were also issues of concern."

Initially through an intensive Code Enforcement sweep, and then via its homeowner assistance programs which help fund needed repairs with interest free loans, the City has been able to clean up many of the homes.

Working in parallel with homeowners, the City also went in and acquired a number of foreclosed homes which were creating blight in the community. These homes were then rehabilitated and put back on the market aimed squarely at low and moderate income families. Each home was retrofitted with energy efficient appliances, dual pane windows and drought tolerant landscaping to create good examples others could follow.

To address the citizens' concerns for a neighborhood gathering place, the City created the Piute Community House, staffed by volunteers from the Neighborhood Impact Group, a nonprofit community organization. Here kids have a safe place to play sports or games, do homework and socialize after school. During evening hours the house is available for community meetings.

To further spruce up the neighborhood, a new linear park was created along the backside of Piute Middle School with a fitness trail and stationary exercise stations. This much needed open space provides new physical fitness opportunities for students during the day and offers the entire neighborhood an inviting place for a morning jog or evening stroll.

It has taken a great deal of work by many people to turn the Piute neighborhood around. City staff and neighbors working together have brought the community's vision into reality.



community in action

**It Doesn't Take a
King-sized Contribution
to Make a Real Difference in
Your Community**

be great! volunteer!

Each January, we celebrate the life and work of Dr. Martin Luther King Jr. by following his example. Instead of just taking a day off, many have chosen to make it a day where they contribute a few hours of their time to make their community and nation a little better.

On Saturday, January 16, local groups and individuals are invited to contribute their time and efforts to create positive change through service. If you have an idea for a service project or activity that you believe can improve Lancaster, nominate it now. If you'd like to volunteer for a project, put your name on the list. Sign up online at www.cityoflancasterca.org or call 661-723-6077 or 6074.

2009 was the largest day of service ever. Let's make 2010 even better! Sign up now to serve!



Dozens of local businesses and residents helped build bikes for deserving children at the 2009 MLK Day of Service.

**“NOW IS THE TIME TO MAKE REAL
THE PROMISES OF DEMOCRACY.”**

– Dr. Martin Luther King Jr.

**NOW IS YOUR TIME TO SUPPORT THE
KING DAY OF SERVICE.**



Planting trees, painting murals and sprucing up parks are just a few of the many ways you can help. Get your whole organization involved! It's fun and fulfilling.

Register to VOTE!

*You have the **right** to vote; the **responsibility** to vote and your voice will only be heard if you do vote.*

Have you moved, married or changed your name? Register or re-register to vote the easy way – by mail and postage-free!

Registration forms are available at City Hall, Lancaster libraries, post offices, the County of Los Angeles Registrar/Recorder's office and online at www.lavote.net.

To register, you must:

- Be a United States citizen
- Be a California resident
- Be 18 years of age by the next election
- Not be in prison or on parole for a felony conviction

Voter registration forms are also available in non-English languages: Spanish, Chinese, Japanese, Vietnamese, Tagalog and Korean. Please call 562-462-2748 to request a form.



Become a Precinct Worker for April's Municipal Elections

Volunteers needed to staff polling places

On Tuesday, April 13, 2010, Lancaster voters will go to the polls to make important decisions which will affect each and every resident of the City of Lancaster.

To help make this process run smoothly, the City Clerk's office is seeking hardworking and committed workers to staff polling places throughout the community.

To qualify, you must be a U.S. citizen, 18 years or older and be registered to vote in Los Angeles County. Full training is provided and volunteers will be compensated for their time.

No experience is required to become a Precinct Clerk. Precinct Inspectors/Supervisors do require prior election experience. People with Spanish and English bilingual language skills are particularly needed on Election Day.

Get involved in the election process and help your community as it makes important decisions which will impact the City for years to come. Be a precinct worker.

Even if you can't take time out to work the election, please be sure to register and vote. The deadline to register for the municipal election is March 29, 2010. Forms are available at City Hall or online at www.cityoflancasterca.org.

For additional information, please contact the City Clerk Department at 661-723-6020.



QUESTIONS. MINUTES.
MAKE A DIFFERENCE. MAKE HISTORY.



On April 1, 2010, the United States will stand up and be counted.

In a tradition dating back to the founding of our nation, every ten years America conducts a census which determines how Congress is appointed, federal dollars are allocated and important programs are administered.

The process is important, safe and easy. It takes no more than 10 minutes to complete the questionnaire and all responses are completely confidential. They will not be shared with any other government organization or law enforcement agency.

Questionnaires will be mailed out in February and March. They should be completed by the head of household for all persons (related or not) living at your address on April 1, 2010. If you don't receive a form by mail, a "Be Counted" form will be available in several languages at a number of community organizations. Visit www.census.gov for the latest information.

Return your completed form with the supplied postage-paid envelope by April 1 so your information will be included in this important survey of America.

Those who do not return questionnaires may be visited in person by a census worker to obtain the information.

So please, participate in the U.S. Census. It's important to all of us in many ways!

United States®
Census
2010



**Burglars and Robbers
Are NOT Welcome in
the City of Lancaster!**

Report a Crime – Online!

Most people know how to dial 911 when there is an emergency situation, but did you know there are more convenient tools to use when the situation isn't as urgent? You can report property loss, vandalism and other nonviolent crimes by using the City's online Crime Report tool at www.cityoflanasterca.org. Once the report has been reviewed by an officer, a copy will be emailed to you for follow-up or insurance purposes.

Anonymous tip lines are also available to help you provide information to the authorities without divulging your name. You can even claim rewards, without risking your name becoming public knowledge. Simply dial **948-COPS** to report information regarding a local burglary or theft and you could receive up to a \$1,000 reward.

Other tip lines include the nationwide We-Tip program which lets you report crimes you witness anonymously, wherever they occur. Call **800-78-CRIME** or visit www.wetip.com.



safe at home

Crime Rate Drops Again

Lancaster's quest to reduce crime has once again made great progress. New statistics released by the Sheriff's Department show serious crime was trimmed by over 20% in the third quarter of 2009.

According to Captain Axel Anderson, commander of the Lancaster Sheriff's Station, "The crime rate is on a downward trend I have not seen in my 30 years in law enforcement. Violent crimes are down 15%, property crimes are down 25%, meaning an overall drop in the crime rate of more than 23%."



The captain noted that gang crime is down 45%, a remarkable achievement reflecting the efforts by both law enforcement and citizens to reduce crime in Lancaster.

Even on the traffic front, increased activity is paying off. There was a 5.4% decrease in traffic collisions, while injury accidents were down 9.7%. Fatal collisions dropped 60% and DUI arrests were up 11.5%.

"These are not just numbers," noted City Manager Mark V. Bozigian. "They represent real progress and safer streets."

**"THE CRIME RATE IS ON
A DOWNWARD TREND
I HAVE NOT SEEN IN MY
30 YEARS IN LAW
ENFORCEMENT."**

– Captain Axel Anderson
Lancaster Sheriff's Station





Preventing Sexual Assaults

Stay safe by arming yourself with knowledge

When people think of sexual assault, rape comes to mind, but this crime can take many forms. It can include inappropriate touching, molestation, voyeurism, exhibitionism, incest and sexual harassment. It affects both genders, can happen anywhere, day or night, and may involve a total stranger or even someone you know. Regardless of its form, the common thread is the advance is unwelcome and unwanted.

To minimize your risk, keep these tips in mind:

- Be wary of isolated spots, like underground garages, offices after hours and apartment laundry rooms.
- Avoid walking or jogging alone, especially at night. Vary your routes. Stay in well-traveled, well-lit areas.
- Park in well-lit areas. Lock the car, even on quick trips.
- Have your key ready to use before you reach the door.
- If meeting for the first time, choose a public place. Let others know who, where and when you're meeting.
- Trust your instincts. If you feel uncomfortable, leave.
- Don't open a door to an unexpected stranger. If the person won't leave, call the Sheriff's Department.
- Keep your car in good condition and gas in the tank.
- If you experience car trouble, call for help on a cell phone, put your hood up and lock the doors.

Visit www.womenshealth.gov for more information.

Protect Your Home from Burglary

Good locks, alarms and common sense make you safer

The three Ds of burglary prevention:

DETER – Burglars are lazy. If you lock your house and make it harder to get in, they'll look elsewhere for an easy mark.

DETECT – Catching a burglar is easier when he can be observed. Burglars want to avoid drawing attention to themselves. Alarms and dogs work well, but good lighting and watchful neighbors can also do the trick.

DELAY – If you can delay a burglar for four minutes, he'll probably move on. He doesn't want to get caught, so the longer it takes to force a door or window, the greater the risk to him. Invincibility is not your goal; you simply want to slow him down.

Leaving doors unlocked and windows ajar are open invitations to criminals. Secure your home, particularly sliding glass doors, with sturdy locks and use them! If you need advice or assistance, contact the Public Safety office at 661-723-6063 to schedule a home security check.

eNews Provides Timely Topics of Local Interest

Sign up to receive eNews weekly

Want to stay up-to-date on what's going on in Lancaster? Then sign up for the City's eNews weekly email newsletter.

"All too often, residents feel disconnected from the City and its services," said Deputy City Manager Jason Caudle. "We're working to provide the public with the information they need to know about important projects affecting them. It also gives us a chance to let everyone know about exciting upcoming events and activities in and around Lancaster."

Each week, Lancaster's eNews features articles, links and information on projects from a variety of City departments, plus upcoming Parks, Recreation and Arts events, such as exhibitions at the Lancaster Museum/Art Gallery and shows at the Lancaster Performing Arts Center.

As Lancaster eNews aims to be a community newsletter, residents are encouraged to submit their own news stories for possible inclusion in a future issue. Send your story ideas to lancasternews@cityoflancasterca.org.

To sign up to receive the eNews weekly via email, visit www.cityoflancasterca.org and click on the "Sign up" link on the home page.



43201 35th Street West (35th St. W. & K-8)

Interpretive Center Hours:

Saturday & Sunday: 10 a.m. - 3 p.m.

Closed during the week.

Group tours are available by appointment; call 661-723-6230.

Fees to attend presentations will be collected at the door of the Interpretive Center on the day of each presentation. All presentations and walks last approximately one hour. Presentations are free for children three years and under. Meet at the Interpretive Center at posted times for all group walks. Call 661-723-6230 for more information.

Attendance and parking is limited for events in the Interpretive Center. No reservations required.

Winter Nature Events

Winter weekends are a great time to explore our own 100-acre woods known as the Prime Desert Woodland Preserve. While you are unlikely to spot Tigger or Pooh, it is entirely possible that Rabbit might grant you a brief appearance and occasionally folks get a fleeting glance at Owl. You will also find an abundance of native flora and fauna along the nearly three miles of trails, including a new expanded trail that goes out toward 40th Street West. **Trails are open from 6 a.m. to sunset.**

BIRD WATCHING WALK | Saturday, January 16, 8 a.m.

Ron Smith, a member of the Audubon Society and award-winning wildlife artist, will lead a walk along the trails of the Preserve pointing out both resident and migratory birds. This event is great for beginners and will start in the Interpretive Center with a short talk on the history of birding, how to identify birds and where to look. Remember to bring field guides and binoculars. Free.

GUIDEBOOK AUTHOR BONNIE STONE | Saturday, February 13, 4 p.m.

In her book, *San Andreas Ain't No Fault of Mine*, author Bonnie Stone explores many of the fascinating, exciting and unusual places found throughout the Antelope Valley. During her enchanting illustrative talk, Mrs. Stone will share ideas for fun day trips and highlight many of the wonderful festivals and special events that our area offers. Free.

There are no moon walks scheduled for December, January or February.



parks, & recreation & arts activity guide

preschool

classes

sports

aquatics

parks 10 classes

Preschool 10

Kindergarten readiness & playgroups

Youth Enrichment 10

After-school program,
mommy/daddy & me...

Performing Arts 11

Ballet & tap, hip hop, belly dance...

Arts & Crafts 12

Ceramics, kid's art, photography...

Special Interest 12

Cooking

Professional Development 12

Finding a job, CPR & first aid, Japanese...

Martial Arts 12

Kung-Fu, youth self-defense...

Health & Fitness 13

Fencing, Senior/Adult exercise...

sports

Batting Range 13

Sports Programs 14

Basketball, softball, tennis

aquatics

Public Swim Times & Fees 15

Eastside Pool

Class Information 16 & 17

Beginning to advanced class descriptions

Aquatic Programs 17

Special Olympics, swim team

Class Schedule 18

CHRISTMAS TREE LIGHTING & HOSPITALITY WALK

December 4, 5 p.m. • City Hall/Downtown Lancaster

Join City officials, friends and neighbors as we kick off the 2009 Christmas Season with the official Christmas Tree lighting. Then stroll along the Boulevard as downtown merchants and restaurateurs provide entertainment, refreshments and a great opportunity to window shop!

HOLIDAY PARADE

December 5, 10 a.m. • Downtown Lancaster

It's a hometown tradition with hand-decorated floats, marching bands, and a few surprises! Don't miss this great opportunity to meet our Grand Marshall and his band of busy elves.

BREAKFAST WITH SANTA

December 12, 8 a.m. to Noon

Lancaster City Park, Stanley Kleiner Activity Center

Where else can you enjoy hotcakes with an extra large helping of "Ho, Ho, Ho!" straight from Santa? In addition to Mrs. Claus' great cooking, enjoy arts and crafts. It's loaded with fun for the whole family. Seatings at 8, 9, 10 and 11 a.m. Adults: \$8, Children: \$5.

HOLIDAY TOY EXPRESS

December 20, 5 p.m. • Lancaster Metrolink Station

With 50,000 twinkling lights, the Holiday Toy Express makes the season a little brighter as it pulls into Lancaster's Metrolink Station. Enjoy music, merriment and more as local firefighters collect toys for the "Spark of Love" Toy Drive. Admission is free to all, but when you bring a new unwrapped toy, you'll spread the holiday joy even further!



immediate registration:

**All forms of registration begin
November 30, 2009.**

Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee. Example \$40 (\$47 NR).

city of lancaster parks

American Heroes Park (under construction)

701 W. Kettering Street

Deputy Pierre W. Bain Park/ Eastside Pool

45045 5th Street East • 661-723-5894 / 661-723-6255

El Dorado Park

44501 5th Street East • 661-723-6245

Forrest E. Hull, M.D. Park

2850 West Avenue L-12

James C. Gilley

Lancaster National Soccer Center

43000 30th Street East • 661-723-5964

Jane Reynolds Park/Webber Pool

716 Oldfield Street • 661-723-6285 / 661-723-6288

Lancaster City Park/Tennis Center/ Big 8 Softball Complex

43011 10th Street West • 661-723-6278

Mariposa Park

45755 Fig Avenue

Prime Desert Woodland Preserve

43201 35th Street West • 661-723-6230

Rawley Duntley Park

3334 West Avenue K • 661-723-6295

Skytower Park

43434 Vineyard Drive • 661-723-6208

Tierra Bonita Park

44910 27th Street East • 661-723-6209

Whit Carter Park (under construction)

45636 Sierra Highway

registration details:

- **SPORTS** have different registration dates listed in the program information on page 14.
- **RESIDENTS** are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee.
- **ONLINE REGISTRATION** requires a VISA, Mastercard, Discover or American Express card.
- **REFUND REQUESTS** must be made at least 48 (business) hours prior to the first program meeting. **A \$3 per enrollment handling fee will be applied to all refunds.** Sorry, no refunds will be given after the program has started. Please allow three weeks for processing your refund. Due to enrollment factors and other conditions beyond the control of staff, schedules are subject to change, cancellation or rescheduling.
- **REGISTRATION** constitutes consent for the use of any photographs taken to be used for City marketing purposes.
- **FOR MORE INFORMATION** call 661-723-6077 or visit www.cityoflancasterca.org.



Online registration available



New class offering



Bilingual instructor



FREE!



Healthy, active lifestyles



Instructor

preschool



preschool

El Dorado Preschool

Registration guideline: New enrollees may be accepted monthly. Parents are required to volunteer. Materials: \$5, due on first day. El Dorado Park.



Monthly Preschool | Amy Gold

(4 yrs.) Kindergarten preparation, crafts, stories and motor skills play. Child must turn 4 by Dec. 2, 2009. \$88 (\$95 NR) *\$69 (\$76 NR). No classes Jan. 18 and Feb. 15.

3190	MWF	Jan. 4-29*	9-11:30 a.m.
3191	MWF	Feb. 1-26*	9-11:30 a.m.
3192	MWF	Mar. 1-31	9-11:30 a.m.



Monthly Wee Folks | Jennifer Alvarado

(3 yrs.) Socialization skills, crafts, stories and outdoor play activities. Child must turn 3 by Dec. 2, 2009. \$50 (\$57 NR).

3193	T/TH	Jan. 5-28	9-11:30 a.m.
3323	T/TH	Feb. 2-25	9-11:30 a.m.
3195	T/TH	Mar. 2-30	9-11:30 a.m.

Jane Reynolds Preschool | Lynnette Bass

Registration guideline: Priority registration for current students ends on 15th of month prior to upcoming class. New enrollees may be accepted monthly. Parents required to volunteer 3 times. Materials: \$4, due on first day. Jane Reynolds Park, Rm. 2.



JRP Play Brigade

(3 yrs.) Music, crafts, stories, indoor and outdoor play. Child must turn 3 by Dec. 2, 2009. \$110 (\$117 NR).

3210	T/TH	Jan. 12-Mar. 11	9-11:30 a.m.
------	------	-----------------	--------------



JRP Preschool

(4 yrs.) Socialization skills, kindergarten preparation, crafts, stories and motor skills play. Child must turn 4 by Dec. 2, 2009. \$180 (\$187 NR). No classes Jan. 18 and Feb. 15.

3211	MWF	Jan. 11-Mar. 12	9 a.m.-12 p.m.
------	-----	-----------------	----------------

youth enrichment

After-School Programs - Enrichment Centers

Interactive, structured and safe after-school programs for K-6 offered at Valley View and West Wind schools. Offered after school M-F until 6 p.m. only when school is in session. Staff fingerprinted and CPR/1st Aid certified. \$99 per month. Priority registration for all participants ends on 15th of the month prior to upcoming month. Students will lose their spot in the program after that date. New student enrollments and program payments only accepted at the Parks, Recreation & Arts Department in City Hall.

Mommy/Daddy & Me | **Lynnette Bass**

(9 mos.-3 yrs.) Parent and child explore art, music & games while developing socialization skills. Materials: \$3. Jane Reynolds Park, Rm. 2. No classes Jan. 18 and Feb. 15.

3215	9-20 mos.	M/W	Jan. 4-27	\$70 (\$77 NR)	12:30-2 p.m.
3216	9-20 mos.	M/W	Feb. 1-24	\$70 (\$77 NR)	12:30-2 p.m.
3217	9-20 mos.	M/W	Mar. 1-31	\$100 (\$107 NR)	12:30-2 p.m.
3212	20 mos.-3 yrs.	T/TH	Jan. 5-28	\$80 (\$87 NR)	12-1:30 p.m.
3213	20 mos.-3 yrs.	T/TH	Feb. 2-25	\$80 (\$87 NR)	12-1:30 p.m.
3214	20 mos.-3 yrs.	T/TH	Mar. 2-30	\$90 (\$97 NR)	12-1:30 p.m.
3218	1-3 yrs.	Sat.	Jan. 9-30	\$50 (\$57 NR)	9:30-11 a.m.
3219	1-3 yrs.	Sat.	Feb. 6-27	\$40 (\$47 NR)	9:30-11 a.m.
3220	1-3 yrs.	Sat.	Mar. 6-27	\$40 (\$47 NR)	9:30-11 a.m.

Teen Court

Lancaster teens interested in criminal justice system gain experience by serving as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st time criminal offenses. Call Gerald Wesley at 661-723-6257 for more info. Lancaster City Hall.

Meets monthly every 4th Wed. Sep.-May 3:30 p.m.

Youth Commission

Students from local high schools are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects and special events for Lancaster teens. Lancaster residents invited to attend meetings. Contact Johanna Marizan-Ho at 661-723-6070 for more info.

Meets monthly every 2nd Thu. 6:30 p.m.

performing arts

Ballet & Tap | **Melineh Alahverdian**

(3-12 yrs.) Learn techniques and improve body awareness, self-confidence and coordination. Bring leotard, pink ballet shoes, black tap shoes and pink tights. Extra fee for costume payable to instructor. \$90 (\$97 NR). Jane Reynolds Park, Rm. 1. No classes Jan. 18 and Feb. 15.

3167	3-5 yrs.	Mon.	Jan. 4-Mar. 29	4-4:45 p.m.
3168	6-12 yrs.	Mon.	Jan. 4-Mar. 29	5-5:45 p.m.
3169	3-5 yrs.	Tue.	Jan. 5-Mar. 30	4-4:45 p.m.
3170	6-12 yrs.	Tue.	Jan. 5-Mar. 30	5-5:45 p.m.

Belly Dance for Kids & Teens | **Jill Warden**

(6-17 yrs.) Learn self-confidence and coordination through the fun art of belly dance! Costume required for performance. \$40 (\$47 NR). *\$50 (\$57 NR). Blue Scarab, 311 E. Ave. K-8, Ste. 109.

3171	6-12 yrs.	Wed.	Jan. 6-27	4:30-5:30 p.m.
3172	6-12 yrs.	Wed.	Feb. 3-24	4:30-5:30 p.m.
3173	6-12 yrs.	Wed.	Mar. 3-31*	4:30-5:30 p.m.
3174	13-17 yrs.	Wed.	Jan. 6-27	4:30-5:30 p.m.
3175	13-17 yrs.	Wed.	Feb. 3-24	4:30-5:30 p.m.
3176	13-17 yrs.	Wed.	Mar. 3-31*	4:30-5:30 p.m.

Hip Hop Dance | **Regina Armstrong**

(7-12 yrs.) Improve coordination and confidence while having fun learning hip hop dance moves! Wear loose clothing and tennis shoes. \$44 (\$51 NR). Extensions Studio, 2765 W. Ave. L.

3203	Tue.	Jan. 7-28	5-5:45 p.m.
3204	Tue.	Feb. 4-25	5-5:45 p.m.
3205	Tue.	Mar. 4-25	5-5:45 p.m.

Lancaster Community Orchestra

(9-70 yrs.) Participants play in large group setting plus performances at concerts and community activities. Requirements: audition, two years experience with instrument, ability to read music, own instrument, purchase dress attire. For info. and registration, contact Roger Davis at 661-943-4183, Lynn Ennis at 661-943-4472 or www.lancastercommunityorchestra.com. **Auditions: Jan. 21; Practice: Jan. 28-May 13.**

Salsa Dance | **Zuly Zappala**

(13 yrs.-Adult) Become a skilled L.A. Salsa style dancer with modern dance moves and techniques, while having fun and meeting new people. \$28 (\$35 NR). \$9 optional material fee. Jane Reynolds Park, Rm. 2. No class Jan. 18

3226	Beg./Adv.	Mon.	Jan. 11-Feb. 8	7:30-8:30 p.m.
3227	Beg./Adv.	Mon.	Feb. 22-Mar. 15	7:30-8:30 p.m.

Tribal Fusion Belly Dance | **Jill Warden**

(16 yrs.-Adult) Learn group format through beginning steps, combos, choreography, improv, finger cymbals and performance opportunities. \$40 (\$47 NR). Blue Scarab, 311 E. Ave. K-8, Ste. 109. **Intermediate classes available for registration online and at City Hall.**

3303	Wed.	Jan. 6-27	7-8 p.m.
3304	Wed.	Feb. 3-24	7-8 p.m.
3305	Wed.	Mar. 3-31	7-8 p.m.



NOVEMBER 30:

You can register immediately!

All forms accepted – online, in-person or by phone!





arts & crafts

Animal Painting for Preschoolers | **Cotty Kilbanks**
(3-6 yrs.) Young animal lovers can get their start right here painting animals using brushes, sponges, collages and watercolor!
\$50 (\$57 NR). Materials: \$10. Jane Reynolds Park, Rm. 1.

3163 Wed. Jan. 13-Feb. 17 2-2:45 p.m.

Cartooning | **Cotty Kilbanks**
(7-12 yrs.) Does your child love to draw and have an active imagination? Learn the secrets of the trade with our cartoonist who has created cartoons for Disney, Warner Bros. and Nickelodeon!
\$50 (\$57 NR). Materials: \$10. Jane Reynolds Park, Rm. 1.

3180 Wed. Jan. 13-Feb. 17 3-4 p.m.

D's Ceramics | **Steve Mosley**
Materials: \$25. Lancaster Marketplace, 2330 Mall Loop Dr., Unit 5-121.

Children's Art Program - CAP (6-12 yrs.) Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art and hands-on work with clay, paints & glazes.
\$50 (\$57 NR).

3316 Sat. Jan. 9-30 1-2:30 p.m.
3317 Sat. Feb. 6-27 1-2:30 p.m.
3318 Sat. Mar. 6-27 1-2:30 p.m.

Floral Design | **Chris Spicher**
(16 yrs.-Adult) Create four unique flower displays to take home after class. Class covers basic flower care, design & identification.
\$45 (\$52 NR). Materials: \$50. AV Florist, 1302 W. Ave. J.

3319 Mon. Jan. 11-Feb. 1 6:30-8:30 p.m.

Kid's Art | **Joanne Maldonado**
(5-15 yrs.) Learn drawing techniques with pencils and pastels, painting texture with primary colors and hues in watercolor and pastel. \$46 (\$53 NR). Material list online and at City Hall. Jane Reynolds Park.

3164 Tue. Jan. 5-26 4-6 p.m.
3165 Tue. Feb. 2-23 4-6 p.m.
3166 Tue. Mar. 2-23 4-6 p.m.

Picture Perfect Photography | **Phillip Kocurek**
(Adult) Amateur to advanced photographers learn to take better pictures, use flash efficiently, proper composition and more in hands-on environment. \$55 (\$62 NR). Prime Desert Woodlands, Interpretive Center.

3224 Wed. Jan. 6-Feb. 3 6-7:30 p.m.
3225 Wed. Feb. 24-Mar. 24 6-7:30 p.m.

special interest

Cooking with Class | **University of Antelope Valley**
(Adult) Learn expert techniques from professional chefs. Cuisine-oriented menus are designed for beginners and casual chefs alike. Participants learn cuts, seasoning, preparation methods and presentation tips through demonstration and hands-on cooking. \$30 (\$37 NR). Materials: \$20. University of Antelope Valley, 44201 10th St. West.

3181 Sat. Shamrocks & Shenanigans Mar. 13 5-8 p.m.

professional development

CPR & First Aid | **University of Antelope Valley**
(12 yrs.-Adult) American Heart Assn. certification in Infant, Child & Adult CPR & First Aid. \$35 (\$42 NR). University of Antelope Valley, 44201 10th St. West. Feb. & Mar. classes only.

3184-3187 Sat. 1st. & 3rd./mo. 10 a.m.-5 p.m.

Finding a Job 101 | **Cyndi Mangus**
(16 yrs.-Adult) This class is designed to assist you in discovering the job you really want, enabling you to set and manage career goals for that job, while also learning tips on how to enhance your resume writing skills, among others. \$20 (\$27 NR). Materials: \$5. Lancaster City Park, Game Rm.

3179 Wed. Mar. 3-24 5-6:30 p.m.

Japanese | **Michael Heller**
(14 yrs.-Adult) Students learn the fundamentals of the Japanese language including grammar, vocabulary and sentence structure. Bring note-taking supplies. \$40 (\$47 NR). Materials: \$5. Lancaster City Park, Game Rm.

3206 Wed. Jan. 20-Feb. 24 6:45-7:45 p.m.

martial arts

Northern Shaolin Kung-Fu | **Harold Hazeldine**
(6 yrs.-Adult) Unique class set in friendly, goal-oriented recreational atmosphere. Focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu & weaponry, self-defense and self-confidence. \$40 (\$47 NR). *\$50 (\$57 NR). Lancaster City Park, Activity Center.

3221 Tue. Jan. 5-26 6:30-8:30 p.m.
3222 Tue. Feb. 2-23 6:30-8:30 p.m.
3223 Tue. Mar. 2-30* 6:30-8:30 p.m.

Youth Self-Defense | **Young Champions**
(5-18 yrs.) Safety awareness and self-defense combined in fun, structured environment! Students placed according to age & ability while learning and practicing skills. Students progress in rank and earn belts. \$66 (\$73 NR). \$6 first-time material fee. Jane Reynolds Park, Rm. 1. Session: **Fridays, Jan. 22-Apr. 2.**
No registration accepted after Jan. 29.

3312 New students 5-7 yrs. 4:30-5:10 p.m.
3313 New students 8-18 yrs. 5:15-5:55 p.m.
3314 Yellow belts 5-18 yrs. 6-6:40 p.m.
3315 Orange belts & above 6-18 yrs. 6:45-7:25 p.m.

health & fitness

Bowling for Kids | **Brunswick Sands Bowl**

(2-16 yrs.) Hands-on instruction, short videos and work sheets cover techniques taught by certified instructors. 6-16 yrs. receive target zone bowling ball upon completion. 2-5 yrs. receive cookies and milk each week. \$65 (\$72NR). *40 (\$47 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

3177	6-16 yrs.	Sat.	Jan. 23-Mar. 27	10-11 a.m.
3178	2-5 yrs.	Tue.	Jan. 19-Mar. 23*	9:30-10:30 a.m.

Fencing | **Matt Damron, Swords Fencing**

(10 yrs.-Adult) En Garde! Agility, balance, discipline and self-esteem are just a few rewards gained by this intense mentally and physically challenging sport. Wear sweat pants and sneakers. \$45 (\$52 NR). *\$35 (\$42 NR). \$20 equipment rental fee. Lancaster City Park, Activity Center. No classes Jan. 18 and Feb. 15.

3196		Mon.	Jan. 4-25*	7:30-8:30 p.m.
3197		Mon.	Feb. 1-Mar. 1	7:30-8:30 p.m.
3198		Mon.	Mar. 8-29	7:30-8:30 p.m.

Gymnastics for Kids | **Genesis Gymnastics**

(5-14 yrs.) Keep kids healthy and fit while they learn how to tumble, bounce trampoline and basics of vault, bars & beam. \$40 (\$47 NR). Genesis Gymnastics, 824 W. Ave. L-6, Unit B.

3201	5-14 yrs.	Fri.	Jan. 8-29	4-5 p.m.
3202	5-14 yrs.	Fri.	Feb. 5-26	4-5 p.m.
3199	3-4 yrs.	Sat.	Jan. 9-30	10-10:45 a.m.
3200	3-4 yrs.	Sat.	Feb. 6-27	10-10:45 a.m.

Jazzercise | **Joanne Harris**

(Adult) Join this fitness program combining dance with a total body workout! For prices, call instructor at 661-723-3440. West Winds Elementary, 44044 36th St. West. No classes Jan. 18 and Feb. 15.

M/W	6:30-7:30 p.m.
-----	----------------



classes

Senior/Adult Exercise Classes

(Adult) Non-strenuous exercises improve flexibility & circulation. Ongoing classes sponsored by Sierra Medical Group and R. Rex Parris. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park, Activity Center.

AM Exercise	M/W	9-10 a.m.
Tone & Stretch	T/TH	9-10 a.m.

Yoga | **Kelly Johnson**

(16 yrs.-Adult) Want to lose a few pounds? Strengthen & tone your body? Simply release tension? Yoga delivers! Gentle enough for beginners, effective enough to see results quickly. \$60 (\$67 NR). Optional mat: \$20. Lancaster City Park, Activity Center.

3309	Wed.	Jan. 6-Feb. 10	6:30-7:30 p.m.
3310	Wed.	Feb. 17-Mar. 24	6:30-7:30 p.m.

Zumba™ - Dance Aerobic Workout **Zuly Zappala**

(12 yrs.-Adult) Get ready to burn calories and experience total body workout while learning international dances: Samba, Cumbia, Merengue, Reggeton, Salsa, Cha Cha Cha, Belly Dance, Hip Hop and Bachata. \$20 (\$27 NR). \$9 optional material fee. Jane Reynolds Park, Activity Rm. 1. No class Jan. 18.

3188	Beg./Adv.	Mon.	Jan. 11-Feb. 8	6:30-7:30 p.m.
3189	Beg./Adv.	Mon.	Feb. 22-Mar. 15	6:30-7:30 p.m.

NEW PRICES EFFECTIVE JANUARY 1, 2010



BATTING RANGE

10 Batting Cages!

2 Slow-Pitch Softball • 1 Medium Softball
1 Fast-Pitch Softball • 2 Slow-Pitch Baseball
1 Medium Baseball • 2 Fast-Pitch Baseball
1 Very Fast-Pitch Baseball

**\$2 for 1 token (20 pitches),
buy 5 tokens get one FREE.**

**Batting Range Cards:
20 tokens for \$25; 42 tokens for \$47**

43415 City Park Way
661-942-7088

Mon. - Fri., 3-9 p.m. • Sat. & Sun., 9 a.m.-9 p.m.

lost & found - If you've lost an item at our parks, call 661-723-6077. Items will be kept for 30 days after they have been found.

sports

Hockey Clinic | SkatePlex USA

(6 yrs.-Adult) Learn the basic skills and techniques needed for the beginning hockey player: skating, stick handling, shooting and defensive and offensive game strategies. \$45 (\$52 NR). Materials: Stick and minimum protective gear (more details given upon sign-up). SkatePlex USA, 45431 23rd St. West.

3207	6-17 yrs.	Sat.	Jan. 16	3-4:30 p.m.
3208	18+ yrs.	Sat.	Jan. 16	4:30-6 p.m.



tennis

Lancaster City Park Tennis Center, 43011 10th St. West

Private Lessons (Four lesson package)

One-on-one lessons arranged with tennis pro following registration.

3296	Four 1-hour lessons	\$145 (\$152 NR)
3297	Four 1/2-hour lessons	\$100 (\$107 NR)

Pee Wee (4-6 yrs.), \$36 (\$43 NR)

Introduce your child to tennis; learn basic skills and principles of game. Materials: \$5.

 Jim Majd, Court 8

3293	Sat.	Feb. 6-27	11 a.m.-12 p.m.
3294	Sat.	Mar. 6-27	11 a.m.-12 p.m.

Juniors (7-17 yrs.)

Long recognized as an individual sport, this class focuses on team competition. Novice & advanced play levels available. Materials: \$5.

 Linda Ruiz, Court 3, \$51 (\$58 NR)

3290	M/W	Jan. 4-27	5-6 p.m.
3291	M/W	Feb. 1-24	5-6 p.m.
3292	M/W	Mar. 1-24	5-6 p.m.
3287	M/W-Adv.	Jan. 4-27	6-7 p.m.
3288	M/W-Adv.	Feb. 1-24	6-7 p.m.
3289	M/W-Adv.	Mar. 1-24	6-7 p.m.

 Jim Majd, Court 5, \$45 (\$52 NR)

3301	T/TH	Feb. 2-25	5-6 p.m.
3302	T/TH	Mar. 2-25	5-6 p.m.

Adult (18+ yrs.), \$45 (\$52 NR)

Lifetime sport encourages participants of all ages and various physical abilities to play. Fun, fitness focused class provides a social experience for all.

 Jim Majd, Court 5

3299	T/TH	Feb. 2-25	6-7 p.m.
3300	T/TH	Mar. 2-25	6-7 p.m.



Court Maintenance

Courts closed while cleaned.



Public Play

Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts are lit from dusk to 10 p.m., 7 days/wk. 1st-come, 1st-served. One-hour use if players are waiting for an open court.

adult sports

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early, space is limited.

Basketball

Registration: Nov. 30-Dec. 18

League play begins in January 2010. Games played at local high schools Mon.-Thu. nights. Registration limited to 24 teams. \$420/team.

Mon.-Thu. Adult Basketball

Softball

Registration: Jan. 11-Feb. 26

League play begins in Mar. Schedule consists of 10 league games and 1 classification game. Games played Sun.-Fri., you determine the day. \$399/team.

Sun.-Fri.	Men's Slow-pitch
Sun.-Fri.	Coed Slow-pitch
Sun.-Fri.	Coed Hardball
Thu.	Women's Slow-pitch

youth sports

Basketball (10-13 yrs.)

Each division plays 8 games. Games on Saturdays, played at local high schools; practices during the week with day, time and location determined by volunteer coach. \$55 (\$60 NR).

Ages 10-13 yrs. Registration: Aug. 24-Dec. 18

League play begins in early Jan.

3068	Boys Div. A	12-13 yrs.
3069	Boys Div. B	10-11 yrs.
3070	Girls Div. A	12-13 yrs.
3071	Girls Div. B	10-11 yrs.

softball tournament contact information

ASA & SCMAF Tournaments: Jeff Campbell, 661-723-6075

USSSA Tournaments: Frank Vega, 909-393-7503

aquatics



To Register:

1. Read descriptions.
2. Determine which class you would like to take.
3. Select the schedule that is convenient.
4. Check the table to see if your class is offered.
5. Use class code from table when registering.

Eastside Pool 661-723-6255 (open year round)

at Deputy Pierre W. Bain Park, 45045 5th St. East. Eastside Pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call 661-723-6256.

Webber Pool 661-723-6288 (open during summer)

at Jane Reynolds Park, 716 Oldfield Street.

PUBLIC SWIM TIMES

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

Public swim	Sat.	1:30-2:30 p.m.
Early Bird lap	Mon.-Fri.	5:45-7 a.m.
Noon lap	Mon.-Fri.	11:45 a.m.-1 p.m.
Senior & Therapy	Mon.-Fri.	10-11:30 a.m.
Evening lap	M/W/F	8:30-9:30 p.m.

Holiday Closures: Jan. 1, 18; Feb. 15.

PUBLIC SWIM FEES

Infant (3 yrs. and under)	Free
Child (4-12 yrs.)	\$1
Teen (13-16 yrs.)	\$1.25
Adult (17+ yrs.)	\$1.75
Senior (55+ yrs.)	\$1

30 Punch Swim Pass:

Teen	\$25
Adult	\$37
Senior/Child	\$20





courses now available online!

CLASS INFORMATION

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise & Hydro-Fit which are 45 minutes. See schedule for dates, times, program codes and fees.

Parent/Tot

(6 mos.-3 yrs.) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

Preschool

(3-5 yrs.) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front and back float. This is not a learn-to-swim class.

Preschool 2

(3-5 yrs.) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

Preschool 3

(3-5 yrs.) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 yrs.) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back; explore arm and hand movements; swim on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.

Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Purpose: Gives students success with fundamental skills and enhances Level 1 skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.

Level 3: Stroke Development

(6-14 yrs.) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

Level 4: Stroke Improvement

(6-14 yrs.) Purpose: Develops confidence in the skills learned and improves Level 3 skills. Participants learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.

Level 5: Stroke Refinement

(6-14 yrs.) Purpose: Provides further coordination and refinement of Level 4 strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; sidestroke.

Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.



Adult Swim Lessons

(15+ yrs.) Everyone can learn to swim. Skills taught: front and back float and glide; breathing; stroke and kicking techniques.

Aquacise: Aerobic Water Exercise

(15+ yrs.) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.

Hydro-Fit: Muscle Toning & Fitness

(15+ yrs.) Exercise class for those who want an invigorating water workout. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

Private Swim Lessons

Private swim lessons for all ages. The fee is \$142 for eight 1/2-hour lessons.

3284-3285

Lesson times to be arranged



Lifeguard Training Class

(15+ yrs.) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Must take CFAS and CPRPR* at Red Cross and show certification on first day of class. Students must attend all classes – no exceptions. \$77 (\$83 NR). Call Shanae Hill, 661-723-6256 for times and information. *CPR for the Professional Rescuer.

3265

Sat. & Sun. Feb. 6-14

8 a.m.-5 p.m.

Oasis Aquatics Swim Team

(5-18 yrs.) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Call Cindy Poole, 661-618-5283 for more information.

Oasis Masters Swim Program

(18+ yrs.) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and information at 661-946-7537.

A.V. Special Olympics

Swimming opportunities for individuals with intellectual disabilities. Call Aquatics Coach Dawn Brooks at 661-946-7042.

Mondays

7 p.m.



aquatics class schedule

The numbers listed under each time frame are the class codes to use when registering.

Classes held at Eastside Pool

Session 0: Feb. 6-Mar. 27
Saturday (1x/week for 8 weeks) \$34 (\$39 NR).

Class Level	9 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot		3266	
Preschool	3270	3271	
Preschool 2	3276		
Level 1	3241		
Level 2	3245		
Level 3		3249	
Level 4			3253
Level 5			3257
Level 6			3261
Adult		3230	
Aquacise			3234



Session 1: Feb. 1-11
Monday through Thursday (4x/week for 2 weeks) \$34 (\$39 NR).

Class Level	3:10 p.m.
Preschool	3272
Preschool 3	3280

Session 7: Jan. 19-Feb. 11
Tuesday/Thursday (2x/week for 4 weeks) \$34 (\$39 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	3267			
Preschool	3273			
Preschool 2		3277		
Preschool 3	3281			
Level 1	3242			
Level 2	3246			
Level 3		3250		
Level 4			3254	
Level 5			3258	
Level 6			3262	
Adult		3231		
Aquacise		3235		
Hydro-Fit				3238

Session 8: Feb. 16-Mar. 11
Tuesday/Thursday (2x/week for 4 weeks) \$34 (\$39 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	3268			
Preschool	3274			
Preschool 2		3278		
Preschool 3	3282			
Level 1	3243	3321		
Level 2	3247			
Level 3		3251		
Level 4			3255	
Level 5			3259	
Level 6			3263	
Adult		3232		
Aquacise		3236		
Hydro-Fit				3239

Session 9: Mar. 16-Apr. 8
Tuesday/Thursday (2x/week for 4 weeks) \$34 (\$39 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	3269			
Preschool	3275			
Preschool 2		3279		
Preschool 3	3283			
Level 1	3244	3322		
Level 2	3248			
Level 3		3252		
Level 4			3256	
Level 5			3260	
Level 6			3264	
Adult		3233		
Aquacise		3236		
Hydro-Fit				3240





The 25th Annual Juried All-Media Art Exhibition

January 23 - March 7, 2010

Opening Reception: Friday, January 22, 6 - 9 p.m.

The Antelope Valley's premier juried exhibition reflects the diversity of the High Desert's aesthetic, displaying a number of local artists' work in photography, painting, sculpture and a variety of other media.

Antelope Valley Union High School District Student Exhibition

April 10 - May 9, 2010

Opening Reception: Saturday, April 10, 12 - 3 p.m.

Students from Antelope Valley Union High School District showcase their artistic talents in a wide range of media in this annual exhibition co-organized by the Lancaster Museum/Art Gallery and AVUHSD teachers. Past exhibitions have included photography, sculpture, painting, drawing, digital media and ceramic arts. Come show your support for burgeoning young artists!

Special Events at LMAG:

Artist Demonstrations

Saturday, January 30, 1 p.m.

Local Antelope Valley artists will demonstrate their art techniques at the Lancaster Museum/Art Gallery. Learn how artists take a work of art from concept to finished product and how you might be able to apply their techniques to your own work. Free.

Family Day

Saturday, February 13, 1 p.m.

Bring the whole family to the Lancaster Museum/Art Gallery for an afternoon of art making and family fun. The day's activities will feature a demonstration of the brand new Art and Creativity Trunks as well as art activities for all ages. Free.

A Night Out

Saturday, March 6, 6 - 9 p.m.

Looking for an excuse to get out and dance? The Lancaster Museum/Art Gallery offers *A Night Out* this spring, featuring live swing music, delicious food and good wine. Dance amongst the artwork of talented High Desert artists or sip wine and chat with friends. Swing lessons offered at 6 p.m. and the festivities begin at 7 p.m. Admission: \$8, LMAGA members \$6.



The Lancaster Museum/Art Gallery wishes to thank all the sponsors, volunteers and staff who helped make *Metamorphosis: the Inaugural Museum Gala* a huge success. Your support is invaluable.



The deadline to enter

The 25th Annual Juried All-Media Art Exhibition is January 11, 2010.

Please visit

www.cityoflancasterca.org

for more information and an application.

Early Morning Hawk, William Bradford Frost. 24th Annual All-Media Juried Art Exhibition.



Lancaster Museum / Art Gallery

44801 Sierra Highway | 661-723-6250

imagreceptionist@cityoflancasterca.org

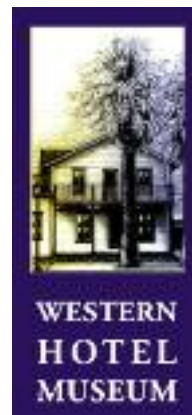
Free admission and tours

Hours:

Tuesday - Sunday, 11 a.m. - 4 p.m.

Closed Mondays and holidays

Closed between exhibitions.



Western Hotel Museum

557 W. Lancaster Blvd.

661-723-6260 / 6250

Free Admission and Tours

Hours:

The Western Hotel Museum is open the second and fourth Friday and Saturday of every month from 11 a.m. to 4 p.m.

Twenty Years Supporting the Arts – the LPAC Foundation

LPAC



*Louis V. "Lou" Bozigian
President*

According to President Louis V. "Lou" Bozigian, the mission of the Lancaster Performing Arts Center Foundation is to "provide enhancements and quality upgrades for the LPAC facility and its performances." Since 1989, the group has effectively fulfilled this goal by raising more than two million dollars for these many "extras."

This season alone, the Foundation will help send over 25,000 students to educational, inspirational and entertaining dance, music and theatre performances at the Lancaster Performing Arts Center. In addition, the Foundation has sponsored diverse programming for the benefit of all ages.

The Foundation recently expanded its board to twelve members. In addition to President Bozigian, who is a charter member, the board now includes a broad base of professionals who are active in the community.

"We are moving forward to accomplish great things," explains Mr. Bozigian.

"With this diversified board, we can better seek out the individuals and businesses in our community that can make a real difference in supporting the arts. By supporting the Foundation, you are ensuring the Lancaster Performing Arts Center remains the premier entertainment venue in the Antelope Valley," added Bozigian.

Most recently, the Foundation awarded grants to several deserving organizations for their involvement in the performing arts. They include the Antelope Valley Ballet, Antelope Valley Community Concerts Association, Antelope Valley Symphony Orchestra and Master Chorale, Cedar Street Theatre and Lancaster Community Orchestra. The Foundation also helped fund capital improvements for replacement of stage curtains at the Center.

The board oversees several charitable giving campaigns including Friends of the Lancaster Performing Arts Center Foundation, Business Education and Arts Partnership (BEAP), the Donor's Wall, Theatre Seats and Amenity sponsorships.

For more information on how you can support the arts in Lancaster, please contact Julie Secory at 661-723-6082.



*John Porter, Ed.D.
Vice President*



*Joshua E. Mann
Treasurer*



*Berna Mayer
Secretary*



*Inpamani Arul, M.D.
Director*



*Duke Bloom
Director*



*Patricia Fregoso-Cox
Director*



*R. Steven Derryberry
Director*



*Timothy W. Doerfler
Director*



*Marco Johnson
Director*



*Gina Rogers
Director*



*Mark Thompson
Director*



*Julie Secory
Administrative Assistant*



The Silver Bell

December 4 & 5 | 7 p.m.

The magic of Christmas rings out like a silver bell in this charming holiday story.

Orchestra \$17 | Balcony \$14 | Youth \$8

Big Bad Voodoo Daddy

How Big Can You Get: 100 Years of Cab Calloway

January 15 | 8 p.m.

Big Bad Voodoo Daddy celebrates the music and legacy of Cab Calloway, featuring vintage Calloway footage and songs including "Minnie the Moocher" and "Jumpin' Jive."

Orchestra \$45 | Balcony \$40



Sheena Easton

February 19 | 8 p.m.

Mid-80s pop culture icon and Grammy award winner, Sheena Easton, blew onto the scene with such hits as "Strut," "We Got Tonight," "Morning Train" and the James Bond theme, "For Your Eyes Only."

www.sheenaeaston.com

Orchestra \$40 | Balcony \$35

David Sanborn

February 21 | 7 p.m.

A six-time Grammy winner who's lent his saxophone talent to an array of musical greats, David Sanborn is a standout musician straddling the pop and jazz worlds.

Known for songs including "Maputo" and "The Dream," Sanborn also sits in regularly with the CBS Orchestra on *Late Night with David Letterman*.

www.davidsanborn.com

Orchestra \$40 | Balcony \$35



LPAC Lancaster Performing Arts Center
the positively clear choice for entertainment

750 W. Lancaster Boulevard | For tickets or information, call 661-723-5950 or visit www.lpac.org

Box office hours: Monday - Friday, noon to 6 p.m. • Saturday, noon to 4 p.m.

Lancaster Community Services Foundation, Inc.
44933 Fern Avenue
Lancaster, CA 93534-2461

PRSR STD
U.S. POSTAGE
PAID
LANCASTER, CA
PERMIT NO. 192

POSTAL CUSTOMER



facility rentals: Visit www.cityoflanasterca.org for information on renting group picnic shelters, barbeques, volleyball courts, horseshoe pits, softball fields, swimming pools, banquet halls and meeting rooms. Visit www.lpac.org for information on renting the Lancaster Performing Arts Center for theatrical and non-theatrical events.

Shop Lancaster this Christmas Season and Give a Little Gift Back to Your Community!



When you do your Christmas shopping in Lancaster, you're not only saving time and money, you're giving the local economy a valuable gift.

Every dollar you spend locally supports local jobs, neighborhood merchants and generates sales tax revenues which support many of the City services you use daily.

Last year, more than one third of Lancaster's general fund came from local sales tax, \$19 million in total. This money supports public safety efforts, parks and recreation programs, cultural arts and all the benefits which make life in Lancaster so inviting.

When you purchase products online or elsewhere, any sales tax you pay does not benefit local activities. Instead, it pays for someone else's services. So shop locally whenever possible and help support your City.

Shop

Lancaster

It just makes cents!

www.shoplanaster.org