



CITY OFFICIALS

Lancaster City Council

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City Manager

Robert S. LaSala

Lancaster Planning Commission

Ken Mann, Chairman Bruce MacPherson, Vice Chairman Mary Faux, Commissioner Manuel Salazar, III, Commissioner Mark Troth, Commissioner

YOU'RE INVITED TO MEETINGS

Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 6 pm. Notice of special Council meetings will be posted at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 7 pm. Agenda Review is held on the Monday preceding each month's meeting at 5:30 pm in the Community Development Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 pm. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue.

Public Safety Committee

3rd Tuesday of January, April, July and October at 6 pm.

LET US HEAR FROM YOU

We welcome your comments and suggestions. 661-723-6000 Monday - Thursday from 8 am - 6 pm, Friday 8 am - 5 pm.

HOTLINE INFO

24-hr recorded information 661-723-6200

Abandoned Shopping

 Cart Retrieval
 800-887-0466

 City Special Event Hotline
 661-723-5900

 Job Hotline
 661-723-5874

Hate Crimes Hotline 877-728-7322 (7 AT-PEACE)

Graffiti Hotline 661-723-5985

www.cityoflancasterca.org

City Council meeting agendas can be found here. Register for selected classes online.

www.lpac.org

(Lancaster Performing Arts Center)

www.avfilm.com

(Antelope Valley Film Office)

www.colra.org

(Lancaster Redevelopment Agency)

www.lancastersoccercenter.com

(Lancaster National Soccer Center)

www.big8softball.com

(Big 8 Softball Complex)

www.lancastersheriff.org (Lancaster Sheriff's Station)

www.poppyfestival.com

(California Poppy Festival)



from the City Council

As we shake off the frost of winter, the buds are blooming and Lancaster readies itself for the annual gold rush...as our California poppies bloom.

Spring is also a time when we all do a little sprucing up at home and in our community. Be sure to participate in our spring "Lookin' Good Lancaster" event coming up on April 28 and help us make Lancaster sparkle. Call 661-723-5985 to volunteer.

As Californians, we all understand that earthquakes can strike at any time. However, while you're cleaning up the closet, it's a good time to make sure your earthquake kit is up-to-date and freshly stocked. Our new Community Safety Officer, Shelli Henson, offers tips in this issue to make sure your family is prepared for the next shaker.

This month, we also take a look at great progress made at improving the infrastructure and processes it takes to run our City. Each area of local government discusses what they've been working on to improve services to their constituents. We think you'll find it interesting reading.

In this Outlook, the City's Parks, Recreation and Arts Department offers plenty of ways to stretch your mind and muscles with countless leisure-time activities for all ages.

It's a great time to enjoy life here in Lancaster. Hope to see you at one of the many community events we have planned this spring.

Your City Council



Photo by Liz Breault

ON THE COVER

Lancaster's annual flower fest pops up April 21 and 22 as the 2007 California Poppy Festival returns to Lancaster City Park from 10 am to 6 pm both days. Look inside for entertainment schedules and more!

OUTLOOK Editor – Anne Aldrich

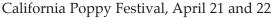
City of Lancaster Communications Manager

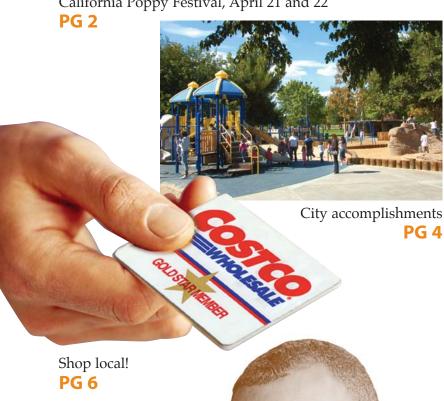
March Outlook Designer - Davis Communications

March Outlook photographs – Liz Breault, Ray Santana, Dave Balian and City staff

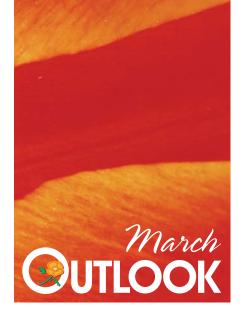
OUTLOOK is published quarterly by the Lancaster Community Services Foundation. This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County. The City of Lancaster is an equal opportunity employer.











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- ARTS IN THE CITY Sights and Sounds. AV Union High School District Student Art Exhibition.
- PARKS, RECREATION & ARTS Preschool, classes, sports, aquatics.
- 19 SPECIAL EVENT Egg Hunt Eggstravaganza!
- LANCASTER SUMMER 20 DAY CAMP
- 21 LPAC Celebrate spring with great music, comedy and more!
- PRIME DESERT WOODLAND Spring Nature Adventures!



www.cityoflancasterca.org Please fill out the online survey and tell us what you think!

Close up

Close up on flower power

Annual Poppy Festival Draws Tens of Thousands to Lancaster Each Spring

Capistrano may have its swallows, but Lancaster celebrates the return of a far more beautiful natural phenomenon each spring the California poppy. As these magnificent blooms blanket the hills and valleys surrounding our City, people flock from throughout Southern California and around the world to enjoy a weekend of fun and entertainment at Lancaster's California Poppy Festival, held this year on April 21 and 22 at Lancaster City Park.

Featured in this year's celebration will be a delightful mix of firs class entertainment, over 200 arts and crafts vendors, a flower and farmers market, civic awareness programs and many informative commercial displays.



Ranger Rick and Captain Carl will return this year with their amazing menagerie of talented critters while a motley crew of clowns known as the Circus of Fools promise to bring belly laughs and oohs and aahs with their combination of hilarious high jinks and amazing acrobats.

Saturday & Sunday April 21 & 22 Lancaster City Park

Hours: 10 am to 6 pm both days Tickets: Adults (13-61) \$7 Children (6-12) \$4 Seniors (62 and over) \$4 Children five & under free.



Parking is free!

Dogs and other pets are not permitted on the Festival grounds.

Artist Joy Lomenick of Simi Valley designed this year's winning Poppy Festival poster concept. Ms. Lomenick is a talented freelance artist who specializes in hand painted glass, pottery and tinware. For more information on her charming collectible art, visit www.countryjoycrafts.com





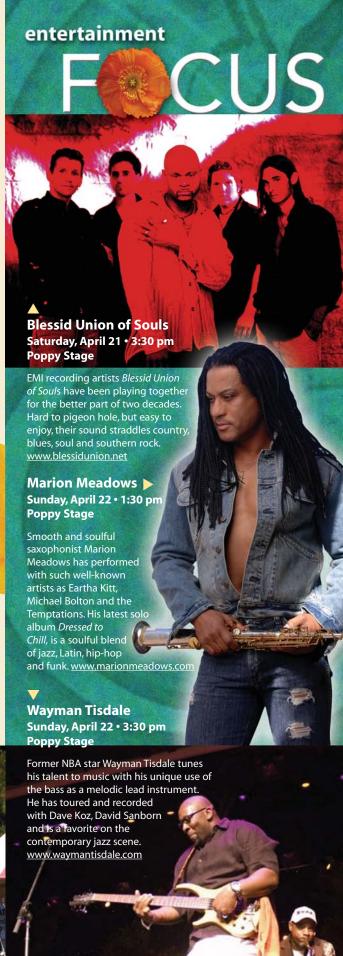
Mask Messenger Saturday & Sunday Three shows daily Interactive Theater

Since 1983, Faustwork Mask Theatre has appeared worldwide at venues ranging from the Sydney Opera House to the Metropolitan Museum of Art in New York and the Kennedy Center in Washington, D.C. Company members have also appeared at hundreds of festivals, schools, universities, and special events throughout the United States and Canada.



The New York Times noted that the Mask Theatre "achieves serious artistic ends...[and] tickles some sort of primal funny bone." The entire family will enjoy this engaging entertainment.





The 2020 Challenge

City's Vision Being Fulfilled Through Multi-Faceted Service Approach

Last year, the City Council adopted its Vision 2020 statement to help set future goals and objectives. These included:

- Providing a safe community environment
- Creating an economically diverse and prosperous community
- Effectively planning and managing a desirable, sustainable community
- Engaging and involving the community in achieving our goals.

Through an innovative, cross-functional approach, a great deal of progress has been made. There is still much to be done, but we are well on the road to achieving our goals. Here, in capsule form, are highlights of the progress being made.



Community Safety

Specific goals:

- Reduce the Part 1 crime rate by 30 percent in five years
- Improve response times

Achievements:

Community safety has expanded the number of deputies on the street by 22 officers and increased support people working behind the scenes. By nearly doubling the number of Community Service Officers to 15 and developing new online reporting tools, Sheriff's deputies have been able to spend more time preventing crime. New agreements with the State have limited the number of parolees assigned in our area.



CSI: Lancaster
Crime Stopping Initiatives



Economic Development

Specific goals:

- Improve jobs/housing balance
- Revitalize local commerce
- Develop 21st Century workforce
- Promote sense of community

Achievements:

Working with developers, Lancaster's Economic Development/Redevelopment Department (LEDR) successfully expanded the Lancaster Town Center at 10th Street West and Avenue K with new stores and restaurants. The department helped lure four new hotels to the City, affirming Lancaster as a burgeoning leisure and business destination, while further expansion of the City's Auto Mall will help build sales tax revenues. Support of industrial development is bringing new jobs to the City, while a new branding initiative aims to put a fresh face on the community by its upcoming 30th anniversary.

Parks, Recreation and Arts

Specific goals:

- Develop long-term plans
- Improve park safety
- Expand recreation and cultural programs

Achievements:

Assuring public safety in Lancaster's parks has been a high priority. Working closely with the Sheriff's Department, Parks has installed new surveillance cameras and has enhanced lighting to help deter crime. Additional park ranger patrols have been added at peak hours. The department is developing a comprehensive parks and recreation plan, which will be incorporated into the City's General Plan Update later this year.





Public Works

Specific goals:

- Create comprehensive Capital Improvements Plan
- · Improve public safety through traffic enhancements

Achievements:

The Public Works Department, working with the City's Finance Department, has developed a six year Capital Improvements Budget to help identify future infrastructure needs. To aid community safety, the Public Works Department has installed new traffic cameras at key intersections and new radar-activated speed signs in school zones to help reduce red light violations and speeding. Public Works also removed graffiti from over 1,000 sites in the public right-of-way and have removed nearly 150 tons of debris caused by illegal dumping.

Planning

Specific goals:

- Revise City's General Plan
- Establish specific plans for key areas

Achievements:

Working with consultants and the community, the Planning Department is developing a new plan for Lancaster's downtown core. The initial vision plan was presented in July. Final drafting of the plan and EIR studies are underway. The Department also oversaw the development of a new specific plan for a new retail center along 10th Street West. This work will dovetail into other planning and community input to create a revised General Plan.

Housing and Neighborhood Revitalization

Specific goals:

Improve quality of life and property conditions

Achievements:

In cooperation with builders and community leaders, the Department has created new housing opportunities ranging from senior flats to more affordable single-family residences. Over 350 new housing units have been created under these programs. The Department has also been instrumental in establishing new regulations for rental housing and group homes as well as guidelines for proper property maintenance.



Finance

Specific goals:

- Expand forecast and budget models
- · Implement new business license system

Achievements:

Over the last year, the Finance Department, working closely with all City departments, has expanded its initial five-year financial forecast to cover a ten-year period, giving civic leaders a new tool for planning. The Department has also streamlined the business licensing process.

Communications

Specific goals:

 Improve dialogue between City and its citizens

Achievements:

A comprehensive overhaul of the City's web site (www.cityoflancasterca.org) was delivered late last year that includes online crime reporting and online registration for Parks programs. With the introduction of eight new Outlook Lite newsletters, citizens can look forward to monthly communications from the City to stay informed.



Community in Action

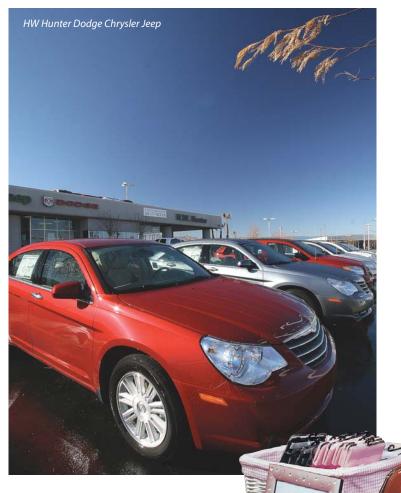
Shop Local and Support Your Community

Believe it or not, where you choose to shop can make a big difference. Why? Because local sales taxes are a big contributor to the City's general fund, a major source for such important services as police, roads and public parks.

When you shop in Lancaster, a penny of the eight and one-quarter cents you pay on each dollar stays here to support City services.

Sales tax revenues for FY 2006-07 are estimated to bring in some \$21 million into City coffers, our largest single source of income and nearly twice as much as the City receives in property tax revenues. That's enough to pay for the entire parks, recreation and arts program or fund the vast majority of our expanded public safety program.

With an ever increasing selection of quality stores, restaurants, hotels and service providers available here in Lancaster, take a moment and consider where you choose to shop.



Top Sales Tap Sta (in alphabetical order) Arco Arco AM/PM Michaels Stores Mini Mart **National Waterworks Arrow Transit Mix** Petro Lock California Truck Stop **Quinn Company** Cardlock Fuels **Ouinn Rental Services** Consolidated

Electrical Dist.

Costco

Deluxe Financial Services

Harley Davidson

Home Depot

HW Hunter Dodge Chrysler Jeep

Johnson Ford

Lancaster Honda

Lancaster Mazda Isuzu Subaru Suzuki

Lowes

Sierra Toyota Mitsubishi

Target

Wal Mart

Weston Builders Supply

Young's RV Center



Safe at Home

Earthquake Kits Offer Families a Sense of Security

The New Yorkers have their blizzards, Southerners have their hurricanes, those in the Midwest must contend with tornadoes. For Californians, it is earthquakes.

People everywhere need to deal with disaster. However, our earthquakes strike without any warning. That is why it is imperative that you act now, before an emergency arrives, to prepare for such an event. Doing so can make all the difference for your family.

In the aftermath of an earthquake, you may not be able to travel and local stores may not be able to open. Basic utilities such as water, gas and electricity may be disrupted. That is why it is important that you have a stockpile of supplies on hand to provide your family with the basic necessities for at least one week.



Water is the most essential. You should allow at least one gallon per day per person. Food items should be non-perishable canned or packaged goods that do not require refrigeration. Be sure to keep a non-electric can opener handy. If you have small children or pets, be sure to consider their needs when assembling your kit.

A freshly stocked first aid kit is also essential. Be sure to have at least a week's supply of all your medications, and keep an extra pair of glasses handy.

A portable radio and one or more flashlights should be included in your kit. Be sure to have a supply of extra batteries on hand to keep them powered up.

Your kit should also include necessary safety, comfort and cooking supplies as well as a set of tools to allow you to perform temporary repairs. See our checklist for complete details.

Consider equipping your car and workplace with similar survival kits.



E	Carthquake Kit
	Water - at least one gallon per person per day
	Food - at least one week supply per person
	Flashlight, radio and extra batteries
	First aid kit
	Fire extinguisher
	Signal whistle
	Filter masks
	Tools – axe, shovel, broom, wrench, screwdriver, pliers and hammer
	Hand can opener
	Plastic sheets, duct tape and staple gun
	Garbage bags and ties
	Coil of rope
	Protective clothing – jackets, gloves and sturdy shoes
	Candles and matches
	Camp stove, utensils, paper towels, foil
	Soap, toilet paper, and other personal hygiene products.
	Special family needs – prescriptions, baby food, formula, diapers, pet food, etc.
	Important family documents and numbers – social security, insurance policies, etc.
	Communication tools – cell phone, paper, pens and stamps



Prepare a Family Emergency Plan

Proper planning can help make the ordeal of surviving a disaster like an earthquake far easier and less stressful. Make sure all members of your family understand what to do, where to go and how to behave before, during and after a disaster.

Before: Have a family meeting. Be sure everyone understands the "safe spots" in your home and know how to react when a quake hits. Agree upon a meeting spot where family members can gather, if separated, after the quake. Choose an out-of-state contact that can act as a relay point for messages between separated family members. Learn CPR and other first aid techniques. "Quake-proof" your home by securing furniture, water heaters, mirrors and other heavy objects to make sure they don't fall during an earthquake. Learn how to shut-off the gas, electricity and water.

During: Find a safe spot beneath a sturdy piece of furniture to ride out the quake. Stay away from fireplaces, mirrors and windows and any tall, unsecured furniture. If you are indoors, stay inside. If you're outside, get into an open area away from trees, buildings, walls or power lines. In a high-rise, stay away from windows and outside walls. Do not use an elevator. If you are driving, pull over,

stop and stay inside until the shaking stops.

FIRST AID KIT

After: Use the phone ONLY if there is a life-threatening emergency. Turn on the radio for instructions and news reports. Cooperate with officials. Do not use personal vehicles unless it

is an emergency. Leave roads clear for emergency personnel. Be prepared

for aftershocks. Stay calm and help others.

Earthquake Preparedness Booth at Poppy Festival

The City of Lancaster's Public Safety Office will have an informational booth at this year's Poppy Festival on April 21 and 22. Be sure to drop by to talk to the experts about preparing your family for earthquakes and other emergency situations.

City staff will have useful information on family preparedness and how to assemble your own earthquake kit.



Lancaster Museum/Art Gallery

Sights and Sounds March 31 - April 29 Photos by the Ware Family and Gary Cothran's **Vintage Radios**

Be sure to visit our two-part exhibit featuring photographs from the award-winning Ware Family -Dale, Pat and Wendy - who are members of the Lancaster Photography Association. The show will also feature the vintage radio collection of Gary Cothran as well as radios from the museum's permanent collection. Opening reception March 31, 12 to 4 pm.



AV Union High School District Student Art Exhibit May 12 - June 10

The work of many talented young artists will be displayed as students from the AVUHSD gain experience presenting art in a competitive gallery setting. The show represents some of our finest local talent selected by art instructors from the participating high schools. Cash prizes totaling over \$300 are donated by the Lancaster Museum/Art Gallery Association and high school art instructors. Opening reception May 12, 12 to 4 pm.

Lancaster Museum/Art Gallery

44801 N. Sierra Highway 661-723-6250 Free admission and tours Hours: Tuesday - Saturday, 11 am to 4 pm Sunday, 1 to 4 pm Closed Mondays and holidays Closed to prepare new exhibits: March 19 - 30, April 21 - 22, April 30 - May 11, June 11 - 22

Western Hotel/Museum

557 W. Lancaster Boulevard 661-723-6260 or 661-723-6250 Free admission and tours

Western Hotel/Museum change in open days

The Western Hotel/Museum will only be open the following days: Friday & Saturday (both days from noon to 4 pm)

March 9 - 10 & 16 - 17; April 6 - 7 & 13 - 14; May 4 - 5 & 18 - 19; June 1 - 2 & 29 - 30

PARKS, RECREATION & ARTS Activity Guide

Classes

PRESCHOOL 10

Play groups & kindergarten readiness...

YOUTH ENRICHMENT 10

Cultural cooking, after-school programs...

DANCE, THEATRE & MUSIC 11

Ethnic dance, acting, guitar...

ARTS & CRAFTS 12

Photography, ceramics...

SPECIAL INTEREST 13 Selling your home, CPR & 1st Aid...

PROFESSIONAL DEVELOPMENT 13

Entrepreneur training, ESL, Spanish...

PET CLASSES 13

Dog obedience, pet-assisted therapy...

HEALTH & FITNESS 14

Fencing, yoga, bowling...

MARTIAL ARTS 15

Brazilian Jiu Jitsu, Kung-Fu, Karate...

Sports

SPORTS PROGRAMS 15 & 16 Basketball, softball, soccer, tennis

BATTING RANGE 15

Aquatics

PUBLIC SWIM TIMES & FEES 17

CLASS INFORMATION 17 & 18

Beginning to advanced class descriptions

AQUATIC PROGRAMS 18

Swim team, Special Olympics

CLASS SCHEDULE 19

Special Event

EASTER EGG HUNT 19

DAY CAMP 20

Registration Dates

Online/Mail begins March 6. Phone/Fax/Walk-in begins March 12. See insert for Registration Worksheet.

Residents are those persons living inside the City limits of Lancaster. All others pay a nonresident (NR) fee. Example \$40 (\$45 NR).

To Register See Insert.

Classes must meet minimum enrollment at least three business days prior to start, and are subject to instructor change, rescheduling or cancellation. No on-site registration. Advance registration through the Parks, Recreation & Arts Department required. Only 25 percent of available spaces are reserved for online enrollment.

Preschool

El Dorado Preschool

Registration guideline: Priority registration for current students ends on the 15th of the month prior to the upcoming month. New enrollees may be accepted monthly. Parents are required to volunteer in the classroom. \$3 material fee due to instructor 1st day of class.

Monthly Preschool

(4 YRS) Kindergarten preparation, crafts, stories, motor skills play. Child must have turned 4 by Dec 2, 2006. Inst: Amy Clark. \$75 (\$80 NR). El Dorado Park. No class Apr 9, 20, May 28, Jun 1.

MWF

9-11:30 am

Monthly Wee Folks

(3 YRS) Socialization skills, crafts, stories, outdoor play activities. Child must have turned 3 by Dec 2, 2006. Inst: Amy Clark. \$52 (\$57 NR). El Dorado Park. No class Apr 19.

Tue/Thu

9-11:30 am

Jane Reynolds Preschool

Registration guidelines: Parents are required to volunteer in the classroom 3 times. \$4 material fee due to instructor 1st day of class.

Traditional Preschool

(4 YRS) Socialization skills, crafts, stories, motor skills play. Child must have turned 4 by Dec 2, 2006. Inst: Lynette Bass. \$130 (\$135 NR). Jane Reynolds Park, Rm 2. No class Apr 6-13, 20, May 28.

36	MWF	Mar 19-May 23	9-11:30 am
37	MWF	Mar 19-May 23	12:30-3 pm

JRP Play Brigade

(3 YRS) Music, crafts, stories, indoor and outdoor play. Child must turn 3 by Dec 2, 2006. Inst: Lynette Bass. \$100 (\$105 NR). Jane Reynolds Park, Rm 2. No class Apr 10, 12, 19.

38 Tue/Thu

Mar 20-May 24 9:30-11:30 am

Hids Play Days

(3-5 YRS) Out of preschool and on your way to kindergarten? Enjoy this summer of fun activities. Experience arts & crafts, story time and songs, plus activities including colors, shapes, numbers and the alphabet. Children bring a lunch and bottle of water. 4 weeks. Inst: Lynette Bass. \$80 (\$85 NR). Jane Reynolds Park, Rm 2.

39 MWF Jun 4-29 9 am-12 pm

1 = Online Registration available



Youth Enrichment

[^] Mommy/Daddy & Me

(18 MOS-3 YRS) Parent & child explore art, music & games while developing socialization skills. Inst: Lynnette Bass. \$80 (\$85 NR). June class - \$40 (\$45 NR). \$2 material fee due to instructor on 1st day of class. Jane Reynolds Park, Rm 2. No class Apr 10, 12, 19.

40	Tue/Thu	Mar 20-May 24	12-1:30 pm
41	Tue/Thu	Mar 20-May 24	2-3:30 pm
42	Tue/Thu	Jun 5-28	9 -10:30 am
43	Tue/Thu	Jun 5-28	11 am-12:30 pm

↑ Mommy/Daddy & Me Sewing

(7 YRS-ADULT) Parent & child spend focused time together while learning to sew. Participants will complete 3 useful projects in class. Inst:Terry Salazar. \$48 (\$53 NR). \$25 for each additional child. \$20 material fee is due to instructor on 1st day of class. Terry's Huggables, 43997 15th Street West.

44	Sat	Apr 7-28	10 am-12 pm
45	Sat	May 5-26	10 am-12 pm
46	Sat	Jun 2-23	10 am-12 pm

NEW 1 Cultural Cooking for Youth

(8-15 YRS) Students will prepare and sample great Italian, French and German cuisine. In addition, they will learn kitchen safety, nutrition, cooking techniques and cleanliness. Inst: Roxanne Diesel. \$15 (\$20 NR). \$15 material fee due to the instructor 1st day of class. Lancaster City Park Kitchen. No class Apr 18.

65 Wed Apr 4-25 3:30-5 pm

After-School Enrichment Centers

Interactive, structured & safe after-school programs for K-6. Games, songs, arts/crafts & homework assistance planned daily in 15-30 minute increments. Staff fingerprinted & CPR/1st Aid certified. Program not offered when school is not in session. \$90 per month or monthly tracking period. Priority registration for Valley View participants ends on the 15th of the month prior to the upcoming month. Students will lose their spot in the program after that date. New student enrollments & program payments are only accepted at City Hall Parks, Recreation & Arts Department.

West Wind Mon-Fri After school-6 pm Valley View Mon-Fri After school-6 pm

Lancaster CARES After-School Program

Free award-winning program for children enrolled at Desert View, El Dorado, Jack Northrop, Joshua, Linda Verde, Mariposa, Sierra & Sunnydale schools. Offered after school to 6 pm M-F. Not offered when school is not in session. Includes academic & recreation enrichment activities, snacks & field trips. Staff fingerprinted & CPR/1st Aid certified. Pick up registration form at school office. For more info call 948-4661, ext. 210 or 723-6192.

FREE Teen Court

Lancaster teens interested in the criminal justice system can gain experience as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st-time criminal offenses. Call Gerald Wesley at 723-6256 for info. Meets at City Hall Council Chambers, 44933 Fern Ave.

Meets monthly every 3rd Wed

3:30 pm



FREE Youth Commission

Students from local high schools are selected to act as a teen advisory group to the City Council, addressing issues & helping plan programs, projects & special events for Lancaster teens. All Lancaster residents are invited to attend the monthly meetings. Contact Patricia Funes at 723-6072 for more info. Meets at Lancaster City Hall Council Chambers, 44933 Fern Ave.

Meets monthly every 2nd Thu

Dance, Theatre & Music

Middle Eastern Dance

(16 YRS-ADULT) Experience Middle Eastern dance through the development of basic isolation & dance movements, exploration of rhythms, music, costumes, props & modern dance forms. Material list given on 1st day of class. Inst: Kathryn Hosler. \$75 (\$80 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste 109. No class May 28.

31	Mon	Apr 2-30	7-9 pm
32	Mon	May 7-Jun11	7-9 pm
33	Mon	Jun 18-Jul 16	7-9 pm

Social Dance I/II

(ADULT) Professional dance instructor Iris Groskopf teaches fun & social ballroom dances: Swing, Jitterbug, Cha Cha, Fox Trot, Waltz & Tango. \$150 (\$155 NR) per couple. Lancaster City Park Activity Rm.

35 Wed May 9-Jun 27 7:30-9 pm

NEW 1 Tribal Fusion Belly Dance

(16 YRS-ADULT) Learn to belly dance in a group format. Beginning steps, combos, choreography, group improv, finger cymbals and performance opportunities. Inst: Cindy Hottya. \$48 (\$53 NR). \$2 material fee due on 1st day of class. Black Sea Trading Company, 311 E. Ave K-8, Ste 109.

54	Wed	Apr 4-May 9	7-8 pm
55	Wed	May 23-Jun 27	7-8 pm

NEW 1 Latin Social Dance I/II

(13 YRS-ADULT) Participate in this new dance passion, salsa, the rage of the season. Learn salsa with some steps incorporated from tango, cha-cha-cha, mambo, boogaloo and merengue. Inst: Zuly Zappala. \$3 material fee due to instructor on 1st day of class. \$65/single (\$70 NR) \$120/couple (\$125 NR). Jane Reynolds Park, Rm 2. No class Apr 19.





→ Ballet & Tap

(3-12 YRS) Children learn ballet & tap techniques. Classes are designed to improve body awareness, self-confidence and coordination. Bring leotard, black tap shoes, pink ballet shoes and pink tights. Inst: Melineh Alahverdian. \$91 (\$96 NR). Jane Reynolds Park, Rm 1. No class May 26, 28, Jun 4, 9.

56	3-5 YRS	Mon	May 7-Aug 20	4-4:45 pm
57	6-12 YRS	Mon	May 7-Aug 20	5-5:45 pm
58	3-5 YRS	Sat	May 5-Aug 18	10-10:45 am
59	6-12 YRS	Sat	May 5-Aug 18	11-11:45 am

NEW 1 Acting Techniques for Youth

(9-15 YRS) Learn character development, circumstantial acting and imagination techniques. Students gain self-confidence and have a lot of fun in the process. Informal presentation at last class. Inst: Roxanne Diesel. \$50 (\$55 NR). \$5 material fee due to instructor 1st day of class. Lancaster City Park Game Rm. No class Apr 18.

Apr 4-May 16 5-6 pm

Beginning Guitar - Valley View

(8 -ADULT) Interested in learning to play guitar? This beginning class covers proper placement, technique, charts & more. A simple performance will be held at end of class. Participants must bring guitar to class. Inst: Brian Bastidas. \$60 (\$65 NR). \$5 material fee due to instructor on 1st day of class. Valley View Elementary Library, 3310 W. Ave L-8. Start dates: Apr 13 (prorated), May 4, Jun 1. No class Mar 30, Apr 6.

66-68 2-3 pm

NEW Beginning Guitar - Quartz Hill

(8 -ADULT) Interested in learning to play guitar? This beginning class covers proper placement, technique, charts & more. A simple performance will be held at end of class. Participants must bring guitar to class. Inst: Brian Bastidas. \$60 (\$65 NR). \$5 material fee due to instructor on 1st day of class. Quartz Hill Elementary Library, 41820 50th St West. Start dates: Mar 22, May 3, May 31. No class Mar 29, Apr 5.

69-71 Thu 2:30-3:30 pm



NEW 4 Chinese Cultural Performance

(12 YRS-ADULT) An introduction to Chinese culture and performance - discover the performer within you. Visiting instructor Zheng Yin Ping of China has performed as a professional acrobat for over 30 years. Participants will learn juggling, strength building, dragon dances and more. \$45 (\$50 NR). Lancaster City Park Activity Rm.

236 Apr 29-Jun 3 6-8 pm

NEW 1 Instant Piano for Hopelessly Busy People

(ADULT) While most piano teachers teach note reading, piano professionals use chords. Learn all the chords you'll need to play any song in this one session and secrets of the trade to give you years of musical enjoyment. As seen on the PBS television program "Piano in a Flash." Inst: Craig Coffman. \$25 material fee due to instructor the 1st day of class. \$26 (\$31 NR). Lancaster City Park Activity Cntr.

74 May 8 6:30-9:30 pm

Arts & Crafts

Picture Perfect Photography

(16 YRS-ADULT) Whether you are an amateur or an advanced amateur, you can learn to take better pictures in this class. Learn some basic techniques used by professional photographers for beautiful images. Class taught by professional photographer Phillip Kocurek. \$55 (\$60 NR). Prime Desert Woodlands, Interpretive Center. Start dates: Apr 4, May 16.

75-77 Wed 6-8 pm

[↑] Kids' Art

(5-15 YRS) Learn various art mediums including: drawing, painting & collage. Inst: AV Allied Arts Artist Judy Rankin. \$35 (\$40 NR). Material list at City Hall. Cedar Center Hall, 44857 Cedar Ave. Start dates: Apr 2, May 7, Jun 4. No class Apr 9, May 28.

78-80 Mon 4-6 pm

Learn to Crochet and Knit

(16 YRS-ADULT) Learn the basics or better your skills in crochet or knitting. Inst: Margaret Santino. \$44 (\$49 NR). \$8 material fee due to the instructor the 1st day of class. Lancaster City Park Tennis Rm.

81 May 4-25 9-10 am Mon

⁴ D's Ceramics

D's Ceramics offers the following classes related to pottery. All classes have a \$25 material fee due to instructor 1st day of class. Participants under 18 yrs. must have adult supervision. Register at City Hall. Inst: Steve Mosley. Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

Potter's Wheel (8 YRS-ADULT) Learn the basics of throwing on the potter's wheel, wedging, centering & basic forms. Create projects such as bowls, jars or vases. \$65 (\$70 NR). Start dates: Apr 4, May 2, Jun 6.

82-84 Wed 6-7:30 pm

Mosaic Tabletop Workshop (10 YRS-ADULT) Design your own 24"x 24" tabletop from start to finish. Tabletops make great gifts and home accent pieces. \$50 (\$55 NR). Start dates: Apr 3, May 1,

85-87 Tue 6-8 pm

Children's Art Program (CAP) (6-12 YRS) Students experience a variety of ceramic art styles including the potter's wheel, sculpting & ceramic art and learn techniques working hands on with clay, paints & glazes. \$50 (\$55 NR). 4 weeks. Start dates: Apr 7, May 5, Jun 2.

88-90 Sat 1-2:30 pm



NEW Chinese Painting & Calligraphy

(12 YRS-ADULT) Visiting Chinese artist Zheng Yin Ping will teach you the fundamentals of Chinese brush painting. Experience this ancient art form which incorporates calligraphy, poetry and elements of nature. \$36 (\$41 NR). \$5 material fee due to instructor on 1st day of class. Lancaster City Park Game Rm.

Apr 29-Jun 3 4-6 pm

NEW 4 Cartoon Art for Kids

(6-12 YRS) Your child will have fun learning to use basic shapes to draw some of their favorite cartoon characters and to create a character of their very own. Inst: Cartoonist Kate McAllister. \$50 (\$55 NR). \$5 material fee due to instructor on the 1st day of class. Lancaster City Park Game Rm. No class Apr 23, May 28.

91	Mon	Apr 2-Apr 30	4-5:30 pm
92	Mon	May 7-Jun 4	4-5:30 pm

Art Instructors Needed Do you have a special skill? Share your artistic talent with others as a contract instructor. Applications and class suggestions are now being accepted. Print class proposals from www.cityoflancasterca.org or visit the Parks, Recreation & Arts Department at 44933 Fern Ave., Lancaster, CA 93534 to pick up an application.

Special Interest

Selling Your Home 101

(ADULT) Spring is a great time to prepare your home for sale. Seminar will teach you what you need to know: pricing, market conditions, capital gains taxes, disclosures and more. Be prepared and sell your home the right way. Inst: Jamaal Brown & Terry Duke. \$5 (\$10 NR). Lancaster City Park Game Rm.

93 Thu May 17 7-9 pm

Parents Night Out

(6-12 YRS) Parents can enjoy a night off while children participate in supervised games and crafts. Staff is fingerprinted and CPR/1st Aid certified. \$15 per child (Discounts for households enrolling more than two children.) Lancaster City Park Activity Center. Prior registration required.

95 Jun 1 5-10 pm

[↑] CPR & 1st Aid

(12 YRS-ADULT) Course covers infant, child & adult CPR & 1st Aid. Certification is done through American Heart Assn. \$35 (\$40 NR). AV Medical College, 44201 10th Street West. Offered 1st or 3rd Saturday of each month.

> 10 am-5 pm Sat

Professional Development

Entrepreneur Training Program

(ADULT) Turning an idea into a reality requires a strategic plan, solid forecasting & sound implementation strategies. Introductory course teaches participants the fundamental steps of starting a small business including identifying a market niche, conducting a competitive analysis & exploring funding options. Sponsored by Wells Fargo. Graduates receive a certificate of completion. Inst.: Julian Medrano. \$40 (\$45 NR). Lancaster City Park Activity Ctr. No class Apr 19, May 17.

102 Apr 5-Jun 14 6-9 pm

NEW 4 ESL

(16-ADULT) Berlitz Language Academy will teach English as a second language. Class has a variety of components including cooperative learning, language activities and continuous assessment. Learn a second language in a pressure-free environment with trained language professionals. \$7 material fee due to instructor on 1st day of class. \$74 (\$79 NR). Lancaster City Park Game Rm. No class Jul 2.

103 Jun 18-Jul 30 Mon 6:30-8 pm

NEW 1 Spanish

(16-ADULT) Berlitz Language Academy will teach you Spanish. Berlitz has 125 years experience teaching language for business, pleasure, travel and professional development. Learn Spanish in a pressure-free environment with trained language professionals. \$7 material fee due to instructor on 1st day of class. \$74 (\$79 NR). Lancaster City Park Game Rm. No class May 28.

104 Mon May 7-Jun 11 6:30-8 pm



Pet Classes

208

Dog Obedience Classes

(12 YRS-ADULT) Teaches basic commands of sit, heel, down, stay & come. Bring dog (puppies need to be 8 weeks to 5 months old), proof of current vaccinations, rabies cert. (dogs 6 months & older) & 6-ft leather or nylon leash to 1st class. Young participants must have parents on-site. \$60 (\$65 NR). Lancaster City Park, westside open space near tennis courts. No class Apr 21.

Beginning Novice, Inst: Carole Kelly 207 Apr 7-Jun 2 9-10 am Puppy Preschool, Inst: April Mikitka Apr 7-Jun 2 9-10 am

Small Breed Obedience Class

(12 YRS-ADULT) Dogs 25 lbs. or less will learn basic commands of sit, heel, down, stay and come. Bring dog's proof of current vaccination, rabies cert., 6-foot leather or nylon leash to first class. Young participants must have parents on-site. Inst: April Mikitka. \$60 (\$65 NR). Lancaster City Park, westside open space near tennis courts. No class Apr 21.

Apr 7-Jun 2 10:30-11:30 am

Pet Assisted Therapy Class

(ADULT) This course will answer your questions about Pet Assisted Therapy. You will learn what PAT is as well as what makes a PAT dog and how you can get involved in a PAT program. You will learn every aspect except testing of your dog. Attendance does not guarantee your dog's acceptance into the PAT program. Do not bring your dog to class. Inst: Carole Kelly. \$25 (\$30 NR). \$2 material fee due to the instructor on 1st day of class. Lancaster City Park Tennis Rm.

210 Wed 5:30-9 pm Apr 11

Register online!

Now you can register for Parks, Recreation and Arts classes online, with no service charge. Simply sign up for your own personal ID and password at www.cityoflancasterca.org

Note: Initial password authorization may take up to 72 hours to be processed through the system. Please allow adequate time when enrolling in your first class. Subsequent class enrollment will be instantaneous.



Health & Fitness

Fencing

(8 YRS-ADULT) En garde! Learn the sport of fencing. Agility, balance, discipline & self-esteem are only a few of the rewards gained by studying fencing. Enjoy the physical & mental challenge the sport offers. Wear sweat pants & sneakers to class. Inst: Tigran Shaginian. \$45 (\$50 NR). \$20 equipment rental fee due to instructor 1st day of class. Lancaster City Park. 3 weeks. Start dates: Apr 2 and May 7 (prorated), Jun 4. No class Apr 9, 23, May 28.

193-195 7:30-8:30 pm

Jazzercise

(ADULT) Join this fitness program combining dance with a total body workout! Ongoing classes. Register at site. Call Inst: Joanne Harris (723-3440) for class fees. No babysitting available. Endeavor Middle School, 831 E. Ave K-2.

Mon & Wed 6:30-7:30 pm

FREE Senior/Adult Exercise Classes

(ADULT) Non-strenuous exercises improve flexibility & circulation. Ongoing exercise class sponsored by Sierra Medical Group & AV Hospital. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park. Lancaster National Soccer Center, Eastside Bldg. (June)

Mon/Wed **AM Exercise** 9-10 am **Tone & Stretch** Tue/Thu 9-10 am

1 Yoga for Beginners

(ADULT) Simple stretching & breathing exercises bring you deep relaxation & stress release. Moderately strenuous Yoga techniques emphasize body alignment, strength, flexibility & concentration. Inst: Kelly Johnson. \$60 (\$65 NR). \$15 optional for mat. Lancaster City Park Game Rm. 6 weeks. Start dates: Apr 3, May 15.

199-200 Tue 5:30-6:30 pm

NEW 1 Yoga for Kids

(6 YRS & UP accompanied by parent) Strengthen the emotional & physical bond between parent and child using interactive gentle stretches & breathing exercises. Yoga will teach you and your child body awareness, self-control, flexibility & coordination. Inst: Kelly Johnson. \$60 (\$65 NR). \$20 material fee for mats due 1st day of class. Lancaster City Park Game Rm. Start dates: Apr 3, May 15.

201-202 4:30-5:30 pm

• Bowling Rocks

(6-16 YRS) Bowling for kids! Class will utilize hands-on instruction, short videos and work sheets to cover techniques taught by certified instructors. All participants will receive a target zone bowling ball upon completion. \$50 (\$55 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

203 May 5-Jul 7 Sat 10-11 am

NEW 🖰 Toddler Bumper Bowling

(2-6 YRS) Toddlers will learn to bowl with certified instructors and learn the aspects of team work, concepts of bowling and have tons of fun. Each week they will bowl one game with bumpers and receive cookies & milk. \$40 (\$45 NR). Brunswick Sands Bowl, 43233 Sierra Hwv.

204 May 1-Jul 3 9:30-10:30 am

Gymnastics

(5-12 YRS) Keep your kids happy & fit while learning how to tumble, bounce trampoline & learn the basics of vault, bars & beam, increasing all aspects of fitness for kids. Inst: Genesis Gymnastics-Collette Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. Ave L-6 Unit B.

Apr 6-May 11 4-5 pm

Wrestling Fitness

(5-15 YRS) Introductory Class that teaches the basic fundamentals of wrestling & overall fitness. Inst: Genesis Gymnastics-Bill Zimmerman & Jeremy Allen. \$60 (\$65 NR). Genesis Gymnastics, 824 W. Ave L-6 Unit B.

206 Tue Apr 3-May 8 4:30-5:30 pm





Martial Arts

(5-15 YRS) Program combines safety awareness education with self-defense instruction in a fun, structured environment! Students are placed according to age & ability, learn & practice verbal and physical skills. Students progress in rank and earn belts. \$60 (\$65 NR). \$6 one-time activity fee. Advanced registration with Lancaster Parks, Recreation & Arts Dept. 10 weeks. Inst: Anthony Kitson. Jane Reynolds Park, Rm 1. Session: Fridays, Mar 30-Jun 8. No class Apr 20.

180	New students	5-7 YRS	3:45-4:25 pm
181	New students	8-15 YRS	4:30-5:10 pm
182	Yellow belt	5 YRS & older	5:15-5:55 pm
183	Orange belt & above	6-10 YRS	6-6:40 pm
184	Orange belt & above	11 YRS & older	6:45-7:25 pm

Brazilian Jiu Jitsu

(17 YRS-ADULT) The world's most effective form of martial arts. Class focuses on the basic foundation for self defense through grappling. Students develop confidence, discipline & courage while enhancing athletic ability. Inst: Genesis Gymnastics-Bill Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. Avenue L-6 Unit B.

185 Wed Apr 4-May 9 6-7 pm

Morthern Shaolin Kung-Fu

(5 YRS-ADULT) This is the perfect opportunity for those who have always wanted to learn Kung-Fu. This unique class is set in a friendly, yet goal-oriented atmosphere. The main focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu and weaponry, self-defense and self-confidence. Inst: Harold Hazeldine. \$40 (\$45 NR). Lancaster City Park. Start dates: Apr 3, Jun 5.

186-187 Tue 6:30-8:30 pm

NEW 1 Traditional Japanese Karate

(16 YRS-ADULT) Learn traditional Japanese Okinawan Karate using safe exercises and techniques with controlled practical applications. Karate drills include learning to punch, block and kick along with basic Japanese Karate forms (Katas) and basic fighting techniques (Kumite). Inst: Jay Carpenter. \$60 (\$65 NR). Sundown Elementary School, 6151 W. Ave J-8. Start dates: Mar 13, May 8. No class Mar 27, Apr 3.

188-189 Tue 6:30-8:30 pm

Adult Sports Jeams

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early as space is limited.



Adult Summer Basketball

Registration: April 30-May 25 Summer adult (men's & women's) basketball begins in mid June.

Games will be played at local high schools with game nights Mon-Thu. Registration is limited to 24 teams. Cost is \$410/team.

Mon-Thu Adult Basketball

Adult Summer Softball

Registration: April 30-June 8

Summer softball begins in July. Schedule consists of ten league games and a classification game. Games are played Sun-Fri. You determine the day of the week that you wish to play. Cost is \$375/team.

Sun-Fri Men's Slowpitch
Sun-Fri Coed Mushball
Sun-Fri Coed Hardball
Thu Women's Slowpitch

Adult Church League Softball

Registration: April 30-June 8

Church League (coed mushball) softball begins in July. Schedule consists of ten league games and a classification game. Games are played on Fridays. Cost is \$330/team.

ri Church Slowpitch



ASA & SCMAF Tournaments

Call Jeff Campbell at (661) 723-6075.

USSSA Tournaments

Call Frank Vega at (909) 393-7503.

Youth Sports

Kidz Love Soccer-COED

(3-1/2-12 YRS) Learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method including skill demonstrations, fun games & instructional scrimmages conducted in a non-competitive, recreational format. \$79 (\$84 NR). Lancaster National Soccer Center, Field #2. 9 weeks. Rain-out Hotline 1-800-871-2275. No class Apr 21, May 26.

Saturo	Saturdays, Session 1- Apr 7-Jun 16				
211	Tot-soccer	3.5-4 YRS	3:30-4 pm		
212	Pre-soccer	4-5 YRS	4-4:35 pm		
213	Soccer 1	5-6 YRS	1:45-2:30 pm		
214	Soccer 2	7-8 YRS	2:30-3:15 pm		
215	Soccer 3	9-12 YRS	2:30-3:30 pm		

ruesdays, Session 2 - Apr 3-May 29			
217	Pre-soccer	3.5-5 YRS	5:05-5:35 pm
218	Soccer 1	5-6 YRS	3:20-4:05 pm
219	Soccer 2	7-8 YRS	4:05-4:50 pm
220	Soccer 3	9-12 YRS	4:05-5:05 pm

Mommy/Daddy & Me Soccer

(2-3-1/2 YRS) Introduce yourself & your toddler to soccer. Each week you and your child will participate in fun activities related to soccer. The fun happens on the field and you won't have to watch from the sidelines. \$79 (\$84 NR). Lancaster National Soccer Center, Field #2. 9 weeks. Rain-out Hotline 1-800-871-2275. No class Apr 21, May 26.

221	Sat	Mar 31-Jun 9	4:50-5:20 pm
222	Tue	Apr 3-May 29	2:30-3 pm

Jennis

Lancaster City Park Tennis Center, 43011 10th St. W.

Private Lessons

Instructors vary on day of the week. Appt. arranged with instructor. 1 hour \$45 (\$50 NR), 1/2 hour \$28 (\$33 NR).

1 hour session		1/2 hour session	
223	Linda Ruiz	224	Linda Ruiz
226	Leonard Johnson	225	Leonard Johnson
227	Steve Stephens	228	Steve Stephens

Saturday Tennis

Instructor: Steven Stephens. No class Apr. 21.

Pee Wee Lessons (4-6 YRS) \$36 (\$41 NR)			
156	Apr 7-28	11 am-12 pm	
157	May 5-26	11 am-12 pm	
158	Jun 9-30	11 am-12 pm	

Monday/Wednesday Tennis

Instructor: Linda Ruiz. No class Apr 18, 23, May 28, Jul 2, 4.

Junior Lessons (7-17	YRS) Beg to Adv-Beg \$51 (\$56	NR)		
159	Apr 4-May 7	5-6 pm		
160	May 9-Jun 6	5-6 pm		
161	Jun 11-Jul 11	5-6 pm		
Advanced Juniors (7-17 YRS)-\$51 (\$56 NR)				
162	Apr 4-May7	6-7 pm		
		6-7 pm 6-7 pm		

Tuesday/Thursday Tennis

Instructor: Steven Stephens

Junior Lessons (6-12 YRS) Beg to Adv-Beg \$51 (\$56 NR)			
165	Apr 3-26	5-6 pm	
166	May 1-24	5-6 pm	
167	Jun 5-28		
Tennis for Homemaker	s (ADULT) Beginning \$51 (\$56 NF	R)	
168	Apr 3-26	9-10 am	
169	May 1-24	9-10 am	
170	Jun 5-28	9-10 am	
Adult Beg to Adv \$51 (\$	56 NR)		
171	Apr 3-26	6-7 pm	
172	May 1-24	6-7 pm	
173	Jun 5-28	6-7 pm	

Adult Co-Ed Cardio Tennis

(18 YRS-ADULT) Fun, heart pumping tennis based on cardio workout. Appropriate for beginner to advanced players, no tennis skills required. Inst: Leonard Johnson. \$90 (\$95 NR). Each student should bring one unopened can of tennis balls on 1st day of class. Jane Reynolds Park. No class Apr 23, May 28.

174	Mon	Apr 2-May 7	7:30-8:30 am
175	Mon	May 14-Jun 18	7:30-8:30 am

Tournament Tennis

(ADULT) Are you a tennis player that has at least a minimal degree of ball control, can sustain a short rally, understand the basic rules of tennis, and have the ability to serve and keep score? This class is designed for the player who is interested in playing competitive tennis such as tournaments and leagues. Level of play between 2.5 & 3.0. Students bring one unopened can of Pro-Penn tennis balls. Inst: Leonard Johnson. \$90 (\$95 NR). Jane Reynolds Park. No class Apr 20.

176	Fri	Apr 6-May 11	7-8:30 pm
177	Fri	May 18-Jun 22	7-8:30 pm

Beginning Tennis

(ADULT) Player has zero to minimum knowledge of the game. This is usually the first experience with tennis. Basic forehand, backhand, volley and serve are taught. Includes basic terms and rules of tennis. Students bring one unopened can of Pro-Penn tennis balls. Inst: Leonard Johnson. \$90 (\$95 NR). Jane Reynolds Park. No class Apr 9, 23, May 28.

178	Mon	Apr 2-May 7	10-11 am
179	Mon	May 14-Jun 18	10-11 am

FREE Public Play

Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts will be lit from dusk to 10 pm, 7 days/wk. First-come, first-served. One-hour use if players are waiting for an open court.



member of the family!

Aquatics

To Register See Insert.

Eastside Pool 661-723-6255

at Deputy Pierre W. Bain Park, 45045 N. 5th St. East. Open year round. For registration information, see page 9. Eastside pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Gerald Wesley at 723-6256.

Public Swim Jimes

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

Public swim	Sat	1:30-2:30 pm
Early Bird lap	Mon-Fri	5:45-7 am
Noon lap	Daily	11:45 am-1 pm
Senior & Therapy	Mon-Fri	10-11:30 am
Evening lan	M/W/F	8·30-9·30 nm

Holiday Hours & Closure:

Closed: Mar 10, Apr 8, 21 & 22, May 28

Public Swim Fees

Eastside Pool

Infant (3 yrs and under)	Free
Child (4-12 yrs)	\$1.00
Teen (13-16 yrs)	\$1.25
Adult (17+ yrs)	\$1.75
Senior (55+ yrs)	\$1.00

30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19

Lap Swim:

Adult (16+ yrs)	\$1.75
Senior (55+ yrs)	\$1.00

Aquatic Classes

We've reformatted our aquatics programs for added convenience. Our programs are offered on three schedules.

• Session 0: Saturdays, once per week for 8 weeks.

Swim Classes for every

- Session 1: Monday-Thursday, 4 times a week for 2 weeks.
- Sessions 7-8: Tuesdays & Thursdays, twice per week for 4 weeks. (Session 7: April 3-26; Session 8: May 8-31).

To register, first read the description and determine which class you would like to take. Second, select the schedule that is most convenient and check the table on page 19 to determine if your class is offered. Third, write the class code from the table on your registration form next to the class name.

Class Information

All classes: eight lessons, 30 minutes long, except Level 6, Aquacise & Hydrofit which are 45 minutes. See schedule for dates, times, program codes and fees.

Parent/Tot

(6 MOS-3 YRS) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

Preschool

(3-5 YRS) This intro class will help teach your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn to swim class.

Preschool 2

(3-5 YRS) Prerequisite:Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

Preschool 3

(3-5 YRS) Prerequisite:Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhanced combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 YRS) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.

Level 2: Fundamental Aquatic Skills

(6-14 YRS) Purpose: Gives students success with fundamental skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; open eyes underwater; pick up a submerged object; float on front and back; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.

Level 3: Stroke Development

(6-14 YRS) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform the HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

Level 4: Stroke Improvement

(6-14 YRS) Purpose: Develops confidence in the skills learned and improves other aquatic skills. Participants learn to; perform shallow dive or dive from stride position; swim underwater; perform feetfirst surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.

Level 5: Stroke Refinement

(6-14 YRS) Purpose: Provides further coordination and refinement of strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; front and back crawl; butterfly; breaststroke; elementary backstroke; sidestroke.

Level 6: Swimming & Skill Proficiency

(6-14 YRS) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that each focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.

Adult Swim Lessons

(15+ YRS) Everyone can learn to swim. Skills taught: front and back float & glide; breathing; stroke & kicking techniques.

Aquacise: Aerobic Water Exercise

(15+ YRS) A water exercise class to help firm up your arms and legs and increase your circulatory endurance using a variety of movements.

Hydro-Fit: Muscle Toning & Fitness

(15+ YRS) An exercise class for those who want an invigorating water work out. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

Private Swim Lessons

Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

229

Lesson times to be arranged.

Lifeguard Training Class

(15+ YRS) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Current rescue techniques, life guarding procedures taught. Teaches the skills and provides certification to qualify as a professional lifeguard, including CFAS & CPR for the professional rescuer. Students must attend all classes – no exceptions. \$74 (\$80 NR). Call 723-6256 for times.

230

Sat & Sun

Water Safety Instructor Class

(17+ YRS) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross ICT course included on March 1. Approximately 40 hrs. of training. Students must attend all classes – no exceptions. \$74 (\$80 NR).

231

Sat & Sun

8 am-5 pm

Community Water Safety

Learn swimming pool and water safety awareness, poolside and lakeside rescue techniques. Satisfies foster parent requirement. \$43 (\$48 NR).

232 233 8-11 am 8-11 am

Aquatic Programs

Sat

Novice Stroke Clinic

(5-17 YRS) Not a learn to swim class. Enrollees must be able to swim at least length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$58 (\$63 NR).

234

Sat Mar 17-May 12

4-6 pm

Oasis Aquatic Swim Team

(5-18 YRS) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Head coach: Gunther Niklas. Call 940-1832 for more info.

Oasis Masters Swim Program

(18+ YRS) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and info at 948-0057 or 722-0585.

A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 945-6210. Meets on Mondays.

Aquatics Class Schedule

The numbers listed under each time frame are the class codes to include on your registration.

Session 0 - Mar 17-May 12:

Saturdays (1x/week for 8 weeks) \$33 (\$36 NR).

Class Level	9-9:30 am	9:40-10:10 am	10:20-10:50 am
Parent/Tot		6	
Preschool	108	109	
Preschool 2	113		
Level 1	105		
Level 2	106		
Level 3		128	
Level 4			34
Level 5			135
Level 6			139
Adult		143	
Aquacise			147

Session 1- May 14-24:

Monday - Thursday (4x/week for 2 weeks) \$33 (\$36 NR).

Class Level	3:10-3:40 pm		
Preschool	109		
Preschool 3	117		

Session 7 - Apr 3-26:

Tuesdays & Thursdays (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7- 7:30 pm	7:40- 8:10 pm	7:40- 8:25 pm	8:20- 8:50 pm	8:20- 9:05 pm	8:25- 9:10 pm
Parent/Tot	3					
Preschool	110					
Preschool 2		114				
Preschool 3	118					
Level 1	127	24				
Level 2	124					
Level 3		129				
Level 4				132		
Level 5				136		
Level 6					140	
Adult		144				
Aquacise			148			
Hydro-Fit						151

Session 8 - May 8-31:

Tuesdays & Thursdays (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7- 7:30 pm	7:40- 8:10 pm	7:40- 8:25 pm	8:20- 8:50 pm	8:20- 9:05 pm	8:25- 9:10 pm
Parent/Tot	12					
Preschool	111					
Preschool 2		115				
Preschool 3	119					
Level 1	23	125				
Level 2	121					
Level 3		130				
Level 4				133		
Level 5				137		
Level 6					141	
Adult		145				
Aquacise			149			
Hydro-Fit						152

Egg Hunt Eggstravaganza!

Saturday, April 7 For kids ages 9 & under

Lancaster City Park Big 8 Complex
Field Area 1 - 4
43011 N. 10th Street West

Hunt for eggs and redeem them for a bag of surprises. A variety of children's entertainment will be on hand to provide amusement between hunts. Children can visit with the Bunny and have a Polaroid taken for only \$3. Children must bring their own baskets to gather eggs. Hunts will begin on time, make sure to arrive early. Adults will not be allowed on the fields except for the infant to 5-year-old age group. There will also be a special photo opportunity area outside the hunt areas to give parents a place to create life-long memories.

Age	Time	Field #
1 and under	9:30 am	1
2 years	9:50 am	2
3 years	10:10 am	3
4 & 5 years	10:30 am	4
6 years	10:50 am	1
7 years	11:10 am	2
8 & 9 years	11:30 am	1





LANCASTER DAY CAMP 2007

Choose any 1-week session.

Excursions, movies, games, tournaments, crafts and swimming!
And a camp T-shirt! (one per child, per summer)

Core Camp Hours: 9 am to 4 pm, Monday through Friday.

At no additional cost, participants may enjoy extended commuter hours.

Day Camp fee: \$135 per week for Lancaster residents and \$140 for non-residents. \$5 discount for multiple weeks

Fees include all costs for day camp, including excursions.



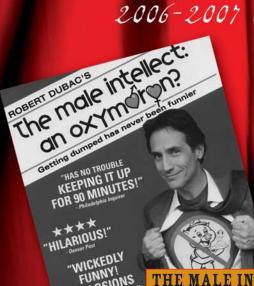
Registration policy: A \$20 non-refundable deposit per week is required per participant. The balance is due two weeks prior to the start of day camp.

Bring a current photo of your child.

Cash, checks, and credit cards accepted.

Call 723-6077 for more information.

Lancaster Performing Arts Center 2006-2007 Season



PEABO BRYSON March 17 | 8 pm

Vocalist Peabo Bryson is the undisputed master of the romantic soul ballad. Enjoying an unprecedented level of international success, Bryson has the distinction of being the first artist in music history to have separate records topping four different charts: Pop, Adult Contemporary, Classical Crossover and Contemporary Jazz.



March 9 | 8 pm

This one-man, multiple-character show, created by Robert Dubac, is full of wickedly funny observations about men and women. For mature audiences.



THE UMBILICAL BROTHERS

April 20 | 8 pm

A hyperactive comedy duo from Australia, the Umbilical Brothers present Thwak, 85 minutes of two-person frenetic physical comedy combining hilarious mime skits with unparalleled vocal sound effects.

THE WORLD FAMOUS

GLENN MILLER ORCHESTRA -March 23 | 8 pm

DAVE MASON - March 31 | 8 pm

PETER PAN - Cedar Street Theatre

May 11 & 12 | 8 pm May 12 & 13 | 2 pm

A CHORUS LINE - It's Only Tuesday Productions

June 1 & 2 | 8 pm

June 2 | 2 pm June 3 | 7 pm





PIRATES OF PENZANCE

April 29 | 7 pm

Gilbert & Sullivan's comic operetta is a hilarious farce of sentimental pirates, bumbling policemen, dim-witted young lovers, dewy-eyed daughters and an eccentric Major-General. This whimsical tale of love and duty takes its place as one of the most popular and enduring works of musical theatre.

LANCASTER PERFORMING ARTS CENTER

750 West Lancaster Boulevard

For tickets or information, call 661-723-5950 or visit www.lpac.org

Box office hours: Monday - Friday, noon to 6 pm Saturday, noon to 4 pm



Come visit the 100-acre preserve that features nearly three miles of trails. The Interpretive Center is open from 2 pm to 5 pm, Tuesday through Thursday and 10 am to 3 pm Saturday and Sunday. Group tours by appointment. Fees will be collected at the door to the Interpretive Center on the day of each presentation. Presentations are free for children 3 years and under. Meet at the Interpretive Center at posted times.

Attendance is limited for events in the Interpretive Center. Call 661-723-6230 for more information.

Oh, give us pleasure in the flowers today; And give us not to think so far away As the uncertain harvest; keep us here All simply in the springing of the year.

Robert Frost

Take a Look at These Great Spring Events at the Preserve! Sponsored by Lockheed Martin

Bugs - Saturday, March 10 • 4 pm

Brent Karner of the Insect Zoo at the Natural
History Museum of L.A. County will bring live bugs
for visitors to get up close and personal with
nature's misunderstood creatures. \$2 per person.

Volcanoes – Saturday, March 24 • 6 pm

Richard Wade will demonstrate in detail how volcanoes erupt and explain myths and legends. Everyone gets some lava to take home. Free.

Bird Watching - Saturday, March 31 • 8 am

Join Ron Smith, award-winning wildlife artist, for a walk along the trails as he identifies local and migrant birds. Bring your field guide and binoculars. Free.

Dinosaurs - Saturday, May 12 • 6 pm

Richard Wade will make an interactive presentation

about these wonderful ancient creatures. Lifelike displays will enhance the talk. Free.

Animals - Saturday, May 26 • 4 pm

Brandon Kreis will bring some of his collection of animals he has rescued, including birds and reptiles. \$2 per person.

Moon Walks

Jeremy Amarant, Director of the S.A.G.E. Planetarium, will teach us about the stars and constellations as he leads visitors on a one-mile walk on the trails of the Preserve. Meet in the Interpretive Center. Free.

Full moon walks Saturday, March 3 • 6:30 pm

Saturday, May 5 • 8 pm

New moon walk Saturday, April 14 • 8 pm

Lancaster City Parks & Facilities



Facility Rentals

Individuals...

families...

groups... organizations...

can rent facilities at:

11 City Parks

Clear Channel Stadium at Lancaster, CA

• Big 8 Softball Complex at Lancaster City Park

• Lancaster National Soccer Center

Rent group picnic shelters, barbecues, volleyball courts, horseshoe courts, softball fields, swimming pools, banquet halls and meeting rooms. Reservations must be made at least three weeks in advance. For more information, call 723-6077.

Lancaster Community Services Foundation, Inc. 44933 Fern Avenue Lancaster, CA 93534-2461 U.S. Postage Paid Presorted Standard

> Lancaster CA Permit No. 192

ECRWW Postal Customer

Facility Info

- 1 City Hall 44933 Fern Ave • 723-
- 2 Clear Channel Stadium at Lancaster, CA 45116 Valley Central Way for Stadium info, call 726-5400
- 3 Deputy Pierre W. Bain Park/Eastside Pool 45045 N. 5th St. E. • 723-5894/723-6255
- 4 El Dorado Park
- 44501 N. 5th St. E. 723-6245 **Forrest E. Hull, M.D. Park**
- 2850 W. Ave. L-12Jane Reynolds Park/Webber Pool
- 7 Lancaster City Park/Tennis Center Big 8 Softball Complex
- Lancaster Museum/Art Gallery 44801 N. Sierra Hwy. • 723-6250
- 9 Lancaster National Soccer Center 43000 30th St. F • 723-5964
- 10 Lancaster Performing Arts Center
- 11 Mariposa Park 45755 N. Fig • 723-6265
- 12 Prime Desert Woodland Preserve 43201 35th St. W. • 723-6230
- 13 Rawley Duntley Park 3334 W. Ave. K • 723-6295
- **14 Skytower Park** 43434 N.Vineyard 723-6208
- 15 Tierra Bonita Park
 44910 N 27th St. F 723-6209
- 6 Western Hotel
- 17 Whit Carter Park (under construction)
 Ave H-8 and Sierra Highway