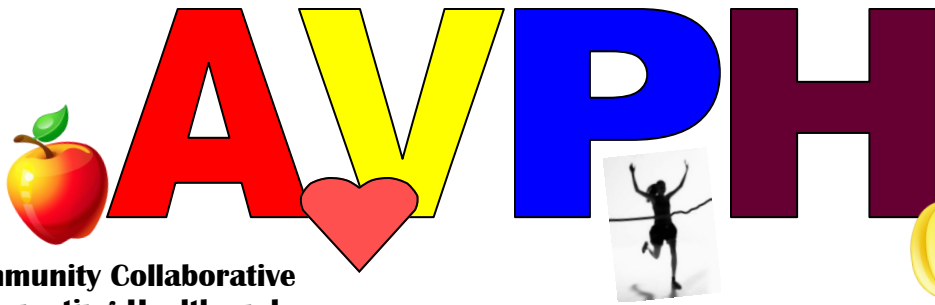


INAUGURAL



Health Week

April 24, 2010

thru

May 1, 2010

Community Collaborative
Promoting Health and
Wellness



Official Starter
AV Press Editor,
Columnist & Runner
Bill Warford

THE BLVD MILE

Saturday May 1, 2010

Clear Channel Stadium

Start Times

- 8:00am Registration
- 8:30am Heat 1 (kids)
- 9:00am Heat 2 (14-39)
- 9:30am Heat 3 (40+)

- Race day registration begins at Clear Channel Stadium at 8:00am
- Each participant will receive an "I RAN THE INAUGURAL LANCASTER BLVD MILE" certificate!
- Event occurs rain or shine
- The event is free

Please return form to:
AVPH
815 W. Lancaster Blvd
Lancaster, CA 93534
Fax: 661-951-9715

Race Entry Form

Name _____

Age (day of race) _____

Address _____

Phone _____

Email _____

WAIVER: I, intending to be legally bound hereby for myself, my heirs, executors, administrators, and assigns, waive, release any and all rights I may have against AVPH or any sponsors associated with this race, or any other race officials, their agents, representatives, successors or assigns for any and all injuries, ailments or other consequences suffered by me in The BLVD MILE Race on Saturday May, 1, 2010. I hereby grant full permission to AVPH or agents authorized by them to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose. I have read and understand everything written above.

Signature of participant

(Parent/guardian must sign for entrants under 18)