

SEPTEMBER 2015

OUTLOOK

Newsletter and Activity Guide

lancaster  ca
it's positively clear



FALL CLASS SCHEDULE INSIDE!

A MESSAGE FROM YOUR CITY COUNCIL

While Lancaster is a great place to live any time of the year, fall has so many happenings that there is never a dull moment in our vibrant City.

The Thursday evening BLVD Farmers Market is a great place to find friends along with fresh produce and a cornucopia of entertainment at the Sierra Toyota • Scion Concert Series, which runs through October.

The City also hosts a number of energetic events this fall, starting with our *Celebrate America on The BLVD* festivities on September 12. Join us as we take a nostalgic look back at yesteryear and all the men and women who have served our country.

Later in September, the 7th Annual *Streets of Lancaster Grand Prix* brings motorsports back to The BLVD for a weekend filled with fast-paced excitement for all ages. Join us September 25-27.

On October 24, ghosts, goblins, and all things Halloween take over The BLVD for the annual BooLVD revelry. Children will enjoy crafts, entertainment, and trick-or-treating among BLVD merchants, while parents explore the *BooLVD Halloween & Harvest Festival's* many handicrafts and specialty items.

On November 7, suds flood JetHawks Stadium as our newest fall celebration *Field of Drafts* returns, bringing with it some of the world's best craft brewers. Now in its third year, this adults-only event is a favorite among beer lovers, as well as those just curious about the craft.

This issue also has a wealth of information regarding the City's ongoing efforts to provide innovative services in a cost-efficient manner.

The Parks, Recreation and Arts Department continues to offer countless classes, activities, and special events, while YOLO Lancaster members continue to rack up points in their quest to walk, run, and exercise their way to better health.

So take a moment to discover just how much there is to see and do here in Lancaster.

Your City Council



On the Cover

A variety of fun and exciting events are happening in Lancaster this fall, including the 7th Annual Streets of Lancaster Grand Prix, September 25-27. Hope to see you there.

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OUTLOOK is published quarterly by the Lancaster Community Services Foundation. This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a Charter City within Los Angeles County. The City of Lancaster is an equal opportunity employer.

City Officials

Lancaster City Council

R. Rex Parris, *Mayor*

Marvin E. Crist, *Vice Mayor*

Ronald D. Smith, *Council Member*

Ken Mann, *Council Member*

Angela E. Underwood-Jacobs, *Council Member*

Kit Yee Szeto, *Deputy Mayor*

Cassandra Harvey, *Deputy Mayor*

City Manager

Mark V. Bozigian

You're Invited to Meetings

Lancaster City Council

2nd & 4th Tuesday of the month at 5 p.m. Notice of special Council meetings will be posted at City Hall.

Lancaster Architectural and Design Commission

1st Thursday of the month at 5 p.m. All meetings are held in the Council Chambers at City Hall.

Lancaster Criminal Justice Commission

2nd Wednesday of the month at 10 a.m. All meetings are held in the Council Chambers at City Hall.

Lancaster Neighborhood Vitalization Commission

1st Tuesday of the month at 4 p.m. All meetings are held in the Council Chambers at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 6 p.m. All meetings are held in the Council Chambers at City Hall. Agenda review is held on the Monday preceding each month's meeting at 5:30 p.m. in the Public Safety Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 p.m. All meetings are held in the Council Chambers at City Hall.

Let Us Hear from You

We welcome your comments.

Contact City Hall at 661-723-6000 Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.

TDD users may call the California TDD Relay Service at 1-800-735-2922.

Hotline Info

Abandoned shopping cart retrieval	800-252-4613
City Special Event hotline	661-723-5900
Job hotline	661-723-5874
Graffiti hotline	661-723-5977
Anonymous crime tip hotline	661-948-COPS (948-2677)

www.cityoflancasterca.org

City Council meeting agendas can be found here. Register online for classes.

www.LancasterChoiceEnergy.com

Lancaster Choice Energy

www.lpac.org

Lancaster Performing Arts Center

www.lancastermoah.org

Lancaster Museum of Art and History

www.streetsoflancaster.com

Streets of Lancaster Grand Prix

www.fieldofdrafts.com

Field of Drafts Craft Beer Festival

Lancaster remains the epicenter
for fun things to do this fall

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Streets of Lancaster Grand Prix



Field of Drafts



BooLVD Halloween
and Harvest Festival



Celebrate America on The BLVD



Revive 25 aims to maintain
all streets by 2025

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Bark at the Park returns

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Modern Cities Don't Live by Sales Tax Alone

An old adage is updated to describe new financial realities

For years, the primary source of City revenues was the sales tax consumers paid on their retail purchases, but times have really changed.

More and more people are making significant purchases online, meaning the local portion of sales tax no longer finds its way directly into City coffers. What's more, funding mechanisms which once helped build local infrastructure have since been eliminated.



Most prominent among the new ventures the City has undertaken is Lancaster Choice Energy (LCE), the new municipal power entity which buys and builds cleaner energy supplies. The energy is then distributed via Southern California Edison's infrastructure.

LCE allows the City to offer cleaner, greener power options to businesses and residents at lower prices.



Efficient operations and cost containment are objectives of the City's efforts to acquire 18,000 streetlights from Southern California Edison (SCE). By owning these streetlights, the City is free to implement new, greener technologies including LEDs, to lower both power and maintenance costs. The transition from SCE to City control is anticipated to be complete by 2017.



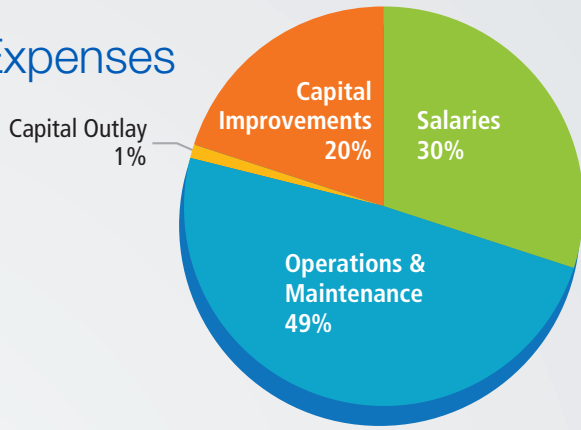
City services are also being enhanced through the pursuit of both public and private grants. Grants from CalRecycle helped fund the purchase of a specially equipped truck to make curbside pickup of electronic waste possible. In addition, L.A. County provided a \$250,000 grant to renovate the Eastside Pool, while the LPAC and MOAH received grants from U.S. Bank.



The City has partnered with Ecostar Science Technology to produce and market an innovative road surfacing material known as TractionSeal™. After testing the product on local streets, the City acquired manufacturing and exclusive marketing rights to the product in key parts of the southwestern United States. The Antelope Valley Fairgrounds was the first customer to utilize TractionSeal™ to restore its main parking lot. Several municipalities are also expected to become regular customers.

As such, many municipalities are exploring new sources of revenues. Through forward-thinking leadership and creative problem-solving, Lancaster has developed a number of new ways to help fund City services and make capital improvements to benefit everyone who lives and works here.

Expenses



City contracts are also carefully reviewed when they come up for renewal. Such was the case when a street sweeping contract was recently renegotiated. The City was able to obtain more frequent services, while also lowering the overall cost.

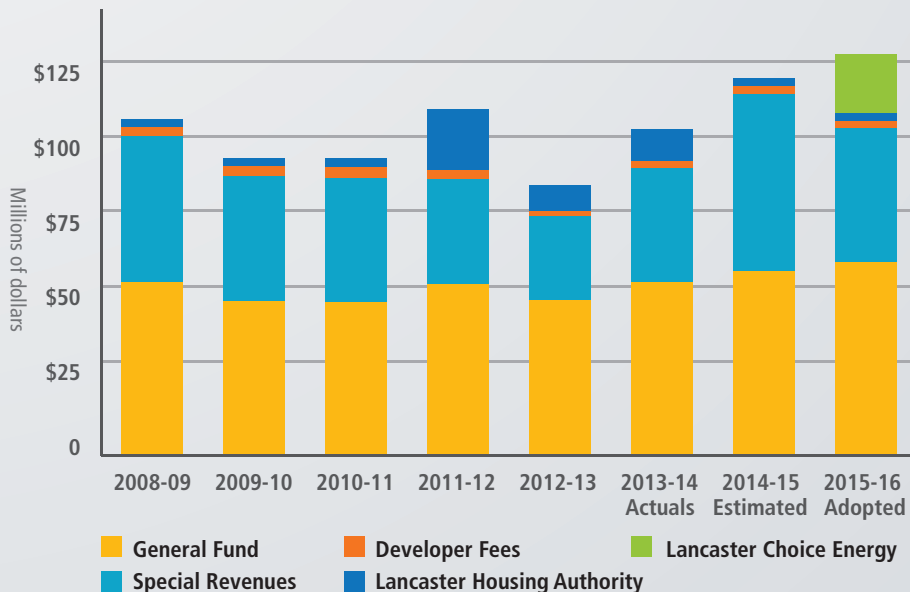
Property owners of the Lancaster Business Park were asked to absorb the costs of common area maintenance, which had previously been borne by the now defunct Redevelopment Agency. The property owners agreed to a new self-assessment, thus reducing municipal costs.



City staff is always on the lookout for ways to save funds while still accomplishing their jobs. For example, last year staff received more than 5,600 requests for graffiti abatement. Every single request was met, and the City's graffiti abatement crew was able to significantly reduce material costs by utilizing existing supplies.



Revenue Overview



New Initiatives Drive Spending Priorities

While public safety and services remain at the top of the City's priority list, several new initiatives are receiving special attention in this year's budget.

Medical Main Street

In a creative effort to expand and enhance healthcare services throughout the valley, the City has partnered with the Antelope Valley Healthcare District to plan a new medical enclave known as Medical Main Street. The project will create a campus-like environment around Antelope Valley Hospital where patients, physicians, staff, and the public will find not only medical facilities but residential, commercial, and public amenities to enhance the experience of all who live, work, and visit there. Much as The BLVD has redefined downtown, Medical Main Street will help revitalize an underutilized area, add jobs to the community, and enhance the economic vitality of the City. A master plan for the new district is currently in the works and should be complete by the end of 2016.

Revive 25

Renewing the City's infrastructure is a constant effort which has been formalized into a comprehensive plan to revive and restore all of the City's 1,700 lane miles of roadway by 2025. Revive 25 is an ambitious project which will help improve safety while lowering overall maintenance costs by utilizing the City's new TractionSeal™ technology, along with other road treatments.

"Next 50"

The pursuit of long-term community excellence and financial sustainability has given rise to the City's "Next 50" plan. This plan assesses current development patterns and practices, prioritizes productive growth and sustainability, while maintaining a healthy, safe, and enjoyable community.



Your New **YOU**tility Arrives

Lancaster Choice Energy is putting your energy destiny back into your hands

Lancaster is making a change for the better starting October 1, 2015. This is when Lancaster Choice Energy (LCE) will become the City's primary energy provider, giving residents and businesses the power to choose lower, stable energy rates, cleaner energy, and local control.

LCE has partnered with Southern California Edison (SCE) to ensure you receive this cleaner power through SCE's existing lines and just one bill, which includes charges for both LCE's power and SCE's services. SCE will also maintain those lines and respond to any outages which may occur. So you get the best of both providers: cleaner, more cost-effective power under local control and the convenience of a single source for billing and service requests.

Residents will begin receiving 35% renewable content and low costs through LCE's Clear Choice program. You also have the option of moving up to LCE's 100% renewable, Smart Choice program for just \$10 per month more. Because the choice is in your hands, if you prefer to stay with SCE, you can opt out of LCE programs.

For details, visit www.LancasterChoiceEnergy.com or stop by Lancaster City Hall.

Keep Connected with Us:

Lancaster Choice Energy is available day and night.

Phone | (844) 288-4LCE

*Live, customer service representatives
7 a.m. to 7 p.m. daily*

Automated help 24 hours a day

Email

customerservice@LancasterChoiceEnergy.com

Web

LancasterChoiceEnergy.com

Lancaster City Hall

*Monday - Thursday, 8 a.m. to 6 p.m.
Friday, 8 a.m. to 5 p.m.*





Frequently Asked Questions

Q. What is Lancaster Choice Energy?

A. Lancaster Choice Energy (LCE) is Lancaster's, locally operated, locally controlled electrical power provider. LCE was designed from the ground up to offer residents and businesses within Lancaster a viable alternative to traditional investor-owned utilities. As a municipal service, LCE offers rates that are more affordable than SCE's, yet have greater renewable content than SCE.

Q. What are the benefits of LCE?

A. Lancaster Choice Energy provides customers with greater control over their electric bills and the type of power they choose to consume. LCE has several plans from which to choose. Clear Choice is the most cost-effective plan, yet still sources 35% of its power from renewable sources, far more than SCE. The Smart Choice option allows residents to opt up to 100% renewable content for just \$10 per month more. Business customers pay just 1.5¢ more per kilowatt-hour for this 100% option.

LCE is also locally operated and locally controlled, meaning you have a greater voice in how rates are set and power provided. Rates are reviewed and adjusted just once a year, assuring you of more predictable costs.

Q. Will I still receive low-income/medical rates?

A. Yes. CARE, FERA, and Medical Baseline are available to Lancaster Choice Energy customers. Customers enrolled in LCE continue to receive their CARE, FERA, and Medical Baseline discount; there is no need to reapply. New CARE, FERA, and Medical Baseline applications or renewals can be done through Southern California Edison's customer service center or website.

Q. Is LCE replacing Southern California Edison?

A. No. Southern California Edison continues to deliver the electricity, provides billing, customer service, and power line maintenance and repair. Lancaster Choice Energy only replaces the electric generation services with higher renewable energy content at more affordable rates.

Q. Do I have to be a LCE customer?

A. No. Lancaster Choice Energy supports your power to choose. A customer may opt out of participation and remain with Southern California Edison. The choice is yours.

Business Relocating to Plug into Lancaster Choice Energy

Chris Chapleau runs two small businesses, both with big electric bills. Mercury Document Imaging in Santa Clarita sells business copiers and printers, while Sol Graphics in Palmdale produces signs and marketing materials. Between the two firms, he spends thousands of dollars a month with Southern California Edison. This is a big financial drain on the businesses.

Then Chris heard about Lancaster Choice Energy, the new local utility offered by the City of Lancaster.

"I grew up in the Antelope Valley and many of our customers are here. We have been looking to consolidate our operations in one location to take advantage of shared resources and expand our showroom," said Chapleau. "When I heard Lancaster was getting into the energy business, I investigated and spoke with friends within the City."

After doing the math, it simply made sense to move both operations to Lancaster. Chapleau's new Lancaster operation is located in the High Desert Industrial Park at 42257 6th Street West.

"If I can save money and help the environment by using a cleaner energy source, why not? It helps mitigate our other environmental impact – paper."

AUTUMN ACTION

Hot Wheels Hit The BLVD

*Streets of Lancaster Grand Prix
returns September 25-27*

For the seventh time in as many years, Downtown Lancaster will be transformed into a racetrack for the weekend as some of the best kart racers in the country descend upon the City for the *Streets of Lancaster Grand Prix*, driven by Sierra Toyota • Scion.

As the final event in Superkarts USA's (SKUSA) California ProKart Challenge, Streets draws the highest caliber drivers as they vie for big points and prize money in final round action.

The race, sponsored by Sierra Toyota • Scion, continues to offer the same thrills and excitement as in years past, but with even more intensity.

"We're pleased to serve as the lead sponsor of this iconic community event," said Jim Hawse, president of Sierra Toyota • Scion. "The Grand Prix, in addition to our concert series and other events demonstrates our interest in creating ties that help bind our community together."

Residents and visitors will find much to enjoy as the three-day event unfolds. Day one starts off with media races where area broadcast reporters and print journalists compete head-to-head. Later, the VIP practice races allow sponsors to let off a little steam. Day two starts off early with pro practice and qualifying heats. Opening ceremonies take place just before lunch followed by the kickoff of the Street Festival, additional VIP races, and the Mayor's Gold Cup Race. The day wraps up with fun for all with classic cars, games for kids, and great live entertainment.

On Sunday, the excitement of the finals fills the air as the pro racers take to the streets and push their karts to the limit in an attempt to capture California ProKart Challenge gold.

General admission is free for all, while special infield seating offers closer views, a private beverage bar, and shaded areas. Limited infield tickets are available for just \$10 per person each day. Visit www.streetsoflancaster.com for complete details.



DRIVEN BY
SIERRA TOYOTA • SCION
SEPTEMBER 25-27, 2015

ADMISSION

Spectators – *Free*

Racers – See website for details

SCHEDULE

Friday & Saturday: 8 a.m. - 10 p.m.

Street Festival on Saturday runs from noon - 10 p.m.

Sunday: 8 a.m. - 4 p.m.

Street Festival on Sunday runs from noon - 4 p.m.

Visit www.streetsoflancaster.com for complete schedule and entry information.

Concert Series Wraps Up on a High Note

The BLVD continues to rock on Thursday nights, 6 p.m.

BLVD regulars have enjoyed themselves all summer long at the Sierra Toyota • Scion Concert Series, as great local and regional bands perform every Thursday night during the Farmers Market atop the BeX Bandstand.

All performances begin at 6 p.m. and are free. Dining and refreshments are available on the BeX patio as well as other nearby BLVD restaurants.

Celebrate America on The BLVD

A star-spangled salute to our service men and women, September 12, 5 - 9 p.m.

Reminisce about those bygone days of the '40s, '50s, and beyond as Celebrate America once again fills The BLVD with memories of G.I.s, Jeeps, and jitter bugs. Enjoy live music of the period, a beer garden, fireworks, vintage cars and cycles, as well as abundant Americana memorabilia. Bring the family and enjoy great food, fun, and activities for all ages. Show your stars and stripes as you Celebrate America in Downtown Lancaster.



What's More Silly than Scary, More Thrilling than Chilling?

The BooLVD Halloween & Harvest Festival, October 24, 5 - 9 p.m.

Fall's frost may put a chill in the air, but it won't keep children away from their appointed rounds of trick-or-treating. Make the most of the tradition by attending Lancaster's annual Halloween & Harvest Festival on The BooLVD. Younger children can safely trick or treat with The BLVD merchants starting at 5 p.m. Teens will find the Western Hotel haunted house and labyrinth startling. Carnival games, costume contests, and ghoulish gourds will keep everyone entertained for hours.

Diving Head First into Endless Craft Beers

Field of Drafts returns November 7, 1 - 5 p.m.



There will be an abundant supply of brews on tap as Lancaster celebrates harvest time with its annual festival of craft beers at Lancaster Municipal Stadium. Many local, regional, and far-flung favorites will be sampling their finest lagers, ales, and stouts. Last year, more than forty fabulous breweries were represented. In addition to the lively libations, you'll find delicious food, live entertainment, life-size gaming, and football on the Jumbotron.

Admission: \$45 | Military & Senior (with valid ID): \$35
Designated Drivers: \$10
21 and older only. Tickets at www.fieldofdrafts.com.

Save the Date!

A Holiday Spectacular Returns

A Magical BLVD Christmas – December 12, 5 - 9 p.m.





Making City Streets More Accommodating to All

Complete Streets Master Plan aims to put more of our City streets on a diet

Asphalt ribbons with many lanes make sense for major highways and freeways, but for most City streets such vast expanses of blacktop lead to excessive speed and too often, accidents or injury.

As such, City Planning Director Brian Ludicke and his team have undertaken a Complete Streets Master Plan to change this paradigm by reexamining City streets in context and recommending improvements for both better safety and more usable thoroughfares.

“Right-sizing our streets provides opportunities to make travel by car, bicycle, or foot safer while improving accessibility,” said Ludicke. “The street plan will look at a variety of factors to ensure our roads better serve the overall needs of the community.”

In some cases, this may mean reducing the number of lanes and the speed limits along City streets. Prime examples of where right-sizing have proven successful are along The BLVD in downtown and on Valley Central Way, where adding bike lanes and limiting vehicular traffic to one lane in each direction have reduced accidents and improved flow through this often used commercial corridor.

Right-sizing can also have real economic benefits through reduced maintenance, fewer accidents, and lower costs due to fewer public safety calls and insurance claims. Local businesses also benefit from their customers having easier access to their property. In turn, the City benefits from greater commerce.

The plan, which is funded through a grant from the Southern California Association of Governments (SCAG), is being drafted in this fiscal year and will take several years to fully implement.

Local residents are encouraged to provide their input. If you have concerns about a particular location or traffic issue, please contact the Planning Department at mcoleman@cityoflanaster.org.

“Right-sizing our streets provides opportunities to make travel by car, bicycle, or foot safer while improving accessibility. The street plan will look at a variety of factors to ensure our roads better serve the overall needs of the community.”

– Brian Ludicke
City Planning Director



Existing school crossing on Lancaster Boulevard at 12th Street West.



Rendering showing road diet restriping.



Enhanced crossing with the pedestrian refuge island and rapid flashing beacons.



Getting Ahead of the Curve

Project plan to resurface every City street by 2025

Streets are the most utilized, visible, and valuable asset the City possesses. Yet keeping up on road maintenance is one of the biggest challenges maintenance services faces. For this reason, the City has committed to an ambitious 10-year restoration program for each of the City's 1,700 lane miles of pavement.

According to Ray Hunt, Capital Engineering Manager for the City of Lancaster, a number of strategies are being deployed to accomplish this goal. "Sometimes the damage is simply to the surface of the pavement. In these cases, topical maintenance techniques such as TractionSeal™ application suffice. In areas where the damage is more severe, more involved chip seal techniques are required. And for those areas with the greatest damage, entire road replacement may be required."



City crews and contractors intend to address 221 lane miles of roads in the coming year, roughly 13% of the current network. Those projects which involve resurfacing of more than one inch in depth will be put out to competitive bid, but all other work will be performed by the City's own maintenance division staff, which have become quite adept at applying the innovative TractionSeal™ product which extends the life while improving grip on the roadway.

In all, some \$10 million has been allocated to road improvements over the next fiscal year. This investment will lead to safer streets and a more attractive streetscape, which aids property values. It also reduces wear and tear

on vehicles and extends the life of roadways for years to come. All in all, it is an investment which will yield high returns for both citizens and their City.

Shining Light on Streetlight Acquisition



During the next 18 months, Southern California Edison will be transferring 18,000 lampposts over to the City's control. This acquisition will help Lancaster reduce costs and improve efficiency, while allowing crews to be more responsive to problems as they arise.

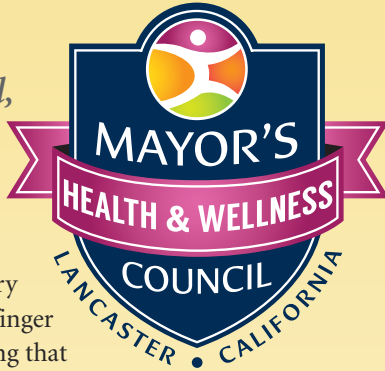
According to Jon Cantrell, Senior Construction Manager on the project, the transfer will take place in nine stages with nearly 2,000 streetlights being acquired every couple of months.

"As we acquire more lampposts, we will see significant cost savings," said Cantrell. "We also have the opportunity to make innovative technical upgrades which will reduce costs and provide far greater energy efficiencies."

The transfer is expected to be fully implemented by 2017.

Long-term Project Helps Get Kindergarteners Off to a Healthy Start

Mayor's Health and Wellness Council, Lancaster School District, and VISTA Volunteers partner to improve children's health



New kindergarteners at three Lancaster elementary schools are finding more than building blocks and finger paints in their classroom this fall. They're discovering that new fitness activities and lessons on healthy eating have been added to the curriculum.

It is all part of an ambitious multi-year program known as the Mayor's Health Academy, which aims to have 100% of this cohort of students achieve top marks in their health assessments by the eighth grade.

The in-school component is inspired by "ABC for Fitness," a program developed by Dr. David Katz of Yale University. "ABC for Fitness" is a fun, simple program which uses brief "bursts" of physical activity throughout the school day. Instead of spending several minutes attempting to get restless students to settle down or distracted students concentrating, it converts these unproductive times into structured, productive bursts of physical activity. Ideally, these "bursts" will add up to at least 30 minutes of daily physical activity.

Complementing this instructor-led component is an after-school program which draws from the "Food and Fun" program developed by the Harvard School of Public Health. "Food and Fun" is designed to develop healthy habits amongst youngsters. It combines healthy snacks, recipes, physically active games, and creative learning to help bring home sensible ideas for better health.

Coordinated by nearby Wellness Homes, the "Food and Fun" program involves parents and siblings in the process, thus encouraging the entire family to move toward a healthier lifestyle.

Kindergarteners from Joshua, Sierra, and Sunnydale elementary schools are all participating in the pilot program, while both Lowtree and Joshua Wellness Homes will provide after-school support.

Visit healthylancasterca.org for more information.



Mayor's Health and Wellness Council

A healthier Lancaster is Council's main goal

Comprised of key members of the medical community as well as representative business and community leaders, the Council is an offshoot of the Lancaster Neighborhood Vitalization Commission.

Chairman:

R. Steven Derryberry, Esq.
Kestler | Derryberry LLP

Members include:

Frank Alvarez, M.D.
Los Angeles County Public Health Officer

Arul Karunyan, M.D., Medical Director
Antelope Valley Community Clinic

Michele Bowers, ED.D., Superintendent
Lancaster School District

David E. Bronstein, M.D., Physician
Southern California Kaiser Permanente Medical Group

**Jack Burke, RN, MS, Chief Operating Officer/
Interim Chief Executive Officer**
Antelope Valley Hospital

Jyothi Kakde, RDN, CDE
Clinical Nutrition Manager
Antelope Valley Hospital

Michelle Kiefer, Chief Executive Officer
Antelope Valley Partners for Health

Dave Mashore, Chief Executive Officer
Catalyst Foundation

Percita M. Moore, Director of Fitness
High Desert Medical Group

Don Parazo, M.D., Associate Medical Director
High Desert Medical Group

Amy Wiese, Community Benefits Manager
Kaiser Permanente Medical Group

The Mayor's Health and Wellness Council activities are coordinated by an enthusiastic and capable group of VISTA Volunteers working with the City of Lancaster:

Johanzyne Gatewood

Kaylin Kim

Rodolfo Rodriguez



Applebee's Arrives in Lancaster

Popular eatery offers "good food to good people"

Known for its flavorful foods and budget-friendly "Two for \$20" offerings, Applebee's has come to Lancaster. Located near the southwest corner of Avenue K and 10th Street West, the new restaurant occupies a strategic location right in front of Target.

According to General Manager Larry Bird, the new Lancaster restaurant expands upon the company's success in the Antelope Valley. "I managed the Palmdale restaurant for the last six years, and we're excited to now bring Applebee's to Lancaster. Even though the restaurants are less than six miles apart, we'll be catering to a whole new audience. We've hired 140 people to provide our guests with great service. While our food menus are identical, our beverage choices in Lancaster are more extensive. I hope everyone comes by to give us a try."

"We're delighted to welcome Applebee's to Lancaster," said City Manager Mark V. Bozigian. "The national chain has built its reputation by integrating itself into the neighborhoods it serves and becoming an active part of the community."

Originating in Atlanta in 1980, the company has enjoyed remarkable success over the last 35 years with its formula of friendly, neighborhood surroundings combined with tasty food and good service.

The chain has already expanded into both Latin America and the Middle East and recently added a variety of healthy alternatives to its menu with the moniker of "Unbelievably Great Tasting/Under 550 Calories." They have even introduced a 100-calorie "SkinnyBee" margarita to their beverages.

One of the company's core values can be found in the support provided to the communities in which they do business. The company is known for championing programs that care for children and improve education. Last year, Applebee's employees donated 54,000 hours of community service.

The new Lancaster Applebee's is open from 11 a.m. to midnight daily with convenient Carside-To-Go service available.

"We're delighted to welcome Applebee's to Lancaster. The national chain has built its reputation by integrating itself into the neighborhoods it serves and becoming an active part of the community."

– Mark V. Bozigian
City Manager

LEAPS Program Expands to Address Emergency Operations



The City of Lancaster recently took a big leap forward when it augmented its Law Enforcement Aerial Platform System (LEAPS) with a new mobile unit to support local disaster response and recovery operations.

In the case of a disaster or major emergency, live video from the LEAPS platform can be fed directly to the City's Emergency Operations Center, enabling the command team to make real-time decisions based on the instantaneous video received.

"Public safety is our number one priority. The utilization of LEAPS makes us safer in the event of a catastrophe," said City Manager Mark V. Bozigian. "After a major earthquake or other disaster, the live aerial footage will enable us to survey damage efficiently, allowing us to better assess the situation and create a much more strategic response."

Such a bird's-eye view allows the emergency response team to evaluate the situation from the air – without needlessly endangering personnel. Real-time video provides a much more comprehensive view of the scene than ground level radio reports are able to provide.

"Public safety is our number one priority. The utilization of LEAPS makes us safer in the event of a catastrophe."

– Mark V. Bozigian
City Manager



Emergency Operations Center

"LEAPS is an excellent tool, allowing emergency responders to assess what lies ahead, and see, in real time, what is occurring in surrounding areas. The system will be indispensable in the event of a major catastrophe," said Los Angeles County Assistant Fire Chief Gerald Cosey. "LEAPS is a very innovative system. Los Angeles County Fire Department applauds the City of Lancaster for their strong commitment to public safety."

"As we looked for new ways to improve the City's emergency operations and to utilize current assets to our best advantage, the LEAPS platform stood out as a great opportunity," said Bozigian. "The Lancaster Sheriff's Station has successfully utilized this system for nearly three years now. Broadening its emergency response capabilities just makes sense."



Safe at Home



Every year, more than 3,500 Americans die in home fires, while another 18,000 are injured. As temperatures cool down and people look for ways to stay warm, your Los Angeles County Fire Department wants to make sure you stay safe this fall.

First and foremost, make sure you have at least one working smoke detector in your home. These inexpensive devices are lifesavers. Install one on every level of your home. Test them monthly, and keep them clean and operable. Replace the batteries twice a year and the units themselves at least every ten years.

Another precaution you can take to help prevent fires at home is to avoid overloading electrical circuits. Don't place cords or wires under rugs, over nails, or in high traffic areas. Also, use appliances wisely. Don't use a gas oven to heat your home, and be sure to unplug appliances when not in use.

Home safety also requires having an evacuation plan, as well as practicing it together as a family. Make sure everyone knows two separate ways out of each room and never block these exits with furnishings. If you plan to use a window as an escape route, make sure there are quick release levers on any bars on first floor windows and an escape ladder for upper floors.

Once you're out of the house, stay out. Never go back into a burning building for any reason. Firefighters are trained and equipped to perform any necessary rescues.

Finally, before you fire up the furnace to take the chill off a fall evening, make sure it is clean and working properly. Never risk your family's safety as you try to stay cozy.

Encouraging you to stay safe and warm,
Assistant Fire Chief Gerald Cosey



HOME IMPROVEMENT

Tim Taylor and his neighbor Wilson may be "off the air" these days, but that doesn't mean we can't share a few ideas for great ways to spend a couple of weekends outside in the crisp fall weather. The City offers the following tips for creating a nicer home and happier neighbors.

- Fix or repair any broken windows. This will lower your utility bills, while improving home security.
- A little paint on the doors and trim will give your home a fresh new look without the cost of repainting everything.
- Make sure the garage door is in good operating order and while you're at it, paint it to match the new trim.
- Mow overgrown lawns, trim trees and bushes, and remove unsightly weeds.
- Store inoperable vehicles inside the garage.
- Remove trash containers from public view, except on pickup days.
- Schedule a bulky item pickup with Waste Management for large-scale items.
- Place basketball hoops in the yard, not on the sidewalk or in the street.

Help Conserve Water, but Don't Forget Trees

As the drought throughout California perseveres, many of us are rethinking our landscaping habits and moving toward more drought-tolerant plants and shrubs.

But before you tear out your sprinklers along with the lawn, keep in mind those majestic trees that provide shade and shelter from the winds need water too.

One option is to install a drip system to enable trees to receive just the right amount of irrigation. Another option is to build a stone or brick ring around those thirsty trees. Add mulch and water with a hose as needed. A little extra care will keep your trees healthy and strong for years to come.

For more tips on how to reduce water consumption, contact the City at 661-723-6077.



STAY HEALTHY, *my friends*

As the world's *most* INTERESTING FITNESS FELLOW, people often ask me, what I do to keep myself in shape.

The answer, *my friend*, is YOLO Lancaster! This special health and wellness program is designed exclusively for *interesting* people like you and me, who wish to develop and maintain healthier habits.

What's more, by being part of the YOLO Lancaster Wellness Challenge, you can earn great rewards, including \$5,000 CASH.

Joining YOLO Lancaster is quick and easy. They'll help you enroll and match you with a program which can make you as *interesting* as me.

No need for thanks. *That's what I am here for.*



Eat right. Stay active. Live well.

YOLO Lancaster.org | 661-723-6158

Conditions of eligibility apply. For details on eligibility, visit www.YOLOLancaster.org. Sponsor has the right to verify the eligibility of each participant.



Edwards Federal Credit Union is here for everyone in the Antelope Valley

Did you know? If you live here in the Antelope Valley, work here in the Antelope Valley, then **you can bank with Edwards Federal Credit Union**. You no longer have to be associated with Edwards Air Force Base to be a member of Edwards FCU. You just need to live or work in the Antelope Valley community. Edwards FCU has made a pledge to be the preferred financial institution in the valley and help everyone in the Antelope Valley community live a more financially secure life.

Edwards FCU can offer everyone in the community better loan interest rates and lower fees. You have the opportunity to take advantage of savings and checking accounts with no annual fees, online banking for banking convenience, as well as a mobile app to allow for banking on the go. A wide variety of loan products such as vehicle loans, mortgage loans, and Visa credit cards can be customized to fit anyone's financial needs or budget. All decisions are made right here in your community by people you can speak with face-to-face. Why join a credit union? Because our purpose is our members.

To find out more about Edwards FCU, stop by one of our offices or visit our website at www.edwardsfcu.org. We look forward to meeting you.

Why Join a Credit Union Versus a Bank?	
Credit Unions	Banks
Owned by members - this makes you an owner	Owned by stockholders
Not for profit	Strictly for profit
Your deposits buy you shares of the company	Your deposits are a loan to the bank
Federally regulated by NCUA	Federally regulated by FDIC
Primary focus is people	Primary focus is profit
Exempt from most state and federal taxes allowing them to pass on great rates to members	Non-exempt from most state and federal taxes



The right way to bank[™]

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10 South Muroc Drive | Edwards AFB
661-952-5945

edwardsfcu.org



We do business in accordance with the Federal Fair Housing Law and the Equal Opportunity Act.

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including Edwards Federal Credit Union. Please extend your thanks and patronage to all our City Partners.





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For additional information, call
the Parks, Recreation & Arts
Department at (661) 723-6077.

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Parks, Recreation & Arts

ACTIVITY GUIDE

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IMMEDIATE REGISTRATION

All forms of registration now open!

Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee.

Example \$40 (\$46 NR).



All classes featuring this mark are held at Cedar Center for the Arts: 44851 Cedar Avenue, Lancaster.



Herbivores eat plants. Carnivores eat meat.

Locavores eat local.

Become a Lancaster Locavore!



The BLVD Farmers Market

4 to 9 p.m. every Thursday*

The BLVD Farmers Market always offers great produce, baked goods, and handmade items.



Lancaster Boulevard between
Date and Fern Avenues

* Winter hours begin November 5 - 2 to 6 p.m., Ehrlich Avenue.

For more information, call 661-723-6077 or
visit www.cityoflanasterca.org.

City of Lancaster Parks & Facilities

American Heroes Park

701 West Kettering Street • 661-723-6077

Cedar Center for the Arts

44851 Cedar Avenue • 661-723-6077

Deputy Pierre W. Bain Park/Eastside Pool

45045 5th Street East • 661-723-6077 / 661-723-6255

El Dorado Park

44501 5th Street East • 661-723-6077

Forrest E. Hull, M.D. Park

2850 West Avenue L-12 • 661-723-6077

James C. Gilley

Lancaster National Soccer Center

43000 30th Street East • 661-723-6077

Jane Reynolds Park/Webber Pool

716 Oldfield Street • 661-723-6077 / 661-723-6288

Lancaster City Park/Tennis Center/ Big 8 Softball Complex

43063 10th Street West • 661-723-6278 / 661-723-6077

Lancaster Museum of Art & History (MOAH)

665 West Lancaster Boulevard • 661-723-6250

Mariposa Park

45755 Fig Avenue • 661-723-6077

Prime Desert Woodland Preserve

43201 35th Street West • 661-723-6230

Rawley Duntley Park

3334 West Avenue K • 661-723-6077

Skytower Park

43434 Vineyard Drive • 661-723-6077

Tierra Bonita Park

44910 27th Street East • 661-723-6077


Whit Carter Park

45635 Sierra Highway • 661-723-6077

Registration Details


- **RESIDENTS** are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee.
- **ONLINE REGISTRATION** requires a debit or credit card.
- **REFUND REQUESTS** must be made at least 48 (business) hours prior to the first program meeting. **A \$3 per enrollment handling fee will be applied to all refunds.** Sorry, no refunds will be given after the program has started. Please allow three weeks for processing your refund. Due to enrollment factors and other conditions beyond the control of staff, schedules are subject to change, cancellation, or rescheduling.
- **REGISTRATION** constitutes consent to the use of any photographs taken to be used for City marketing purposes.
- **FOR MORE INFORMATION** or to register, call 661-723-6077 or visit www.cityoflanasterca.org/register.


 Online registration available

 New class offering

 Bilingual instructor

 FREE!

 Healthy, active lifestyles

 Instructor

Preschool

PRESCHOOL

El Dorado Preschool

Registration MUST be completed in person at City Hall. The following materials must be presented at the time of registration: (1) A recent (within the last month) photo of your child and (2) emergency contact information. Parents are required to pack their child a nutritious snack every day as well as volunteer three times during the course. El Dorado Park, Preschool Building.

Wee Folks | Jessica Ramsey

(3 yrs.) A positive first-school experience for young children, Wee Folks encourages social development through group activities and play. Class activities include crafts, stories, outdoor activities, and snack. Potty-trained child must turn 3 by Sep. 2, 2015. \$168 (\$174 NR). No class Nov. 24-28.

9079 T/TH Oct. 6-Dec. 17 9-11:30 a.m.

Preschool | Misty Gandola

(4 yrs.) A Kindergarten preparation class where young students enhance their social skills through play, art, stories, songs, games, and outside play activities. Students are encouraged to develop their independence, improve their self-help and sharing skills, and learn to follow directions. Potty-trained child must turn 4 by Sep. 2, 2015. \$256 (\$263 NR). No class Nov. 24-28.

9078 M/W/F Oct. 5-Dec. 18 9-11:30 a.m.



Jane Reynolds Preschool | Lynnette Bass

Registration guideline: Parents are required to volunteer three times during the course. Materials: \$10 per session due on the first day of class. Jane Reynolds Park, Room 2.

Play Brigade

(3 yrs.) An introductory-level preschool class where children can be themselves, have fun learning and develop key school-readiness abilities such as following directions, showing respect to others, and fine motor skills. Potty-trained child must turn 3 by Sep. 2, 2015. \$184 (\$191 NR). No class Nov. 26 & 27.

9074 T/TH Oct. 6-Dec. 17 9-11:30 a.m.

Preschool

(4 yrs.) Through purposefully designed learning environments and enriched activities, preschoolers have joyful, appropriate, and meaningful learning experiences that lead to success in school and life. Potty-trained child must turn 4 by Sep. 2, 2015. \$273 (\$280 NR). No class Nov. 26 & 27.

9075 M/W/F Oct. 5-Dec. 18 9 a.m.-Noon

Youth Enrichment

After-School Programs - Enrichment Centers

Structured and safe after-school programs for grades K-6 offered at Nancy Cory, Sundown, Valley View, and West Wind Elementary Schools, M-F until 6 p.m. Staff is fingerprinted and CPR/ First Aid certified. Priority registration for all participants ends on the 15th of the month prior to the upcoming month. New student enrollments are only accepted at the Parks, Recreation & Arts Department in City Hall.

Teen Court

Lancaster teens interested in the criminal justice system can gain experience by serving as a juror. Call 661-723-6199 for information.

Meets 4th Wed. of each month Sep.-May 3:30 p.m.

Youth Commission

Local high school students are selected to serve as a teen advisory group to the City Council, addressing issues, and helping plan programs, projects, and special events for Lancaster teens. Call 661-723-6077 for information.

Meets 2nd Thu. of each month Oct.-Jun. 6:30 p.m.

Chess Tournaments | Daa Anne Mahowald

(Grades K-8) **BACK BY POPULAR DEMAND!** The **Mini-Game** Chess Tournament will introduce the six chess pieces and a mini-game specific to each piece. No previous chess knowledge required. The **Chess Spectacular** will be a full game, non-elimination chess tournament with the opportunity to play over 20 games of chess. Requirement: Knowledge of how to checkmate. \$13 (\$15 NR). Lancaster City Park, Activity Center.

9162 Mini-Game Sat. Oct. 10 9 a.m.-2 p.m.
9163 Chess Spectacular Sat. Oct. 24 9 a.m.-2 p.m.

Kids' Chess Club | Daa Anne Mahowald

(Grades K-8) Each week, students will experience hands-on group chess activities that advance their understanding and appreciation for the game. No previous chess knowledge required. Chess sets and boards will be supplied for class time. Parents are welcome to observe or volunteer. \$63 (\$70 NR). AV Chess House, 3710 Neola Way. No class Nov. 27.

9155 Fri. Oct. 2-Dec. 18 4-5:30 p.m.

Mommy/Daddy & Me | Lynnette Bass

(9 mos.-3 yrs.) A highly interactive experience with an emphasis on mindful parenting, attachment theory, and a relational approach to optimizing your baby's development. Find new and supportive friendships with other parents while you and your child learn songs and play games designed to nurture attachment and learning. \$90 (\$97 NR). Materials fee: \$8. Jane Reynolds Park, Room 2. No class Nov. 26. *Older siblings (5-17 yrs.) may attend to participate or do homework.

9077 9-20 mos. M/W Oct. 5-Dec. 16 12:30-2 p.m.
9076 18 mos.-3 yrs. T/TH Oct. 6-Dec. 17 12-1:30 p.m.
9314 9 mos.-4 yrs. T/TH Oct. 6-Dec. 17* 4-5:30 p.m.

Visual & Performing Arts / Renaissance Academy of the Arts

(13-18 yrs.) Learn visual and performing arts skills while gaining valuable life skills through this engaging after-school program. Students can choose from a wide range of courses based on interests, such as dance, modeling, vocal, and rap. Tuition and materials are sponsored by the Renaissance Center and its supporters. **FREE PROGRAM.** Space is limited, register now! **Find out more at our orientation at the Cedar Center for the Arts, 11 a.m.-1 p.m. on Saturday, September 15, 2015.**



9289 M-F Sep. 14-Dec. 4 3-6 p.m.



Winter Break SAT Prep Camp | Daa Anne Mahowald

(Grades 10-12) An intensive, five-day prep camp to prepare to take the Scholastic Assessment Test. Individualized test-taking tips and personalized long-term study plans included. \$130 (\$137 NR). AV Chess House, 3710 Neola Way.

9158 Dec. 21-23, 28 & 29 1:30-5:30 p.m.

Youth Self-Defense & Safety Awareness | Young Champions

(4-18 yrs.) Safety awareness and self-defense combined in a fun, structured environment! Students placed according to age and ability while learning and practicing skills. Students advance in rank and earn belts. \$84 (\$91 NR). **Registration with the City of Lancaster is required.** Materials fee: \$8. Cedar Center for the Arts, Memorial Hall. **Session: Fridays, Sep. 18-Jan. 15.** No class Sep. 26, Oct. 23 & 30, Nov. 27, Dec. 25 & Jan. 1.



9101 *New students* 4-7 yrs. 4:30-5:10 p.m.
9102 *Yellow belt* 8-18 yrs. 5:15-5:55 p.m.
9103 *Orange belt* 4-18 yrs. 6-6:40 p.m.
9104 *Purple belt & above* 6-18 yrs. 6:45-7:25 p.m.

Arts Education

Animation | Orlando Baeza

(12 yrs.-Adult) Learn the art of animation from one of the leading artists for the Emmy® Award-winning series THE SIMPSONS! \$65 (\$72 NR). Materials: \$40. Student must bring their own lightbox to class. Museum of Art & History (MOAH), Classroom. Held Saturdays, Oct. 3-Nov. 21. No class Oct. 17 & 24.

9148	Animation Basics	11 a.m.-12 p.m.
9146	Character Design	12-1 p.m.
9147	Storyboarding	2-3 p.m.
9268	Figure Drawing	3-4 p.m.

Beyond Point & Shoot Photography | Phillip Kocurek

(16 yrs.-Adult) Get to know your camera! Learn about exposure as well as how to use flash and lenses more efficiently. Practice proper composition and basic posing for beautiful portraits. \$65 (\$72 NR). A digital or film SLR camera is required equipment. *Class held at Prime Desert Woodland Preserve on Dec. 16. Lancaster City Park, Game Room.

9105	Wed.	Oct. 7-Nov. 4	6-7:30 p.m.
9106	Wed.	Nov. 18-Dec. 16*	6-7:30 p.m.

Children's Art Program - CAP | D's Ceramics

(6-12 yrs.) Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art, and hands-on work with clay, paints, and glazes. **Adult supervision required.** \$50 (\$57 NR). Materials fee: \$25. Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

9150	Sat.	Oct. 3-24	1-2:30 p.m.
9151	Sat.	Nov. 7-28	1-2:30 p.m.

Discovering Art | Barbara Janssen

(6-12 yrs.) Young artists will be introduced to drawing and painting from a still life set. They will experience different types of media, including chalk, charcoal, artist pencils, conte crayon, and watercolor. Students learn to shade and highlight their drawing. Materials provided by instructor. \$50 (\$57 NR). Materials fee: \$25. Cedar Center for the Arts, Classroom 204.



9170	Tue.	Oct. 6-27	4:30-5:30 p.m.
9171	Tue.	Nov. 3-24	4:30-5:30 p.m.
9172	Tue.	Dec. 1-22	4:30-5:30 p.m.



Health & Fitness

Exploring Death | Kae Bender

(Adult) Explore your thoughts and feelings about death, as well as ways to prepare for death (yours or a loved one's). Includes information and experiential practices. Wear comfortable clothes. Bring a yoga mat or firmly woven blanket and note-taking materials. \$60 (\$67 NR). Cedar Center for the Arts, Memorial Hall.



9168	Sun.	Oct. 4-Nov. 1	5-6:30 p.m.
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Fundamental Yoga | Kae Bender

(14 yrs.-Adult) For the beginner who wants to build a strong foundation of basic Yoga postures and breathing techniques, as well as the practitioner who wants to refine and master the fundamentals.



This is your invitation to stretch, relax, and unwind. Bring a yoga mat or firmly woven blanket. \$40 (\$46 NR), *\$30 (\$35 NR). *Get a \$5 discount when you register for more than one session at a time!* Cedar Center for the Arts, Memorial Hall. **Jane Reynolds Park, Activity Center.

9110	Tue.	Oct. 6-27	6:30-7:45 p.m.
9111	Tue.	Nov. 3-24	6:30-7:45 p.m.
9114	Tue.	Dec. 8-29	6:30-7:45 p.m.
9112	Thu.	Oct. 8-29	9-10:15 a.m.
9113	Thu.	Nov. 5-19*	9-10:15 a.m.
9115	Thu.	Dec. 3-17*	9-10:15 a.m.
9116	Sat.	Oct. 3-24	9:30-10:45 a.m.
9117	Sat.	Nov. 7-21*	9:30-10:45 a.m.
9134	Sat.	Dec. 5-19**	9:30-10:45 a.m.

Pickleball | City Supported

(Adult-Senior) A combination of tennis and badminton played on a conventional badminton doubles court, with a three-foot high net and oversized ping pong paddles. May sound odd, but it is so much fun! \$18 (\$21 NR). *Teen players accepted with participating parent/guardian.* Bring your own paddles, spares are limited. Lancaster City Park, Pickleball Courts.


9159	Sat.	Oct. 3-Dec. 26	8-10:30 a.m.
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 **Qigong/Tai Chi** |  **Suzann Abell**

(Adult) Tai Chi and Qigong are two mind-body practices that originated in ancient China. Exercises emphasize the importance of adding mind intent and breathing techniques to physical movements that create a state of relaxation and calm. Wear loose-fit clothing and lightweight tennis shoes. \$48 (\$55 NR). American Heroes Park, Community Building.

9131 Sat. Oct. 31-Dec. 19 10-11 a.m.

  **Running Workx**

 Instruction provided by USATF/RRCA Certified Distance Running Coach.

Ultrarunning Workshop



(Adult) Learn the basics of ultrarunning (50K+ distances), including training tips and the nuances of running endurance events. Classroom workshop, no running gear needed. \$25 (\$29 NR). Lancaster City Park, Game Room.

9167 Sat. Oct. 24 8:30-10:30 a.m.

Walk-Jog for Fitness



(Adult) Combines walking and jogging to gradually build up your fitness. Meet new friends and have fun while getting fit in an outdoor group setting. Wear running shoes and appropriate attire. \$40 (\$46 NR). Lancaster City Park, meets outside of Activity Center.

9166 T/TH Oct. 6-Dec. 3 5:30-6:30 p.m.

 **Santos Boxing USA** |  **Roman Santos**

(4 yrs.-Adult) Discipline, self-control, and self-defense are taught through the art of boxing. Build confidence by using boxing training techniques. Wraps and gloves provided. \$65 (\$72 NR). Materials fee: \$10. Santos Boxing USA, 211 E. Avenue K-6, Suite A.

9108 4-12 yrs. M/W Oct. 5-Dec. 30 4-5 p.m.
9109 13 yrs.-Adult M/W Oct. 5-Dec. 30 6-7 p.m.

  **Senior/Adult Exercise Classes**

(Adult) Non-strenuous exercises improve flexibility and circulation. Classes sponsored by High Desert Medical Group. No pre-registration required. Come and participate at your convenience and enjoyment. No pre-registration required. Bring a large towel/mat to class. Lancaster City Park, Activity Center. **Monday-Thursday, 9-10 a.m. every week.** No class Nov. 26.




FACILITY RENTALS

Visit www.cityoflanasterca.org/facilityrentals or call 661-723-6077 for information on renting group picnic shelters, barbecues, volleyball courts, horseshoe pits, softball fields, swimming pools, banquet halls, and meeting rooms.

Visit www.lpac.org or call 661-723-6111 for information on renting the Lancaster Performing Arts Center for theatrical and non-theatrical events.



For information on renting the Museum of Art & History (MOAH), visit www.lancastermoah.org or call 661-723-6250 / 661-723-6077.



  **Stroller Barre** |  **Heather Ortiz**

(Adults with children) Get a total body workout through this Mommy & Me barre class. Mommies will utilize their strollers instead of the barre while interacting with their babies/toddlers. Wear comfortable clothes. \$75 (\$82 NR). Hull Park, Walking Path. No class Nov. 26

9269 Thu. Oct. 1-Dec. 17 9-9:45 a.m.

 **Table Tennis** |  **Jack Miller**

(8 yrs.-Adult) **Expanded offerings!** Lessons, team training, and leagues are offered through this class. Learn standardized table tennis techniques and game strategies. Tournament held last day of class. Must bring own table tennis racquet. \$60 (\$67 NR). *Receive a discount when you register for more than one course at a time.* **Drop-in rates available!** Lancaster City Park, Activity Center. No class Dec. 14 & 17.

Mondays: October 5-December 28

9173	50+ yrs.	10:30 a.m.-12:30 p.m.
9174	8-17 yrs.	3:30-5:30 p.m.
9177	Team Training	5:30-6:30 p.m.
9176	League Play	6:30-9 p.m.

Thursdays: October 8-December 31

9175	18-49 yrs.	5:30-7p.m.
9178	Open Play	7-9 p.m.

  **Team Building Table Tennis** |  **Jack Miller**

(Adult) Fun is serious business! And nothing is more fun or has a more universal appeal than table tennis. Build team spirit amongst your corporate, nonprofit, or family group with a table tennis event at Lancaster City Park, facilitated by table tennis pro Jack Miller. Price based on group size and time length of event. Call 661-723-5851 for more information.





Traffic Light Eating

Jessica David, Certified Health Coach

(Adult) During this 90-minute workshop, the three-color food (traffic light) system will be introduced through a mock Pantry Makeover with participation from attendees using common foods of the Standard American Diet and their healthy alternatives. Can you spot the best choices? A light refreshment will be provided. \$20 (\$23 NR). Cedar Center for the Arts, Classroom 203. *Lancaster City Park, Game Room.



9164	Sat.	Oct. 17	10-11:30 a.m.
9165	Sat.	Nov. 14*	10-11:30 a.m.

Performing Arts

International Dance Fitness Academy

All classes held at American Heroes Park, Community Building, 642 W. Jackman Street.



Ballet & Tap

(3-7 yrs.) On point to help your child develop self-confidence, fine motor skills, and enhance their imagination while learning simple and fun routines! Bring a leotard, pink ballet shoes, black tap shoes, and pink tights. \$60 (\$67 NR).

8984	3-4 yrs.	Mon.	Oct. 5-Dec. 7	4:30-5:30 p.m.
8985	5-7 yrs.	Wed.	Oct. 7-Dec. 9	4:30-5:30 p.m.



Hip Hop

(7-12 yrs.) Learn the latest hip hop dance moves. Improve coordination while having fun! Wear loose clothing and tennis shoes. \$30 (\$35 NR), \$23 (\$26 NR).

9273	Thu.	Oct. 1-29	4:30-5:30 p.m.
9274	Thu.	Nov. 5-19*	4:30-5:30 p.m.
9275	Thu.	Dec. 3-24	4:30-5:30 p.m.



Private Dance Lessons

(All ages) Over 20 dance styles to choose from! Each lesson set is based on your individual purpose and goals. The instructor will adjust their teaching style to your ability, personality, and expectations. This approach ensures the most thorough and rapid learning process, all while keeping it fun, easy, and comfortable. Choreography included, if requested. Materials fee may be applicable. Schedule will be based on your availability.

9277	5 lessons	\$250 (\$257 NR)
9278	10 lessons	\$400 (\$407 NR)



Salsa - Beginning

(13 yrs.-Adult) Sometimes referred to as Latin Jazz, Salsa music exists for the dance and the emotions expressed on the dance floor. Come learn the basic steps of Salsa and, before you know it, you will be infused with the rhythm! No partner necessary. \$40 (\$46 NR), *\$30 (\$35 NR).

9270	Thu.	Oct. 1-29	7:30-8:30 p.m.
9271	Thu.	Nov. 5-19*	7:30-8:30 p.m.
9272	Thu.	Dec. 3-24	7:30-8:30 p.m.



Salsa & Bachata - Intermediate

(13 yrs.-Adult) Advance your Salsa by adding in the Bachata to your intermediate level practice. Not to be outdone by other Latin dances, Bachata is a "must" nowadays if you frequent Latin clubs, considering its growing popularity! This combo class offers Bachata on Tuesdays at 7:30 p.m. and Salsa on Thursdays at 8:30 p.m. \$40 (\$46 NR).

8979	T/TH	Oct. 1-29
8980	T/TH	Nov. 3-24
8981	T/TH	Dec. 1-29



Zumba™ - The Original "Fitness Party"

International Dance Fitness Academy

(13 yrs.-Adult) Get ready to burn calories and experience a total body workout while learning different international dances. Come every day or just those that fit your schedule. \$40 (\$46 NR). \$30 (\$35 NR) Ten-class punchcard available (in-person registration only). No class Nov. 26 & 27, Dec. 25 & 31.

8957	M-F	Oct. 1-30	9 a.m. & 6:30 p.m.
8958	M-F	Nov. 2-30	9 a.m. & 6:30 p.m.
8959	M-F	Dec. 1-30	9 a.m. & 6:30 p.m.





Zumba™ for Kids

International Dance Fitness Academy

(3-12 yrs.) BACK BY POPULAR DEMAND! Have fun dancing to different rhythms while developing confidence and coordination. Wear sports attire and tennis shoes. \$23 (\$27 NR), *\$30 (\$35 NR).



9059	Tue.	Oct. 6-27	4:30-5:30 p.m.
9060	Tue.	Nov. 3-24	4:30-5:30 p.m.
9061	Tue.	Dec. 1-29*	4:30-5:30 p.m.

 **African Dance & Theater** |  **Anymel Emugé**

(5 yrs.-Adult) Learn African dance styles, drumming, and Swahili through this engaging, high-energy class. \$60 (\$67 NR). Materials: \$15. Cedar Center for the Arts, Classroom 204. **Session: Sundays, Oct. 4-Dec. 20.**



9119	5-11 yrs.		1-2 p.m.
9120	12-17 yrs.		2:15-3:15 p.m.
9121	Adult		3:30-4:30 p.m.

 **Beginning Guitar for Adults** |  **Vic Grady**

(Adult) Learn the most popular instrument of all time! No experience necessary. This course covers basic chords and principles of rhythm that will get you on your way to playing your favorite songs. Bring a guitar; workbook and stand provided. \$65 (\$72 NR). Materials fee: \$10. Cedar Center for the Arts, Memorial Hall. No class Nov. 25.



9086	Wed.	Oct. 7-28	1-2 p.m.
9087	Wed.	Nov. 4-Dec. 2	1-2 p.m.



 **Beginning Guitar for Youth** |  **Mel Booker**

(9-17 yrs.) This beginner class is geared towards an introduction to the basic chords and strumming guitar techniques. No musical experience required. Bring a guitar. \$100 (\$107 NR). Materials fee: \$2. Cedar Center for the Arts, Classroom 205. **Session: Saturdays, Oct. 3-31.**



9091	9-12 yrs.		9-10 a.m.
9092	13-17 yrs.		10:15-11:15 a.m.



 **Soul Frequency Drum Circle** |  **Deka Jackson**

(16 yrs.-Adult) Come join the circle! Bring your drum (or we'll provide one for you) and be ready for a drum journey of self-expression, sacred rhythm, and meditation. Learn different rhythms played around the world in this community experience class. \$60 (\$67 NR) Drop-in rates available! Cedar Center for the Arts, Memorial Hall.



9169	Wed.	Sept. 30-Dec. 16	5:30-7 p.m.
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Special Interest

 **America's Boating Course** |  **United States Power Squadrons**



(14 yrs.-Adult) This course fulfills the Boating Educational requirements for obtaining a license or safety certificate to operate boats in many states and is National Association of State Boating Law Administrators (NASBLA) approved. The USPS is the world's largest private, nonprofit boating organization. The USPS promotes safe boating on the water and in the classroom. Minors must be accompanied by a parent/guardian. \$25 (\$29 NR). Materials fee: \$55. Cedar Center for the Arts, Classroom 204.

9152	Sat.	Oct. 24-Nov. 21	9 a.m.-Noon
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 **Applied Digital Electronics** |  **Joseph Huddleston**

(13 yrs.-Adult) Immerse yourself in the fascinating world of digital electronics. Transistors, gates, clocked logic, and more! Through a combination of theory and hands-on training you will become equipped with the knowledge and language of technicians and engineers. \$70 (\$77 NR). Cedar Center for the Arts, Classroom 203.



9149	Tue.	Oct. 6-Nov. 24	6-9 p.m.
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 **Clear the Clutter: Holiday Edition** |  **Michelle Bee**

(Adult) Anticipating the holidays can bring about a desire to simplify your life. This class will help you achieve that! Explore how to simplify and clear the clutter – from home, head, and heart – and begin living a life of greater intention, in a space of improved utility. \$29 (\$33 NR). Jane Reynolds Park, Activity Room.

9292	Sat.	Nov. 7 & 14	9 a.m.-Noon
9293	Sat.	Nov. 7 & 14	1-4 p.m.



 **Computers** |  **Benjamin Sullivan**

Computers 101

(All ages) Have you always wanted to learn computer basics? From the functionality of basic computer parts to more advanced online application of skills, online security, and data back-up, this class will teach you everything you need to know to be computer savvy. No previous computer experience needed. \$35 (\$40 NR). Skytower Park, Activity Center.

9089 Wed. Oct. 7-Nov. 25 6-7:30 p.m.

Microsoft Office 101

(All ages) **BACK BY POPULAR DEMAND!** This class will teach you the basics of Microsoft Office programs. You will learn how to create documents and flyers with Word, spreadsheets with Excel, and slideshow presentations with PowerPoint. \$40 (\$46 NR). Joe Walker Middle School, 5632 W. Avenue L-8.

9090 Tue. Oct. 6-Nov. 24 6-7:30 p.m.

 **Creative Expression through Poetry**
 **Michelle Bee**

(16 yrs.-Adult) Create and express yourself through poetry. Explore a meaningful poem, image, or song each week and develop an expressive piece of poetry. Remember to bring a journal and pen each week. \$29 (\$33 NR). Lancaster City Park, Game Room.

9290 Sat. Sep. 19 & 26 1-2:30 p.m.

   **Dare to Prepare**
 **Auto Club of Southern California**

(14 & 15 yrs. with Adult) This workshop is for pre-permit teens and their parents, providing education on topics including: graduated driver licensing, state and national teen crash statistics, parental responsibilities, what to look for in choosing a driving school, driving as a privilege, parent-teen driver contracts, practical tips on teaching teens to drive, and more. This program is not intended to replace driver's education or even to overlap such a course. Instead, it is a supplementary program intended as a well-rounded, interactive seminar to raise awareness amongst teens and their parents before they receive their learners permit. FREE CLASS. Lancaster City Park, Main Activity Center.

9267 Tue. Dec. 1 6-8:15 p.m.





  **Fall/Winter Gardens: What to Plant and When**
 **Susan Bowman**

(Adult) After the dog days of summer comes the perfect time to toss together iron rich salad greens, sauté veggie shish kabobs, or simmer hardy vegetable soups that your whole family will enjoy. One advantage of living in the high desert is how easy it is to grow vegetables in the fall and winter seasons. Learn when and where to plant, soil preparation, seed germination, and transplanting a long list of vegetables. \$20 (\$23 NR). Lancaster City Park, Game Room.




9132 Sat. Oct. 10 9 a.m.-Noon

9133 Sat. Oct. 17 9 a.m.-Noon

  **Gingerbread House Decorating**
 **Antelope Valley 4H**

(8-18 yrs.) Come join the fun and learn creative and fun ways to decorate a gingerbread house. Students take home your own house! \$12 (\$14 NR). Lancaster City Park, Activity Center.

9156 Sat. Dec. 5 9 a.m.-Noon

  **Start a Babysitting Business** |  **Denetra Scott**

(12-18 yrs.) Gain the knowledge and skills you need to run a profitable babysitting business, including how to stay safe, set wage rates, and plan child developmental appropriate activities. Participants will receive their babysitting CPR and First Aid certification at the end of the course. Bring a sack lunch. \$75 (\$82 NR). Materials: \$20. Cedar Center for the Arts, Classroom 203.



9107 Sat. Nov. 7 & 14 9 a.m.-4:30 p.m.

Life in Lancaster is More Memorable Thanks to City Partners

Lancaster has teamed up with many community-minded companies to provide you with activities and events which make life here more rewarding.

Through their generous support, the City has been able to maintain and expand our programs to bring arts, culture, and family fun to all residents.

Please show your appreciation by patronizing the businesses that make it all possible.

- | | |
|-----------------------------------|------------------------------------|
| AMR | Learn4Life Concept Charter Schools |
| Antelope Valley Harley Davidson | Petro Lock, Inc. |
| Antelope Valley Transit Authority | Re/Max All-Pro |
| Aven's Furniture | RZ Radio Broadcasting Co. |
| BeX Bar & Grill | Sierra Toyota • Scion |
| City of Hope | Time Warner Cable |
| Edwards Federal Credit Union | University of Antelope Valley |
| High Desert Medical Group | U.S. Bank |
| H.W. Hunter, Inc. | Valleywide Dental |
| Lancaster Choice Energy | WA Thompson Distributing Co. |
| | Waste Management |

Interested in becoming a City Partner?

Call 661-723-6077 for details.





Why Recycle?



Help Our Environment

Recycling saves resources by putting used materials back to good use, rather than lying useless in landfills. It also means less need to draw upon virgin resources to create the products we use.



Help Our Community

Recycling reduces energy use. Cans and bottles made from recycled stock require only a fraction of the energy that making them from raw materials does. This helps us in our goal toward net zero.

Help Yourself

RecycleBank is a program designed to reward you for your recycling effort. Simply register at recyclebank.com/wm and you'll be on your way to earning discounts and rewards from both local merchants and big national brands.



How to Recycle:



- 1 Determine just what is recyclable. The list is long: most paper, glass and metal qualifies. Visit www.keepingavclean.com for a complete list.
- 2 Make sure the materials are clean and dry. No need to sort or separate.
- 3 Set your recycle bin out on the curb. We'll take it from there! Rest assured you've done your part.

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including Waste Management. Please extend your thanks and patronage to all our City Partners.



VIRTUAL VOUCHERS

A greener way to provide free and easy access to the landfill

Customers in Lancaster can take two free trips to the landfill each year. Waste Management has created a "paperless" voucher system to help make the process even easier. Simply present proof of residency along with your WM bill (in good standing) and you'll be admitted with up to one ton of refuse, free of charge!

Limitations apply. Visit www.keepingavclean.com for full details or call WM at 661-947-7197.

Serving Lancaster for more than 40 years

Waste Management's local team takes great pride in consistently providing exceptional service, a proven safety record and a commitment to the many neighborhoods we serve which is unmatched in the industry. Thank you for allowing us to serve you.

For more information, visit www.keepingavclean.com or call WM Customer Service at 661-947-7197.

Sports

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early, space is limited.

Adult Sports

Basketball | Registration: **October 5 - December 18**

League play begins in mid-January. Games played at local high schools Mon.-Thu. nights. Registration limited to 24 teams. \$485/team.

Mon.-Thu. Adult Basketball

Softball | Registration: **August 17 - September 18**

League play begins in early November. Schedule consists of 10 league games and one classification game. Games played Sun.-Fri., you determine day. **Now offering three new leagues: One-Up Homerun, One Pitch and Wood Bat.** \$400/team.

Sun.-Fri. Men's Slowpitch
Sun.-Fri. Coed Slowpitch
Sun.-Fri. Coed Hardball
Thu. Women's Slowpitch

Youth Sports

Basketball (5-13 yrs.)

Each division plays eight games. Games played on Saturdays, played at local high schools; practices held during the week with day, time, and location determined by volunteer coach. \$60 (\$66 NR).

Ages 5-9 yrs. | Registration: **August 17 - September 18**

League play begins October 2015.

8518 Coed Div. C 8-9 yrs.
8519 Coed Div. D 6-7 yrs.
8520 Coed Div. E 5 yrs.

Ages 10-13 yrs. | Registration: **August 17 - December 18**

League play begins early January 2016.

8521 Boys Div. A 12-13 yrs.
8522 Boys Div. B 10-11 yrs.
8523 Girls Div. A 12-13 yrs.
8524 Girls Div. B 10-11 yrs.

Youth Soccer | Soccer Shots

(2-8 yrs.) Soccer Shots is the national leader in youth soccer development. Using creative and age appropriate curriculum, Soccer Shots introduces children to the sport of soccer in a noncompetitive and fun-filled environment. \$84 (\$91 NR). *Call for sibling registration discounts.*

Tierra Bonita Park, Soccer Field.

Season 1: **October 3 - November 7**

Mommy/Daddy & Me (2-3 yrs.)	9093	Sat.	9-9:30 a.m.
Classic Pre-K Soccer (3-5 yrs.)	9095	Sat.	9:30-10:15 a.m.
Premier Soccer (6-8 yrs.)	9097	Sat.	10:15-11 a.m.

Season 2: **November 14 - December 26**

Mommy/Daddy & Me (2-3 yrs.)	9094	Sat.	9-9:30 a.m.
Classic Pre-K Soccer (3-5 yrs.)	9096	Sat.	9:30-10:15 a.m.
Premier Soccer (6-8 yrs.)	9098	Sat.	10:15-11 a.m.



Now accepting credit cards!



10 BATTING CAGES!

BATTING RANGE

43415 City Park Way • 661-942-7088

Mon.-Fri., 3-9 p.m. • Sat. & Sun., 9 a.m.-9 p.m.

Effective Nov. 1: Mon.-Fri., 3-8 p.m. • Sat. & Sun., 10 a.m.-8 p.m.

Tennis

Lancaster City Park Tennis Center | 43063 10th St. West

Private Lessons (Four-lesson package)

One-on-one lessons arranged with tennis pro following registration.

9308	Four 1-hour lessons	\$145 (\$152 NR)
9309	Four 1/2-hour lessons	\$100 (\$107 NR)

Pee Wee (4-6 yrs.), \$36 (\$41 NR).

Introduce your child to tennis; learn basic skills and principles of the game. Required: 21"- 23" tennis racket.

Jim Majd, Court 8

9122	Sat.	Oct. 3-24	10-11 a.m.
9123	Sat.	Nov. 7-28	10-11 a.m.

Juniors (7-17 yrs.), \$51 (\$58 NR).

Long recognized as an individual sport, this class focuses on team competition. Novice and advanced play levels available. Bring tennis racket, size appropriate for physique.

Linda Ruiz, Court 3. Materials: \$5.

9140	M/W	Sep. 28-Oct. 21	5-6 p.m.
9141	M/W	Oct. 26-Nov. 18	5-6 p.m.
9142	M/W	Nov. 23-Dec. 16	5-6 p.m.
9143	M/W-Adv.	Sep. 28-Oct. 21	6-7 p.m.
9144	M/W-Adv.	Oct. 26-Nov. 18	6-7 p.m.
9145	M/W-Adv.	Nov. 23-Dec. 16	6-7 p.m.

Jim Majd, Court 5

9128	T/TH	Oct. 6-29	5-6 p.m.
9129	T/TH	Nov. 3-26	5-6 p.m.


Adult (18+ yrs.), \$45 (\$52 NR).

Lifetime sport encourages participants of all ages and various physical abilities to play. Fun, fitness-focused class provides a social experience for all. Bring tennis racket.

Jim Majd, Court 5

9125	T/TH	Oct. 6-29	6-7 p.m.
9126	T/TH	Nov. 3-26	6-7 p.m.

Court Maintenance - Courts closed while cleaned.

 **Public Play** - Courts are lit from dusk to 10 p.m., 7 days a week. Open to the public except during tournaments, City lessons, or court rentals. First come, first served. One-hour use if players are waiting for an open court.

Softball Tournament Contact Information

661-723-6077 | www.big8softball.com

Tail wagging fun for the whole family

bark at the park

October 3 & 4

Saturday: 10 a.m. to 5 p.m.

Sunday: 10 a.m. to 3 p.m.

Lancaster City Park | *Free Admission*

Once again, Lancaster celebrates man's best friend with a weekend-long pooch party including:

Activities

- Pet Parade
- Agility Course
- Urban Sledding and more

Games

- Duck Hunt
- Diva Dogs
- Barks & Crafts and more

Demonstrations

- Disc Dogs
- Diving Dogs
- Skateboarding Dogs and more

Exhibits

- Dozens of exhibitors with products and services designed expressly for your family and pets

Contests & Prizes

Well-behaved, licensed and vaccinated dogs are welcome. Non-retractable leashes required. Some activities have modest fees, which support the local organizations sponsoring the activity and may require advance registration. **Raffle proceeds benefit the local L.A. County Animal Shelter.**

For complete details, visit www.lancasterbarkatthepark.org.



Aquatics



COURSE REGISTRATION NOW ONLINE!

To Register:

1. Read descriptions.
2. Determine which class you would like to take.
3. Select the session that is convenient (see page 31).
4. Check the table to see if your class is offered during selected session.
5. Use class code from table when registering.

Eastside Pool | 661-723-6255 (open year round)

at Deputy Pierre W. Bain Park, 45045 5th St. East. Eastside Pool can be rented for birthdays, parties, and special events! For rental or aquatic program information, call the pool.

Webber Pool | 661-723-6288 (open July 4 - Sep. 7)

at Jane Reynolds Park, 716 Oldfield Street.



PUBLIC SWIM TIMES

Children less than 4 ft. tall and 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

Early Bird Lap*	Mon.-Thu.	5:45-7 a.m.
Noon Lap*	Mon.-Sat.	11:45 a.m.-1 p.m.
Senior & Therapy	Mon.-Fri.	10-11:30 a.m.
Evening Lap	Wed.	8:30-9:30 p.m.

Holiday Closures: Sep. 7, Nov. 11 & 26

Webber Pool: open July 4 - September 7

Public Swim	Daily	1-5 p.m.
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PUBLIC SWIM FEES

Infant (3 yrs. and under)	Free
Child (4-12 yrs.)	\$1
Teen (13-16 yrs.)	\$1.25
Adult (17+ yrs.)	\$1.75
* Adult (17+ yrs.)	\$2 (effective 10/1/15)
Senior (55+ yrs.)	\$1

30 Punch Swim Pass:

Teen	\$25
Adult	\$37
* Adult	\$40 (effective 10/1/15)
Senior/Child	\$20

Class Information

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise, and Hydrofit which are 45 minutes. For full descriptions of classes, visit City Hall or go online to www.cityoflancafterca.org.

Parent/Tot

(6 mos.-3 yrs.) Parents, teach your child to feel more relaxed and comfortable in the water.

Preschool

(3-5 yrs.) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front and back float. This is not a learn-to-swim class.

Preschool 2

(3-5 yrs.) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

Preschool 3

(3-5 yrs.) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 yrs.) Helps students feel comfortable in the water. Learn to: enter and exit water safely; submerge mouth, nose, and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; and float on front and back.

Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Teaches fundamental and enhances Level 1 skills. Learn to: enter water by stepping or jumping from side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side, front, and back; and tread water.

Level 3: Stroke Development

(6-14 yrs.) Builds on skills acquired in Level 2 through additional guided practice. Participants learn to: jump into deep water from side; dive from kneeling or standing position; submerge and retrieve an object; bob with head fully submerged; use rotary breathing in horizontal position; perform front and back glide; survival float; front and back crawl; butterfly-kick and body motion; perform HELP and Huddle position; a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

Level 4: Stroke Improvement

(6-14 yrs.) Develops confidence in skills learned and improves on Level 3 skills. Learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; open turns on front and back using any stroke; tread water using sculling arm motions and kick, front and back crawl, breaststroke, butterfly, elementary backstroke, and swim on side.

Level 5: Stroke Refinement

(6-14 yrs.) Provides further coordination and refinement of Level 4 strokes. Learn to: tread water with two different kicks; learn survival swimming; and rescue breathing. Perform standing dive; shallow dive; glide two body lengths; and begin any front stroke.

Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Refines the strokes so students swim them with ease, efficiency, power, and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses.

Adult Swim Lessons

(15+ yrs.) Everyone can learn to swim. All skills taught.

Aquacise: Aerobic Water Exercise

(15+ yrs.) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.

Hydrofit: Muscle Toning & Fitness

(15+ yrs.) Exercise class for an invigorating water workout. Uses belts, ankle cuffs, and Styrofoam barbells.

Private Swim Lessons

Private swim lessons for all ages. The fee is \$142 for eight 1/2-hour lessons. *\$145 (\$170 NR) effective 10/1/15.*

8040

Lesson times to be arranged

Lifeguard Training Class

(15+ yrs.) Enrollees must be able to:

- (1) Swim 300 yards with rhythmic breathing, non-stop, front crawl, or breast stroke.
- (2) Tread water for two minutes, legs only, hands in armpits.
- (3) Within one minute and 40 seconds be able to:
Swim 20 yards with no goggles with face in or out of water.
Surface dive face first or feet first, into deep water to retrieve 10 lb. brick. Return to surface and swim 20 yards on back returning to the starting point with both hands holding the brick while keeping face at or near the surface. Candidates are not permitted to swim the distance underwater. Candidates must exit the pool without the use of steps or ladders.

Call the pool at 661-723-6255 for additional information. \$80 (\$90 NR). Red Cross certification fee: \$35.

Water Safety Instructor Class

(17+ yrs.) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross FIT course included. Approximately 40 hours of training. Must attend all classes – no exceptions. \$80 (\$90 NR). Call the pool at 661-723-6255 for times and information.

Oasis Aquatics Swim Team

(5-18 yrs.) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Visit www.oasisaquatics.org for more information.

Oasis Masters Swim Program

(18+ yrs.) Conditioning, swim skills, instruction, competitive events, and ocean swimming. Call Tom Otto for fees and information at 661-946-7537 or 661-722-0585.

A.V. Special Olympics

Swimming opportunities for individuals with intellectual disabilities. Call Laura Mayo at 661-253-2121.

Aquatics Class Schedule

The numbers listed under each time frame are the class codes to use when registering. **All classes held at Eastside Pool.**

Session 0: September 19 - November 7

Saturday (1x/week for 8 weeks) \$34 (\$39 NR).

Red Cross certification fee \$1.

Class Level	9 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot		9183	
Preschool	9187	9188	
Preschool 2	9192		
Level 1	9199		
Level 2	9203		
Level 3		9207	
Level 4			9211
Level 5			9215
Level 6			9219
Adult		9179	
Aquacise			9223



Session 7: September 8 - October 1

Tuesday/Thursday (2x/week for 4 weeks) \$34 (\$39 NR).

Red Cross certification fee \$1.

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	9184			
Preschool	9189			
Preschool 2		9193		
Preschool 3	9196			
Level 1	9200			
Level 2	9204			
Level 3		9208		
Level 4			9212	
Level 5			9216	
Level 6			9220	
Adult		9180		
Aquacise		9224		
Hydrofit				9227

Session 9: November 3 - December 1 (No class Nov. 26)

Tuesday/Thursday (2x/week for 4 weeks) \$38 (\$44 NR).

Red Cross certification fee \$1.

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	9186			
Preschool	9191			
Preschool 2		9195		
Preschool 3	9198			
Level 1	9202			
Level 2	9206			
Level 3		9210		
Level 4			9214	
Level 5			9218	
Level 6			9222	
Adult		9182		
Aquacise		9226		
Hydrofit				9229

Session 8: October 6 - 29

Tuesday/Thursday (2x/week for 4 weeks) \$38 (\$44 NR).

Red Cross certification fee \$1.

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	9185			
Preschool	9190			
Preschool 2		9194		
Preschool 3	9197			
Level 1	9201			
Level 2	9205			
Level 3		9209		
Level 4			9213	
Level 5			9217	
Level 6			9221	
Adult		9181		
Aquacise		9225		
Hydrofit				9228



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1. The U.S. Bank Mobile app is free to download. Your mobile carrier may charge access fees depending upon your individual plan. Web access is needed to use Mobile app. Check with your carrier for specific fees and charges. Some mobile features may require additional online setup. Any fees for optional transactions will be identified during registration for these services and during their use. 2. To be eligible for DepositPoint, you must be a U.S. Bank Online Banking customer with direct ownership in a U.S. Bank Checking or Savings account and have no more than two returned deposited items in the past three months. There is up to a \$0.50 fee per deposited check. Deposit limits and other conditions may apply. DepositPoint is only available for use within the United States. Deposit products offered by U.S. Bank National Association. Member FDIC. 10/31/15

At U.S. Bank, we offer business checking packages tailored to fit your business's needs. Each package combines business checking with other valuable tools that save you time and money. Whether you have started a business or are looking to grow one, we have solutions for every stage. Take advantage of our mobile products and enjoy the convenience of accessing your accounts when and where you want.

U.S. Bank Mobile App¹ – Verify your checking account balance, receive customized text alerts and make payments.

Bill Pay – Your single source to manage and pay your bills so you have more time to run your business.

DepositPoint^{TM2} – Deposit checks easily, securely, and electronically.

Virtual Mobile Merchant – Accept credit card payments with most iPhone®, iPad® and AndroidTM.

Visit Benjamin Maish at 2831 W Avenue L, Lancaster CA 93536 to learn more about business checking packages that may help your business thrive.



The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including US Bank. Please extend your thanks and patronage to all our City Partners.

CALLING ALL BIG-HEARTED THRILL-SEEKERS
RACE A CART, SPONSOR OR DONATE!

CARTING for a Cure
 AT STREETS OF LANCASTER GRAND PRIX

We need your support to continue helping children and their families in the Antelope Valley struggling with childhood illness.

FRI SEPT 25, 5-9PM @THE BLVD

HELP KIDS IN THE AV - GO TO:

CUREACHILD.COM/DONATIONS

POWERED BY:




GEM MORTGAGE
 A Division of Golden Empire Mortgage, Inc.



RE/MAX All-Pro
 remaxallpro.com



lancaster  ca
it's positively clear

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including RE/MAX All-Pro. Please extend your thanks and patronage to all our City Partners.



HIGH SCHOOL DIPLOMA PROGRAM

- Independent Learning at Your Pace
- **One-on-one Teacher Mentoring**
- For 14-19 Year-Old Students
- **Credit Recovery Program**
- Flexible Schedule
- **Free Tutoring**

Career Technical Education

Learn4Life is excited about our new Career Technical Education courses that will begin in the 2015-2016 school year.

Topics Include:

IT Essentials • **App Coding** • Agriculture
Aerial Robotics • Design & Print Foundations
Business • Emergency Medical Responders

Enroll Today
100% FREE!



For more locations, please call

(877) 360-LEARN • LEARN4LIFE.ORG

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including Learn4Life Concept Charter Schools. Please extend your thanks and patronage to all our City Partners.

We admit students of any race, color, and national or ethnic origin.



DANA CARVEY

Wednesday, September 16, 2015 • 8 p.m.



RODNEY ATKINS

Sunday, November 8, 2015 • 7 p.m.



LPAC

LANCASTER
PERFORMING ARTS
CENTER



KELLIE PICKLER

Saturday, September 19, 2015 • 8 p.m.



BIG BAD VOODOO DADDY

Sunday, November 22, 2015 • 7 p.m.



Get Your Groove On!

Sierra Toyota • Scion Concert Series Continues through October

If you haven't joined us yet for the Thursday evening BLVD concerts, there's still time to get in on the foot stomping fun. If you're a BeX Bandstand regular, you'll find a great lineup of rock and country acts to enjoy this fall.

The free concerts kick off at 6 p.m. on the BeX Bandstand and are family friendly. Come early and enjoy the BLVD Farmers Market.



Schedule of Entertainment

September

- 3 .223 | Rock
- 10 American Honey
Country/Southern Rock
- 17 Big Coyote | Country/Rock
- 24 No concert due to Streets of Lancaster event

October

- 1 Mark Burgess | Rock
- 8 Blue Mountain Tribe | Bluegrass
- 15 Jacob Nelson & the Tone Wranglers
Country
- 22 L'Insanity Band | Rock
- 29 Overdrive | '80s, '90s Covers



Every new season at the Lancaster Performing Arts Center brings dynamic and exciting experiences for both patrons and supporters of the Antelope Valley's premiere entertainment venue.

With an impressive season lineup before us, the Lancaster Performing Arts Center Foundation (LPACF) looks forward to forging new partnerships with

The LPAC Foundation is led by an esteemed Board of Directors from diverse community backgrounds:

R. Steven Derryberry, President
 Marco Johnson, Vice President
 Timothy W. Doerfler, Treasurer
 Marilyn Norris, Secretary
 Directors: Inpamani Arul, M.D.;
 Laurie Formentera; Tim Fuller;
 Joyce Gonzales; Harvey Holloway;
 C. Todd Porter; John Porter, Ed.D.;
 Bill Silva; Becky Smith; Mark E.
 Thompson; Lena Grand Weber;
 and Louis V. "Lou" Bozgian,
 Director Emeritus.

individuals, businesses, and organizations who share a strong commitment to the betterment of our community, while enhancing our way of life through the arts. Financial contributions are critical to sustaining artistic excellence, essential theatre enhancements, and educational programming via the *Arts for Youth* program.

LPACF oversees a multifaceted giving program which encompasses a wide range of opportunities for donors of all levels, including: *Amenity Sponsorship*, *Arts for Youth Partnerships*, *Event Sponsorships*, and *Name a Seat*. LPACF donors are valued for the tremendous impact their support provides and are acknowledged in a variety of ways.

For specific information on any of these giving opportunities, visit www.lpacf.org or contact the LPAC Foundation at 661-723-6096. The Lancaster Performing Arts Center Foundation is a 501(c)(3) nonprofit organization, and your generous contributions are tax deductible.

With Gratitude . . .

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BUS LOCATOR



Real-time bus departure information is now available at the Antelope Valley Transit Authority's (AVTA) two main transfer centers. Digital signs are operating at Lancaster City Park and the Palmdale Transportation Center, displaying up-to-the-minute bus departure information for transit customers. It is all part of AVTA's new intelligent transportation system known as Track-it, which provides instant bus departure information for every AVTA bus in service. The \$2.4 million system monitors AVTA's entire fleet of local and commuter buses via a Global Positioning Satellite (GPS) tracking system. AVTA customers can access real-time bus departure information 24/7 by using their smart phones or by visiting the Track-it website. Passengers can also receive text alerts notifying them of an upcoming bus departure, making trip planning easier than ever before. Go to AVTA's home page at www.avta.com and click on Track-it!



Antelope Valley Transit Authority

661.945.9445

Local Transit Service | Commuter Service | Dial-A-Ride Service

avta.com

The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including AVTA. Please extend your thanks and patronage to all our City Partners.

MOAH MUSEUM OF ART & HISTORY



Nicola Verlato, *Haunted*

The Real Power of Mythology

There is a fine line between fact and fiction. This fall's exhibitions at the Lancaster Museum of Art and History (MOAH) explore the realms of the unknown, unseen and unexplained from new perspectives.

Join us as we examine the sometimes fanciful, sometimes mysterious, sometimes disturbing works of a number of remarkable artists.



Seamus Conley, *Little Rock*



Sarah Perry, *Blue Moon*

Lancaster Museum & Public Art Foundation Board of Directors:

Josh Mann, President; Lori Young, Vice President; Ben Maish, Treasurer; Silvia Norris, Secretary
Directors: Ralph Bozigian, Steve Eglash, Stevie Love, Kimra Martin, Lauren Mercy, Terry Norris, Leo Stallworth, Steven Strauss

Main Gallery

Hearsay: Artists Reveal Urban Legends

Guest Curated by Wendy Sherman

This unique group exhibition interprets the lore and allure of modern mythology. Through video, photos, sculptures, paintings and more, these talented artists find personal connections with the fables and foibles of our generation.

South Gallery

Sarah Perry: *Feral Heart*

Meticulously crafted from scraps of desert debris, weathered bone and pure imagination, Sarah Perry's eclectic collection of mythical speculations would be right at home in the cubby holes of 17th century curiosity cabinets.

East Gallery

Seamus Conley: *Ragged Promised Land*

Set in otherworldly environs, Seamus Conley often paints solitary figures who gaze into the distance, contemplating their ethereal world.

In the **Vault Gallery**, Tehachapi's Tina Dille shares her *Ravens* watercolors, while in the **Wells Fargo Gallery** the multimedia talents of Jonas N.T. Becker are displayed. The **Education Gallery** features the whimsical work of Jeremie Riggelman.

Thursdays feature drawing demonstrations by artist Marissa Quinn as well as thought-provoking site installations by Michael Aschenbrenner and Judy Csotsits.

MOAH

665 W. Lancaster Blvd. | 661.723.6250 | lancastermoah.org
Open Tuesday - Sunday 11 a.m. - 6 p.m.
Thursday 11 a.m. - 8 p.m. | Closed Monday and Holidays

Suggested Donation: \$5 Adults, \$3 Seniors/Youth

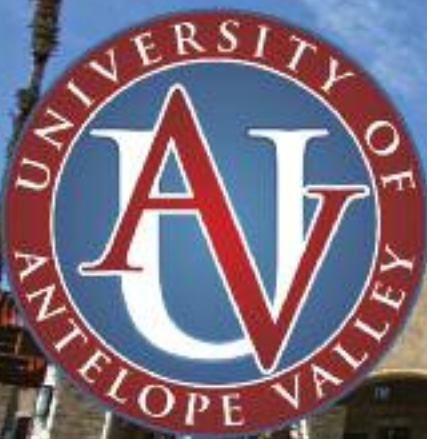
MOAH: CEDAR

44857 Cedar Ave. | Art gallery open Thursday - Sunday, 2 - 8 p.m.

Western Hotel Museum

557 W. Lancaster Blvd.

Open the second and fourth Saturday and accompanying Friday of each month from 11 a.m. - 4 p.m.



UNIVERSITY OF ANTELOPE VALLEY

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Certificate Program Start Dates

Culinary Arts & Restaurant Management

September: 11th AM, 21st PM
October: 6th AM, 13th AM, 14th PM, 29th AM
November: 5th AM / PM
December: 3rd AM / PM

Professional Baking & Pastry

October: 6th AM / PM
November: 10th AM / PM
December: 18th AM / PM

Massage Therapy

September: 1st AM, 25th AM
October: 20th AM
November: 13th AM
December: 10th AM

Medical Billing & Coding

September: 17th AM, 22nd PM
November: 2nd AM, 5th PM

Medical Assistant

September: 2nd AM / PM
October: 7th AM / PM
November: 10th AM / PM
December: 17th AM / PM

Emergency Medical Technician

September: 10th AM
October: 5th PM
November: 16th AM

Paramedic

October: 27th AM

Vocational Nursing

November: 2nd AM

**Fall Semester Begins Sept. 14th
FOR ALL DEGREE PROGRAMS**

Schedule A Campus Tour!

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PRIME DESERT *Woodland Preserve*

Devil's Punchbowl Presentation | Sat., October 3, 1 p.m. | \$2 donation welcome
Come and enjoy this wild animal presentation which includes reptiles, birds, and much more. Learn about the Wilderness Act of 1964, the importance of protecting these animals and how they survive in their natural habitats from Los Angeles County Park Rangers.

Moon Walks | Saturdays | \$2 donation welcome
October 17, 7 p.m. | November 14, 5:30 p.m. | December 12, 5:30 p.m.
Experience a magical night of nature and astronomy combined. Jeremy Amarant, Director of Palmdale School District's SAGE Planetarium, will take you on a journey through the mysterious night sky, teaching about the stars and constellations as he and Park Rangers lead a one-mile tour of the Preserve. Weather permitting, AV Astronomy Club members will have their telescopes available for a closer look at the night sky.

Scary Science | Saturday, October 17, 4 p.m. | \$2 donation welcome
"Mad Scientist" and Director of Palmdale School District's SAGE Planetarium Jeremy Amarant will send chills down your spine with this spectacular presentation of science and astronomy. Screaming spoons, shivering quarters, wandering water, and more will dazzle kids and adults alike.

Free Guided Tour | Saturday, November 28, 11 a.m. | Free
Park Rangers provide a personal tour of the Prime Desert Woodland Preserve's beautiful trail system. Follow the tour and enjoy the exhibits in the interpretive center.



43201 35th Street West • Lancaster
(Avenue K-8 at 35th Street West)

Come visit the 100-acre Preserve, featuring nearly three miles of trails. The trails are open from 6 a.m. to sunset.

The Interpretive Center is open Saturday, Sunday, and Wednesday from 10 a.m. to 4 p.m. Group tours are available by calling the Preserve Ranger at 661-723-6230 or the PDW Supervisor at 661-723-6257. Fees to attend presentations will be collected at the door of the Interpretive Center on the day of each presentation. All presentations and walks last approximately one hour. Presentations are free for children three years and under. Meet at the Interpretive Center at posted times for all group walks.

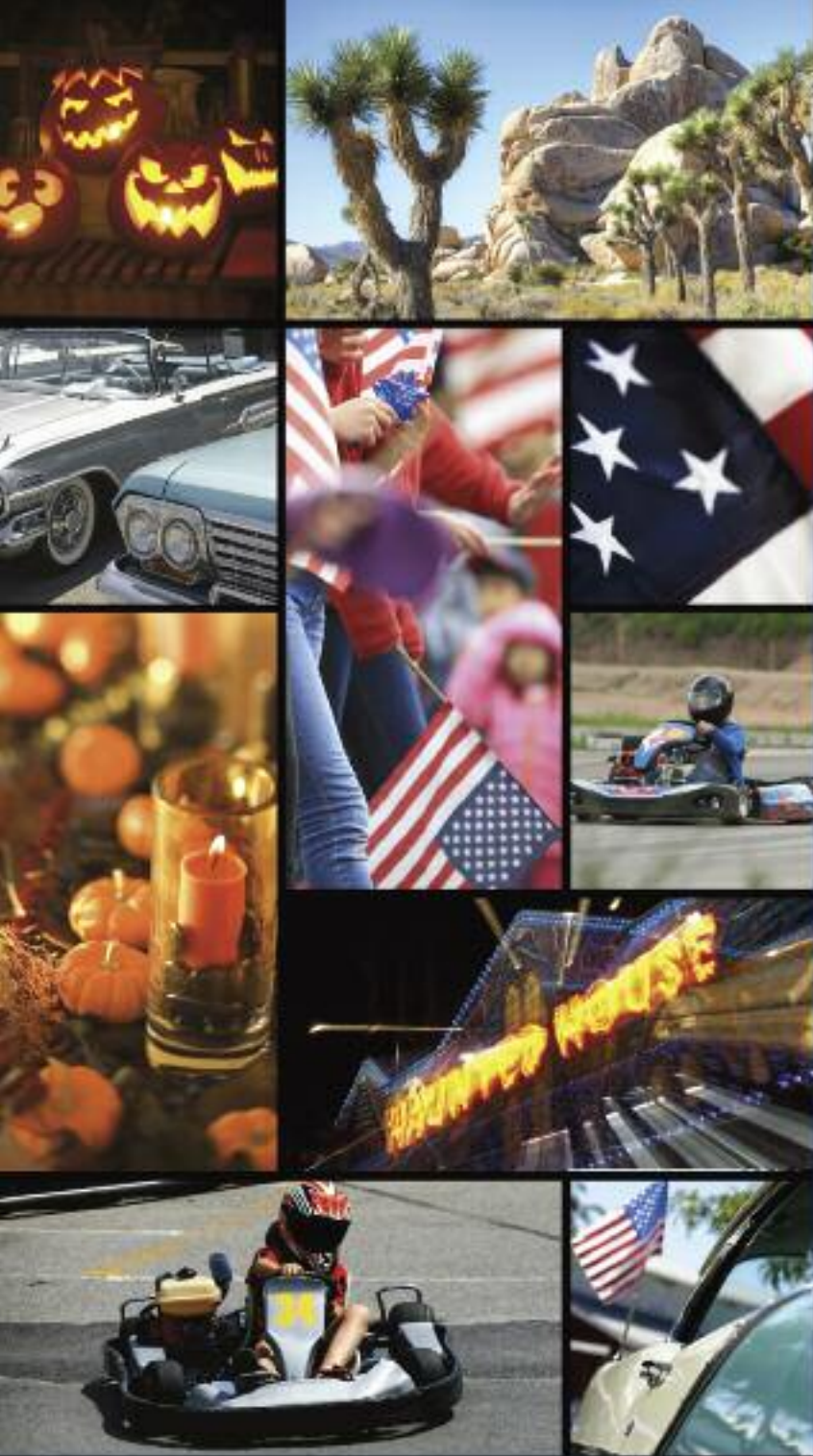
Parking and attendance are limited for events held in the Interpretive Center. No reservations are required.

BIG D & BUBBA
Weekday Mornings 6-10AM

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Sierra Toyota • Scion is pleased to sponsor signature community events including the Streets of Lancaster Grand Prix. Events such as these connect family and friends, help strengthen bonds in our community and allow us to get to know our neighbors better.

LET'S GO PLACES... Together.



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