







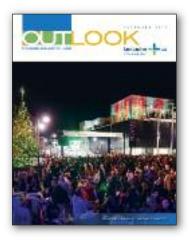
We are all quite proud of the City we represent, and with good reason. The Los Angeles County Economic Development Corporation has once again designated Lancaster as being among the Most Business-Friendly Cities in Los Angeles County. What's more, a statewide organization recently cited our recycling efforts as the best the state has to offer, and Destination Lancaster, our local visitor's bureau, has received high marks for its website. Now the bureau has published a new Visitors Guide, highlighting all the wonderful things to see and do in and around Lancaster. Pick one up and see what you've been missing.

Speaking of a lot to see and do, this year's holiday calendar is overflowing with a number of fun ideas for the entire family to enjoy. We'll kick things off with Hoffman Hospice's community tree lighting on December 5, followed by A Magical BLVD Christmas on December 6 and the Annual Christmas Parade on December 7. Christmas crafts and goodies will be in plentiful supply Thursday afternoons throughout December as the BLVD Farmers Market takes on a festive feel. Breakfast with Santa is set for Saturday, December 14. Be sure to make your reservations soon as space is limited.

As always we strongly encourage you to patronize our local merchants, restaurateurs and hoteliers this holiday season. By keeping your holiday spending close to home, you support the local economy while helping fund critical City services.

Here's wishing you and yours the most joyous of holiday seasons. Merry Christmas!

Your City Council



### On the Cover

Lancaster's Magical BLVD Christmas transforms downtown Lancaster into a winter wonderland. This year's festivities will be held Friday, December 6.

Editor-in-Chief: Joseph Cabral Design: Davis Communications

Photography: Dave Balian, Kyoshi Becker, Curt Gideon,

Jim Heggen and Josh Kline.

OUTLOOK is published quarterly by the Lancaster Community Services Foundation. This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a Charter City within Los Angeles County. The City of Lancaster is an equal opportunity employer.



### **City Officials**

**Lancaster City Council** 

R. Rex Parris, Mayor Marvin E. Crist, Vice Mayor Ronald D. Smith, Council Member Ken Mann, Council Member Sandra Johnson, Council Member City Manager Mark V. Bozigian

Kit Yee Szeto, Deputy Mayor Cassandra Harvey, Deputy Mayor

### You're Invited to Meetings

### **Lancaster City Council**

2nd & 4th Tuesday of the month at 5 p.m. Notice of special Council meetings will be posted at City Hall.

Lancaster Architectural and Design Commission 1st Thursday of the month at 5 p.m. All meetings are held in the Council Chambers at City Hall.

### **Lancaster Criminal Justice Commission**

2nd Wednesday of the month at 10 a.m. All meetings are held in the Council Chambers at City Hall.

**Lancaster Human Relations Tapestry Commission** 2nd Wednesday every other month at 6 p.m. Next meeting is in January. All meetings are held in the Council Chambers at City Hall.

**Lancaster Neighborhood Vitalization Commission** 1st Tuesday of the month at 4 p.m. All meetings are held in the Council Chambers at City Hall.

### **Lancaster Planning Commission**

3rd Monday of the month at 6 p.m. All meetings are held in the Council Chambers at City Hall. Agenda review is held on the Monday preceding each month's meeting at 5:30 p.m. in the Planning Department Conference Room.

### **Lancaster Youth Commission**

2nd Thursday of the month at 6:30 p.m. All meetings are held in the Council Chambers at City Hall.

### Let Us Hear from You

We welcome your comments.

Contact City Hall at 661-723-6000 Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.

### **Hotline Info**

Abandoned shopping cart retrieval 800-252-4613 City Special Event hotline 661-723-5900 Job hotline 661-723-5874 Graffiti hotline 661-723-5977

Anonymous crime

tip hotline 661-948-COPS (948-2677)

### www.cityoflancasterca.org

City Council meeting agendas can be found here. Register online for classes.

### www.lpac.org

Lancaster Performing Arts Center

### www.lancastermoah.org

Lancaster Museum of Art & History

### www.theblvdlancaster.com

Lancaster Boulevard merchants and events

### OUTLOOK

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### City Named Finalist in Prestigious 'Business-Friendly" Competition

LAEDC places Lancaster on short list of best cities to do business

Lancaster was first crowned Los Angeles County's Most Business-Friendly City in 2007. Now six years later, the City is back in the race, with new criteria and tough new competition.

Established by the Los Angeles County Economic Development Corporation (LAEDC) in 2006, the EDDY award recognizes municipalities which demonstrate best practices in promoting economic growth and assisting the business community to thrive.

Whereas the original competition pitted all 88 cities within Los Angeles County head-to-head, today, the competition is split into two divisions – a small city category for those with populations below 50,000 and the large city category for those above.

"It is an honor to be named as a finalist again. The mayor and city council have established job creation and economic development as a top priority for the entire City. We work together to create an atmosphere conducive to business success."

> - Vern Lawson **Economic Development Director**

This year's finalists in the large city category include the cities of Glendora, Lancaster, Paramount, Pico Rivera and Santa Monica.

In announcing Lancaster as a finalist, the LAEDC noted, "With its pro-business attitude and approach to encouraging business growth, Lancaster has been recognized as one of the least expensive places to conduct business. The City's economic stimulus package, streamlined permit

process and reduced transaction fees have spurred economic, community and real estate development, including the award-winning downtown revitalization

"It is an honor to be named as a finalist again," said Economic Development Director Vern Lawson. "The mayor and city council have established job creation and economic development as a top priority for the entire City. We work together to create an atmosphere conducive to business success."

A video highlighting the City was shown before an audience of 600 key

brokers, investors and officials at a gala event held in Beverly Hills on November 14. It provided City officials with a unique opportunity to showcase the many advantages of doing business in Lancaster with an audience of prime prospects and investors.





### Hospitality Sector Welcomes Visitors with Enticing Guide

Destination Lancaster program highlights happenings

Lancaster is rolling out the red carpet for guests by offering many ideas on how they can enjoy themselves, featured in a new pocket guide. Produced by the

> Destination Lancaster tourism group, the guide offers tips on lodging, eateries and activities found in and around Lancaster.

> > "This is yet one more

way we are encouraging people to come to Lancaster and enjoy their time here," said Luis Garibay, the City's coordinator with Destination Lancaster. "Working hand in hand with our website, the Visitors Guide goes a long way toward promoting Lancaster and the entire Antelope Valley as a great place to stay." The colorful

new guide features listings of participating hotels including both well-known chains and local favorites, restaurants, nightspots, shopping centers and entertainment venues. A number of points of interest throughout the high desert region and

beyond are also highlighted.

Destination Lancaster is a consortium of hospitality vendors, the Antelope Valley Fairgrounds, Lancaster Chamber of Commerce and the City of Lancaster. The program is funded through a self-imposed assessment on participating hotels, not by City general funds. Adding their expertise to Destination Lancaster, the Chamber of Commerce will soon host a new visitor's center within their offices located in the heart of downtown on The BLVD.

Copies of the Visitors Guide are available at local hotels and popular restaurants, and may be viewed or requested online at www.destinationlancasterca.org.



**New Hotels Come** to Stay in Lancaster Best Western and Marriott TownePlace Suites are well underway

Two more hotels are adding their

names to the growing list of lodging facilities catering to the needs of tourists and business visitors in Lancaster.

The Marriott TownePlace Suites forms the cornerstone of the Lancaster Spectrum Center at 20th Street West and the Antelope Valley Freeway. Slated to include 105 rooms and suites, the extended stay hotel will feature pool and fitness center, business services and more. The facility is scheduled to open early in 2014.

According to developer Rob Martin, the Spectrum will also include some 13,000 square feet of retail space as well as a 5,500-square-foot restaurant. "We are in negotiations with several well-known national brands," stated Martin. "We hope to announce specifics shortly after the first of the year."

Just up the road, Best Western is bringing its worldwide brand to Lancaster with a new 88-room, 47,000square-foot hotel adjacent to the 14 Freeway at Avenue I. The complex will feature nearly 12,000 square feet of retail space and a 5,000-square-foot restaurant. The facility is also anticipated to open in 2014.

The two additions join Hilton's Hampton Inn and Homewood Suites in Front Row Center and a cluster of hotels around Avenue K and the 14 Freeway, including SpringHill Suites by Marriott, Comfort Inn, Holiday Inn Express and the Oxford Inn. Centrally located along Sierra Highway is Americas Best Value Inn & Suites, formerly the Inn of Lancaster. All offer outstanding services at great rates.

Holiday reservations for all of these hotels can be made directly at www.destinationlancasterca.org.

### Starbuck's Coffeehouse & Chipotle Mexican Grill Offer New Dining Choices this Holiday Season

Big brands open convenient locations

Whether you're looking for a place to go for your morning cup of Joe, a quick bite for lunch or a casual dinner, there are fresh choices available right here in Lancaster.

At the busy intersection of 10th Street West and Avenue K, you'll find Starbucks has added to its inventory of more than 18,000 worldwide stores with a new coffeehouse featuring convenient drive-thru service as well as a comfortable lounge. In addition to delicious coffee, tea and iced beverages, the store features delightful breakfast treats, healthy snacks and a surprising selection of tasty salads and sandwiches. Order up a double tall, half-caf, skinny cappuccino or whatever your favorite brew may be and enjoy the free







### Christmas on The Homefront Parade

Saturday, December 7 | 10 a.m. | The BLVD

A local holiday tradition, Lancaster's Annual Christmas Parade features more than 100 entries including fabulous

floats, dozens of marching bands and a command performance from the big man

in red. This year, the parade also serves as a regional band competition, which will draw top entries from throughout the area. The parade is sponsored by the Lancaster Chamber

of Commerce and underwritten by community-minded organizations including the Lancaster Auto Mall, Lancaster West Rotary and Camacho Auto Sales.



### Christmas Gift Fair

Saturday, December 7 8 a.m. to 2 p.m. | The BLVD

Before and after the parade, explore the many offerings of local craft vendors set up along The BLVD. Find unique gifts, delicious treats and extraordinary values as the holiday season gets into full swing.



### Light Up a Life Tree Lighting

Thursday, December 5 | 6 p.m. The BLVD at Ehrlich Avenue

Hoffman Hospice helps make the holidays more memorable with a special commemorative tree lighting celebrating the lives of loved ones and personal heroes. Enjoy holiday music, special remembrances and the official lighting of the community Christmas tree.



Saturday, December 14 Seatings at 8, 9, 10 and 11 a.m. Adults \$8 | Children \$5

Stanley Kleiner Activity Center, Lancaster City Park

Join Mr. and Mrs. Claus for a morning filled with flapjacks and fun. The younger children will enjoy classic holiday favorites as well as special arts and crafts projects, while parents garner great photo opportunities!

Tickets are available at City Hall. Call 661-723-6077 for more information.

# 10 Reasons to



# A Season with Many Reasons for Shopping Close to Home

Where you choose to shop for your holiday gifts and dining needs is an important decision which has a big impact on you and your City. Making the local choice is a gift the entire community will enjoy.

- 1 **Keep your money close by** Upwards of 60 cents of every dollar you spend locally stays local. Retail sales help fuel our local economy. The money you spend in Lancaster helps pay local workers and suppliers who in turn spend their earnings on housing, groceries and fuel right here in Lancaster.
- Put your taxes to good use A portion of every dollar you spend in Lancaster goes to fund important City services including public safety, parks and local infrastructure. When you shop elsewhere those dollars go to other cities.
- **Create more good jobs** Local businesses are the backbone of our community. By patronizing Lancaster shops and restaurants, you're helping to pay the salaries of your friends and neighbors.
- 4 Support community groups Local businesses support local causes everything from Little League teams to homeless shelters. Without your support, they cannot sustain this generosity.
- **Keep community character** Lancaster businesses cater to the neighborhoods they serve and reflect the values of our community. You'll often find unique products and services not carried by bigger brand name stores.
- **Get better service** Local businesses tend to hire people with deep knowledge of the products and services they provide. They are likely to provide better customer care, as well as more personalized attention.
  - Reduce impact on the environment Local shops are close-at-hand so you'll travel less, use less fuel and create less pollution while you shop. Local merchants often source products closer to home as well, leading to even greater benefits.
  - **Find what you want** Successful local businesses know how to fill a niche. The products they carry are based on local tastes and demands, not a national sales plan.
  - **Encourage local prosperity** Research indicates that entrepreneurs and experienced workers tend to live and reinvest in their communities. Often they spawn other successful businesses, which further aids the local economy.
  - **Help yourself** Local businesses strengthen the economic base of a community. When your dollars circulate locally, it creates a domino effect which can help preserve neighborhoods and create new opportunities for everyone.

Find a wealth of holiday gift-giving ideas at Backdrop Home Decor and Furnishings on The BLVD.





Blueprint focuses on creating better pedestrian and bike access to 29 City schools



The Los Angeles County Department of

Public Health has provided Lancaster with a \$475,000 grant to develop a new master plan which will provide students with safer, more attractive and more accessible routes to all 29 public schools in Lancaster.

Dubbed "Safe Routes to School," the program will enlist the help of Antelope Valley Partners for Health, all four local school districts as well as students and their parents.

The development process will include workshops to gather community input, surveys, educational seminars and interactive events such as walk audits and "walking school buses."









The Walking School Bus Program offers children a safe, fun and healthy way to walk to school with adult supervision.

According to Lancaster School District Superintendent Michele Bowers, "The District is delighted to partner with the City to establish 'Safe Routes to

School.' This grant will help promote and teach valuable lessons on bicycle and pedestrian safety, healthy eating and active living."

The plan will focus on areas within a half mile of local schools and will be based on the foundation of the "Safe Routes to School 5E approach" engineering, education, encouragement, evaluation and enforcement. The development of this comprehensive plan is well underway.

For more information or to get involved in the planning process, contact Assistant City Planner Elma Watson at 661-723-6266.



Lincoln Elementary School students and volunteers formed a "walking school bus" as they participated in National Walk to School Day on October 9. The program encourages physical fitness, healthy habits and increases awareness of traffic, safety and environmental issues around schools. It's also a fun way to spend a little family time together.







### **Prepared for Any Disaster:**

### Staying Safe and Well

Be ready for the unexpected with emergency go kits

Disasters can come in many forms – earthquakes, wildfires and floods. Even man-made incidents such as blackouts, derailments or explosions can wreak havoc on everyday life.

How prepared are you to cope with situations that might cut off power, water or medical assistance for hours, days or even weeks? For those with specific ailments or disabilities, the need to prepare is even more acute. It could mean the difference between life and death.

By planning ahead and taking responsibility for your own well-being, you can help assure you'll get through difficult times safe and sound.

**A kit for every situation** – Take time to prepare kits for your unique needs.

### **Carry Kit**

This kit should include things you need to have with you at all times – identification, critical medications and telephone numbers for doctors, family and out-of-town contact.

### **Home Kit**

Your home kit should contain the bulk of your supplies including water, food and medications for up to two weeks. It should include a first aid kit, clothing, emergency tools and a battery-operated radio.

### **Grab and Go Kit**

This kit should be kept handy in a pack or bag – ready to go at a moment's notice. It should contain several days' supply of medications, a flashlight, blanket and water.

### **Bedside Kit**

This kit should always be within reach of where you sleep. Containing the essentials needed if trapped in your bedroom, it should include several doses of any critical medications, a flashlight, whistle and water.

### Know your own capabilities

Understand your own capabilities and pack accordingly. If you can only comfortably carry a fanny pack, then reduce your "Go Kit" to bare essentials. If your mobility is limited, make plans in advance to have someone nearby check in on you. Understand communications may be limited, so have what you need close at hand and be ready to fend for yourself.

### **Develop a personal support network**

Identify a few people to help you at work and home. Work with them as you develop your plan and make sure they understand their role. Keep names and numbers handy so you or others can reach them should a need arise. Determine how best to evacuate. Have your support team help you with the best way to handle your personal situation.

### Don't be afraid to ask questions

Ask your doctor which medications are critical. Determine how to obtain an emergency supply. Rotate stocks so medications are used before they expire. Ask your pharmacist about how to store your medicines. If you have special treatments administered by a hospital or clinic, ask what you should do in case of an emergency.

By thinking through the issues you may encounter and planning to overcome them, you can make the best of a difficult situation.

For more ideas, visit www.cityoflancasterca.org and search for "disaster prep."



Lights, camera, action! Filmmakers continue to choose Lancaster and its surrounding scenery as locations for both big-budget blockbusters and indie productions as well. For example, Disney's The Lone Ranger starring Johnny Depp had a strong impact on the local economy.

For the better part of a month last fall, crews shot a train sequence along the outskirts of Avenue G, using the vast desert landscape as a backdrop.

In all, a total of 332 productions, including movies, television shows, commercials, music videos and photo shoots, were filmed in the Antelope Valley during the 2012/13 season, generating nearly \$10 million in economic impact. These dollars were spent with local hotels, restaurants, stores and the vendors who provide services to each production's cast and crew.



"Production in the Antelope Valley continues to be an important business," said Pauline East, head of the City-sponsored AV Film Office. "Despite lucrative incentives offered by foreign countries and other states, the Antelope Valley continues to offer filmmakers an attractive, close-in alternative."

Several popular television

shows including Criminal Minds, The Mentalist and The Newsroom were filmed locally. Reality shows also found the region attractive. Extreme Makeover, Top Gear and Storage Wars, among others, chose Lancaster.

Automobile manufacturers continue to be drawn to the area as well. Ads for a dozen different brands use our roadways as backdrops. The Antelope Valley was also featured in several Super Bowl commercials with Mercedes and Hyundai.

A Head & Shoulders commercial starring Angels' pitcher C.J. Wilson was filmed at Lancaster's Municipal Stadium. Among other favored locations were the 50s style motels along Sierra Highway, the Antelope Valley Fairgrounds and the Mira Loma Detention Center.

For more information, visit www.avfilm.com.



"Production in the Antelope Valley continues to be an important business. Despite lucrative incentives offered by foreign countries and other states, the Antelope Valley continues to offer filmmakers an attractive, close-in alternative."

> - Pauline East AV Film Office



### Assistant Fire Chief's Message



### Zero Clearance Fireplaces Offer Little Safety Margin

Use extra care when using pre-fab units

Pre-fabricated fireplaces have become popular in many homes, but they can pose an added danger due to their close proximity to flammable walls, carpets and drapes.

Each winter, we see an increase in fires caused by residents overloading their zero clearance fireplaces. The Los Angeles County Fire Department encourages residents to be conscious of the amount of wood you place in your fireplace and use special care.

- Burn only seasoned hardwood. Do not burn scraps of wood and paper.
- Never use flammable liquids to start a fire.
- Load logs near the back of the firebox and always use a spark screen.
- Under no circumstances should you leave a fire unattended.
- Make sure all of your smoke and CO detectors are working properly.
- Never restrict air flow to the fireplace.
- Do not operate a fireplace with the glass doors closed unless it is certified to operate that way.
- Clear the area around the hearth of debris, decorations and flammable materials.
- Have your chimney and fireplace inspected and cleaned annually by a certified specialist.

Following these simple safety tips can help you enjoy your fireplace while keeping everyone safe.



Best wishes for a Happy Holiday Season, Assistant Fire Chief Gerald Cosey

# Aerial Eyes Leap to the Rescue Again

Lancaster's innovative Law Enforcement Aerial Platform System (LEAPS) has once again played an important role in the apprehension of those who choose to break the law.

In early September, three men attempted to steal a cartload of merchandise from the Walmart Super Center on Valley Central Way.

After exiting the center, the group split up with two going north with the cart and one heading south. After a Walmart employee confronted the two with the cart, the eldest suspect feigned having a gun, so the employee withdrew and called 911 for help.

The suspects fled but soon abandoned their loot when the shopping cart's wheels locked up after leaving the property.



Upon receipt of the call, the deputy in charge of the LEAPS system began scanning the neighborhood just west of the Walmart and quickly found the suspects. Responding deputies were directed to the suspects' location where one was quickly apprehended. The others fled on foot into neighboring backyards.

Thanks to their "partner in the sky," deputies were able to track the other suspects as they fled on to surface streets.

Despite the criminals' attempts to hide from patrol officers, LEAPS kept a watchful eye on the situation and led deputies directly to their hiding places.

The two suspects who threatened the Walmart employee were booked on robbery charges while the third was charged with burglary.

Once again the City's advanced technology has proven to be a highly effective asset in the apprehension of criminals. The system is operational daily, leaping into action whenever the need arises.



SKYHAWK D

### Do Your Part to Keep Lancaster Clean

We all want to live in a nice place in which we can all take pride. But from time to time, some of us forget the simple rules which have been put in place to protect public safety and the quality of life in Lancaster.

The City's code enforcement office always prefers cooperation, so here's a quick list of neighborhood

do's and don'ts.

**DO** keep up your yard by mowing lawns, pulling weeds and eliminating trash.



**DON'T** overwater. Water is precious and needs to always be conserved.



**DO** put your trash out on its designated day. Trash pickup is mandatory in Lancaster. Be sure to store receptacles out of sight the remainder of the week.

**DON'T** park your car anywhere but on the driveway. Inoperable cars need to be towed away or kept out of view.

**DO** enjoy outdoor activities with family and friends, but don't clog up streets and sidewalks with gear. Basketball hoops, skateboard ramps and other paraphernalia cannot be in the public right-of-way.

**DON'T** post signs or placards promoting yard sales or special events on utility poles or street signs. This creates unsightly clutter and is illegal.

By following these simple reminders, you'll help make Lancaster a better place to live.

# Lancaster's 24-Hour Recycling Center Named Best in California

The California Resource Recovery Association, a nonprofit dedicated to promoting recycling and environmental sustainability, has named the City of Lancaster 24-Hour Recycling Center as California's most outstanding program of its type for 2013.

The City received the award as a result of the direct impact it has made on reducing illegal dumping throughout the Antelope Valley region.

"Our City has been blessed with an abundance of open land which makes us ideal for industrial expansion, solar energy production, business opportunities and affordable housing," said City Manager Mark V. Bozigian. "With programs such as the 24-Hour Recycling Center, we successfully encourage residents to keep our valley pristine and free of waste."

In January of 2012, the City started a community-wide recycling campaign designed to reduce illegal dumping. The Recycling Center provides a free location for disposal of common illegally dumped materials such as electronic waste, used motor oil and antifreeze.

The project has saved Antelope Valley residents thousands of dollars a year by reducing cleanup costs of illegal dumping and creating a positive impact on our environment by improving our surroundings and native wildlife habitats.

The City of Lancaster 24-Hour Recycling Center is located at 615 West Avenue H between 10th St. West and Sierra Highway.





# UNITE LANCASTER Uniting Neighbors In a Team Effort



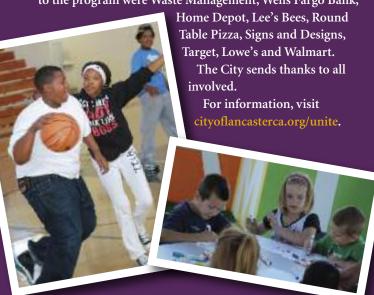
# City UNITES in Efforts to Improve Community

Local projects help Mariposa and Desert View neighborhoods

Hundreds of volunteers and City staffers joined together this fall to pitch in and help out their friends and neighbors. Working under the "Uniting Neighbors in a Team Effort" banner, commonly known as UNITE, the group spent the day working in the neighborhoods surrounding Mariposa and Desert View schools.

Among the projects held as a part of the UNITE effort were a family literacy festival at Mariposa Elementary School, a mobile art project, a health fair for high school students, fundraising to help parents create a Parent Teacher Association, improvements to the Desert View playground, chess classes and a workshop for job seekers.

Many local businesses and organizations helped make this year's efforts a resounding success. Among those contributing to the program were Waste Management, Wells Fargo Bank,



# VISTA Volunteers Show Dedication to Community

Four full-time volunteers with AmeriCorp's Volunteers in Service to America (VISTA) are hard at work developing, organizing and managing a community-wide volunteer effort designed to recruit new talent for local community organizations.

AV Partners for Health, Grace Resource Center, Paving the Way Foundation, United Way and Valley Oasis are co-sponsors.

"VISTA is a wonderful program which does much good," said Lancaster City Manager Mark V. Bozigian. "The City is proud to be a VISTA participant. These efforts will benefit the Antelope Valley for years to come."

Lancaster's VISTA volunteers bring diverse interests and backgrounds to the program, yet all four share a desire to serve.

Michelle Barron attended the University of California Santa Cruz where she earned a bachelor's degree in sociology. Community service is her passion. Michelle joined VISTA in preparation for entering the Peace Corps.

Amanda Reyes is originally from New York and lived in San Diego before moving to Lancaster as a VISTA volunteer. She is studying sociology at National University. Reyes is very passionate about the arts. After spending ten years working in corporate America, Amanda became a VISTA volunteer to help grow communities.

Clyde Villacisneros is from the San Fernando Valley. As a pre-med student, he earned a double bachelor's degree in biology and Asian studies at UC Berkeley. Clyde can sing in five languages and enjoys dancing. He joined VISTA to better equip him to work in underserved communities.

Keith Burgeson is from New Jersey where he earned a bachelor's degree in advertising from Rowan University. He has served as a volunteer in both Maine and Washington, specializing in environmental education, volunteer-based hunger relief and community development.

These outstanding volunteers will be seeking your participation in many community programs in the months ahead. Please give them your support.

VISTA volunteers from left to right: Amanda Reyes, Clyde Villacisneros and Michelle Barron







PURCHASE YOUR TICKETS TODAY! VISIT LPAC.ORG OR CALL 661.723.5950 750 W. Lancaster Blvd., Lancaster, CA 93534

## High Desert Medical Group & Heritage Health Care

# 24 Hour URGENT



We're Here For You 24/7 365 Days A Year!

We have an impressive team of health care professionals who work around the clock providing the highest quality medical care when you need it.

Highly trained physicians, nurses and clinicians are on staff for your non life-threatening medical conditions.

We accept most HMO, PPO, EPO, POS, Medicare and private insurance plans.

> For more information, call 661-945-5984.

24 Hour **Urgent Care Center** 43839 North 15th St. West. Lancaster



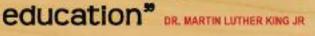
The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including High Desert Medical Group. Please extend your thanks and patronage to all our City Partners.

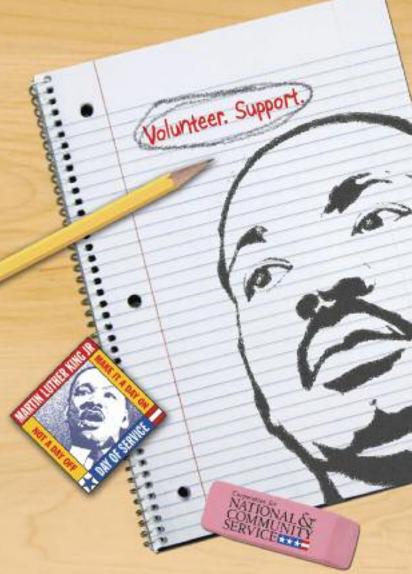
MLK DAY OF SERVICE SATURDAY, JANUARY 18TH, 2014

manda ta da mala a sa bata da mala na bana bana da ta bana ba

### "Intelligence plus character

that is the goal of true





### Make this Martin Luther King Jr. Day a "Day On"... not a day off!

Join your fellow Lancaster citizens as we work together to benefit our community and facilitate service projects that will directly benefit our local schools and school-aged children.

> Volunteer, donate or submit project ideas for the MLK Day of Service by contacting:

661-723-6077 or mlkday@cityoflancasterca.org.



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### **IMMEDIATE REGISTRATION**

All forms of registration are now open. Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee. Example \$40 (\$46 NR).

### City of Lancaster Parks

**American Heroes Park** 

701 West Kettering Street • 661-723-6077

**Deputy Pierre W. Bain Park/Eastside Pool** 45045 5th Street East • 661-723-6077 / 661-723-6255

**El Dorado Park** 

44501 5th Street East • 661-723-6077

Forrest E. Hull, M.D. Park

2850 West Avenue L-12 • 661-723-6077

**James C. Gilley Lancaster National Soccer Center** 

43000 30th Street East • 661-723-5965

Jane Reynolds Park/Webber Pool

716 Oldfield Street • 661-723-6285 / 661-723-6288

Lancaster City Park/Tennis Center/ **Big 8 Softball Complex** 

**Mariposa Park** 

45755 Fig Avenue • 661-723-6077

**Prime Desert Woodland Preserve** 

43201 35th Street West • 661-723-6230

**Rawley Duntley Park** 

3334 West Avenue K • 661-723-6295

**Skytower Park** 

43434 Vineyard Drive • 661-723-6077

Tierra Bonita Park

44910 27th Street East • 661-723-6209

**Whit Carter Park** 

### **Registration Details**

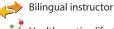
- SPORTS have different registration dates listed in the program information on page 21.
- ONLINE REGISTRATION requires a VISA, Mastercard, Discover or American Express card. www.cityoflancasterca.org
- **REFUND REQUESTS** must be made at least 48 (business) hours prior to the first program meeting. A \$3 per enrollment handling fee will be applied to all refunds. Sorry, no refunds will be given after the program has started. Please allow three weeks for processing your refund. Due to enrollment factors and other conditions beyond the control of staff, schedules are subject to change, cancellation or rescheduling.
- **REGISTRATION** constitutes consent for the use of any photographs taken to be used for City marketing purposes.
- **LIABILITY RELEASE:** By enrolling in activities, you release and hold harmless from liability the City of Lancaster, its officers, agents, servants, employees and representatives.
- FOR MORE INFORMATION call 661-723-6077 or visit www.cityoflancasterca.org.

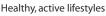


Online registration available



New class offering







**FRFFI** Instructor



### **El Dorado Preschool**

Registration MUST be completed in person at City Hall. The following materials must be presented at the time of registration: (1) A recent (within the last month) photo of your child(ren) and (2) emergency contact information. Parents are required to pack their child a nutritious snack every day as well as volunteer twice during the course. El Dorado Park, Preschool Building.

### Preschool Elizabeth Nelson

(4 yrs.) Kindergarten preparation class. Young students will develop their social skills through play, art, stories, songs, games and outside play activities. Students are encouraged to develop their independence, improve their self-help and sharing skills, and learn to follow directions. Child must turn 4 by Oct. 2, 2013. \$178 (\$185 NR). No class Jan. 20, Feb. 17.

**MWF** 7124 Jan. 6-Mar. 28 9-11:30 a.m.



(3 yrs.) A positive first-school experience for young children, Wee Folks encourages social development through group activities and play. Class activities include crafts, stories, outdoor play activities and snack. Potty-trained child must turn 3 by Oct. 2, 2013.

\$128 (\$135 NR).

7125 T/TH Jan. 7-Mar. 27 9-11:30 a.m.

### 

**Registration guideline:** Priority registration for current students ends on the 15th of the month prior to the upcoming class. Parents are required to volunteer three times throughout the course session. Materials: \$10 per session, due to the instructor on the first day of class. Jane Reynolds Park, Room 2.



### JRP Play Brigade

(21/2-3 yrs.) Music, crafts, stories, indoor and outdoor play. Potty-trained child must turn 3 by Oct. 2, 2013. \$140 (\$147 NR).

7087 Feb. 4-Mar. 27 9-11:30 a.m.

### JRP Preschool

(4 yrs.) Socialization skills, kindergarten preparation, crafts, stories and motor skills play. Child must turn 4 by Oct. 2, 2013. \$205 (\$212 NR). No class Feb. 17.

7086 **MWF** Feb. 5-Mar. 28 9 a.m.-12 p.m.

### **REGISTER ONLINE**

Register for Parks, Recreation & Arts courses from the comfort of your own computer. Simply sign up for your own personal ID and password at www.cityoflancasterca.org.



### Youth Enrichment

### **After-School Programs - Enrichment Centers**

Structured and safe after-school programs for K-6 offered at Valley View and West Wind schools M-F until 6 p.m. Staff are fingerprinted and CPR/First Aid certified. \$110 per month. Priority registration for all participants ends on 15th of the month prior to upcoming month. New student enrollments only accepted at the Parks, Recreation & Arts Department in City Hall.





(7-17 yrs.) Build and program a robot that avoids obstacles, picks up objects and more! \$60 (\$67 NR). Innovation Education, 42202 50th Street West, Suite D, Quartz Hill, 93536.

Feb. 3-24 7122 Mon. 4-5:30 p.m. 7123 Mon. Mar. 3-24 4-5:30 p.m.



### Mommy/Daddy & Me Lynnette Bass

(9 mos.-3 yrs.) Watch your baby succeed! Class provides ways to enrich and enhance interaction with the world. Parent and child explore art, music and games while developing socialization skills. \$90 (\$97 NR). Materials: \$8. Jane Reynolds Park, Rm. 2. No class Jan. 21, Feb. 18.

7088 18 mos.-3 yrs. T/TH Feb. 4-Mar. 27 12-1:30 p.m. 7089 9-20 mos. M/W Feb. 5-Mar. 28 12:30-2 p.m.



### Parent & Tot Chess | Daa Anne Mahowald

(3-6 yrs.) Through rhymes, song, mini-games and lots of lively fun, students will be introduced to the game of chess. Prior knowledge of the game is not needed by tots or their adults. \$49 (\$56 NR). AV Chess House, 3710 Neola Way.

7130 Wed. Jan. 8-Feb. 12 10:15-11 a.m. 7131 Wed. Feb. 19-Mar. 26 10:15-11 a.m.



### Teen Court

Lancaster teens interested in the criminal justice system can gain experience by serving as a juror. Call 661-723-6255 for more info.

Meets 4th Wed, of each month Sep.-May 3:30 p.m.



### Well to Youth Commission

Local high school students are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects and special events for Lancaster teens. Call 661-723-6070 for information.

Meets 2nd Thu. of each month Oct.-Jun. 6:30 p.m.



### Youth Self-Defense & Safety Awareness **Young Champions**

(4-18 yrs.) Safety awareness and self-defense combined in fun, structured environment! Students placed according to age and ability while learning and practicing skills. Students progress in rank and earn belts. \$62 (\$69 NR). Registration with the City of Lancaster is required. Material fee due to instructor: \$8. Jane Reynolds Park, Activity Center. Session: Fridays, Jan. 31-Mar. 28.

7025	New students	4:30-5:10 p.m.
7026	Yellow belts	5:15-5:55 p.m.
7027	Orange belts	6-6:40 p.m.
7028	Purple belts & above	6:45-7:25 p.m.



### **Arts Education**





(16 yrs.-Adult) Get to know your camera! Learn about exposure as well as how to use flash and lenses more efficiently. Practice proper composition and basic posing for beautiful portraits. Take your camera and your photography beyond "total automatic." A digital or film SLR camera is required equipment. Lancaster City Park, Game Room.

Beginners \$55 (\$62 NR).

7062	Wed.	Jan.8-Feb. 5	6-7:30 p.m.
7063	Wed.	Feb. 26-Mar. 26	6-7:30 p.m.

Advanced \$65 (\$72 NR).

7064 Wed. Jan.8-Feb. 5 7:30-9 p.m. 7065 Wed. Feb. 26-Mar. 26 7:30-9 p.m.



### Children's Art Program – CAP Steven Mosley

(6-12 yrs.) Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art and hands-on work with clay, paints and glazes. Adult supervision required. \$50 (\$57 NR). Materials: \$25. D's Ceramics, Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

7094 Sat. Jan. 4-25 1-2:30 p.m. 7095 Sat. Feb. 1-22 1-2:30 p.m. 7096 Sat. Mar. 1-22 1-2:30 p.m.



### 📾 🦯 Classic Cartooning 🛮 🧀 Geo-May



(10-16 yrs.) Students will learn how to draw some of their favorite cartoons as well as learn how to design their own characters. Working together, the class will create stories and backgrounds for their characters to produce a complete comic concept. \$75 (\$82 NR). Material fee: \$15. Museum of Art & History (MOAH), Hernando and Fran Marroquin Family Classroom.\*

7136 Tue. Feb. 4-Mar. 11 6-8 p.m.



MOAH 665 W. Lancaster Boulevard (at Ehrlich Avenue)



### Open Studio | Renato de Guia

(16 yrs.-Adult) Practice, practice! The Open Studio provides the artist, experienced or student, a positive environment to hone their art skills or try new techniques in any media. These uninstructed sessions allow for experimentation and impromptu critiques from supportive fellow artists. With a diverse roster of live models, each session provides a different inspiration. \$35 (\$40 NR). \$20 student rate available for in-person registration only, with current student ID card. Model fee included. Museum of Art & History (MOAH), Hernando and Fran Marroquin Family Classroom.\*

7132	Sat.	Jan. 4-25	1:30-4:30 p.m.
7133	Sat.	Feb. 1-22	1:30-4:30 p.m.
7134	Sat.	Mar. 1-22	1:30-4:30 p.m.

### Potter's Wheel Steven Mosley



(12 yrs.-Adult) Learn basics of throwing on potter's wheel, wedging, centering and basic forms. Create projects like bowls, jars or vases. Participants 12-16 yrs. must have adult supervision. \$65 (\$72 NR). Materials: \$25. D's Ceramics, Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121

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Sat.	Jan. 4-25	3-4:30 p.m.
Sat.	Feb. 1-22	3-4:30 p.m.
Sat.	Mar. 1-22	3-4:30 p.m.
	Sat.	Sat. Jan. 4-25 Sat. Feb. 1-22

### Learn to Draw Renato de Guia

(16 yrs.-Adult) Learn techniques that will allow you to draw any subject you can see. Measuring construction lines and recognition of angles are used in drawing from life. These techniques, with daily drawing practice, will greatly improve your skills. \$24 (\$28 NR). Museum of Art & History (MOAH).\*

7220	Sat.	Jan. 4-Feb. 8	11 a.m1 p.m.
7221	Sat.	Feb. 15-Mar. 22	11 a.m1 p.m.

### MOAH 665 W. Lancaster Boulevard (at Ehrlich Avenue)

### Health & Fitness

Fit Kids | Rochelle Lott (6-11 yrs.) Get your kids off the couch and learning to love exercise through this fun, exhilarating, game-oriented class. Returning students will be given

leadership opportunities and advanced challenges. \$12 (\$14 NR).

### **American Heroes Park**

Comm	unity Bui	No. of Lot		
7056	T/TH	Jan. 7-30	5-6 p.m.	
7057	T/TH	Feb. 4-27	5-6 p.m.	
7058	T/TH	Mar. 4-27	5-6 p.m.	
Lancas	Lancaster City Park, Main Activity Center			
7059	M/W	Jan. 6-29	6-7 p.m.	
7060	M/W	Feb. 3-26	6-7 p.m.	
7061	M/W	Mar. 3-26	6-7 p.m.	

### 💢 🎾 Fundamental Yoga 🖊 🍪 Kae Bender

(14 yrs.-Adult) For the beginner who wants to build a strong foundation of basic yoga postures and breathing techniques, as well as the practitioner who wants to refine and master the fundamentals. This is your invitation to stretch, relax, unwind and de-stress. Bring a yoga mat or firmly woven blanket. \$32 (\$37 NR).

### Lancaster City Park, Game Room

	,	i arit, carrie noom		
7103	Tue.	Jan. 7-28	6:30-7:45 p.m.	
7105	Tue.	Feb. 4-25	6:30-7:45 p.m.	
7106	Tue.	Mar. 4-25	6:30-7:45 p.m.	
Americ	American Heroes Park, Community Building., 642 Jackman St.			
7104	Thu.	Jan. 9-30	9-10:15 a.m.	
7107	Thu.	Feb. 6-27	9-10:15 a.m.	
7108	Thu.	Mar. 6-27	9-10:15 a.m.	

Gymnastics for Kids Collette Zimmerman (3-15 yrs.) Keep kids healthy and fit while they learn how to tumble, bounce trampoline, and the basics of vault, bars and beam. \$40 (\$46 NR). Genesis Gymnastics, 824 W. Avenue L-6, Unit B.

7035	Kindergym (3-4 yrs.)	Sat.	Jan. 4-25	10-10:45 a.m.
7036	Kindergym (3-4 yrs.)	Sat.	Feb. 1-22	10-10:45 a.m.
7037	Gymnastics (5-15 yrs.)	Sat.	Jan. 4-25	11:30 a.m12:30 p.m.
7038	Gymnastics (5-15 yrs.)	Sat.	Feb. 1-22	11:30 a.m12:30 p.m.

### Pickleball | Doe Dagata

(Adults-Senior) Athletic prowess and superior strength aren't necessary. Great speed isn't required. It doesn't take a lot of racket skills either. It's a combination of tennis and badminton played on a conventional badminton doubles court, with a 3' high net and overgrown ping pong paddles. Singles or doubles teams can play. Come out and try it for FREE! We'll teach you the game and you'll be hooked just like 75,000 players already playing this game on the west coast. \$5 (\$7 NR), includes play and materials for entire winter quarter. Lancaster City Park, Tennis Court 3.

7054 Sat. Jan. 4-Mar. 29 8-11 a.m.



Yoga During Pregnancy | Kae Bender (Pregnant Woman) This course covers safety, adaptations, breathing, and practice of yoga during pregnancy. Students must provide information from their pregnancy care provider on special precautions advised and restrictions required. Bring a yoga mat or firmly woven blanket. \$45 (\$52 NR). Materials fee: \$15. Lancaster City Park, Game Room.

7100	Tue.	Jan. 7-28	5:15-6:15 p.m.
7101	Tue.	Feb. 4-25	5:15-6:15 p.m.
7102	Tue.	Mar. 4-25	5:15-6:15 p.m.

### Senior/Adult Exercise Classes

(Adult) Non-strenuous exercises improve flexibility and circulation. Classes sponsored by High Desert Medical Group. No pre-registration required. Come and participate at your convenience and enjoyment. Bring large towel/mat to class. Lancaster City Park, Activity Center. No class Jan. 1.

Mon.	Range, Balance & Joint Strength Training	9-10 a.m.
Tue.	Pure Stretch	9-10 a.m.
Wed.	Cardio & Weights	9-10 a.m.
Thu.	Aerobics	9-10 a.m.

### Z Zumba™ - The Original "Fitness Party" International Dance Fitness Academy

(13 yrs.-Adult) Join the fitness party! Zumba fitness is the only Latininspired dance-fitness program that blends red-hot international music and contagious steps to form a "fitness party" that is downright addictive. Get ready to burn calories and experience a total body workout while learning different international dances. \$28 (\$32 NR). International Dance Fitness Academy, 311 E. Avenue K-8, Suite 109.

7143	T/TH	Dec. 24-Jan. 16	6:30-7:30 p.m.
7144	T/TH	Jan. 21-Feb. 13	6:30-7:30 p.m.
7145	T/TH	Feb. 18-Mar. 13	6:30-7:30 p.m.
7146	T/TH	Mar. 18-Apr. 10	6:30-7:30 p.m.



### **Performing Arts**

### Ballet & Tap

International Dance Fitness Academy (3-9 yrs.) On point to help your child develop self-confidence, refine

motor skills and enhance their imagination while learning simple and fun routines! Bring leotard, pink ballet shoes, black tap shoes and pink tights. \$42 (\$48 NR). International Dance Fitness Academy, 311 E. Avenue K-8, Suite 109.

7137 3-5 yrs. Mon. Jan. 6-Mar. 10 4:30-5:30 p.m. 7138 6-9 yrs. Wed. Jan. 8-Mar. 12 4:30-5:30 p.m.

### Social Salsa Dance

### International Dance Fitness Academy

(13 yrs.-Adult) Get into the community experience that is Salsa! Learn the basic steps, varying dance pattern, rhythm and timing that make Salsa fun. This group class is welcoming and moves at an easy pace. No partner or experience necessary. Single \$40 (\$46 NR), Couple \$70 (\$77 NR). International Dance Fitness Academy, 311 E. Avenue K-8, Suite 109.

7139 Thu. Jan. 9-Mar. 13 7:30-8:30 p.m.



Theatre 101 | Jill McGrady
(12 yrs.-Adult) Through exploration and active participation in acting exercises, students will gain an appreciation for the creative journey an actor takes to prepare and present a role – including the development of their own monologue. Students will also have the opportunity to participate in production activities for Cedar Street Theatre's three spring shows. \$48 (\$55 NR). American Heroes Park, Community Building, 642 Jackman Street.

7216 Feb. 6-Mar. 27 Thu. 6-8 p.m.

### **Pet Classes**

### 🚭 🍆 Livestock Symposium 💋 Antelope Valley 4-H

Fairgrounds, 2551 W. Avenue H.

(5-19 yrs.) A morning filled with educational classes about raising and caring for a variety of animals including dogs, rabbits, poultry, pygmy goats and large livestock. \$2 (\$4 NR). Antelope Valley

7212 Jan. 25 8:30 a.m.-12 p.m.



### Pet Safety & CPR | CPR + Training

(12 yrs.-Adult) Ever wonder what you would do if you came upon an injured or suddenly ill dog? This course is designed to give you the knowledge and skills needed to respond confidently and effectively in an emergency. The class covers dog CPR, first aid and safe transport techniques. After successfully practicing these learned skills, you will receive a mouthpiece and Course Completion Certificate. If you are allergic to latex, please tell your instructor before the course begins. DO NOT BRING YOUR DOG TO CLASS. \$25 (\$29 NR). Lancaster City Park, Game Room.

7032	Sat.	Jan.11	9:30-11 a.m.
7033	Sat.	Feb.8	9:30-11 a.m.
7034	Sat.	Mar. 8	9:30-11 a.m.

## Resolutions!

12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



### Boundaries DeAnna Crisp

(16 yrs.-Adult) Do you have trouble saying no? Learn how to set healthy boundaries with friends, family and even yourself. The goal of this class is to help define and maintain clear personal boundaries that are essential to a healthy and balanced life. \$38 (\$44 NR). Materials fee: \$10. Lancaster City Park,

Jan. 7-Mar. 18 7075 6:30-8:30 p.m.



Clear the Clutter Michelle Bee
(Adult) Are you wishing to simplify your life? This workshop will guide you through clutter clearing strategies and support you in the process of refining your home and office. \$28 (\$32 NR). Lancaster City Park, Game Room.

7078 Feb. 13-Mar. 20 6:30-7:30 p.m.



### Family Fun Yoga Shannon Quigley

(2-6 yrs. with Adult) In this child-friendly workshop, your little one can pull up a mat right alongside yours and practice their own poses while you channel some much needed energy back into your life. Yoga mats provided for class use. \$10 (\$12 NR), \$5 (\$7 NR) each additional child. Panache Salon, 747 W. Lancaster Blvd.

7072 Tue. Jan. 28 11-11:45 a.m. Tue. Feb. 25 11-11:45 a.m. 7073 7074 Mar. 25 11-11:45 a.m.



Job Search Boot Camp Joanna Mitchell (Adult) Led by an expert career specialist, participants will break through perceived barriers and obstacles that may be keeping them from reaching their goals. From effective job search techniques to interview skills, participants will acquire the tools they need to renovate their careers! \$35 (\$40 NR).

### Lancaster City Park, Game Room

7147	Sat.	Jan. 18	8:30 a.m12:30 p.m.
7149	Wed.	Feb. 19	5-9 p.m.
7151	Sat.	Mar. 1	8:30 a.m12:30 p.m.
Skyto	wer Park,	, Activity Center	
7150	Thu.	Jan. 23	5-9 p.m.
7148	Sat.	Feb. 8	8:30 a.m12:30 p.m.
7152	Thu.	Mar. 13	5-9 p.m.

### **Special Interest**

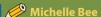


### Computers 101 Benjamin Sullivan

(All Ages) Have you always wanted to know about computer basics? Just WHAT is the fuss about computers and WHY do I want to know? Or do you want to understand the inner workings of a computer and how to build your very own? From the functionality of basic computer parts to more advanced online application of skills, online security and data back-up, this class will teach you everything you need to know to be computer savvy. No previous computer experience needed. \$20 (\$23 NR). Skytower Park, Activity Center.

7055 6-7:30 p.m. Wed. Feb. 5-Mar. 26

### New Year, New You: Goal Setting | Michelle Bee



(Adult) The more you can clearly define your goals, the more likely you are to achieve success. Using art, reflective meditation and affirmative goal setting, this workshop will help you evaluate your personal interests and aspirations, as well as teach you how to structure your goals around the real you. \$30 (\$35 NR). Materials fee: \$10. Museum of Art & History (MOAH), Hernando and Fran Marroquin Family Classroom.\*

7076 9 a.m.-4:30 p.m. 7077 9 a.m.-4:30 p.m.



Purposeful Parenting Barbara Johnson (Adult with child(ren) 2-8 yrs.) Have you ever wished that children came with a manual? This course is designed to increase your skills and knowledge as a parent, all while enjoying activities with your child. Learn how to use discipline to teach children how to resolve conflict effectively, promote self-control vs. parental control, understand better how children think and have age-appropriate expectations. \$42 (\$48 NR) or \$115 (\$122 NR) for the guarter. \*\$25 (\$29 NR). Materials fee: \$5. No class Jan. 20 and Feb. 17.

### Lancaster City Park, Game Room

7079	MWF	Jan. 6-31	9-11 a.m.
7080	MWF	Feb. 3-28	9-11 a.m.
7081	MWF	Mar. 3-28	9-11 a.m.
Skyto	wer Park,	Activity Center	
7082	Tue.	Jan. 7-28*	6-8 p.m.
7083	Tue.	Feb. 4-25*	6-8 p.m.
7084	Tue	Mar 4-25*	6-8 n m





(12 yrs.-Adult) Infant, Child & Adult CPR/First Aid. The goal of this class is to make your community, home and work environment safer by preventing illness and injury as well as quickly recognizing and responding to emergencies to save a life or reduce disability. Once you have successfully completed this course, you will receive an EMS Safety Services completion card. \$45 (\$52 NR). Lancaster City Park, Game Room.

7029-7031 Second Sat. of the month 1-5 p.m.



### Floral Design Chris Spicher

(16 yrs.-Adult) Beautify your home or give a gift to a friend when you create four unique flower displays to take home after class. Covers basic flower care, design and identification. \$25 (\$32 NR). Materials fee: \$100. Must wear closed-toe shoes. AV Florist, 1302 W. Avenue J.

7046 Mon. Jan. 6-27 6:30-8:30 p.m.



### Japanese Michael Heller

(14 yrs.-Adult) Students learn basic Japanese language including introductions, greetings and simple phrases. Bring note-taking supplies. \$35 (\$42 NR). Materials: \$5. Jane Reynolds Park, Activity Room.

7112 New Students Wed. Jan. 15-Feb. 19 6:30-7:30 p.m. 7113 Returning Students Wed. Jan. 15-Feb. 19 7:30-8:30 p.m.



### Sports

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early, space is limited.

### **Adult Sports**

**Basketball** | Registration: Nov. 4-Dec. 20

League play begins in early January. Games played at local high schools Mon.-Thu. nights. Registration limited to 24 teams. \$435/team.

Mon.-Thu. Adult Basketball

**Softball** | Registration: Jan. 6-Feb. 14

League play begins in March. Schedule consists of 10 league games and one classification game. Games played Sun.-Fri., you determine day. \$399/team.

Sun.-Fri. Men's Slowpitch Sun.-Fri. Coed Slowpitch Coed Hardball Sun.-Fri. Thu. Women's Slowpitch

### **Youth Sports**

Basketball (10-13 yrs.)

Each division plays eight games. Games played on Saturdays at local high schools; practices held during the week with day, time and location determined by volunteer coach. \$57 (\$62 NR).

Registration began Aug. 2013 and ends Dec. 20, 2013. League play begins early Jan. 2014.

6318	Boys Div. A	12-13 yrs.
6319	Boys Div. B	10-11 yrs.
6320	Girls Div. A	12-13 yrs.
6321	Girls Div. B	10-11 yrs.



(2-8 yrs.) Soccer Shots is the national leader in youth soccer development. Using creative and age appropriate curriculum, Soccer Shots introduces children to the sport of soccer in a noncompetitive and fun-filled environment. \$84 (\$91 NR), six-week courses. Call for siblina registration discounts. Lancaster National Soccer Center. Westside U-10 Fields 4 and 5.

Saturdays	Season 1 Jan. 4-Feb. 8	Season 2 Feb. 15-Mar. 22	
Mommy/Daddy			
& Me (2-3 yrs.)	7048	7049	9-9:30 a.m.
Classic Pre-K			
Soccer (3-5 yrs.)	7050	7051	9-9:45 a.m.
Premier Soccer			
(5-8 yrs.)	7052	7053	9-10 a.m.

**Softball Tournament Contact Information** Efrain Carrera Jr. 661-723-5825 | www.big8softball.com



1 Very Fast Pitch Baseball · 2 Fastpitch Baseball

1 Medium Pitch Baseball 2 Slowpitch Baseball

1 Fastpitch Softball • 1 Medium Pitch Softball 2 Slowpitch Softball

\$2 for 1 token (25 pitches), buy 5 tokens get one FREE. Batting Range Cards: 20 tokens for \$25; 42 tokens for \$47

43415 City Park Way • 661-942-7088 Mon.-Fri., 3-9 p.m. Sat. & Sun., 9 a.m.-9 p.m.

### **Tennis**

Lancaster City Park Tennis Center | 43063 10th St. West

**Private Lessons** (Four-lesson package)

One-on-one lessons arranged with tennis pro following registration.

Four 1-hour lessons \$145 (\$152 NR) Four 1/2-hour lessons \$100 (\$107 NR) 7129

**Pee Wee** (4-6 yrs.), \$36 (\$41 NR).

Introduce your child to tennis! They will enjoy learning basic skills and principles of the game. Bring 21" or 23" tennis racket.

Jim Majd, Court 8

7021 Sat. Feb. 1-22 11 a.m.-12 p.m. 7022 Mar. 1-22 Sat 11 a.m.-12 p.m.

**Juniors** (7-17 vrs.)

Long recognized as an individual sport, this class focuses on team competition. Novice and advanced play levels available.

Linda Ruiz, Court 3, \$51 (\$58 NR). Materials: \$5. No class Jan. 20, Feb. 17.

7066	M/W	Jan. 6-29	5-6 p.m.
7067	M/W	Feb. 3-26	5-6 p.m.
7068	M/W	Mar. 6-26	5-6 p.m.
7069	M/W-Adv.	Jan. 6-29	6-7 p.m.
7070	M/W-Adv.	Feb. 3-26	6-7 p.m.
7071	M/W-Adv.	Mar. 3-26	6-7 p.m.

Jim Maid, Court 5, \$45 (\$52 NR).

7023 T/TH Feb. 4-27 5-6 p.m. 7024 T/TH Mar. 4-27 5-6 p.m.

**Adult** (18+ yrs.), \$45 (\$52 NR).

Lifetime sport encourages participants of all ages and various physical abilities to play. Fun, fitness-focused class provides a social experience for all.

Jim Majd, Court 5

7019 T/TH Feb. 4-27 6-7 p.m. 7029 Mar. 4-27 T/TH 6-7 p.m.

Court Maintenance - Courts closed while cleaned.

Public Play - Except during tournaments, non-City lessons or

**Tennis Court Lights -** Courts are lit from dusk to 10 p.m., 7 days a week. First come, first served. One-hour use if players are waiting for an open court.

# COURSES NOW AVAILABLE ONLINE!

### To Register:

- 1. Read descriptions.
- 2. Determine which class you would like to take.
- 3. Select the schedule that is convenient (see page 24).
- 4. Check the table to see if your class is offered.
- 5. Use class code from table when registering.

### Eastside Pool 661-723-6255 (open year round)

at Deputy Pierre W. Bain Park, 45045 5th St. East. Eastside Pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call 661-723-6255.

### Webber Pool 661-723-6288 (open during summer)

at Jane Reynolds Park, 716 Oldfield Street.

### **SWIM TIMES**

Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

### **Eastside Pool:**

Early Bird Lap	MonThu.	5:45-7 a.m.
Noon Lap	MonSat.	11:45 a.m1 p.m.
Senior & Therapy	MonFri.	10-11:30 a.m.
Evening Lap	Wed.	8:30-9:30 p.m.

### **Holiday Closures:**

December 24, 25 and 31 | January 1 and 20 | February 17 January 2 through 10 for repairs

### **SWIM FEES**

Teen

Teen (16 yrs.)	\$1.25
Adult (17+ yrs.)	\$1.75
Senior (55+ yrs.)	\$1

### 30 Punch Swim Pass:

\$25

Adult	\$37				
Senior	\$20		A STATE OF THE PARTY OF THE PAR		
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### **Class Information**

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise and Hydrofit which are 45 minutes. For full descriptions of classes, visit City Hall or go online to www.cityoflancasterca.org.



### Parent/Tot

(6 mos.-3 yrs.) Parents, teach your child to feel more relaxed and comfortable in the water.



### **Preschool**

(3-5 yrs.) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front and back float. This is not a learn-to-swim class.



### Preschool 2

(3-5 yrs.) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.



### Preschool 3

(3-5 yrs.) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.

> Eastside Pool can be rented for birthdays, parties and special events! Call 661-723-6255 for information.



### Level 1: Introduction to Water Skills

(6-14 yrs.) Helps students feel comfortable in the water. Learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object and float on front and back.

### Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Teaches fundamental skills and enhances Level 1 skills. Learn to: enter water by stepping or jumping from side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back and tread water.

### Level 3: Stroke Development

(6-14 yrs.) Builds on skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from side; dive from kneeling or standing position; submerge and retrieve an object: bob with head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.



### Level 4: Stroke Improvement

(6-14 yrs.) Develops confidence in skills learned and improve Level 3 skills. Learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick, front and back crawl, breaststroke, butterfly, elementary backstroke and swim on side.



### Stroke Refinement

(6-14 yrs.) Provides further coordination and refinement of Level 4 strokes. Learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform standing dive; shallow dive; glide two body lengths and begin any front stroke.



### Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses.



### **See Adult Swim Lessons**

(15+ yrs.) Everyone can learn to swim. All skills taught.



### 🔊 Aquacise: Aerobic Water Exercise

(15+ yrs.) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.



### Mydrofit: Muscle Toning & Fitness

(15+ yrs.) Exercise class for an invigorating water workout. Uses belts, ankle cuffs and Styrofoam barbells.

### **Private Swim Lessons**

Private swim lessons for all ages. The fee is \$142 for eight 1/2-hour lessons.

7208

Lesson times to be arranged



### Salaifeguard Training Class

(15+ yrs.) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) provide own manuals and a pocket mask. Must take CFAS

and CPRPR\* at Red Cross and show certification on first day. Must attend all classes - no exceptions, \$78 (\$85 NR), Call Gerald Wesley or Shanae Hill, 661-723-6255 for times and information.

\*CPR for the Professional Rescuer.



### **Water Safety Instructor Class**

(17+ yrs.) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifequard Training desirable. Required Red Cross FIT course included. Approximately 40 hours of training. Must attend all classes - no exceptions.

\$78 (\$85 NR). Call Gerald Wesley or Steven Reiman, 661-723-6255 for times and information.

### **Oasis Aquatics Swim Team**

(5-18 yrs.) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Visit www.oasisaquatics.org for more information.

### **Oasis Masters Swim Program**

(18+ yrs.) Conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and information at 661-946-7537 or 661-722-0585.

### A.V. Special Olympics

Swimming opportunities for individuals with intellectual disabilities. Call Laura Mayo at 661-253-2121.

# AQUATIC

### **Aquatics Class Schedule**

The numbers listed under each time frame are the class codes to use when registering. **All classes held at Eastside Pool.** 

### Session 0: February 8 - March 29

Saturday (1x/week for 8 weeks) \$35 (\$40 NR).

Class Level	9 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot		7192	
Preschool	7199	7200	
Preschool 2	7201		
Level 1	7164		
Level 2	7171		
Level 3		7175	
Level 4			7179
Level 5			7183
Level 6			7187
Adult		7153	
Aquacise			7157

### Session 7: January 28 - February 20

Tuesday/Thursday (2x/week for 4 weeks) \$35 (\$40 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	7193			
Preschool	7196			
Preschool 2		7202		
Preschool 3	7205			
Level 1	7169	7170		
Level 2	7172			
Level 3		7176		
Level 4			7180	
Level 5			7184	
Level 6			7188	
Adult		7154		
Aquacise		7158		
Hydrofit				7161

### Session 8: February 25 - March 20

Tuesday/Thursday (2x/week for 4 weeks) \$35 (\$40 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	7194			
Preschool	7197			
Preschool 2		7203		
Preschool 3	7206			
Level 1	7165	7166		
Level 2	7173			
Level 3		7177		
Level 4			7181	
Level 5			7185	
Level 6			7189	
Adult		7155		
Aquacise		7159		
Hydrofit				7162

### Session 9: March 25 - April 17

Tuesday/Thursday (2x/week for 4 weeks) \$35 (\$40 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	7195			
Preschool	7198			
Preschool 2		7204		
Preschool 3	7207			
Level 1	7167	7168		
Level 2	7174			
Level 3		7178		
Level 4			7182	
Level 5			7186	
Level 6			7190	
Adult		7156		
Aquacise		7160		
Hydrofit				7163





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# MUSEUM OF ART & HISTORY

### Culture + Heritage

The Antelope Valley's past, present and future come together

Experience the sights, sounds and wonder of MOAH, a truly unique collection of art and history.



### **Ruth Pastine**

January 18 - March 16, 2014 | Main Gallery

In the spirit of the next generation of Perceptual and Light and Space artists, MOAH presents two decades of masterfully executed color field paintings by California artist Ruth Pastine. Public Reception Saturday, January 18, 2014 from 4 to 6 p.m.

### Frostig at Large:

Through January 5, 2014

The Artists of THE FROSTIG COLLECTION

First Floor Main Gallery & Second Floor South Gallery

MOAH welcomes THE FROSTIG COLLECTION and additional works by Collection artists Lita Albuquerque, Charles Arnoldi, Gary Baseman, Larry Bell, Lynda Benglis, David Buckingham, Chris Burden, Guy Dill, Robert Graham, Frank Gehry, Brad Howe, Eric Johnson, Matt Johnson, Michael Kalish, Michael C. McMillen, Ed Moses, Gwynne Murrill, R. Kenton Nelson, Chris Piazza, Sarah Perry, Ken Price, Nancy Rubins, Alison Saar and Ray Turner.

Bronze Sculpture by Nancy Rubins

### **Bradford J. Salamon: Objectified** Second Floor East Gallery

Bradford J. Salamon is widely recognized for his portraits of artists. writers and musicians invited into his studio to sit in his iconic orange chair, often for hours, as he observes and documents the intricacy of their



humanity. His approach allows the artistic process to unfold as an unpredictable journey into the subject's personality. Salamon brings this humanizing approach to painting objects as well; objects such as rotary dial phones, vintage machinery and toys. Bradford J. Salamon has recreated an abbreviated version of his private studio at MOAH.

### MOAH

665 W. Lancaster Boulevard (at Ehrlich Avenue) 661.723.6250 | www.lancastermoah.org

Open Tuesday - Sunday 11 a.m. - 6 p.m. Thursday 11 a.m. - 8 p.m. Closed Monday and Holidays

### **Suggested Donation:**

\$5 Adults, \$3 Seniors/Youth.

www.lancastermoah.org

### Lou Swenson: Moving West Second Floor Wells Fargo Gallery

Lou Swenson has been making art for 50 years. His passion for photography began when his mother presented him with a Kodak Pony 135 camera the day he was deployed to the Korean war. Swenson's expertise in maximizing tonal



variations, textures and shadow patterns across the landscapes and architecture of the west lies in photographing and printing black and white silver halide negatives in his home darkroom, a practice he continues as long as film, paper and chemicals are available.

**MOAH Foundation Board of Directors:** Lyle Norton, President, Sanie Andres, Ralph Bozigian, Ingrid Chapman, Nadia Dickinson, Steve Eglash, Jane Frye, Michele Lantz, Ben Maish, Lauren Mercy, Leo Stallworth, Daniel L. Venturoli, Lori Young

### **Western Hotel Museum**

The Western Hotel Museum is located at 557 W. Lancaster Blvd. and is open every second and fourth Friday and Saturday from 11 a.m. - 4 p.m.



For more than 24 years the Lancaster Performing Arts Center Foundation has provided financial support for the Lancaster Performing Arts Center (LPAC), located on The BLVD in downtown Lancaster. As a nonprofit organization, the Foundation relies on a



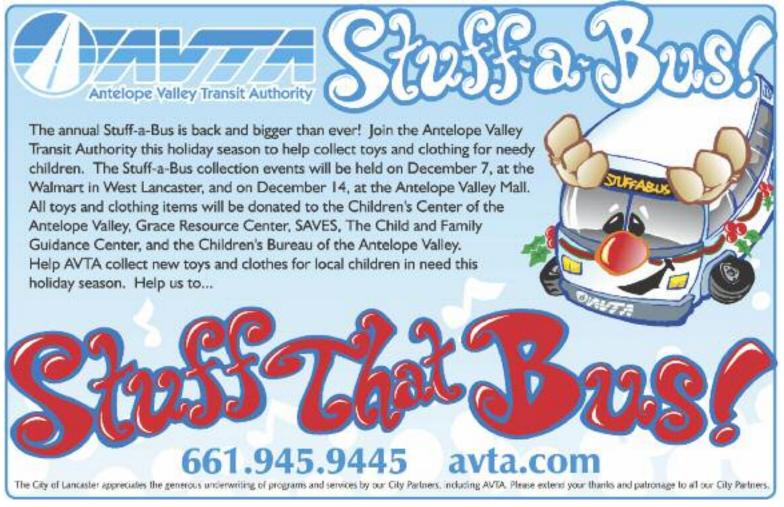
growing base of individual and institutional supporters each year to accomplish its mission of fundraising for programming and facility enhancements for LPAC.

Subsidizing LPAC's dynamic Arts for Youth program is a high priority as it brings life-changing educational programming to thousands of students valley wide. Funding various facility enhancements is also important, ensuring LPAC will continue to serve the Antelope Valley with educational and inspirational experiences for many years to come.

Through the years the Foundation has evolved and grown to meet the changing needs of the community and LPAC. Based on this premise, the Foundation will soon unveil an exciting new membership program. This program will provide a wider range of opportunities for donors of all levels. Whether you choose to sponsor a single student's attendance at a live performance or commit to a large corporate sponsorship of an event or performance, your contributions will positively impact the quality of life in our community and introduce the youth of the Antelope Valley to the magic of the performing arts.

For information about the LPAC Foundation, please contact Julie Secory at 661-723-6082, jsecory@cityoflancasterca.org or visit www.lpacf.org.

LPAC Foundation Board of Directors: Louis V. "Lou" Bozigian, President; R. Steven Derryberry, Vice President; Timothy W. Doerfler, Treasurer; Marilyn Norris, Secretary; and Directors, Inpamani Arul, M.D., David Friedman, Marco Johnson, John Porter, Ed.D., Becky Smith and Mark E. Thompson.



### PRIME DESERT WOODLAND PRESERVE

**MOON WALKS** | \$2 donation welcome

December 21, 6:30 p.m. • January 25, 6 p.m. February 22, 6:30 p.m. • March 8, 7:30 p.m.

Jeremy Amarant, Director of Palmdale School District's SAGE Planetarium, will teach you about the stars as he and Park Rangers lead visitors on a one-mile walk on the trails. Weather permitting, AV Astronomy Club members will have their telescopes for a closer look at the night sky.

### **DEVIL'S PUNCHBOWL PRESENTATION** | February 8, 1 p.m. | Free

Come and enjoy this wild animal presentation that will include birds, reptiles and much more. Learn about the Wilderness Act of 1964 as you discuss the protection of these animals with Park Rangers.

### BIRD WALK | January 11 and March 22, 8 a.m. | Free

Audubon member Vern Benhart and Park Rangers will lead us on an educational bird walk. The presentation begins in the Interpretive Center with a vast description of the Antelope Valley's birds and their habits then continues onto the trails of the preserve. Bring your binoculars!

FREE GUIDED TOURS | January 12, February 9 and March 16, 2:30 p.m. | Free Park Rangers provide personal tours of the Prime Desert Woodland Preserve's beautiful trail system.



**BIRDS OF PREY! – Avian Entertainment March 15, 4 p.m.** | **Fee:** \$3 (ages 3 & under free) Joe and Tony Suffredini, master falconers, will dazzle you with this LIVE presentation on birds of prey featuring a hawk, falcon, eagle, vulture and owl. Get ready for a hands-on experience, a free flight demonstration and an education as to the ecological niche each bird fills in our environment.



43201 35th Street West • Lancaster (Avenue K-8 at 35th Street West)

Come visit the 100-acre Preserve, featuring nearly three miles of trails. The trails are open from

The Interpretive Center is open Saturday, Sunday and Wednesday from 10 a.m. to 4 p.m. Group tours are available by calling 661-723-6230 or 661-816-4466 for an appointment. Fees to attend presentations will be collected at the door of the one hour. Presentations are free for children three years and under. Meet at the Interpretive Center at posted times for all group walks.

Parking and attendance are limited for events held in the Interpretive Center. No reservations

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Continuing its half century of tradition of giving back to the community it serves, Petro-Lock is proud to be a City Partner.



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Throughout this past year, Waste Management and RecycleBank have teamed up in the City of Lancaster to offer exciting new rewards redeemable by those who recycle using Waste Management's curbside recycling program.

Thousands have already taken advantage of our offers. If you haven't joined in yet, there's never been a better time. Simply register for free with Recyclebank, place recyclable items in your green recycling cart each week and you can earn discounts and special offers from a variety of local merchants as well as great national brands.

Whether it is done at home, at work or in places you visit throughout Lancaster, the effort you take to place a clean item into a recycling bin helps our environment. It is important to keep non-recyclable material out of the recycling bin, find ways to reduce the amount of waste you generate, recycle all you can and close the recycling loop by buying recycled materials.

Sign up is free, quick and easy. Just go to www.recyclebank.com/wm. In seconds you'll be on your way to earning points from great local merchants including:

> 1800 Burritos & Tacos Adams Barbershop The Bandstand Coffee & Tea The Brooklyn Deli Juice Box

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Pinker's Place Sassy Couture Vitamin World Xogurt... and many more national brands!

### Holiday Reminders

### Bag your leaves for FREE pickup

Fall means piles of leaves and often, an overflowing green waste container.

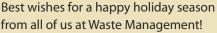
Overcome this dilemma by bagging your extra leaves and placing them alongside your green waste bin for pickup on trash day.

### Collection day changes

Remember, Christmas and New Year's fall on a Wednesday this year. If your normal collection day is Wednesday, Thursday or Friday, pickup will be a day later than normal during these holiday weeks.

### Christmas tree collection

Waste Management offers free Christmas tree recycling from December 26 through January 11. Simply leave your unflocked and undecorated tree at the curb on your normal pickup day. We'll cart it away and put it to beneficial use on your behalf.



### from all of us at Waste Management!

### **Serving Lancaster for more than 40 years**

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