



CITY OFFICIALS

Lancaster City Council

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City Manager

Robert S. LaSala

Lancaster Planning Commission

Ken Mann, Chairman Bruce MacPherson, Vice Chairman Mary Faux, Commissioner Manual Salazar, III, Commissioner Mark Troth, Commissioner

YOU'RE INVITED TO MEETINGS

Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 6 pm.

Lancaster Planning Commission

3rd Monday of the month at 7 pm. Agenda Review is held on the Monday preceding each month's meeting at 5:30 pm in the Community Development Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 pm. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue. Notice of special Council meetings will be posted at City Hall.

Public Safety Committee

3rd Tuesday of January, April, July and October at 6 pm.

LET US HEAR FROM YOU

We welcome your comments and suggestions. 661-723-6000 Monday - Thursday from 8 am - 6 pm, Friday 8 am - 5 pm.

HOTLINE INFO

24-hr recorded information 661-723-6200

Abandoned Shopping

800-252-4613 Cart Retrieval City Special Event Hotline 661-723-5900 Job Hotline 661-723-5874

Hate Crimes Hotline 877-728-7322 (7 AT-PEACE)

Graffiti Hotline 661-723-5985

www.cityoflancasterca.org

City Council meeting agendas can be found here. Register for selected classes online.

(Lancaster Performing Arts Center)

www.avfilm.com

(Antelope Valley Film Office)

www.colra.org

(Lancaster Redevelopment Agency)

www.lancastersoccercenter.com

(Lancaster National Soccer Center)

www.big8softball.com (Big 8 Softball Complex)

www.lancastersheriff.org

(Lancaster Sheriff's Station)

www.poppyfestival.com

(California Poppy Festival)



It's hard to believe, but the holiday season is once again upon us.

Your City has a whole host of fun family activities to help get you in the holiday spirit. Whether it is ice skating at our new rink at Clear Channel Stadium, attending the Holiday Parade downtown or our tree lighting ceremonies at City Hall, there is a bountiful selection of things to do during this very special season.

The LPAC features two holiday classics - Christmas Carol, A Musical and The Nutcracker Ballet, while carolers, holiday characters and many talented local performers will be performing at venues throughout the City. Take advantage of these opportunities to reconnect with family, neighbors and friends and celebrate this festive time of year.

This holiday season is also a time when we reflect upon our accomplishments of the past year and our hopes for the future. In this issue, we take a look at the many capital improvement projects we've undertaken to make our City a better place.

Of course, no edition of the Outlook would be complete without a catalog of programs offered by the talented and creative people in Parks, Recreation and Arts. Discover all the classes, activities and special events they have planned and sign up soon for one that catches your interest.

All of us at City Hall wish you the happiest of holiday seasons and offer our very best wishes for 2007.

Your City Council



Photo by Liz Breault

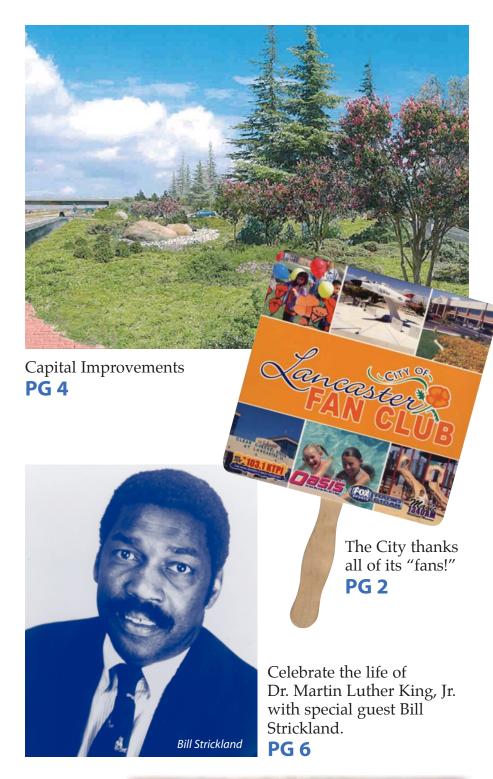
ON THE COVER

Rockefeller Center meets Clear Channel Stadium

Community skating, long a favorite pastime of Easterners, heads west this winter as Clear Channel Stadium offers holiday ice skating in Lancaster. The outdoor rink will operate daily from noon to 10 pm from December 15 through January 1, excluding Christmas and with abbreviated hours on New Year's Eve. Admission is \$10 for adults, \$8 for children, and includes skate rentals and one hour on the ice.

OUTLOOK Editor – Anne Aldrich, City of Lancaster Public Information Officer November Outlook Designer - Davis Communications November Outlook photographs – Liz Breault, Ray Santana and City staff

OUTLOOK is published quarterly by the Lancaster Community Services Foundation. This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County. The City of Lancaster is an equal opportunity employer.







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- 8 SAFE AT HOME **New Community Safety Officers** join public safety ranks. Park cameras provide eyes in the sky.
- PARKS, RECREATION & ARTS Preschool, classes, sports, aquatics.
- **19** SPECIAL EVENT Spend the holidays on ice!
- **20** ARTS IN THE CITY Celebrate a Victorian holiday. 22nd Annual Juried Art Exhibit coming soon.
- 21 LPAC Holiday shows take center stage.
- PRIME DESERT WOODLAND Back Winter Nature Adventures!

Close up on Lancaster Fan Club

"Warm, welcoming and full of opportunity."

Those were the sentiments of Dan Densing, one of twenty recent winners who put their feelings about Lancaster into words.

In an effort to better understand what people value in their community, the City of Lancaster recently sponsored a "Fan Club" competition inviting local residents to describe what they liked about Lancaster in twenty words or less.

"We wanted to encourage a sense of community pride," says Anne Aldrich, Public Information Officer for the City. "We were delighted with the responses we received. Picking twenty was not an easy task."

Winners of the competition saw their words imprinted upon thousands of colorful cooling fans distributed at public events throughout the summer. They also were treated to an evening of JetHawks baseball in the comforts of the City's own Skybox at Clear Channel Stadium.



Dan and Kathleen Densing

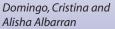




Jennifer Mattison, Joni Schaper, Hugh and Suzanne Blacka



Wayne and Glori Kalliomaa





Delight Morefield

Lancaster Fan Club winning entries and their authors:

"Lancaster! Where L.A. comes to breathe, athletes come to play, and America comes to fly!" – Adam Freeman

"I love the tumbleweeds, test pilots and the 'good old days.'" – Joni Schaper

"I like the cool summer mornings, hot summer days, clear skies, open spaces and proximity to all things Southern Californian." – Chris Parke

"Lancaster is what every town wishes to become: warm, welcoming and full of opportunity behind every friendly smile." – Dan Densing

"I love living in Lancaster for its natural beauty. The golden poppies and Joshua trees are too beautiful to describe.

– Phoebe Cov

"Big sky sunsets." – Suzanne Blacka

"I love the Lancaster Performing Arts Center." – Aren Westphal

"I like that wherever you go in Lancaster, a park is not far from you." – Matt Gocke

"I love the Poppy Festival - it's fun! Lancaster was so small in the old times; now it's a strong community." - Ana Escalera

"Sizzling fun in Lancaster: the Fair, the flowers, fabulous plays and thundering jets soaring through the clear blue sky."

- Christy Gore

"The beauty of the desert with its Joshua Trees surrounded by snowcapped mountains." – Delight Morefield

"Lancaster is passion, pride, diversity and tolerance. Passion for our beliefs, pride in our community and tolerance for cultural diversity." – Stephanie Granai

"My favorite part of Lancaster is Jethawks Stadium. Watching the ball go high in the air!" – Cristina Albarran

"Life's Good; Amazing Aerospace; Nice and Neighborly; Country Comfort; Affordable Charm; Sunny days; Twinkling Nights; Easy Living; Room to grow."

– Debi Bowers

"Affordable housing, caring people, a place for families, a place to retire." – Janette Crawford

"Warm summer nights on the patio with neighbors and friends." – Glori Kalliomaa

"I love Lancaster because it's small enough to know everybody and big on family events." – Mele White

"Blue skies and 25 mile visibility 325 days out of the year." – Michelle Long

"I love the summer nights." – Lisa Moulton

"No crowds! Just the right amount of the BEST people live here!" – Terin FitzGerald

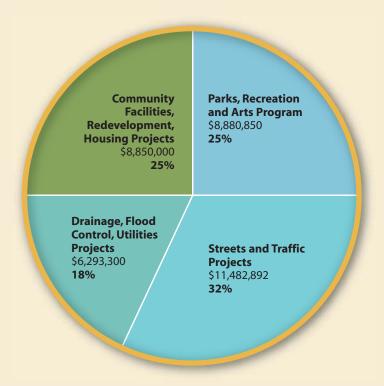
Investing in our City

City Invests Millions in Local Infrastructure

It takes a lot of work to keep Lancaster flowing smoothly. Whether it's installing traffic signals, street surfaces, drainage systems or just building and maintaining enough playgrounds and ball parks for the kids, the City's capital improvements budget, which this year totals \$35 million, and the Public Works department that oversees its disbursement are critical to the well-being of every resident.

The City recently adopted a six-year plan that helps focus attention on the projects and priorities that are important to the City and its residents.

According to Public Works Director Randy Williams, such planning lets the City develop a coherent approach to the projects, allowing public funds to be used more efficiently.



The Fiscal 2006/07 Capital Improvement Budget allocates over \$35 million to four primary areas. Community facilities, redevelopment and housing projects and Parks, Recreation and Arts programs were each allocated about one quarter of the budget. Street and traffic projects were budgeted to receive a little less than one third of the total, while drainage, flood control and utility undertakings received the remaining 18 percent.

These funds will be spent on a variety of on-going and planned projects that will help improve the quality of life for all who call Lancaster home.

Parks, Recreation and Arts

Investments in recreational facilities throughout the City will total nearly \$9 million in Fiscal 06/07. Recent improvements have included new playgrounds and facility upgrades at Rawley Duntley, Whit Carter and Hull Parks; a new shade pavilion at the Prime Desert Woodlands and grading for new youth baseball and softball fields at the old fairground facilities.

Street and Traffic Projects

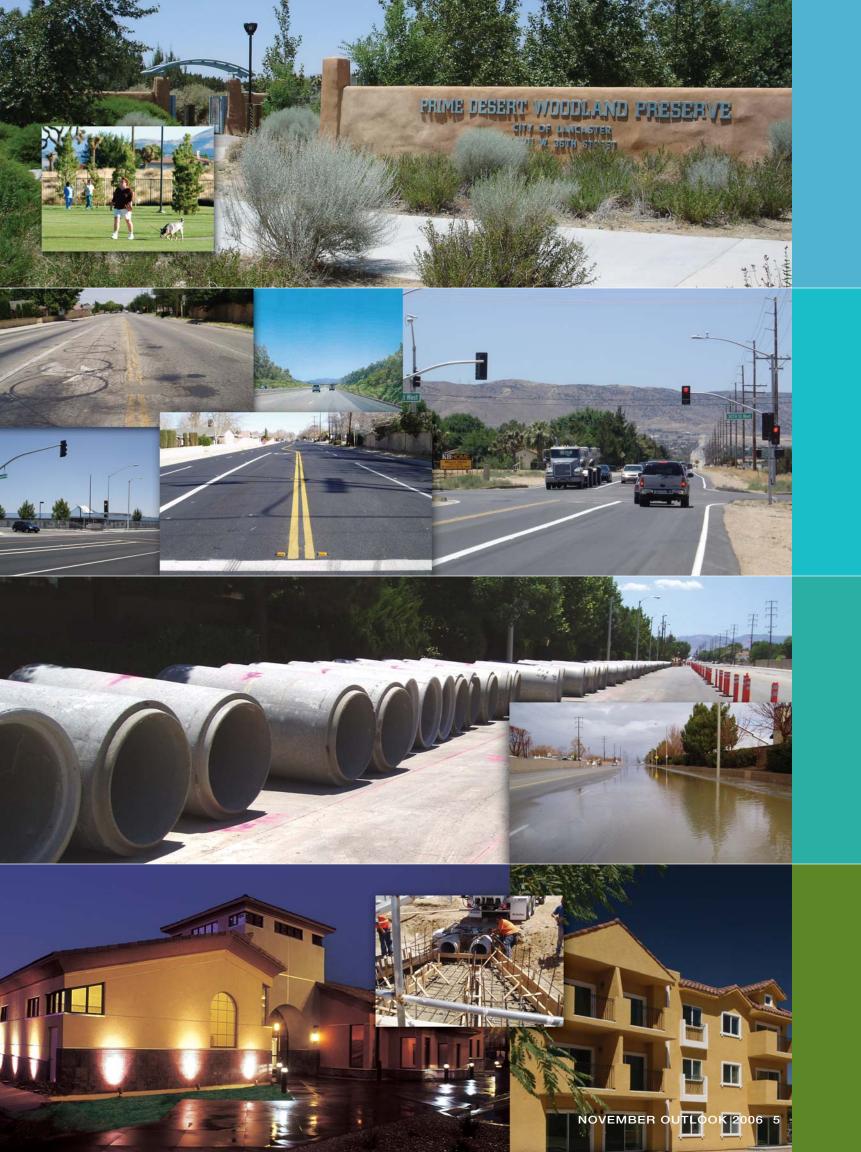
Over 30 miles of arterial streets and nearly 15 miles of residential streets are slated for repaving and other improvements in Fiscal 06/07 with expenditures topping \$11 million. Among the projects undertaken this year are signal improvements at Avenue L and 25th Street West, 20th Street West at Home Depot, and Avenue I at 15th Street East. The City has also undertaken major enhancements to freeway landscaping and is realigning 3rd Street East to accommodate the many changes underway at the old fairground site.

Drainage and Utility Projects

The City will invest over \$6 million in drainage, flood control and utility projects in Fiscal 06/07. Addressing systemic drainage problems is a top priority that has seen significant activity in the last year with work on drainage problems along 10th Street West, Avenue H-4, Avenues J and J-4. New storm drains and channels are being created between Avenue H and I around 20th Street West and at 20th Street East between Avenue J and Kettering. Installation of a recycled water line along Division Street for landscaping and industrial purposes has also recently been undertaken.

Redevelopment and Community Projects

Over \$8.8 million will be spent in support of redevelopment, housing and other projects for the community. Infrastructure improvements at the Lancaster Auto Mall and Front Row Center will help bring new jobs and tax revenue to the community. Planning for neighborhood improvements in the Lowtree area will improve housing stocks while a new record storage facility will provide the City with more room for its growing repository of documents.



Mark your Calendar

Veterans Day Parade Saturday, November 11, 9 am

Operation Welcome Home invites Lancaster residents to join them in honoring active and retired military personnel with a special "Welcome Home" parade along Lancaster Boulevard from 10th Street West to Sierra Highway. The parade will



feature an F-117 flyover, a dramatic drumline and veterans from WWII, the Korean conflict, Vietnam, the Gulf Wars and other military engagements. Numerous marching bands, color guards, floats and additional entries will be on hand. Don't miss this grand opportunity to support our troops and celebrate their tremendous contribution to our nation. Questions? Call 661-951-1717.



Metrolink Holiday **Toy Express Train** Saturday, November 18 3 - 5:30 pm Lancaster MetroLink Station

Celebrate the 10th anniversary of the Metrolink Holiday Toy Express as it pulls into Lancaster's MetroLink Station on Saturday, November 18.

Come early and enjoy a Winter Wonderland with holiday music, train rides and, of course, a special visit from Santa! The Holiday Toy Express should pull into the station around 5 pm bringing a magical show of lights, sounds and surprises. Be sure to attend and bring along a new, unwrapped toy to share so that everyone in our community can have a happy holiday season!

Lancaster Old Town Site **Hospitality Walk** Friday, December 1, 5:30 pm

Kick off the holiday season in style as Downtown Lancaster lights up with fun, refreshments and entertainment for the whole family. Businesses will stay open late to offer everyone some old-time, Old Town hospitality. Hope to see you there!





Antelope Valley Chambers of Commerce Holiday Parade Saturday, December 2, 10 am

Bring the whole family out Saturday morning, December 2, to participate in the Chamber's Annual Holiday Parade. Here you'll find dozens of bands and scores of fanciful entries from many local youth and civic groups. Come home for the holidays and get into the spirit with an old-fashioned hometown parade!

City Tree Lighting Tuesday, December 12, 6 pm

Join local officials, staffers, residents and merchants as they illuminate the giant sequoia in front of City Hall with festoons of sparkling lights.

Remembering Dr. Martin Luther King, Jr. Sunday, January 14, 2007, 4 pm **Lancaster Performing Arts Center**

Celebrate the life of Dr. Martin Luther King, Jr. on Sunday, January 14, as special guest Bill Strickland honors the slain civil rights leader and offers hope and

inspiration to people of all faiths, creeds and colors. Strickland, a recipient of the MacArthur Foundation "Genius" award and a Grammy, has lectured at Harvard and sits on the Board of the National Endowment for the Arts. He has been instrumental in changing thousands of lives across the country with his powerful words and effective methods.



Community in Action

Lancaster Online... A New Way to Look at the City

The City of Lancaster is pleased to introduce its new website to residents and visitors this month. Completely redesigned with a fresh look and easy navigation, the new site provides more information than ever.

In addition to the "official" City information such as City Council biographies, the history of Lancaster, answers to frequently asked questions and a directory of key contacts within the City; the site also lets people know what's new and what's going on within the City of Lancaster.

The site offers important community and business information and access to key documents required to do business with the City. A new feature, "City Link," allows visitors to the site to customize their experience and request that new information on topics of interest to them automatically be sent to their personal email.

It's never been easier to stay informed about what is going on in Lancaster. Computer users can simply point their browsers to www.cityoflancasterca.org and have instant access to the information they need at any hour, day or night. Surf over to the site soon and see what all the excitement is about!

www.cityoflancasterca.org





City Planners Prepare "Roadshow"

As a part of its ongoing General Plan Update, the City of Lancaster is preparing a presentation designed for civic groups, clubs and organizations.

This multimedia guide walks citizens through the overall planning process, its objectives and the progress made to date.

The City also maintains an interactive website detailing the General Plan Update process. The site contains a survey that lets residents add their thoughts to the planning process and allows residents to sign up for an electronic newsletter via email to keep abreast of General Plan activities.

Visit www.lancaster2030.info to take the survey, join the mailing list or simply find out more about the City's General Plan Update.

To schedule a presentation for your group or organization, please contact Dave Ledbetter at 661-723-6248.





A new trial program instituted by the City of Lancaster in cooperation with the Los Angeles County Sheriff's Department aims to keep City parks safe and pleasant places for families to enjoy.

New security cameras in City parks, similar to those found in shopping centers, office and government buildings, even Las Vegas casinos, are being installed in targeted park locations throughout the City.

These cameras serve a three-fold purpose:

- **Deterrence** knowing they are being watched, criminals will think twice before committing a crime.
- **Apprehension** helping to identify suspected vandals and criminals and provide appropriate police response.
- **Prosecution** providing "eyewitness" documentary evidence of the illegal acts in progress to investigators and the courts.

The Lancaster Sheriff's Department will have 24-hour access to feed from the cameras and can manipulate the direction and magnification of the cameras via remote computer. Many cameras can be rotated 360 degrees. Each camera is capable of storing data that can be used for investigations after the fact.

Mobile systems will be available to allow equipment to be moved from park to park, allowing for extra surveillance as situations warrant.

The Deterrence value of the cameras should not be underestimated, explained Bob Greene, Assistant Director of Parks, Recreation and Arts for the City. "If people feel safe in parks, they will use them. That means there will be more activity and, generally speaking, more activity leads to a safer environment."

The total cost for the new security system will be about \$77,000 – a sound investment toward community safety.





New Community Service Officers Expand Reach of City's Law Enforcement

Joining the ranks of public safety personnel patrolling the streets of Lancaster are fifteen new Community Service Officers (CSOs). These officers are employed by the City to support the Sheriff's Department by handling many duties that can be performed by someone other than a sworn officer. This includes taking routine reports, administering web and phone reporting systems, assisting with public events and other assignments.

According to Assistant City Manager Mark Bozigian, "The CSOs will help take a tremendous burden off of our deputies, allowing them to spend more time proactively policing - working to prevent crime, not merely responding to it."

The new officers went through an extensive two-week training program and then served alongside deputies for several weeks as they "learned the ropes." They have now been assigned to active duty. Look for them around town and let them know you appreciate their contribution to reducing crime.





Saturday, December 9 Lancaster City Park

- Enjoy Hotcakes & Ham Breakfast
- Make Holiday Crafts to Take Home
 - Visit with Santa!

Adults/Teens \$8 • Children 3-12 years \$5 Breakfast will be served at five seatings: 7, 8, 9, 10 & 11 am

Only 100 tickets are sold per seating, so register early! Children must be accompanied by an adult and EVERYONE must have a ticket.

Get your picture with Santa: Framed Holiday Polaroids available for \$3 each. Tickets are on sale now! See you there!



PARKS, RECREATION & ARTS Activity Guide

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Registration Dates

Online/Mail begins November 6. Phone/Fax/Walk-in begins November 13. See insert for Registration Worksheet.

Residents are those persons living inside the City limits of Lancaster. All others pay a nonresident (NR) fee. Example \$40 (\$45 NR).

To Register See Insert.

Classes must meet minimum enrollment at least three business days prior to start, and are subject to instructor change, rescheduling or cancellation. No on-site registration. Advance registration through the Parks, Recreation & Arts Department required. Only 25 percent of available spaces are reserved for online enrollment.

Preschool

El Dorado Preschool

Registration guideline: Priority registration for current students ends on the 15th of the month prior to the upcoming month. New enrollees may be accepted monthly. Parents are required to volunteer in the class room. \$3 material fee due to instructor 1st day of class.

Monthly Preschool

(4 YRS) Kindergarten preparation, crafts, stories, motor skills play. Child must have turned 4 by Dec 2, 2006. Inst: Amy Gold. \$75 (\$80 NR). El Dorado Park. No class Nov 22, Dec 25, 27, 29, Jan 1, 15, Feb 19.

5131	MWF	9-11:30 am
5130	MWF	12-2:30 pm

Monthly Wee Folks

(3 YRS) Socialization skills, crafts, stories, outdoor play activities. Child must have turned 3 by Dec 2, 2006. Inst: Amy Clark. \$52 (\$57 NR). El Dorado Park. No class Nov 21, Dec 26, 28.

5120 Tue/Thu 9-11:30 am

Jane Reynolds Preschool

Registration guidelines: Priority registration for winter preschool for students currently enrolled ends on Dec 8. Registration for new students begins Dec 11. Parents are required to volunteer in the classroom 3 times. \$4 material fee due to instructor 1st day of class.

Traditional Preschool

(4 YRS) Socialization skills, crafts, stories, motor skills play. Child must have turned 4 by Dec 2, 2006. Inst: Lynette Bass. \$130 (\$135 NR). Jane Reynolds Park, Rm 2. No class Feb 19, Apr 6-13.

5132,101	MWF	Jan 17-Mar 14	9-11:30 am
5132.102	MWF	Mar 19-May 23	9-11:30 am
3132.102	141441	Ivial 19-Iviay 23	9-11.30 aiii
5133.101	MWF	Jan 17-Mar 14	12.20 2 pm
3133.101	IVIVV	Jan 17-Mai 14	12:30-3 pm
F122 102	A 4\ A / E	May 10 May 22	12.20 2
5133.102	MWF	Mar 19-Mav 23	12:30-3 pm

JRP Play Brigade

(3 YRS) Music, crafts, stories, indoor and outdoor play. Child must turn 3 by Dec 2, 2006. Inst: Lynette Bass. \$100 (\$105 NR). Jane Reynolds Park, Rm 2. No class Apr 10, 12.

5110.101	Tue/Thu	Jan 16-Mar 13	9:30-11:30 am
5110.102	Tue/Thu	Mar 20-May 24	9:30-11:30 am





Youth Enrichment

⁴ Mommy/Daddy & Me

(18 MOS-3 YRS) Parent & child explore art, music & games while developing socialization skills. Inst: Lynnette Bass. \$80 (\$85 NR). \$2 material fee due to instructor on 1st day of class. Jane Reynolds Park, Rm 2. No class Apr 10, 12.

5171.101	Tue/Thu	Jan 16-Mar 13	12-1:30 pm
5171.102	Tue/Thu	Mar 20-May 24	12-1:30 pm
5172.101	Tue/Thu	Jan 16-Mar 13	2-3:30 pm
5172.102	Tue/Thu	Mar 20-May 24	2-3:30 pm

NEW Manners Do Matter

(7-12 YRS) Invest in your child's self-confidence & social skills as they are introduced to social etiquette & behavior through hands-on activities & role-play in a casual, fun atmosphere. Inst: Roxanne Diesel. \$50 (\$55 NR). \$5 material fee is due to instructor on 1st day of class. Lancaster City Park Game Rm. No class Feb 14.

5240 Wed Jan 24-Mar 7 6-7 pm

NEW 1 Mommy & Me Sewing

(5 YRS-ADULT) Parent & child spend focused time together while learning to sew. Participants will complete 3 useful projects in class. Inst: Terry Salazar. \$65 (\$70 NR). \$25 for each additional child. \$20 material fee is due to instructor on 1st day of class. Terry's Huggables, 43997 15th Street West.

5607.101	Sat	Dec 2-Dec 23	10 am-12 pm
5607.102	Sat	Mar 3-Mar 24	10 am-12 pm

After-School Enrichment Centers

Interactive, structured & safe after-school programs for K-6. Games, songs, arts/crafts & homework assistance planned daily in 15-30 minute increments. Staff fingerprinted & CPR/1st Aid certified. Program not offered when school is not in session. \$90 per month or monthly tracking period. Priority registration for Valley View participants ends on the 15th of the month prior to the upcoming month. Students will lose their spot in the program after that date. New student enrollments & program payments are only accepted at City Hall Parks, Recreation & Arts Department.

1611	West Wind	Mon-Fri	After school-6 pm
1608	Valley View	Mon-Fri	After school-6 pm

FREE Lancaster CARES After-School Program

Free award-winning program for children enrolled at Desert View, El Dorado, Jack Northrop, Joshua, Linda Verde, Mariposa, Sierra & Sunnydale schools. Offered after school to 6 pm M-F. Not offered when school is not in session. Includes academic & recreation enrichment activities, snacks & field trips. Staff fingerprinted & CPR/1st Aid certified. Pick up registration form at school office. For more info call 948-4661 or 723-6192.

FREE Teen Court

Lancaster teens interested in the criminal justice system can gain experience as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st-time criminal offenses. Call Gerald Wesley at 723-6256 for info. Meets at The Alfred J. McCourtney Juvenile Justice Center, 1040 West Avenue J in Court Rm 1256.

Meets monthly every 3rd Wed

3:30 pm

FREE Youth Commission

All Lancaster residents are invited to attend the monthly meetings of the Youth Commission - nine students from local high schools acting as a teen advisory group to the City Council, addressing issues & helping to plan programs, projects & special events for Lancaster teens. Meets at Lancaster City Hall Council Chambers, 44933 Fern Ave.

Meets monthly every 2nd Thu

Dance, Theatre & Music

NEW 1 Middle Eastern Dance

(16 YRS-ADULT) Experience Middle Eastern dance through the development of basic isolation & dance movements, exploration of rhythms, music, costumes, props & modern dance forms. Materials list on 1st day of class. Inst: Kathryn Hosler. \$70 (\$75 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste. 109. No class Dec 25, Jan 1.

5726.101 Mon Dec 11-Jan 22 6-8 pm 5726.102 Jan 29-Feb 26 Mon 6-8 pm

⁴ Social Dance

Beginning I/II

(ADULT) Professional dance instructor Iris Groskopf teaches fun & social ballroom dances: Swing, Jitterbug, Cha Cha, Fox Trot, Waltz & Tango. \$150 (\$155 NR) per couple. Lancaster City Park Activity Rm. 8 weeks. Start dates: Jan 10, Mar 7.



Searching for the perfect gift? Friends and family can explore new





→ Ballet & Tap

(3-12 YRS) Children learn ballet & tap techniques. Classes are designed to improve body awareness, self-confidence, coordination and much more. Inst: Melineh Alahverdian. \$91 (\$96 NR). Jane Reynolds Park, Rm 1. No class Jan 15, Feb 17, 19, Mar 17, Apr 21, 23.

3-5 YRS	Mon	Jan 8-Apr 30	4-4:45 pm
6-12 YRS	Mon	Jan 8-Apr 30	5-5:45 pm
3-5 YRS	Sat	Jan 6-Apr 28	10-10:45 am
6-12 YRS	Sat	Jan 6-Apr 28	11-11:45 am
	6-12 YRS 3-5 YRS	3-5 YRS Mon 6-12 YRS Mon 3-5 YRS Sat 6-12 YRS Sat	6-12 YRS Mon Jan 8-Apr 30 3-5 YRS Sat Jan 6-Apr 28

C.A.T.S. Kids Performance Workshop – "The Wizard of Oz"

(7-14 YRS) Youth will work on character development, movement and voice skills as they put together a stage performance of "The Wizard of Oz" to present for family & friends on Mar 14. Inst: Roxanne Diesel. \$75 (\$80 NR). \$10 material fee due to instructor 1st day of class. Lancaster City Park Game Rm. No class Feb 14.

5334 Wed Jan 24-Mar 14 4:30-6 pm

C.A.T.S. Commercial/Film Acting **Workshop for Youth**

(7-16 YRS) Do you dream of being on TV or the big screen? This class will focus on the secrets of acting for the camera while covering screen acting, television acting, commercials, and most of all, what it takes to make it! Students will be filmed at the first 5 classes and will receive a video of class work. Inst: Roxanne Diesel. \$50 (\$55 NR). \$5 material fee due to the instructor 1st day of class. Lancaster City Park Game Rm. No class Feb 14.

5336 Wed Jan 24-Mar 7 3:30-4:30 pm

C.A.T.S. Tiny Tots Acting Troupe

(4-6 YRS) Preschoolers are introduced to the world of theatre as they perform plays based on storybooks and fairy tales for family and friends during the last class. Inst: Roxanne Diesel. \$45 (\$50 NR). \$5 material fee due to instructor 1st day of class. Lancaster City Park Game Rm. No class Feb 14.

5330 Wed Jan 24-Mar 7 2:45-3:30 pm

NEW Beginning Guitar

(9 YRS-ADULT) This beginning class covers proper placement, technique, charts & more. A simple performance will be held at end of class. Participants must bring guitar to class. Inst: Brian Bastidas. \$60 (\$65 NR). \$5 material fee due to instructor on 1st day of class. Valley View Elementary, 3310 W. Ave L-8. Start dates: Nov 28, Jan 9, Feb 6.

5847 Tue 6:15-8:45 pm

Lancaster Community Orchestra

(9 YRS-ADULT) Members will learn musical pieces & perform at various events & concerts. One year experience & ability to read music required. New students must call (661) 723-6077 for auditions (Free). Conductor: Lynn Ennis. \$60 (\$65 NR) per season. Lancaster National Soccer Center, East Activity Building.

5849	Thu	Auditions Jan 18	6-8 pm
5850	Thu	Jan 25-May 17	6:30 – 8 pm

Arts & Crafts

NEW 1 Picture Perfect Photography

(15 YRS-ADULT) Whether you are an amateur or advanced amateur photographer you can learn to take better pictures in this class. Understand flash, proper composition & more in this hands-on environment. Class taught by professional photographer Phillip Kocurek. \$60 (\$65 NR). Prime Desert Woodlands, Interpretive Center.

5504 Wed Jan 3-24 6:30-8 pm

⁴ Kids' Art

(5-15 YRS) Learn various art mediums including: drawing, painting & collage. Inst: AV Allied Arts Artist Judy Rankin. \$35 (\$40 NR). Material list at City Hall. Cedar Center Hall, 44857 Cedar Ave. Start dates: Jan 8, Mar 5. No class Jan 15.

5640 Mon 4-6 pm

Tloral Design

(16 YRS-ADULT) Create 4 seasonal flower displays to take home after class. Class also covers basic flower care, design & identification. Inst: Chris Spicher. \$44 (\$49 NR). \$45 material fee due to instructor 1st day of class. AV Florist, 1302 W. Avenue J.

5750 Mon Feb 19-Mar 12 6:30-8:30 pm





NEW 4 Creative Holiday Crafts

(7 YRS-ADULT) Sew a soft, plush snowman to welcome the winter season or give as a gift. \$20 (\$25 NR). \$10 material fee due to instructor. Terry's Huggables, 43917 15th Street West.

5618 Sat Dec 9 3-5 pm

1 Learn to Crochet or Knit

(8 YRS-ADULT) Learn the basics or better your skills in crochet or knitting. Inst: Margaret Santino. \$44 (\$49 NR). \$8 material fee due to the instructor the 1st day of class. Lancaster City Park Tennis Rm. Start dates: Dec 4, Mar 5. No class Dec 25.

5601 Mon 6:30-7:30 pm

D's Ceramics

D's Ceramics offers the following classes related to pottery. Students 8-17 YRS accepted with supervising adult. All classes have a \$25 material fee due to instructor 1st day of class. Register at City Hall. Inst: Steve Mosley. Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

Potter's Wheel (13 YRS-ADULT/8-12 YRS with supervising adult) Learn the basics of throwing on the potter's wheel, wedging, centering & basic forms. Create projects such as bowls, jars or vases. \$65 (\$70 NR). Start dates: Jan 3, Feb 7.

5688 Wed 6-7:30 pm

Mosaic Tabletop Workshop

(13 YRS–ADULT/10-12 with supervising adult)
Design your own 24"x 24" tabletop from start to finish. Tabletops make great gifts and home accent pieces. \$50 (\$55 NR).
Start dates: Jan 2, Feb 6.

5690 Tue 6-8 pm

Ceramic Art Class (13 YRS-ADULT/6-12 YRS with supervising adult) Create 4 items from bisque to finished pieces. Learn how clay slip becomes an object then a finished piece. \$50 (\$55 NR). Start dates: Jan 4, Feb 1.

5691 Thu 6-7:30 pm

Children's Art Program (CAP)

(6-12 YRS) Students experience a variety of ceramic art styles including the potter's wheel, sculpting & ceramic art and learn techniques working hands on with clay, paints & glazes. \$50 (\$55 NR). 4 weeks. Start dates: Jan 6, Feb 3.

5697 Sat 1-2:30 pm

Special Interest

PREE 1 Debt Free & Prosperous Living

(ADULT) Learn how to manage debt & enjoy prosperous living in this informative seminar taught by acclaimed investment director & realtor team Terry Duke & Jamaal Brown. Class teaches all you need to know about investing, life insurance, 401K, inheritance, etc. Manage yourself to wealth! Council Chambers.

5781 Tue Jan 16 7-9 pm

NEW 1 Personal Holiday Safety

(ADULT) Stay safe this holiday season. Class covers ATM shopping, parking lot, vehicle, store, and home safety as well as scam awareness, personal safety techniques & how to report crime. Handouts included in class fee. Inst: Lisa Scates. \$10 (\$15 NR). Council Chambers.

5787 Thu Nov 16 7-9 pm

NEW 4 Selling a Home 101

(ADULT) Interested in selling your home? This class will teach you all you need to know: pricing, market conditions, capital gains taxes, disclosures and more. Don't be scared, be prepared and sell your home the right way. Inst: Jamaal Brown & Terry Duke. \$10 (\$15 NR). Lancaster City Park Activity Rm.

5785 Thu Feb 8 7-9 pm

NEW 101 Buying a Home 101

(ADULT) Learn everything you need to know to purchase a home: pricing, mortgages, credit, planning, budgeting and more. By the end of the class you will be ready to move into a new home. Bring paper and pen to class. Inst: Jamaal Brown & Terry Duke. \$10 (\$15 NR). Lancaster City Park Activity Rm.

5784 Thu Mar 1 7-9 pm

The Parenting – Parents are Forever

(ADULT) Motivating course, designed for parents of all ages, teaches parents how to effectively raise their kids by utilizing laughter, sharing, encouragement & tons of fun. Inst: Educator Patty Finley. \$75 (\$80 NR). \$10 material fee due to instructor 1st day of class. Lancaster City Park Game Rm. No class on Dec 26.

5753 Tue Dec 5-Feb 13 6-7:15 pm

NEW 4 Parents Night Out

(6-12 YRS) Parents can enjoy a night off while children participate in supervised games and crafts. Staff is fingerprinted and CPR/1st Aid certified. \$15 per child (Discounts for households enrolling more than two children.) Lancaster City Park Activity Center.

5758.101 Sat Dec 16 5-9:30 pm 5758.102 Wed Feb 14 5-9:30 pm

CPR & 1st Aid

(12 YRS-ADULT) Course covers infant, child & adult CPR & 1st Aid. Certification is done through American Heart Assn. \$35 (\$40 NR). AV Medical College, 44201 10th Street West. Offered 1st or 3rd Saturday of each month.

5776 Sat 10 am-5 pm



Professional Development

1 Entrepreneur Training Program

(ADULT) Turning an idea into a reality requires a strategic plan, solid forecasting & sound implementation strategies. Introductory course teaches participants the fundamental steps of starting a small business including identifying a market niche, conducting a competitive analysis & exploring funding options. Sponsored by Wells Fargo. Graduates receive a certificate of completion. Inst.: Julian Medrano. \$40 (\$45 NR). Lancaster City Park, Activity Ctr.

5788 Thu Jan 4-Feb 22 6-9 pm

Mastering the Ceremonies – When you are the Emcee

(ADULT) Learn what to do & not to do when you are an emcee! Two-hour session with Dana LaMon, World Champion of Public Speaking & author of MASTER THE CEREMONIES: The Emcee's Handbook for Excellence. Class covers precepts that are the basis for excellent emceeing. Learn how to write & deliver a resounding introduction & a proper, elegant style for award presentations. Bring note-taking supplies to class. \$20 (\$25 NR). \$15 materials fee (book included). Camille's Sidewalk Café, 43901 15th Street West.

5751 Thu Dec 7 6:15-8:45 pm

Success from Within Seminar

(ADULT) Learn valuable strategies & techniques for achieving personal fulfillment & life-long success. Discover the underlying factors that control human behavior & how to use them to your full advantage. Bring note taking supplies to class. Inst.: Michael Kidwell. \$20 (\$25 NR).

5755 Sat Jan 6 9-1 pm



Pet Classes

Dog Obedience Classes

(12 YRS-ADULT) Teaches basic commands of sit, heel, down, stay & come. Bring dog (puppies need to be 8 weeks to 5 months old), proof of current vaccinations, rabies cert. (dogs 6 months & older) & 6-ft leather or nylon leash to 1st class. Young participants must have parents on site. \$60 (\$65 NR). Lancaster City Park, Westside open space near tennis courts.

Beginning Novice, Inst: Carole Kelly.

5806 Sat Jan 20-Mar 10 9:30-10:30 am

Puppy Preschool, Inst: April Mikitka

5807 Sat Jan 20-Mar 10 9:30-10:30 am

Health & Fitness

Mini Musketeer's Fencing Academy

(6-9 YRS) Introductory fencing program for boys & girls uses safe plastic swords qualified by European Fencing Federation for youth fencing practices. Fencing promotes hand/eye coordination, balance, concentration, interpersonal skills & confidence. Wear sweat pants & sneakers to class. \$45 (\$50 NR). \$20 equipment rental fee due to instructor 1st day of class. Inst.: Tigran Shaginian. Jane Reynolds Park. Start dates: Dec 2, Jan 6, Feb 3.

5444 Sat 2-3 pm

Fencing

(10 YRS-ADULT) En garde! Learn the sport of fencing. Agility, balance, discipline & self-esteem are only a few of the rewards gained by studying fencing. Enjoy the physical & mental challenge the sport offers. Wear sweat pants & sneakers to class. Inst: Tigran Shaginian. \$34 (\$39 NR). \$20 equipment rental fee due to instructor 1st day of class. Lancaster City Park. 3 weeks. Start dates: Dec 4, Jan 5, Feb 9, Mar 5. No class Dec 25, Jan 15, Feb 19.

5446 Mon 7:30-8:30 pm

Beginning Triathlon

(14 YRS-ADULT) Swim, run, and bike your way to better fitness in this challenging beginners triathlon program. Participants will gain the speed, strength, stamina, and team support necessary to complete a sprint triathlon (approx. 0.25 mile swim, 10 mile bike, 3 mile run). Learn how to practice the three disciplines individually and in combinations. No previous experience necessary. Participants must have a bicycle and helmet, swimsuit and goggles, and running shoes. Inst: Larry Keating. \$85 (\$90 NR). plus \$15 material fee due to instructor on 1st day of class. Eastside Pool/Park.

5707 Sun Jan 21-March 25 11:30-1:30 pm



Jazzercise

(ADULT) Join this fitness program combining dance with a total body workout! Ongoing classes. Register at site. Call Inst: Joanne Harris (723-3440) for class fees. No babysitting available. Endeavor Middle School, 831 E. Ave K-2.

Mon & Wed 6:30-7:30 pm

FREE Senior/Adult Exercise Classes

(ADULT) Non-strenuous exercises improve flexibility & circulation. Ongoing exercise class sponsored by Sierra Medical Group & AV Hospital. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park.

AM Exercise Mon/Wed 9-10 am Tone & Stretch Tue/Thu 9-10 am

Yoga for Beginners

(ADULT) Simple stretching & breathing exercises bring you deep relaxation & stress release. Moderately strenuous Yoga techniques emphasize body alignment, strength, flexibility & concentration. Inst: Kelly Johnson. \$60 (\$65 NR). \$15 optional for mat. Sundown Elementary, 6151 W. J-8. 6 weeks. Start dates: Dec 5, Jan 23.

5761 Tue 5:30-6:30 pm

NEW 1 Yoga Mommy/Daddy & Me

(6 YRS & UP accompanied by parent) Strengthen the emotional & physical bond between parent and child using interactive gentle stretches & breathing exercises. Yoga will teach you and your child body awareness, self-control, flexibility & coordination. Inst: Kelly Johnson. \$60 (\$65 NR). \$20 material fee for mats due 1st day of class. Sundown Elementary, 6151 W. J-8. Start dates: Dec 5, Jan 22.

5767 Tue 4:30-5:30 pm

NEW 4 Bowling Rocks

(6-16 YRS) Bowling for kids! Class will utilize hands-on instruction, short videos, and work sheets to cover techniques taught by certified instructors. All participants will receive a target zone bowling ball upon completion. \$50 (\$55 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

5706 Sat Jan 20-Mar 10 10-11 am

1 Kindergym

(3-4 YRS) Toddlers will have lots of fun in this class that helps children develop motor skills & strength. Children learn basic gymnastics, tumbling & balance. Inst: Genesis Gymnastics-Collette Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. L-6 Unit B.

5405 Sat Dec 2-Jan 13 9:15-10 am

Gymnastics

(5-14 YRS) Keep your kids happy & fit while learning how to tumble, bounce trampoline & learn the basics of vault, bars & beam, increasing all aspects of fitness for kids. Inst: Genesis Gymnastics-Collette Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. L-6 Unit B.

5403 Fri Dec 1-Jan 5 5-6 pm

Wrestling Fitness

(5-17 YRS) Introductory Class that teaches the basic fundamentals of wrestling & overall fitness. Inst: Genesis Gymnastics-Bill Zimmerman & Jeremy Allen. \$60 (\$65 NR). Genesis Gymnastics, 824 W. L-6 Unit B. No class Dec 26.

5708 Tue Dec 5-Jan 16 4:30-5:30 pm

Martial Arts

↑ Youth Self-Defense & Safety Awareness – Champion Youth

(5-15 YRS) Program combines safety awareness education with self-defense instruction in a fun, structured environment! Students are placed according to age & ability, learn & practice verbal and physical skills. Students progress in rank and earn belts. \$60 (\$65 NR). \$6 one-time activity fee. Advanced registration with Lancaster Park, Recreation & Arts Dept. 10 weeks. Inst: Anthony Kitson. Jane Reynolds Park, Rm 1. Session: Fridays, Jan 19-Mar 23.

5450.101	New students	5-7 YRS	3:45-4:25 pm
5450.102	New students	8-15 YRS	4:30-5:10 pm
5450.103	Yellow belt	5 YRS & older	5:15-5:55 pm
5450.104	Orange belt & above	6-10 YRS	6-6:40 pm
5450.105	Orange belt & above	11 YRS & older	6:45-7:25 pm

🕆 Classical Yang's Style Tai Chi

(16 YRS-ADULT) Classical Yang's style Tai Chi (Long Form) dominates this classroom setting. New & returning students will enjoy the stretch & flexibility, trained breathing & relaxation, in addition to the discovery of Chi development & meditation by taking this course. Inst: Lenny Spellman. \$80 (\$85 NR). Jane Reynolds Park. No class Dec 26, Jan 2, Apr 24.

5714.101	Tue	Dec 5-Feb 27	6:30-8:30 pm
5714.102	Tue	Mar 13-May 29	6:30-8:30 pm

Brazilian Jiu Jitsu

(17 YRS-ADULT) The world's most effective form of martial arts. Class focuses on the basic foundation for self defense through grappling. Students develop confidence, discipline & courage while enhancing athletic ability. Inst: Genesis Gymnastics-Bill Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. Avenue L-6 Unit B. No class Dec 25, Jan 1.

5705	Mon	Dec 4-Jan 22	6-7 pm

Morthern Shaolin Kung-Fu

(5 YRS-ADULT) This is the perfect opportunity for those who have always wanted to learn Kung-Fu. This unique class is set in a friendly, yet goal-oriented atmosphere. The main focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu and weaponry, self-defense and self-confidence. Inst: Harold Hazeldine. \$40 (\$45 NR). Lancaster City Park. Start dates: Dec 5, Jan 2, Feb 6.

5713 Tue 6:30-8:30 pm

NEW 4 Traditional Japanese Karate

(16 YRS-ADULT) Japanese-Okinawan Karate. Students will learn basic blocks, punches, low kicks, body conditioning and stretching as well as some basic Japanese in the class. Martial art is practiced using safe equipment and no contact demonstration. Inst: Jay Carpenter. \$60 (\$65 NR). Sundown Elementary, 6151 W. J-8.

5705 Tue Jan 9-Feb 13 6:30-8:30 pm





Adult Sports Jeams

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early, as space is limited.

Adult Winter Basketball

Registration: Nov 27-Dec 22

Winter adult (men's & women's) basketball begins in early January. Games will be played at local high schools with game nights Mon-Thu. Registration is limited to 60 teams. Cost is \$410/team.

3560.101 Mon-Thu Men's Basketball

Adult Spring Softball

Registration: Jan 8-Feb 23

Spring softball begins in mid-March. Schedule consists of ten league games and a classification game. Games are played Sun-Fri. You determine the day of the week that you wish to play. Cost is \$375/team.

3110.101	Sun-Fri	Men's Slowpitch
3120.101	Sun-Fri	Coed Mushball
3120.103	Sun-Fri	Coed Hardball
3130.101	Thu	Women's Slowpitch

10th Annual Christmas Toys for Girls and Boys Softball Tournament

Each player brings one new, unwrapped \$5+ toy to donate to the Children's Center of the Antelope Valley for their "Toy Closet" program. Cost is \$100/team.

Dec 2	Coed Rec
Dec 9	Men's Rec

Youth Sports

Youth Basketball

3520.102

Each division plays eight games. Games are on Saturdays & will be played at local high schools; the practices are during the week with the day, time & location determined by the volunteer coach. Cost is \$55 (\$60 NR).

Ages 10-13 Y	'RS Registration Deadline: Dec 1	
League play b	egins in early January.	
3510.101	Boys Div A	12-13 yrs
3510.102	Boys Div B	10-11 yrs
3520.101	Girls Div A	12-13 yrs

Girls Div B

10-11 vrs



ASA & SCMAF Tournaments

Call Jeff Campbell at (661) 723-6075.

USSSA Tournaments

Call Frank Vega at (909) 393-7503.

**** Kidz Love Soccer-COED**

(3-1/2-12 YRS) Learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method including skill demonstrations, fun games & instructional scrimmages conducted in a non-competitive, recreational format. \$65 (\$70 NR). Lancaster National Soccer Center, Field #3. 8 weeks. Rain-out Hotline 1-800-871-2275.

Saturdays, Session 1- Jan 13-Mar 3

3430 Div. A	3.5-4 YRS	3:30-4 pm
3431 Div. B	4-5 YRS	4-4:35 pm
3432 Div. C	5-6 YRS	1:45-2:30 pm
3433 Div. D	7-8 YRS	2:30-3:15 pm
3434 Div. E	9-12 YRS	2:30-3:30 pm

Mommy/Daddy & Me Soccer

(2-3-1/2 YRS) Introduce yourself & toddler to the "World's Most Popular Game!" As you both participate in fun age appropriate activities, your child will develop large motor skills and socialization skills. Play a variety of activities designed around the game of soccer. The fun happens on the field – you won't have to watch from the sidelines. \$65 (\$70 NR). Lancaster National Soccer Center, Field #3. 8 weeks. Rain-out Hotline 1-800-871-2275.

3440 Sat 4:50-5:20 pm

Jennis

Lancaster City Park Tennis Center, 43011 10th St.W.

Private Lessons

Instructors vary on day of the week. Appt. arranged with instructor. 1 hour \$45 (\$50 NR), 1/2 hour \$28 (\$33 NR).

3660	1 hour	Linda Ruiz/Steve Stephens/Leonard Johnson
3670	1/2 hour	Linda Ruiz/Steve Stephens/Leonard Johnson

Saturday Tennis

Instructor: Steven Stephens

Pee Wee Lessons	(4-6 YRS) \$36 (\$41 NR)	
3610.101	Dec 2-16	11 am-12 pm
3610.102	Jan 6-27	11 am-12 pm
3610.103	Feb 3-24	11 am-12 pm

Monday/Wednesday Tennis

(No class Jan 15, Feb 19) Instructor: Linda Ruiz

Junior Lessons (7	7-17 YRS) Beg to Adv-Beg \$51 (\$	56 NR)
3621.101	Jan 3-31	5-6 pm
3621.102	Feb 5-Mar 5	5-6 pm
3621.103	Mar 7-Apr 2	5-6 pm
Advanced Junior	s (7-17 YRS)-\$51 (\$56 NR)	
3640.101	Jan 3-31	6-7 pm
3640.102	Feb 5-Mar 5	6-7 pm
3640.103	Mar 7-Apr 2	6-7 pm

Tuesday/Thursday Tennis

Instructor: Steven Stephens

7-17 YRS) Beg to Adv-Beg \$51	I (\$56 NR)
Dec 5-21	5-6 pm
Jan 4-30	5-6 pm
Feb 1-27	5-6 pm
ULT) Beginning \$51 (\$56 NR)	
Dec 5-21	9-10 am
Jan 4-30	9-10 am
Feb 1-27	9-10 am
ULT) Beg to Adv \$51 (\$56 NR	(1)
Dec 5-21	6-7 pm
Jan 4-30	6-7 pm
Feb 1-27	6-7 pm
	Jan 4-30 Feb 1-27 ULT) Beginning \$51 (\$56 NR) Dec 5-21 Jan 4-30 Feb 1-27 ULT) Beg to Adv \$51 (\$56 NR) Dec 5-21 Jan 4-30

Adult Co-Ed Cardio Tennis

(18 YRS-ADULT) Fun, heart pumping tennis based on cardio workout. Appropriate for beginner to advanced players, no tennis skill required. Inst: Leonard Johnson. \$90 (\$95 NR). Material fee: Each student should bring one unopened can of tennis balls or \$4 material fee on 1st day of class. No class Dec 25, Jan 1, 15.

3601 Mon Dec 4-Jan 22 7-8 am

Tournament Tennis

(ADULT) Are you a tennis player that has at least a minimal degree of ball control, can sustain a short rally, understand the basic rules of tennis, and have the ability to serve and keep score? This class is designed for the player who is interested in playing competitive tennis such as tournaments and leagues. Level of play between 2.5 & 3.0. Students bring one unopened can of Pro-Penn tennis balls. Inst: Leonard Johnson. \$90 (\$95 NR). Lancaster City Park.

3603 Fri Dec 1-Jan 12 7-8:30 pm

FREE Public Play

Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts will be lit from dusk to 10 pm, 7 days/wk. First-come, first-served. One-hour use if players are waiting for an open court.



Aquatics

To Register See Insert.

Eastside Pool 723-6255

at Eastside Park, 45045 N. 5th St. E. Open year round. For registration information, see page 9. Eastside pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Gerald Wesley at 723-6256.

Public Swim Jimes

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

Public swim	Sat	1:30-2:30 pm
Early Bird lap	Mon-Fri	5:45-7 am
Noon lap	Daily	11:45 am-1 pm
Senior & Therapy	Mon-Fri	10-11:30 am
Evening lap	M/W/F	8:30-9:30 pm

Holiday Hours & Closure:

Closed: Dec 24, 25, 31, Jan 1. Open: Dec. 26-30 as shown below Senior & Therapy Noon lap



Public Swim Fees

Public Swim: Eastside Pool

Infant (3 yrs and under)	Free
Child (4-12 yrs)	\$1.00
Teen (13-16 yrs)	\$1.25
Adult (17+ yrs)	\$1.75
Senior (55+ yrs)	\$1.00

30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19

Lap Swim:

Adult (16+ yrs)	\$1.75
Senior (55+ yrs)	\$1.00

Fees & Information

All classes: eight lessons, 30 minutes long, except Level 6, Aquacise & Hydrofit which are 45 minutes.

Swim	class/lesson fees:	
Red C	ross lessons	

Red Cross lessons	\$33 (\$36 NR)
Youth & Adult classes	\$33 (\$36 NR)
Lifeguard Training	\$74 (\$80 NR)
Water Safety Instructor	\$74 (\$80 NR)

Session dates

10-11:30 am 11:45 am-1 pm Please indicate the desired session number at the end of the class code.

Mon-Thu class sessions: 4x/wk for 2 wks

Session #1 Dec 4-14

Tue & Thu class sessions: 2x/wk for 4 wks

 Session #7
 Jan 2-25

 Session #8
 Jan 30-Feb 22

 Session #9
 Feb 27-Mar 22

Sat class sessions: 1x/wk for 8 wks

Session #0 Jan 13-Mar 3

Preschool Classes

Parent/Tot

(6 MOS-3 YRS) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

7010.10	Tue/Thu	7-7:30 pm
7042.10	Sat	9:40-10:10 am

Preschool

(3-5 YRS) This intro class will help teach your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn to swim class.

7118.10	Mon-Thu	3:10-3:40 pm
7124.10	Tue/Thu	7-7:30 pm
7107.10	Sat	9-9:30 am
7110.10	Sat	9:40-10:10 am

Preschool 2

(3-5 YRS) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm & kick movements.

7227.10	Tue/Thu	7:40-8:10 pm
7207.10	Sat	9-9:30 am

Preschool 3

(3-5 YRS) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing & enhance combined arm and kick movements.

7318.10	Mon-Thu	3:10:3:40 pm
7324.10	Tue/Thu	7-7:30 pm

Children's Red Cross Classes

Level 1: Introduction to Water Skills

Purpose: Helps students feel comfortable in the water. Participants learn to: Enter and exit water safely. Submerge mouth, nose and eyes. Exhale underwater through mouth and nose. Open eyes underwater, pick up submerged object. Float on front and back. Explore arm and hand movements. Swim on front and back using arm and leg actions. Follow basic water safety rules. Use a life jacket.

8124.10	Tue/Thu	7-7:30 pm
8127.10	Tue/Thu	7:40-8:10 pm
8107.10	Sat	9-9:30 am

Level 2: Fundamental Aquatic Skills

Purpose: Gives students success with fundamental skills. Participants learn to: Enter water by stepping or jumping from the side. Exit water safely using ladder or side. Submerge entire head. Open eyes underwater, pick up a submerged object. Float on front and back. Perform front and back glide. Roll over from front to back, back to front. Swim on side. Swim on front and back using combined strokes. Tread water using arm and leg motions. Move in the water while wearing a life jacket.

8224.10	Tue/Thu	7-7:30 pm
8207.10	Sat	9-9:30 am

Level 3: Stroke Development

Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: Jump into deep water from the side. Dive from kneeling or standing position. Submerge and retrieve an object. Bob with the head fully submerged. Use rotary breathing in horizontal position. Perform front and back glide. Perform survival float. Perform front and back crawl. Butterfly-kick and body motion. Perform the HELP and Huddle position. Perform a reaching assist. Use Check-Call-Care in an emergency. Change from horizontal to vertical position on front and back.

8327.10	Tue/Thu	7:40-8:10 pm
8310.10	Sat	9:40-10:10 am

Level 4: Stroke Improvement

Purpose: Develops confidence in the skills learned and improves other aquatic skills. Participants learn to: Perform shallow dive or dive from stride position. Swim underwater. Perform feet-first surface dive. Perform open turns on front and back using any stroke. Tread water using sculling arm motions and kick. Perform the following: front and back crawl, breaststroke, butterfly, elementary backstroke, swim on side using scissors-like kick. Use safe diving rules. Perform compact jump into water from a height while wearing a life jacket. Perform a throwing assist. Care for conscious choking victim.

8430.10	Tue/Thu	8:20-8:50 pm
8413.10	Sat	10:20-10:50 am

Level 5: Stroke Refinement

Purpose: Provides further coordination and refinement of strokes. Participants learn to: Tread water with two different kicks. Learn survival swimming. Perform rescue breathing. Perform the following: standing dive, shallow dive, glide two body lengths and begin any front stroke, tuck surface dive, pike surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke.

8530.10	Tue/Thu	8:20-8:50 pm
8513.10	Sat	10:20-10:50 am

Level 6: Swimming and Skill Proficiency

Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that each focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety, lifeguard readiness, fundamentals of diving, fitness swimmer.

8630.10	Tue/Thu	8:20-9:05 pm
8613.10	Sat	10:20-11:05 am

Lifeguard Training Class

(15+ YRS) Enrollees must be able to 1) swim 500 yards continuously, demonstrating the correct use of the front crawl & breaststroke; 2) Swim 20 yds, retrieve a 10 lb. brick & return it to the starting point. Provide own manuals & a pocket mask. Current rescue techniques, life-guarding procedures taught. Teaches the skills & provides certification to qualify as a professional lifeguard, including CFAS & CPR for the Professional Rescuer. Students must attend all classes-no exceptions. Eastside Pool.

7701.101	Sat & Sun – Jan 13-Feb4	8 am-5 pm
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Water Safety Instructor Class

(17+ YRS) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Approximately 40 hrs of training. Students must attend all classes – no exceptions. Eastside Pool.

8 am-5 pm

For Adults

(15+ YRS)

Adult Swim Lessons

Everyone can learn to swim. Skills taught: front and back float & glide, breathing, stroke & kicking techniques.

7427.10	Tue/Thu	7:40-8:10 pm
7410.10	Sat	9:40-10:10 am

Aquacise

A water exercise class to help firm up your arms & legs & increase your circulatory endurance using a variety of movements.

7527.10	Tue/Thu	7:40-8:25 pm
7513.10	Sat	10:20-11:05 am

Hydro-Fit: Aerobic Water Exercise

An exercise class for those who want invigorating water work out. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

7630.10 Tue/Thu 8:25-9:10 pm

Aquatic Programs

Private Swim Lessons

Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

8000.101

Lesson times to be arranged

Novice Stroke Clinic

(5-17 YRS) Not a learn-to-swim class. Enrollees must be able to swim at least length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$80 (\$86 NR)

8819.101 Sat – Jan 6-Mar 3 4-6 pm

Oasis Aquatics Swim Team

(5-18 YRS) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training & swim meets for youth 5-18 yrs. Novice to advanced. Strokes, turns, strength & endurance, goal setting, mental preparation & nutrition. Head coach is Gunther Niklas. Call 940-1832 for more info.

Oasis Masters Swim Program

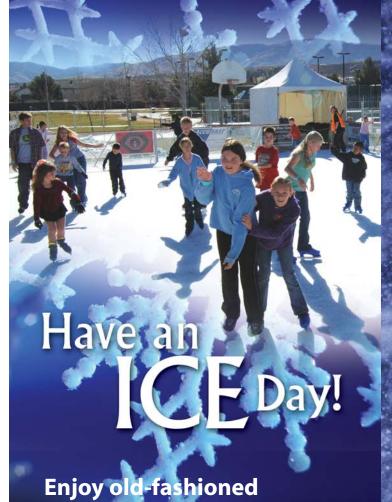
(18+ YRS) Overall conditioning, swim skills, instruction, competitive events, & ocean swimming. Call Tom Otto for fees & info at 948-0057.

A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 945-6210.

Mon 7-8:30 pm





Enjoy old-fashioned outdoor skating at Clear Channel Stadium's new ice rink this holiday season.

Come join in the fun as the City of
Lancaster presents all-new community
skating from December 15 through
January 1.

Rink fees, which include both skate rentals and an hour of skating, are just \$10 for adults, \$8 for children.

Open Noon to 10 pm daily.

Closed on Christmas Day.

Closing 8 pm New Year's Eve.

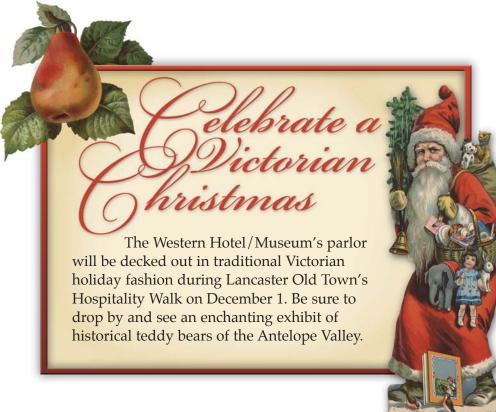
Contact Clear Channel Radio Antelope Valley for more information at 661-942-1121.





22nd Annual Juried All Media Exhibit Opens January 20

The always impressive annual juried exhibit showcases both prominent and aspiring artists from throughout the Antelope Valley. Co-sponsored by the Antelope Valley Allied Arts Association, over \$850 in cash awards will be presented to talented artists of all ages. Awards have been donated by the LMAG Associates, AV Allied Arts Association and the Lancaster Photography Association. Entry applications are available now at the Museum and City Hall. An opening reception will be held on Saturday, January 20, from 5 to 7 pm. The exhibit runs through March 18.



Partners in Education – Museum Outreach Educational Trunks

The Boeing Company has generously donated \$9,000 to the Museum/Art Gallery, which will enable the staff to bring a part of the Museum/Art Gallery to local schools. Teachers can request free visits from the education specialist who will bring a hands-on "minimuseum" educational trunk on Antelope Valley Native Americans, AV Pioneers, Ancient Egyptians and dinosaurs.

These programs will enhance a school's curriculum in a fun and educational manner. Elementary teaches from public, private and home schools are encouraged to call soon to make an appointment.

Western Hotel/Museum

557 W. Lancaster Boulevard 661-723-6260 or 661-723-6250

The Western Hotel/Museum will only be open the following days from noon to 4 pm:

December 1 & 2 and 8 & 9 January 19 & 20 and 26 & 27 February 2 & 3 and 23 & 24

Lancaster Museum/Art Gallery

44801 N. Sierra Highway 661-723-6250 Free admission and tours Hours: Tuesday - Saturday, 11 am to 4 pm Sunday, 1 to 4 pm Closed Mondays and holidays Closed January 8-19 to prepare for new show

Lancaster Performing Arts Center 2006-2007 Season

CHRISTMAS CAROL, A MUSICAL

December 1 & 2 | 7 pm

A unique interpretation of the classic Dickens tale, Christmas Carol, A Musical, is an original LPAC production, last presented in 2003. Through the Christmas of Ebenezer Scrooge, we learn it is never too late to welcome the joy of love and friendship into our hearts.



THE NUTCRACKER BALLET

December 9 | 8 pm December 10 | 2 pm

A long-standing holiday tradition at LPAC, *The Nutcracker Ballet* is the story of one young girl's amazing Christmas Eve adventure. The stunning music of Tchaikovsky underscores the battle between the Nutcracker and the Mouse King, Clara's travels through the Land of Snow and the dance of the beautiful Sugar Plum Fairy. Performed by Antelope Valley Ballet with special guest dancers.

MINNEAPOLIS GUITAR QUARTET - January 26, 2007 | 8 pm

ANTELOPE VALLEY
JAZZ ENSEMBLE - January 27, 2007 | 8 pm

CHERRYHOLMES - January 28, 2007 | 7 pm

LANCASTER PERFORMING ARTS CENTER

750 West Lancaster Boulevard

For tickets or information, call 661-723-5950 or visit www.lpac.org

Box office hours: Monday - Friday, noon to 6 pm Saturday, noon to 4 pm



Come visit the 100-acre preserve that features nearly three miles of trails. The Interpretive Center is open from 2 pm to 5 pm, Tuesday through Thursday and from 10 am to 3 pm Saturday and Sunday. Group tours by appointment. All talks and walks listed will be guided and a fee will be collected for presentations listed. Free for children three and under.

> Attendance is limited for events in the Interpretive Center. Meet at the Interpretive

Center at posted times. Call 661-723-6230 for more information.

Native American Heritage

Nicole Burns and Michael Belcher will share their American Indian heritage through music, food and crafts. Free.

Saturday November 18

Valentine's Traveling Nature Class

John Valentine will show his millipedes, frogs, snakes, wallabies and tarantulas. \$2 per person. December 16 Saturday

Bird Watching Walk

Join Ron Smith, award-winning wildlife artist, for a walk along the trails identifying birds. Bring your binoculars. Free.

Saturday January 13 8 am

Insect Specimens

Robert Shannon will share his knowledge of insects and display his mounted collection of moths from throughout the world. Free. January 27

Saturday

4 pm

4 pm

4 pm

Live Reptiles

The Southwestern Herpetology Society will share their collection and various exotic and native reptiles. \$2 per person.

Saturday February 17

Full Moon Walks Moon walks are free.

Saturday	November 4	6 pm
Saturday	December 2	6 pm
Saturday	January 6	6 pm
Sunday	February 3	6 pm

Lancaster City Parks & Facilities LEGEND AVENUE H City Park Stadium Facility site **AVENUE I** Lancaster Blvd. AVENUE J AVENUE L AVENUE M

Facility Rentals

Individuals... families...

groups... organizations... can rent facilities at:

- 11 City Parks
- Clear Channel Stadium at Lancaster, CA
- **Big 8 Softball Complex at Lancaster City Park**
- **Lancaster National Soccer Center**

Rent group picnic shelters, barbecues, volleyball courts, horseshoe courts, softball fields, swimming pools, banquet halls and meeting rooms. Reservations must be made at least three weeks in advance. For more information, call 723-6077.

Lancaster Community Services Foundation, Inc. 44933 Fern Avenue Lancaster, CA 93534-2461

U.S. Postage Paid Presorted Standard

Lancaster CA Permit No. 192

City Hall

Facility Info

- - 44933 Fern Ave. 723-6000
- Clear Channel Stadium at Lancaster, CA 45116 Valley Central Way for Stadium info, call 726-5400
- **Eastside Park/Pool** 45045 N. 5th St. E. • 723-5894/723-6255
- **El Dorado Park** 44501 N. 5th St. E. • 723-6245
- Forrest E. Hull, M.D. Park 30th St. W. and L-12
- Jane Reynolds Park/Webber Pool 716 Oldfield St. • 723-6285/723-6288
- **Lancaster City Park/Tennis Center Big 8 Softball Complex** 43011 N. 10th St. W. • 723-6277
- **Lancaster Museum/Art Gallery** 44801 N. Sierra Hwy. • 723-6250
- **Lancaster National Soccer Center** 43000 30th St. E. • 723-5964
- **Lancaster Performing Arts Center** 750 W. Lancaster Blvd. • 723-5950
- **Mariposa Park** 45755 N. Fig • 723-6265
- **Prime Desert Woodland Preserve** 43201 35th St.W. • 723-6230
- **Rawley Duntley Park** 3334 W. Ave. K • 723-6295
- 14 Skytower Park 43434 N. Vineyard • 723-6208
- **Tierra Bonita Park** 44910 N. 27th St. E. • 723-6209
- 16 Western Hotel 557 W. Lancaster Blvd. • 723-6260/723-6250
- Whit Carter Park (under construction) Ave. H-8 and Sierra Highway

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