

# SITUATIONAL AWARENESS & SAFETY CLASS

**When:** Saturday, September 13th 2014  
10:00am to 1:00pm

**Where:** American Heroes Park Building  
701 W. Kettering St. Lancaster, Ca 93534

Instructor: Los Angeles County Sheriff's Deputy Jay Stella



Is your lifestyle putting you and your family at risk for a violent attack?

- How to perceive, avoid and respond to an attack
- Learn how criminals pick their victims
- Recognize danger signs around you
- Learn how to avoid, detour, or stop an attack
- Practical training on how to respond to an attack

This class focuses on providing important information on how to live a proactive and confident lifestyle while remaining aware of potential threats. There will be approximately three hours of lecture and video, with the opportunity for questions and answers throughout the class.

Men, women and children of all ages are welcome however please note that the information given is geared toward women ages 12 and up. All physical abilities will benefit from this class.

Please R.S.V.P with Deputy Stella (661) 433-3261 or City of Lancaster Public Safety (661) 723-6269



This class is sponsored by the City Of Lancaster, and ***given free of charge*** as a public service