



# **City Officials**

# **Lancaster City Council**

R. Rex Parris, Mayor Marvin E. Crist, Vice Mayor City Manager Mark V. Bozigian

Ken Mann, Council Member Angela E. Underwood-Jacobs, Council Member Raj Malhi, Council Member

Kit Yee Szeto, Deputy Mayor Cassandra Harvey, Deputy Mayor

# You're Invited to Meetings

#### **Lancaster City Council**

2nd & 4th Tuesday of the month at 5 p.m. In April, only the second meeting of the month will take place. In August, November, and December, only the first meeting of these months will take place.

#### Lancaster Architectural and Design Commission

1st Thursday of the month at 5 p.m. All meetings are held in the Council Chambers at City Hall.

#### **Lancaster Criminal Justice Commission**

2nd Wednesday of the month at 10 a.m. All meetings are held in the Council Chambers at City Hall.

# **Lancaster Neighborhood Vitalization Commission**

1st Tuesday of the month at 4 p.m. All meetings are held in the Council Chambers at City Hall.

#### **Lancaster Planning Commission**

3rd Monday of the month at 6 p.m. All meetings are held in the Council Chambers at City Hall. Agenda review is held on the Monday preceding each month's meeting at 5:30 p.m. in the Parks, Recreation & Arts Conference Room.

## **Lancaster Youth Commission**

2nd Thursday of the month at 6:30 p.m. All meetings are held in the Council Chambers at City Hall.

#### Let Us Hear from You

We welcome your comments. Contact City Hall at 661-723-6000 Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m. TDD users may call the California TDD Relay Service at 1-800-735-2922.

#### **Hotline Information**

Abandoned shopping cart retrieval 800-252-4613 City special event hotline 661-723-5900 Job hotline 661-723-5874 Graffiti hotline 661-723-5977 Crime Stoppers 800-222-TIPS (8477)

www.lacrimestoppers.org

#### www.cityoflancasterca.org

City Council meeting agendas can be found here. Register online for classes.

# www.LancasterChoiceEnergy.com

Lancaster Choice Energy

## www.lpac.org

Lancaster Performing Arts Center

## www.lancastermoah.org

Lancaster Museum of Art and History

#### www.streetsoflancaster.com

Streets of Lancaster Grand Prix

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# A message from your CITY COUNCIL

## **JUST DO IT!**

Nike, the popular sporting goods brand, has a slogan which encourages us all to "Just do it!" This issue of Outlook offers a similar mantra. With summer upon us, we encourage everyone to head out and enjoy all there is to see and do around Lancaster.

Start your "staycation" with the many ideas on fascinating day trips to take with family and friends, offered up by Destination Lancaster. On the cover and inside Outlook, we celebrate the 20th anniversary of the Lancaster JetHawks. A night out at the ballpark remains one of the best deals in town and dollar for dollar, some of the most fun to be found.

The YOLO Lancaster Wellness Challenge has expanded its campaign to inspire everyone to eat right, stay active, and live well by inviting teens to join in. Spend some quality time with your offspring this summer by being active outdoors together.

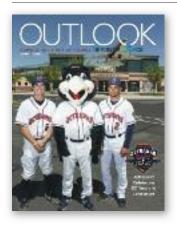
As always, we have a calendar brimming with many exciting activities. The Sierra Toyota Concert Series returns to the BeX Bandstand on Thursday evenings. Thunder on the Lot is back with its bikes and beautiful cars shown on behalf of children's charities. July 4th belongs to bulls and bright skies as Lancaster celebrates Independence Day with the Professional Bull Riders Challenger Tour and free fireworks at the Antelope Valley Fairgrounds.

In between enjoying all the outings and activities, be sure to take time to stay up-to-date on what is happening throughout the City. The economy is growing, your new energy company is thriving, and opportunities for improving neighborhoods abound. You will find all of these stories and more inside this summer issue of Outlook.

So join us and relish your summer here in Lancaster. Or as Nike would say, "Just do it!"

Your City Council





## ON THE COVER

Celebrating 20 years in Lancaster, the JetHawks have made our summers more exciting, fun, and family-focused, while the team has sent more than 100 players to the majors.

Editor-in-Chief: Joseph Cabral **Design:** Davis Communications Photography: Curt Gideon, Josh Kline,

and Nancy Vandermey

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# TINATION ASTER CA TRIPPING Summer fun is right around the corner

Looking for engaging things to do with family and friends visiting town this summer? Destination Lancaster offers a number of terrific day trips to enjoy.



# **ANTELOPE VALLEY INDIAN MUSEUM**

15701 E. Avenue M | Lancaster, CA 93535 **661-946-3055** Open weekends 11 a.m. to 4 p.m.

Bring the family and explore this unique museum, part of California's State Park network. The eclectic facilities feature the Native American collections of Howard Arden Edwards and Grace Wilcox Oliver, including artifacts from throughout California, the Great Basin, and the Southwest.

Visit www.avim.parks.ca.gov for details.

# **U.S. BORAX VISITOR CENTER**

14486 Borax Road | Boron, CA 93516 **760-762-7588** Open daily 9 a.m. to 5 p.m.

U.S. Borax gained fame when its 20-Mule Team wagon trains hauled minerals from Death Valley. Today, the company operates the largest open pit mine in California, hauling 190 tons at a time in giant trucks. The Visitor Center offers a fascinating behindthe-scenes look at operations, the history of the region, plus a bird's-eye view of the mine.

Visit www.borax.com for details.

# **EXOTIC FELINE BREEDING COMPOUND**

3718 60th Street West | Rosamond, CA 93560 **661-256-3332** Open 10 a.m. to 4 p.m., except Wednesdays

Housing more than 75 of the world's most endangered felines, The Cat House offers visitors a chance to view these exotic animals in an intimate, up-close environment they simply would not find in a zoo. Twilight tours are held three times a year with upcoming events on June 25 and September 17. On August 13, the compound holds its annual Feline Follies, which supports its operations.

Visit www.cathouse-fcc.org for details.



You'll find details on all these excursions and more inside the latest issue of AVentures Visitor's Guide. Pick one up at the Destination Lancaster Visitors Center on The BLVD at 554 W. Lancaster Boulevard or online at

www.destinationlancasterca.org.

# **AEROSPACE HERITAGE TRAIL**

Encompassing four separate locales across the Antelope Valley, the Aerospace Heritage Trail provides visitors with a unique opportunity to better understand the history of aviation in our community. Start your tour at two adjacent exhibits just outside of Plant 42, Blackbird and Joe Davies Heritage Airparks. Here you'll find an extensive collection of historic aircraft, including the famed SR-71 Blackbird spy plane. Then travel up to Boeing Plaza (Lancaster Boulevard and Sierra Highway), where you can marvel at a Phantom II fighter and experience the Aerospace Walk of Honor. Relive history as the remarkable stories of the test pilots and engineers who had the "Right Stuff" are detailed through plaques and murals. Finally, sojourn up to Century Circle, just outside of the West Gate of Edwards, to view more record-breaking aircraft.

# **JAWBONE CANYON OHV AREA**

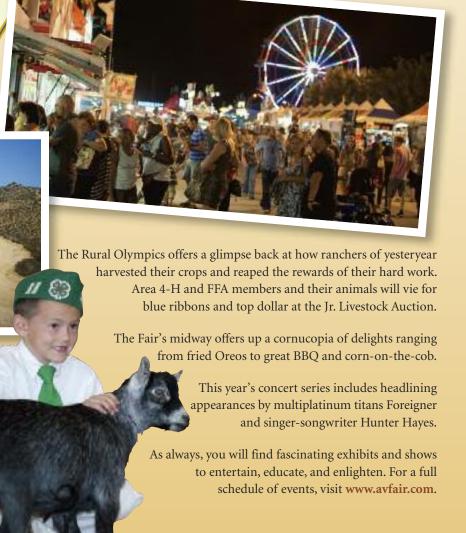
State Highway 14 | Cantil, CA 93519 Open year-round, camping permitted

For the more adventurous, bring your off-highway vehicle (OHV) up to Jawbone Canyon and explore thousands of acres of trails and canyons set aside especially for off-roaders. Don't miss the famous Jawbone Canyon Store with its icy cold drinks, great grub, and live entertainment. For those without their own wheels, rentals are available on site.

# **ANTELOPE VALLEY FAIR**

August 19 - 28, 2016

The 78th Annual Antelope Valley Fair & Alfalfa Festival returns to Lancaster with the richness of local history, animal husbandry, carnival hysteria, and Hollywood hit makers for 10 solid days of fun and excitement.





Lockheed Martin Supersonic Design Concept

# Economy is Flying High

Commercial and military aerospace projects see a vast resurgence in the Antelope Valley

In recent months, billions of dollars in new aerospace contracts and proposals have hit the headlines, all of them benefiting the local economy.

It has been several decades since the area's aerospace industry has seen so many promising projects under development. With these innovative research and development efforts come new jobs and new opportunities for our region's talented workforce.

Northrop Grumman was recently awarded a contract to develop the B-21 long-range strike bomber in the same facility which produced the B-2 bomber at the tail end of the 20th century. The contract is expected to create more than 1,100 jobs locally and 5,000 jobs in total.

At Edwards Air Force Base, NASA has proposed a series of new research projects valued at \$3.7 billion over ten years. Three separate experimental (X) planes are aimed at making supersonic flight quieter, more efficient, and less polluting than current aircraft.

"We expect to see vehicles that represent all of these flying here at NASA and eventually making it into the market," Armstrong Center Director David McBride said. "This is good news for aerospace in general."

Meanwhile, Lockheed Martin is developing a faster-than-sound prototype that would mitigate the impact of sonic booms, opening new opportunities for supersonic travel.

Lockheed is thinking outside the box by developing an innovative hybrid airship at its Palmdale facilities where the L-1011 was once made. The LMH-1 takes the best ideas from a blimp, airplane, and hovercraft to create an aircraft capable of carrying cargo to remote locations without roads or airfields.

NASA's Project Sceptor (Scalable Convergent Electric Propulsion Technology and Operations Research) is experimenting with ways to make electric-powered commercial flight feasible. NASA's goal is to create a nine-passenger, 500 kW plane within the next five years.

At the Mojave Spaceport, Virgin Galactic and The Spaceship Company have unveiled the new SpaceShipTwo. These companies believe the redesigned craft will open the door to space tourism in the near future.

In addition to the many prime contractors, several aerospace subcontractors have operations here, including Morton Manufacturing, which recently moved its operations to the Lancaster Business Park. These companies also employ scores of individuals in high-paying, skilled technical positions.

"When the aerospace industry thrives, we all benefit," said Mark V. Bozigian, City Manager. "While we've diversified our economy substantially over the last decades, our legacy remains with aerospace and we're happy things are looking up for the Aerospace Valley."



Aerospace Valley."

- Mark V. Bozigian City Manager



Northrop Grumman B-21



# Enjoy a Travelogue with Your Taste Buds

Lancaster has a remarkable collection of international restaurants to enjoy. Whether you're in the mood for a taste of Italy, a sampling of Mediterranean fare, or care to adventure to the pampas of Brazil for supper, you will find many flavors to explore at these fine restaurants.

Gino's Italian Restaurant has been family-owned and operated for more than 40 years, yet still has several tricks up its sleeve. Recently, owners Tony and Wanda Peterson opened a deli counter at Gino's West, their newest location in the Lancaster Marketplace. Featuring fresh sliced deli sandwiches using premium Boar's Head meats and cheeses, Gino's West also offers its signature fettuccine, gnocchi, and parmigiana. For those with a passion for pizza, you'll find Gino's serves some of the best around.

44960 Valley Central Way, #105 | 661-942-1300 44343 Challenger Way | 661-945-2791 www.ginos-italian.com

Rio Brazilian Grill specializes in churrasco-style grilled meats, including tender and juicy lamb, prime beef, or poultry, teamed with fresh salads and tantalizing side dishes. Carved continuously, simply pick your favorite meat or sample them all. Sweet fried bananas offer the perfect ending to a festive evening. This is a dining experience well worth traveling to Brazil for, but you can enjoy it right here on The BLVD.

628 W. Lancaster Boulevard | 661-860-4127 www.riobraziliangrill.com

Olives Mediterranean Café offers delightful Greek, Armenian, and Lebanese dishes which are both healthful and tasty. Choose from a wide range of vegetarian dishes including fresh salads, hummus, or baba ghanoush. Or opt for a hearty kabob or shawarma complete with Tzatziki sauce. Owner Harry Mkrtchian takes great pride in his heritage and his food. Stop by soon for lunch or dinner.

518 W. Lancaster Boulevard | 661-945-4599 www.mediterraneanrestaurantlancaster.com

# Angela Riley Joins City's Economic Development Team

Angela Riley, who has served Lancaster residents for more than a decade as a part of the City's Parks, Recreation and Arts Department, has recently joined the Economic Development Division to spearhead The BLVD Association and the City's Visitors Bureau, Destination Lancaster.

Riley most recently served as a supervisor at the Lancaster Museum of Art and History (MOAH). She previously coordinated special events for the City, including the weekly farmer's market and the MLK Day of Service. She also performed vendor relations duties for the California Poppy Festival<sup>TM</sup> as well as other Downtown events.

"I'm very excited to put my skill set to work in this new arena," said Riley. Chenin Dow, who previously worked with downtown merchants and hoteliers, has been an invaluable mentor and coach, according to Riley. Dow will continue to oversee the overall operations for both of these public/private partnerships, with Riley stepping forward as liaison between the City and the two Business Improvement Districts (BIDs).

BIDs are joint efforts between local businesses and local government which help promote and operate assets within the respective district. Businesses and property owners within The BLVD district voted to assess themselves a fee to support activities along The BLVD. Similarly, local hoteliers voted to assess an added "bed tax" to help fund the tourism efforts of Destination Lancaster.

"I look forward to helping our local hotels and merchants promote their businesses, bring new visitors to town, and help in local job creation," added Riley.

"Service has been a recurring theme in Angela's career. She also has great business sense and is a strong communicator," said Economic Development Director Vern Lawson. "She is a good complement to our team, and we look forward to her many contributions."



the team began life just after

1996

Hometown team

makes baseball

a family tradition

The team began life just after
World War II as the Silver Sox
of Reno, Nevada. Following a
route worthy of a wicked curveball,
the team eventually found a permanent
place to call home in Lancaster when the
JetHawks opened their 1996 season at a shiny
new Municipal Stadium affectionately known
as "The Hangar."

"In celebrating 20 years in the Antelope Valley, we couldn't ask for a better partner than the City of Lancaster," said Tom Backemeyer, JetHawks Executive

Vice President. "We are excited to celebrate this historic anniversary with our fans and look forward to another 20 years here in Lancaster."

Over the last two decades, the California League Class A+ team has managed to top its division seven times and recently brought home California League Championships in both 2012 and 2014. The team is affiliated with the Houston Astros organization.

JetHawks fans have seen more than 100 of the team's players make it to the majors, with ten becoming Major League Baseball All-Stars. Four players have won Silver Slugger awards and three have received Gold Gloves. Noted alums Brandon Webb and Dallas Keuchel both won Cy Young awards, while Carlos Correa was named Rookie of the Year in 2015.

To celebrate the organization's 20th anniversary, the team has a number of special events and promotions planned.

"Our promotional schedule is loaded this year - there is something for everyone," notes team GM Will Thornhill. "On June 6, the first 500 fans will receive a jersey t-shirt commemorating former JetHawks player and Cy Young Award winner Brandon Webb. We'll have Bark at the Park Night on June 7, a Star Wars Weekend June 17 and 18,

Aerospace Appreciation Night on August 5, and many other special events throughout the season."

Another fan favorite, Princess in the Park, was such a hit that the JetHawks scheduled two princess nights for 2016. One was already held May 6, while the upcoming date is August 12. The event always offers great family photo opportunities.

There is something special going on nearly every night of the week. Sundays salute our military with two-for-one tickets for active and retired service members. Mondays feature "Throwback" ticket prices, with \$5 grandstand seating. On Tuesdays fans can receive two-for-one tickets when they bring in an empty 20 oz. Coca-Cola product. Wednesdays are Family Nights where fans can receive four





tickets, four sodas and four hot dogs plus two admissions to DryTown Water Park for only \$50 (a \$112 value). Thirsty Thursdays offer \$2 beers and soda, while Friday nights always feature fireworks. Every Saturday night there is a special giveaway to commemorate the team's 20 years in Lancaster.

Children and seniors also receive special treatment during the JetHawks 2016 season. Those 12 years of age and under, or 60 years of age and older, can enjoy 20 games throughout the season for just \$20. This includes every Wednesday and Sunday home game during the season.

"We wanted to find a special way to celebrate our 20th anniversary here in Lancaster," said JetHawks Community Relations Director Katie Woods. "Offering kids and seniors 20 games for \$20 seemed like a great way to say thanks for making 'The Hangar' one of the best places to catch a game in Southern California."

The JetHawks season kicked off in April and continues through September. For ticket information and details on all promotional dates, visit www.jethawks.com.



"We wanted to find a special way to celebrate our 20th anniversary here in Lancaster. Offering kids and seniors 20 games for \$20 seemed like a great way to say thanks for making 'The Hangar' one of the best places to catch a game in Southern California."

> - Katie Woods JetHawks Community Relations Director





Sierra Toyota Concert Series

Thursday evenings, 6 p.m. on the BeX Bandstand The BLVD

# SIERRA TOYOTA YOUR ANTELOPE VALLEY TOYOTA STORE CONCERT SERIES

Thursday nights have a beat of their own this summer as the Sierra Toyota Concert Series once again brings dancing to the street. The free open-air concerts feature nearly every genre of popular music from the Great American Songbook to rock, country, disco, and bluegrass. Plan now to attend. Enjoy your favorite food and beverages on the BeX patio, or simply bring your own lawn chair, sit back, and enjoy.



# CONCERT SCHEDULE:

# JUNE

- 2 Midnite Crisis | Classic Rock
- 9 Overdrive | 80s, 90s Covers
- **16** The Meteors Band | *Rock*
- 23 Mel Booker & KING | Blues
- 30 Jukebox Blender | Variety

# **JULY**

- **7** Sofa King | Hard Rock
- **14** Runaway | Country
- **21** Seventh Switch | *Disco/Dance Variety*
- **28** Just Us | Jazz/Swing/Pop Covers

# **AUGUST**

- 4 American Honey | Country
- **11** CopperHill | Rock and Roll Variety
- 18 L'Insanity Band | Classic/Modern Rock
- **25** Green Central Station | Classic Rock

# **SEPTEMBER**

- 1 Walker Gibson & Roby Duron | Rock
- 8 Mark Burgess | Rock
- 15 The Fulcos | Classic Rock
- **22** No concert scheduled
- 29 Big Coyote | Country/Rock

# **OCTOBER**

- 6 Jacob Nelson & The Tone Wranglers | Country
  - 3 MLC | Classic Rock
- 20 Rukus | Rock
- **27** Metal Shop | Metal/Rock



June 10 - 12, Lancaster City Park

www.thunderonthelot.com



Over the last 22 years, Thunder on the Lot has raised nearly \$5 million on behalf of 25 children's charities within the Antelope Valley. This year's event kicks off with a classic "cruise-in" along The BLVD in downtown Lancaster on Friday night, June 10. Along with classic cars and cycles, there will be free, live entertainment on the BeX Bandstand. Saturday's action gets started at 2 p.m. and will run until

11 p.m. with beautiful bikes and unbelievable classic cars on display. Three lively stages ensure non-stop entertainment. Sunday's activities begin at 10 a.m. and run till 5 p.m.

Don't miss it.



The Lancaster Auto Mall, the City of Lancaster, and Antelope Valley Fairgrounds offer two great ways to show off your All-American spirit this Fourth of July.

Come celebrate America's 240th birthday with your family and friends at the fabulous, free fireworks display at the Antelope Valley Fairgrounds. Gates open at 4 p.m., so come early, sample summer fare, and enjoy live entertainment.

Grandstand seating requires a paid admission ticket to the PBR Challenger Tour. Bring your own chairs and blankets for free lawn seating. Fairgrounds parking is \$5 per car. Pets and outside alcohol are prohibited.

The toughest sport on dirt...
PROFESSIONAL
BULL RIDERS (PBR)
CHALLENGER TOUR

7 - 9 p.m.

Before the fireworks rain down, come experience the explosive energy of three-quarter ton bulls, as these

beasts do their darndest to unseat championship riders on the PBR Challenger Tour. Tickets can be purchased in advance at www.ayfair.com or www.showdownrodeo.com.

ANTELOPE VALLEY FAIRGROUNDS

AVENUE H & 14 FREEWAY

Coming this fall...

Celebrate America on The BLVD

September 10 | 5 to 9 p.m.

Streets of Lancaster Grand Prix Driven by Sierra Toyota

September 23 - 25 www.streetsoflancaster.com

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# LCE Celebrates First Year of Service to Community

Customers accumulate big savings as local YOUtility continues to thrive

Lancaster Choice Energy (LCE) recently celebrated its one-year anniversary. In May 2015, LCE began providing services to its municipal customers, as well as select early adopters. In October 2015, LCE launched Citywide service to approximately 52,000 customers – a 94% participation rate. The utility offers its customers a number of benefits which were previously unavailable. For example, LCE power is cleaner and greener than power previously offered here in Lancaster. LCE is locally controlled and offers highly affordable rates. As a matter of fact, as of January 1, 2016, local electricity rates went down by an average of 3%.

"Currently, we're promoting an educational campaign to help our customers become even greener consumers," says Barbara Boswell,

Director of LCE. "By opting up to our Smart Choice plan, residents can switch to using our cleanest electricity from 100% renewable sources such as wind, sun and hydro-electric power."

LCE is unique in providing consumers with a choice of plans, each with renewable content. You will not find these offerings from any other provider in Southern California.

The Smart Choice program costs only

33 cents more per day for residential customers and as little as 1.5 cents more per kilowatt-hour for business customers. On average, a small business customer would pay \$13 more per month. This is a small price to pay to help save the planet from the many negative impacts of fossil fuels, as well as an easy way to invest in our community one kilowatt-hour at a time.

LCE has also introduced its new mascot, "LED," an LED light bulb which

offers children and their parents tips on energy conservation. "LED" made its debut at the annual Poppy Festival and can be seen brightening up conversations at JetHawks games, The BLVD Market, and other public events throughout the community.

Keep Connected with Us:

LCE is available day and night.

www.LancasterChoiceEnergy.com (661) 723-6084

customerservice@LancasterChoiceEnergy.com
Visit us at Lancaster City Hall, First Floor



THE POWER TO CHOOSE



# Energy Conservation Tips for Summer

- Avoid using the oven on hot days. Instead, cook on the stove, use a microwave oven, or grill outdoors.
- Clear the area around where your air conditioner vents to the outside to ensure the best possible ventilation. Be sure to clean or replace the filter if it is dirty.
- Save on cooling costs by setting your thermostat to 75-78°F when you are at home and 85°F when you are away for more than a few hours.
- Wait until cooler times of the day to do tasks which make your house warmer, like laundry and cooking.
- Open your windows to let cooler air flow into your home in the morning and at night. Cover your windows during the day to block the hot sun.
- A ceiling fan will allow you to raise the thermostat setting nearly 4°F with no reduction in comfort
- Wash full loads of laundry using cold water. Today's modern detergents work great in cold water and nearly 90% of the energy used by washing machines goes toward water heating.
- Use your clothes dryer for consecutive loads; the built-up heat means less energy spent. Make sure the lint trap in the dryer is clean before you press start to reduce drying time.





Your home or business property is a key investment. Do not risk its value by undertaking construction projects which do not comply with City codes. Besides the fact that your insurance company may not cover work done without proper permits and inspections – if you ever decide to sell, unpermitted modifications may prevent the sale or trigger costly repairs. As such, always take the time to check if building permits are required before you undertake an addition or remodeling project.

# When are permits required?

- Anytime you build a new building, add a room, or make significant alterations to an existing room.
- When adding a patio cover, garage, fireplace, all built-in pools, or above-ground pools more than 24" deep or 5,000 gallons in capacity.
- When installing a new water heater, HVAC unit, or modifying the plumbing, electrical, or mechanical systems.
- When converting a garage, remodeling a kitchen, reroofing, or retrofitting a structure.

#### When are permits not required?

## Permits are not needed when:

- Painting, papering, tiling, carpeting, and similar finish work, or when installing cabinets and countertops.
- Installing small outdoor equipment such as prefabricated storage sheds or playhouses which do not exceed 120 square feet.
- Constructing a low fence, wall, or pathway.

To be sure your project is exempt, check with the Building and Safety office first or visit the City's Building and Safety website.

# How do I obtain a permit?

- To obtain a permit, submit an application which details the who, what, when, where, and how of the project along with any necessary plans or sketches.
- City staff will review your plans to ensure they comply with local building codes.
- Upon payment of a processing fee, you will receive a permit giving you legal permission to begin construction.
- On-site inspections will be required to make certain the actual work conforms to local building codes and plans.
- A building inspector will approve the work once the construction is completed and code compliance has been met.

## How can I legalize unpermitted work?

Contact the City's Building and Safety office to determine if the unpermitted work can be legalized. If a path to legalize the construction is possible, you will be required to submit detailed plans of the unpermitted work. Then a new permit application would be submitted detailing the changes needed to bring the property into full compliance. All applicable fees and penalties must be paid before a building permit can be issued. An inspector will review the completed work to determine it was done in accordance with the approved plan and City codes.

Safe construction not only protects you, your family, and/or workers, but also your neighbors and all those around you. It takes everyone's cooperation to keep our community safe and secure. By involving City inspectors at the beginning of each project, you will ensure that all can enjoy the benefits of the efforts for years to come.

For more information regarding necessary permits, visit www.cityoflancasterca.org/permits or contact the Building and Safety office at 661-723-6144.



Looking for new ways to connect with your teenagers? How about jogging, Zumba, or taking a hike together? With the advent of the YOLO Lancaster Wellness Challenge's new teen program, you both can benefit from better health and well-being while chasing after some great incentives and a big grand prize.

The YOLO Lancaster Wellness Challenge is open to all Antelope Valley residents ages 13 and up, so both you and your children can eat right, stay active, and live well, together.

# SIGNING UP IS FREE AND EASY:

with your teens

- 1. Go online to www.YOLOLancaster.org and tap the "Sign Up" button.
- 2. Stop by Antelope Valley Partners for Health (AVPH), located at 44226 10th Street West, to check in.
- 3. Earn 50 bonus points for the effort, enough for a free gym bag!

Reporting your activities is now easier than ever. With DIY YOLO, just take a "selfie" as you are working out, eating healthier, or getting some fresh air and exercise. Send it to **points@myyolo.org** and we will keep track of all the details and let you know when you have earned additional incentives.

So sign up and get active this summer. There are plenty of free organized

activities you can partake in: Yoga in the Park on Saturdays, Zumba on Mondays, Garden Club on Tuesdays, Tai Chi on Wednesdays, more Zumba on Thursdays and Fridays, or just make up your own activities. Try swimming, jogging, or bike riding together. Take a hike up in the hills, go skating, or just jump rope.

You can also earn points for heading to the gym, participating in community events such as a farmer's market, or eating a healthier option at a local restaurant.

The whole idea behind YOLO Lancaster is to have fun together as you develop healthier habits. So have fun and be active this summer.

Conditions of eligibility apply. For details on eligibility, visit **www.YOLOLancaster.org**. Sponsor has the right to verify the eligibility of each participant.



# YOU ONLY LIVE ONCE

Eat right, stay active, live well.



YOLOLancaster



# INCENTIVES AND PRIZES

Gym Bag - 50 points T-Shirt - 100 points Ball Cap - 300 points Sweatshirt - 500 points Jacket - 1,000 points

Youth Grand Prize -MacBook Pro & \$500 cash Adult Grand Prize -\$5,000 cash

Additional achievement awards will be announced at the annual Winner's Circle Celebration.

# THERE ARE MANY WAYS TO EARN POINTS:

A visit to the doctor or dentist Attend a wellness or fitness class Workout either at the gym or on your own Eat healthy

Go to a health and wellness event



# Parks Help Bring Neighbors Together

Fitness and friendships find common ground

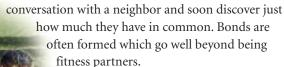
For many of us, neighborhoods are not what they used to be. With more people working long hours and living busy lives, it can be difficult to get out and get to know your neighbors, enjoy their company, and form lasting friendships. The City of Lancaster is out to change this by making it more inviting to visit our neighborhood parks.

"Just as park playgrounds help bring out moms with their toddlers to play and form friendships, local parks make it easier and more interesting for adults to spend time together, connecting with and enjoying each other's company," says Housing and Neighborhood Revitalization Director Elizabeth Brubaker. "Parks help create community. This is why we've invested Community Development Block Grant (CDBG) funds into making neighborhood parks appealing places for residents to spend their leisure time."

CDBG funds have been used on improvements which encourage adults to be active and engage in local activities. The City has already installed new fitness circuits at El Dorado and Tierra Bonita parks, and by early summer new equipment will be added to Whit Carter and Mariposa neighborhood parks.

These fitness circuits provide a variety of stations where neighbors can start stretching and flexing their muscles, improve their circulation, and build overall strength. A number of stations are ADA compliant allowing both persons with disabilities and the elderly to benefit.

This gear not only encourages exercise, it also facilitates neighborhood interaction. When people head out for a workout, they often strike up a



"Our goal is to utilize neighborhood parks as a vehicle to encourage contact between neighbors, young and old, of all races, heritages, and abilities," added Brubaker. "Fitness is a great place to start, as it has a big impact on the well-being of the whole community."

"Our goal is to utilize neighborhood parks as a vehicle to encourage contact between neighbors, young and old, of all races, heritages, and abilities."

> - Elizabeth Brubaker Director, Housing and Neighborhood Revitalization



It's the law and the right thing to do.

Most home sellers, landlords, and real estate agents are professionals who want to do the right thing.

Occasionally, potential buyers and renters may run into someone who seems to have a bias based on the race, color, religion, sex or gender, marital or familial status, sexual orientation, gender identity and expression, national origin, ancestry, source of income, genetic information, or disability of an applicant.

This may be a violation of the federal Fair Housing Act or California state law. If you believe you've been discriminated against when looking to buy or rent a home, report it. Contact the U.S. Department of Housing and Urban Development at www.hud.gov or 1-800-347-3739 or call the L.A. County Housing Rights Center at 1-800-477-5977. They'll investigate the claim and further assist those whose claims are validated.



Homeownership is still achievable, with a little help from the City

If you have a small income, but big dreams, the City of Lancaster may be able to help. We offer down payment assistance to income-qualified families that can cover up to half of your initial down payment.

Work with your local Realtor or home lender and contact the City of Lancaster for details.

www.cityoflancasterca.org/downpaymentassistance

lancaster =





# Pool Safety is Key to a Successful Summer



As the temperature rises, we all enjoy a cool dip in the pool. But pools can also be a big safety concern, particularly when children are involved. Be vigilant around backyard pools, whether you have a wading or a custom inground pool, safety rules remain the same:



- Always keep children in sight. Never leave them alone.
- Always have children get into the water feet first.
- Never run around the pool, as decks can be slick.
- Always have a floatation device or pole readily available.
- Post emergency numbers and keep a phone handy.
- Fence your pool area on all sides with a five-foot fence.
- Use self-closing gates. Lock the gate when not in use.
- Do not panic. Yell for help. Get the person out of the pool.
- Call 911 for emergency medical service.
- If the person is not breathing, begin hands-only CPR.
- If you have not been trained in CPR, follow the instructions from the 911 operator until the Fire Department arrives.

With proper supervision, your pool can be a relaxing and enjoyable place for family and friends. Have fun this summer, but stay alert and aware to avoid tragic accidents.

Assistant Fire Chief Gerald Cosey



# Thursday, August 4 4 - 8 p.m. | FREE

Ehrlich Avenue, north of The BLVD

Join us for the 5th Annual Public Safety Fair and Emergency Preparedness Expo, hosted by the City of Lancaster.

> Family Safety • Anti-Crime Tips Disaster Preparedness Creating Safer Neighborhoods

Leave your porch light on as a sign of unity against crime.



# Know the Facts Before Filing a Complaint

Lancaster's Code Enforcement office exists to help our citizens comply with local ordinances. A little homework and cooperation can go a long way toward making neighborhoods better for all.

Keep in mind, citizens wanting to file a code enforcement complaint need to have their ducks in a row before the City can take action. First and foremost, Code Enforcement officers need to have the proper address of the property that is purported to be in violation. Failure to provide the location or providing an improper location will prevent the City from investigating your complaint. Whenever possible, cite the City code(s) which you believe are not being followed and provide any evidence you may have. Complaints may be filed anonymously, or you may provide your contact information if you would like us to follow up with you.

# Drought-Tolerant Landscaping and Hardscaping Can Help Keep Your Yard Looking Good All Summer

With water conservation efforts in full effect, it can be tough keeping your yard appealing while meeting expectations regarding conservation.

Your Code Enforcement office would like to remind all residents that yards must be kept free of weeds; overgrown, dead, or diseased vegetation; and debris. Open dirt is not permitted in lieu of landscaping, and driveways cannot exceed 50% of the frontage area of your home. These municipal codes have been adopted to protect public health and safety, ensure neighborhood property values, and maintain the overall attractiveness of our community.

Rest assured there are ways to save water and stay in good stead with your neighbors and the law. Xeriscaping is a viable alternative to thirsty lawns and foliage. Xeriscaping often includes native, drought-tolerant plants, hardscaping with decorative landscape rock or decomposed granite, as well as water-wise drip irrigation systems for specific areas of vegetation.

Visit your local nursery or home improvement store for affordable ideas on xeriscaping, or go online to **www.calrecycle.ca.gov** for free tips on how to properly design, prepare, and maintain xeriscapes.



# WHEN YOU HAVE

# **CANCER, YOU WANT**

# A MIRACLE



Long ago, people traveled great distances to be healed. To places it was said miracles occurred. Today, people come to a place of scientific miracles: City of Hope. We provide innovative and caring treatment from some of the world's top doctors and medical explorers. "What impressed me is the research right there on campus," said Jim Murphy, who overcame esophageal cancer. "If they have something experimental, it goes from the researcher, right to the doctor, right to you." Jim didn't miss a beat of his normal life during his treatment, even continuing his daily mountain biking and ski patrol duties. We'd call that miraculous. City of Hope's life-saving therapies are available at 15 locations throughout Southern California, So you can stay local without having to compromise your medical options.

ANTELOPE VALLEY • 44151 15TH ST. WEST • LANCASTER • 877-828-3627 • CITYOFHOPE.ORG/ANTELOPE-VALLEY



The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including City of Hope. Please extend your thanks and patronage to all our City Partners.

ANTELOPE VALLEY HARLEY-DAVIDSON® PRESENTS



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June 2016 | OUTLOOK | 17



# Providing Total Solar Solutions



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Business Development IBEW/NECA/LMCC

M. (626) 945-7950

Gomez@la-ibew-neca.com

# Joe Sullivan

Director of Energy Solutions IBEW/NECA/LMCC

M. (626) 755 9892

Sullivan@la-ibew-neca.com

# Totalenergysolution.org

# EVERYTHING'S WAITING FOR YOU ON





FINE AND CASUAL DINING, A MEDLEY OF **ENTERTAINMENT VENUES. AND ECLECTIC SHOPPING** all come together on The BLVD to create a unique destination to frequent both day and night in Downtown Lancaster.





Explore more than 90 shops, restaurants, boutiques and galleries, theatres, personal and professional services, plus inviting public spaces.

Lancaster Boulevard from 10th Street West to Sierra Highway and Jackman to Milling Streets.

theblvdlancaster.com



# ACTAINS OF THE PROPERTY OF THE

JUNE 13 TO AUGUST 5
AGES 6 TO 12
LANCASTER CITY PARK

Participate in one or all sessions!

# EXCURSIONS

June 13 - 17: Six Flags Magic Mountain

June 20 - 24: Hurricane Harbor

June 27 - July 1: CA Science Center/Natural History Museum

July 5 - 8: El Capitan Theatre\*

July 11 - 15: Knott's Berry Farm

July 18 - 22: Raging Waters

July 25 - 29: Medieval Times

**August 1 - 5:** LA Zoo

Weekly camp program includes a fun adventure, swimming, games, sports, and themed crafts.

Day Camp Fee: \$165 per week \*(\$135 for 4th of July week - no program on Monday, July 4th). Core Camp Hours: 9 a.m. - 4 p.m., Monday - Friday.

Participants may enjoy extended commuter hours (7:30 a.m. - 6 p.m.) at no additional cost. Registration Policy: A \$50 non-refundable deposit per week is required when enrolling. The remaining balance is due two weeks before the start of each camp week. Bring a current photo of your child. Cash, check, and credit cards accepted. Call 661-723-6077 for information.



4 p.m. Gates open – Enjoy live bands, open-air marketplace and concessions

PBR Admission - Tickets: www.avfair.com

9 p.m. Grandstands open for fireworks show with paid PBR admission ticket

**Bull Riders** 

Monday, July 4th

at the A.V. Fairgrounds

9:30 p.m. Fireworks Extravaganza

Grandstand seating for fireworks requires a paid PBR admission ticket. Bring a chair and blanket for non-ticketed seating on the lawn. General parking: \$5. Outside alcohol and pets are prohibited.

PBR Touring Pro Division is a sanctioned professional bull riders event, brought to you by The Showdown Rodeo, and in partnership with Lancaster Auto Mall, City of Lancaster, and Antelope Valley Fairgrounds. For more information, go to www.avfair.com or www.showdownrodeo.com.



7 p.m.



www.cityoflancasterca.org | www.lancasterautomall.com AV Chevrolet | AV Mazda | AV Ford/Lincoln | Lancaster Honda AV Subaru | Hunter Dodge Chrysler Jeep Ram Alfa Romeo Fiat | Sierra Toyota

# Parks, Recreation Arts ACTIVITY GUIDE

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# IMMEDIATE REGISTRATION

All forms of registration now open!

Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee. Example \$40 (\$46 NR).



All classes featuring this mark are held at Cedar Center for the Arts: 44851 Cedar Avenue, Lancaster.

# Preschool

Registration for El Dorado Park and Jane Reynolds Park preschool programs MUST be completed in

person at City Hall. The following materials must be presented at the time of registration: (1) A recent (within the last month) photo of your child and (2) emergency contact information.

# El Dorado Preschool | City Staff

Parents are required to pack their child a nutritious snack every day as well as volunteer three times during the course. El Dorado Park, Preschool Building.



#### Wee Folks

(3 yrs.) A positive first-school experience for young children, Wee Folks encourages social development through group activities and play. Class activities include crafts, stories, outdoor play activities, and snack. Potty-trained child must turn 3 by Sep. 2, 2016. \$140 (\$147 NR).

10308 T/TH 9-11:30 a.m. Aug. 9-Sep. 29

#### **Preschool**

(4 yrs.) A Kindergarten preparation class where young students enhance their social skills through play, art, stories, songs, games, and outside play activities. Students are encouraged to develop their independence, improve their self-help and sharing skills, and learn to follow directions. Potty-trained child must turn 4 by Sep. 2, 2016. \$195 (\$202 NR). No class Sep. 5.

9883 **MWF** Aug. 8-Sep. 30 9-11:30 a.m.



# Jane Reynolds Preschool | 🔑 Lynnette Bass



Materials: \$10 per session, due to the instructor on the first day of class. Jane Reynolds Park, Room 2.

# **Play Brigade**

(3 yrs.) An introductory-level preschool class where children can be themselves, have fun learning as well as develop key school-readiness skills such as following directions, showing respect to others, and fine motor skills. Potty-trained child must turn 3 by Sep. 2, 2016. \$140 (\$147 NR).

9884 T/TH Aug. 9-Sep. 29 9-11:30 a.m.

# **Preschool**

(4 yrs.) Through purposefully designed learning environments and enriched activities, preschoolers have joyful, appropriate, and meaningful learning experiences that lead to success in school and life. Child must turn 4 by Sep. 2, 2016. \$205 (\$212 NR). No class Sep. 5.

9885 MWF Aug. 8-Sep. 30 9 a.m.-Noon

#### **JRP Kids Summer Days**

(3-5 yrs.) Make this summer fun with recreational education! Children will learn socialization skills and Kindergarten preparation through the use of crafts, stories, and motor skills play. \$102 (\$109 NR).

9886 **MWF** Jul. 6-29 9 a.m.-Noon

# **City of Lancaster Parks & Facilities**

## **American Heroes Park**

701 West Kettering Street • 661-723-6077 Community Building, 642 West Jackman Street

**Cedar Center for the Arts** 44851 Cedar Avenue • 661-723-6077

Deputy Pierre W. Bain Park/Eastside Pool 45045 5th Street East • 661-723-6077 / 661-723-6255

El Dorado Park

44501 5th Street East • 661-723-6077

Forrest E. Hull, M.D. Park 2850 West Avenue L-12 • 661-723-6077

James C. Gilley Lancaster National Soccer Center 43000 30th Street East • 661-723-6077

Jane Reynolds Park/Webber Pool 716 Oldfield Street • 661-723-6077 / 661-723-6288

Lancaster City Park/Tennis Center/Big 8 Softball 43063 10th Street West • 661-723-6077

Lancaster Museum of Art & History (MOAH) 665 West Lancaster Boulevard • 661-723-6250

**Lancaster Performing Arts Center** 750 West Lancaster Boulevard • 661-723-5950

**Mariposa Park** 

45755 Fig Avenue • 661-723-6077

**Prime Desert Woodland Preserve** 43201 35th Street West • 661-723-6230

**Rawley Duntley Park** 

3334 West Avenue K • 661-723-6077

**Skytower Park** 

43434 Vineyard Drive • 661-723-6077

**Tierra Bonita Park** 

44910 27th Street East • 661-723-6077

**Western Hotel Museum** 

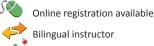
557 West Lancaster Boulevard • 661-723-6250

**Whit Carter Park** 

45635 Sierra Highway • 661-723-6077

# **Registration Details**

- ONLINE REGISTRATION requires debit or credit card.
- REFUND REQUESTS must be made at least 48 (business) hours prior to the first program meeting. A \$3 per enrollment handling fee will be applied to all refunds. Sorry, no refunds given after program has started. Please allow three weeks for processing refund. Due to enrollment factors and other conditions beyond the control of staff, schedules are subject to change, cancellation, or rescheduling.
- **REGISTRATION** constitutes consent to the use of any photographs taken to be used for City marketing purposes.
- FOR MORE INFORMATION call 661-723-6077 or visit www.cityoflancasterca.org/register.









Instructor

# YOUTH ENRICHMENT

# **After-School Programs - Enrichment Centers**

Structured and safe after-school programs for K-6 offered at Nancy Cory, Sundown, Valley View, and West Wind schools, M-F until 6 p.m. Staff is fingerprinted and CPR/First Aid certified. \$125 per month. Priority registration for all participants ends on the 15th of the month prior to the upcoming month. New student enrollments are only accepted at the Parks, Recreation and Arts Department in City Hall.

School **Enrollment Date Nancy Cory** July 21 Sundown July 14

American Heroes Park, Community Building.

Valley View July 12 West Wind July 19

Cake Decorating 101 | Antelope Valley 4-H (8-17 yrs.) BACK BY POPULAR DEMAND! Learn how to turn a basic cake into a special occasion through this hands-on workshop. In addition to their own delicious artwork, students will leave with the essential tools for decorating their next cake at home. Immediately after the class, the group will attend a related demonstration at Double D Cupcakes & Tiny Treats on The BLVD. \$10 (\$12 NR). Materials fee: \$10.

Buttercream Jul. 9 1-3 p.m. 10051 Sat 10052 Fondant Jul. 30 Sat. 1-3 p.m.





# Daa Anne Mahowald



# √ Kids' Chess Club

(Grades K-8) Each week, students will experience hands-on group chess activities that advance their understanding and appreciation for the game. Prior knowledge of chess is not necessary. Chess sets and boards will be supplied for class time. Parents are welcome to observe and volunteer. \$30 (\$35 NR). AV Chess House, 3710 Neola Way.

9987 Jul. 8-Aug. 5 4-5:30 p.m. 9988 Fri. Aug. 26-Sep. 23 4-5:30 p.m.

# Parent & Tot Chess

(3-6 yrs.) Through rhymes, song, mini-games, and lots of lively fun, students will be introduced to the game of chess. Prior knowledge of the game is not needed from tots or their adults. \$53 (\$60 NR). AV Chess House, 3710 Neola Way.

9989 Wed. Jul. 6-Aug. 10 3:30-4:15 p.m.



lesson horses. Level 2 will advance this experience to include health care and riding time. Students must attend a Level 1 class before they attend a Level 2. Wear long pants and closed-toe shoes. Class size is limited to ensure a safe student/teacher ratio. \$12 (\$14 NR). Sweetwater Ranch, 44611 N. 70th Street East.

10054	Level 1	Sat.	Jun. 11	1-4 p.m.
10055	Level 1	Sat.	Jul. 9	1-4 p.m.
10056	Level 2	Sat.	Jul. 30	1-4 p.m.



(7-14 yrs.) Build and program a robot that avoids obstacles, picks up objects, and more! \$80 (\$87 NR). Cedar Center for the Arts, Classroom 203.





9990	Level 1	Fri.	Jul. 8-29	4-5:30 p.m.
9991	Level 1	Fri.	Aug. 5-26	4-5:30 p.m.
9992	Level 1	Fri.	Sep. 9-30	4-5:30 p.m.
9993	Level 2	Fri.	Jul. 8-29	5:30-7 p.m.
9994	Level 2	Fri.	Aug. 5-26	5:30-7 p.m.
9995	Level 2	Fri.	Sep. 9-30	5:30-7 p.m.

# Mommy/Daddy & Me | Planette Bass

(9 mos.-3 yrs.) A highly interactive experience with an emphasis on mindful parenting, attachment theory, and a relational approach to optimizing your baby's development. \$90 (\$97 NR). \*\$40 (\$46 NR). Materials fee: \$8. Jane Reynolds Park, Room 2. No class Sep. 5.

9887	18 mos3 yrs.	T/TH	Aug. 9-Sep. 29	12-1:30 p.m.
9888	9-20 mos.	M/W	Aug. 8-Sep. 28	12:30-2 p.m.
9889	9 mos3 yrs.	T/TH	Aug. 9-Sep. 29	4-5:30 p.m.
9890	18 mos3 yrs.	T/TH	Jul. 5-28*	10-11:30 a.m.
9891	9-20 mos.	M/W	Jul. 6-27*	12:30-2 p.m.
9892	9 mos3 yrs.	T/TH	Jul. 5-28*	4-5:30 p.m.

# 🤛 Smart Summer Workshop Series Innovation Education, Inc.

(8-16 yrs.) BACK BY POPULAR DEMAND! Improve your reading, writing, math, and study skills in preparation for returning to school in the fall.



Students work individually and in small groups at their own pace. All workshops are held 4-6 p.m. \$30 (\$35 NR). Cedar Center for the Arts, Classroom 203.

9932 & 9933	Math Madness I: Fractions, Decimals, Percentages	Jul. 5 & 7
9934 & 9935	Math Madness II: Basic Algebra	Jul. 12 & 14
9936 & 9937	Math Madness III: Conquering Word Problems	Jul. 19 & 21
9938 & 9939	Study Skills & Test-Taking Strategies	Jul. 26 & 28
9940 & 9941	Scholarly Habits	Aug. 2 & 4

## Youth Commission

Local high school students are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects, and special events for Lancaster teens. Call 661-723-6077 for information.

Meets 2nd Thu. of each month Oct.-Jun.





# Youth Self-Defense & Safety Awareness

# Young Champions

(4-18 yrs.) Safety awareness and self-defense combined in fun, structured environment. Students placed according to age and ability while learning and practicing skills. Students advance in rank and



4 p.m.

earn belts. \$92 (\$99 NR). Registration with the City of Lancaster is required. Materials fee: \$8. Cedar Center for the Arts, Memorial Hall. Session: Fridays, Jun. 24-Sep. 9.

9911	New students	4:30-5:10 p.m.
9912	Yellow belt	5:15-5:55 p.m.
9913	Orange belt	6-6:40 p.m.
9914	Purple belt & above	6:45-7:25 p.m.



(3-12 yrs.) Kids will have fun dancing to different rhythms while developing confidence and coordination. Wear sports attire and tennis shoes. \$30 (\$35 NR), \*\$37 (\$44 NR). American Heroes Park, Community Building, 642 W. Jackman Street.

10080	Tue.	Jul. 5-26	4:30-5:30 p.m.
10081	Tue.	Aug. 2-30*	4:30-5:30 p.m.
10082	Tue.	Sep. 6-27	4:30-5:30 p.m.



# ARTS EDUCATION



# 👜 ∕ 🏊 Art+Energy Think Tank

# Partnership with MOAH and LAGI

(8-17 yrs.) This class will offer a dynamic exploration of art and renewable energy for youth who want to learn how these two subjects can come together to create beautiful environmental art. Students will participate in the design process of a public art piece that will generate clean energy utilizing solar panels. The Art+Energy Think Tank experience will challenge students to use critical skills in STEAM subjects and involve them in the proper management of creating this innovative renewable energy installation. \$100. Museum of Art and History, Classroom. For more information, visit www.landartgenerator.org.

10303 M-F Jun. 15-Jul. 15 3-5 p.m.





√ Animation | ✓ Orlando Baeza (10 yrs.-Adult) Learn the art of animation from one of the leading artists for the award-winning series Bob's Burgers! The new advanced class is intended for students that have completed all basic classes and requires strong storyboarding and animation skills. Held Saturdays, Jul. 16-Aug. 20. \$70 (\$77 NR), \*\$50 (\$57 NR). Materials fee: \$40. Call 661-723-6077 for sibling and multi-class discounts. Museum of Art and History, Classroom.

9984	Animation Basics	11 a.mNoon
9982	Character Design Basics	Noon-1 p.m.
9983	Storyboarding Basics	1:30-2:30 p.m.
9985	Advanced Animation	2:30-3:30 p.m.
9986	Figure Drawing*	4-5 p.m.



# Salloon Décor Basics | Preative Twist





(Adult) This class is designed for beginners who can tie a balloon knot and would like to learn several techniques that will help them create fabulous décor for their next event. \$29 (\$33 NR). Materials fee: \$20. Jane Reynolds Park, Activity Center

9996 Fri. Aug. 19 6-9 p.m. 9997 Fri. Sep. 9 6-9 p.m.



# Camera Clarity for Better Photography Phillip Kocurek

(16 yrs.-Adult) Your digital single lens reflex camera (DSLR) is a versatile instrument with yet-to-be discovered potential. It's time to get out of auto mode. Come learn how to get creative control over your camera and your photography. Bring your digital or film DSLR camera to class. \$65 (\$72 NR). Lancaster City Park, Game Room.

9903 Wed. Jul. 13-Aug. 10 6-7:30 p.m. 9904 Wed. Aug. 31-Sep. 28 6-7:30 p.m.

# Join the SMART CHOICE

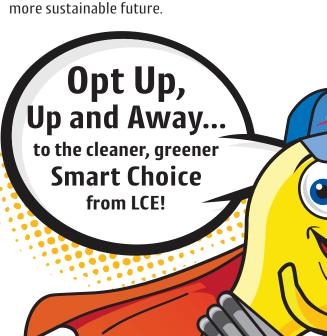
By living in Lancaster, you hold remarkable power the power to choose how your electricity is produced.

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The City of Lancaster appreciates the generous underwriting of programs and services by our City Partners, including Lancaster Choice Energy. Please extend your thanks and patronage to all our City Partners.

# √ D's Ceramics | Ø Steve Mosley

Materials fee: \$25. D's Ceramics: Lancaster Marketplace, 2330 Mall Loop Drive, Unit 5-121.

#### Children's Art Program - CAP (6-12 yrs.)

Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art, and hands-on work with clay, paints, and glazes. Adult supervision required. \$50 (\$57 NR).

9905 Jul. 2-23 1-2:30 p.m. Sat. 9906 Sat. Aug. 6-27 1-2:30 p.m.

## Potter's Wheel (12 yrs.-Adult)

Learn basics of throwing on the potter's wheel, wedging, centering, and basic forms. Create projects like bowls, jars, or vases.

Participants 12-16 yrs. must have adult supervision. \$65 (\$72 NR).

9908 Jul. 2-23 3-4:30 p.m. Sat. 9909 Sat. Sep. 3-24 3-4:30 p.m.

# Discovering Art | Barbara Janssen

(6-11 yrs.) Young artists will be introduced to drawing and painting from a still life set, through different types of media including chalk, charcoal, artist pencils, conte crayon, and watercolor. This course series is a year-round program, with every monthly session covering a different subject. Bring an old t-shirt or child's size apron. Art materials provided by instructor. \$50 (\$57 NR). Materials fee: \$25. Museum of Art and History, Classroom.

9900 Tue. Jul. 5-26 11 a.m.-Noon 9901 Tue. Aug. 9-30 4:30-5:30 p.m. 9902 Sep. 6-27 4:30-5:30 p.m.

# Photography Workshops | Phillip Kocurek

(16 yrs.-Adult) Hone your photography skills to achieve quality creative shots that you would be proud to frame and display in your home or give as gifts. \$25 (\$29 NR). Lancaster City Park, Game Room. \*Prime Desert Woodland Preserve, Interpretive Center.

9942 Kids & Pets Thu. Jul. 14 6-8 p.m. 9946 Nature Thu. Jul. 21\* 6:30-8:30 p.m.



# Portrait Drawing Workshop | Frank Dixon

(10 yrs.-Adult) Two-week workshop. Learn the step-bystep formula for drawing the human face, while receiving guided and detailed practice drawing the eyes, nose, and mouth. Get tips on drawing kids, adults, and older people, including the

secrets to achieving a likeness and making your portrait look alive. You will use pencil, colored pencils, and charcoal. \$45 (\$52 NR). Materials fee: \$10. Cedar Center for the Arts, Classroom 204.

10053 Sat. Jul. 23 & 30 1-4 p.m.

# **HEALTH & FITNESS**

# Bellyfit® – Holistic Fitness for Women Indra Sakkara

(Adult) Designed exclusively for the female body, mind, and spirit, Bellyfit offers a full body, full of spirit, extraordinary exercise experience in a safe, effective, intelligent group fitness format guaranteed to satisfy women's desire to feel beautiful, strong, and healthy. \$40 (\$46 NR). Human Element Movement Studio, 530 W. Milling Street, Lancaster.

9943 Thu. Jul. 14-Aug. 4 6-7 p.m. 9944 Thu. Aug. 11-Sep. 1 6-7 p.m. 9945 Sep. 8-29 6-7 p.m. Thu.



# Boxing | Santos Boxing USA, Roman Santos

(4 yrs.-Adult) Discipline, self-control, and self-defense are taught through the art of boxing. Build confidence by using boxing training techniques. Bring hand wraps and gloves, or purchase them from the instructor. \$75 (\$82 NR). Santos Boxing USA, 211 E. Avenue K-6 A.

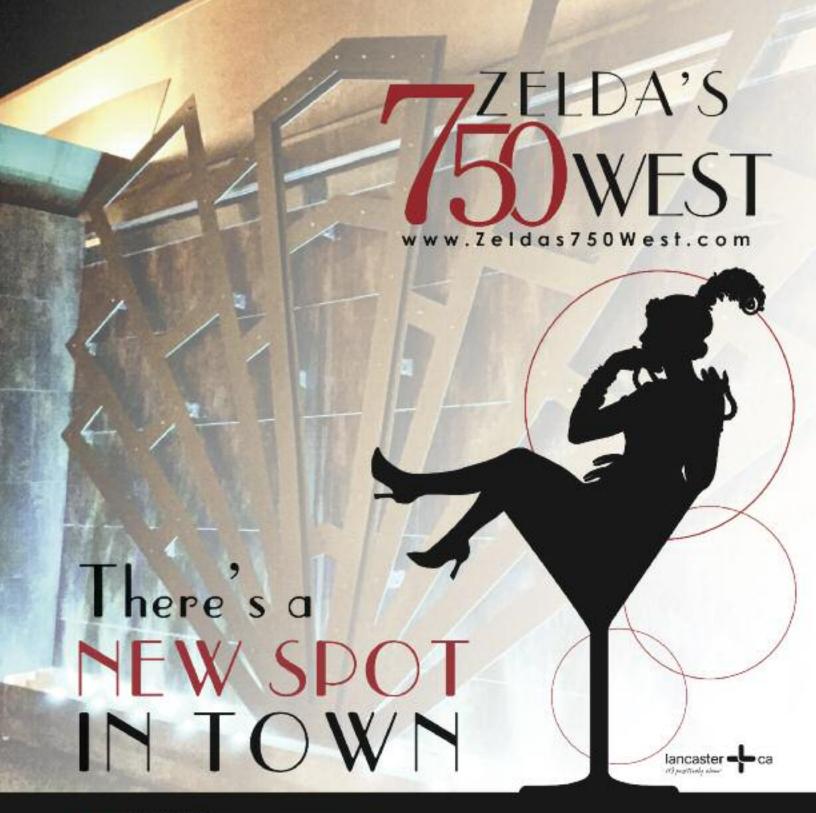
9893 4-12 yrs. T/TH Jul. 5-Sep. 29 4-5 p.m. 9894 13 yrs.-Adult T/TH Jul. 5-Sep. 29 6-7 p.m.



(Adult) What is meditation? It's more than you think! In this series you will be introduced to and experience methods through the body (Meditation in Motion), the emotions (Heartfelt Meditation), and the mind

(Mindfulness Meditation) to discover your most effective personal practices. Bring yoga mat, blanket, and/or backjack. \$60 (\$67 NR). Register for both Meditation courses at once and get a \$5 discount. Cedar Center for the Arts, Memorial Hall.







Step inside Zelda's 750 West for a unique night out at the Lancaster Performing Arts Center.

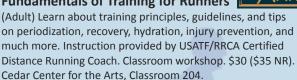
Beginning July 7, Hours of Operation will be: THURSDAY - SATURDAY • 6 - 11 PM

750 West Lancaster BLVD • Lancaster, CA 93534 • 661.723.6077

# **RUNNING**







Jul. 23 9961 Sat. 8:30-11:30 a.m.

# **Walk-Jog for Fitness**

(Adult) Combines walking and jogging to gradually build up your fitness. Meet new friends and have fun while getting fit in an outdoor group setting. Wear running shoes and appropriate attire. Instruction provided by USATF/RRCA Certified Distance Running Coach. \$55 (\$62 NR). Lancaster City Park, meet in front of the Stanley Kleiner Activity Center. No class Aug. 9 & 11.

9962 T/TH Jul. 12-Sep. 15 5:30-6:30 p.m.

# Senior/Adult Exercise Classes

(Adult) Non-strenuous exercises improve flexibility and circulation. Classes sponsored by High Desert Medical Group. No pre-registration required. Come and participate at your convenience and enjoyment. Bring a large towel/mat to class. Lancaster City Park, Activity Center. Monday-Thursday, 9-10 a.m. every week.





(Adult) Improve your strength, flexibility, and mobility through standing or seated yoga poses specifically designed for people who find it difficult to participate in mat yoga or for those who need to stretch out and

relax. Chairs are provided - no need to bring a yoga mat. \$64 (\$71 NR) Cedar Center for the Arts, Memorial Hall.

9915 Jul. 23-Sep. 10 10:30-11:30 a.m.

Yoga Fundamentals | 🏉 Kae Bender

(14 yrs.-Adult) This is your invitation to stretch, relax, unwind, and de-stress. Bring a yoga mat or firmly woven blanket. \$60 (\$67 NR). Register for multiple Yoga Fundamentals courses at once and get a \$5 discount on each additional course. Cedar Center

for the Arts, Memorial Hall. \*Lancaster City Park Game Room.

9926	Tue.	Jul. 5-Aug. 9	6:30-7:45 p.m.
9927	Tue.	Aug. 16-Sep. 20	6:30-7:45 a.m.
9928	Thu.	Jul. 7-Aug. 11*	10-11:15 a.m.
9929	Thu.	Aug. 18-Sep. 22*	10-11:15 a.m.
9930	Sun.	Jul. 3-Aug. 7	5-6:15 p.m.
9931	Sun.	Aug. 14-Sep. 18	5-6:15 p.m.

Stay for Meditation at 6:15 p.m. See page 26.

# PERFORMING ARTS

# INTERNATIONAL DANCE FITNESS ACADEMY



All held at American Heroes Park, Community Building, 642 W. Jackman Street

#### **Ballet & Tap**

(3-7 yrs.) On point to help your child develop self-confidence, fine motor skills, and enhance their imagination while learning simple and fun routines! Bring leotard, pink ballet shoes, black tap shoes, and pink tights. \$60 (\$67 NR). No class Sep. 5.

10067 3-4 yrs. Jul. 11-Sep. 19 4:30-5:30 p.m. Mon. 10068 5-7 yrs. Wed. Jul. 13-Sep. 14 4:30-5:30 p.m.

## **Hip Hop**

**HDMG** 

(7-12 yrs.) Learn the latest hip hop dance moves. Improve coordination while having fun! Wear loose clothing and tennis shoes. \$30 (\$35 NR).

10069	Thu.	Jul. 7-28	4:30-5:30 p.m.
10070	Thu.	Aug. 4-25	4:30-5:30 p.m.
10071	Thu.	Sep. 1-22	4:30-5:30 p.m.

#### **Beginning Salsa & Bachata**

(13 yrs.-Adult) Come learn the basic steps of Salsa and Bachata so that you can dance the night away to all types of Latin music. No partner necessary. \$40 (\$46 NR), \*\$45 (\$52 NR).

10072	T/TH	Jul. 5-28	7:30-8:30 p.m.
10073	T/TH	Aug. 2-30*	7:30-8:30 p.m.
10074	T/TH	Sep. 1-29*	7:30-8:30 p.m.

#### Intermediate/Advanced Salsa

(13 yrs.-Adult) This class will introduce high-level combinations (six counts in length or more) and high-level footwork (three counts in length or more) suitable for social dancing with advanced dancers. All movements will incorporate lead and follow-specific styling. Material in this class is also suitable for students interested in creating choreography or competing. No partner necessary. \$40 (\$46 NR), \*\$45 (\$52 NR)

10075	T/TH	Jul. 5-28	8:30-9:30 p.m.
10076	T/TH	Aug. 2-30*	8:30-9:30 p.m.
10077	T/TH	Sep. 1-29*	8:30-9:30 p.m.

#### **Private Dance Lessons**

(All Ages) Over 20 dance styles to choose from! Each lesson set is based on your individual purpose and goals. The instructor will adjust their teaching style to your ability, personality, and expectations. This approach ensures the most thorough and rapid learning process, all while keeping it fun, easy, and comfortable. Choreography included, if requested. Material fee may be applicable. Schedule will be based on your availability.

10078	5 lessons	\$250 (\$257 NR)
10079	10 lessons	\$400 (\$407 NR)



# Seginning Guitar | Substitution | Su

(8 yrs.-Adult) An introduction to basic chords and strumming guitar techniques. No musical experience required. Bring a guitar; workbook and stand provided. \$100 (\$107 NR). \*\$65 (\$72 NR). Cedar Center for the Arts, Classroom 205.



9895 Jul. 6-Aug. 10 8-17 yrs. Wed. Noon-1 p.m. 9897 Wed. Sep. 7-28\* Adult Noon-1 p.m.

# 👜 Improvisation and Scene Study Innovation Education, Inc.

for the Arts, Memorial Hall. No class. Sep. 5.

(8 yrs.-Adult) A fun class for all levels of experience. Learn the whimsical art of improvisation and analytical science of scene study to improve your performance abilities. \$60 (\$67 NR). Materials fee: \$20. Cedar Center

10001	8-12 yrs.	IVIOI1.	Aug. 1-22	6-7 p.111.
10062	8-12 yrs.	Mon	Aug. 29-Sep. 26	6-7 p.m.
10064	13 yrs. +	Mon.	Aug. 1-22	7-8 p.m.
10065	13 yrs. +	Mon.	Aug. 29-Sep. 26	7-8 p.m.

# SPECIAL INTEREST

# Applied Digital Electronics | Oseph Huddleston

(14 yrs.-Adult) Immerse yourself in the fascinating world of digital electronics. Transistors, gates, clocked logic, and more! Through a combination of theory and hands-on training you will become equipped with the knowledge and language of technicians



and engineers. \$70 (\$77 NR). Cedar Center for the Arts, Classroom 204.

9998 Jul. 12-Aug. 30 6-9 p.m.

# Cooking with Class | Althea Anderson

(Adults) This series of courses is designed to delight your senses and entertain your taste buds. Learn expert cooking techniques from a professional chef. Cuisine oriented menus are designed for beginners and casual chefs alike. Participants learn cuts, seasoning, preparation methods, and presentation tips through chef demonstration and hands-on cooking. Detailed descriptions of each course are available online. \$40 (\$46 NR). Materials fee: \$20. Lancaster City Park, Activity Center Kitchen.

9955 Cruise the Caribbean	Thu.	Jul. 14	6-9 p.m.
9956 California Summer	Tue.	Jul. 26	6-9 p.m.
9957 Taste of Thai	Tue.	Aug. 9	6-9 p.m.
9958 All About Grilled Cheese	Thu.	Aug. 18	6-9 p.m.
9959 Everything Corn	Tue.	Sep. 6	6-9 p.m.

# DIY Beauty Workshop Series Panache Salon

(12 yrs.-Adult) BACK BY POPULAR DEMAND! Learn the professional's tricks so that you can look like you just left the salon every morning. \$10 (\$12 NR). All classes held on Thursdays from 6-7 p.m. Panache Salon, 747 W. Lancaster Blvd.

10289	Skin Care for Teens	Jun. 30
10290	Braiding @ Home	Jul. 28
10291	Long-Lasting Curls	Aug. 25
10292	Blow Drying & Flat Irons	Sep. 29



# Food Preservation | Antelope Valley 4-H

(8 yrs.-Adult) BACK BY POPULAR DEMAND in a larger classroom space! Gain the skills and confidence to safely preserve food at home. All classes cover safe canning techniques, provide hands-on practice, and everyone goes home with a product of their own making. Fermentation: Learn about this age-old art by making sauerkraut and preserving fresh citrus. Dehydration: Learn about different styles of dehydrating items from the garden, including fruits, vegetables, herbs, and spices. \$15 (\$17 NR). Lancaster City Park, Activity Center.

9949 Fermentation Sat. Jun.18 8 a.m.-Noon 9950 Dehydration Sat. Jul. 16 8 a.m.-Noon

# ໜ Italian | 🥟 Innovation Education (8 yrs.-Adult) Learn the basics of conversational Italian. Students will enjoy instruction from a native-speaking and professionally trained interpreter and translator. \$60 (\$67 NR).

Materials: \$20. Cedar Center for the Arts, Classroom 204.

10283	8-12 yrs.	Thu.	Jul. 7-28	4:30-5:30 p.m.
10284	8-12 yrs.	Thu.	Aug. 4-25	4:30-5:30 p.m.
10285	8-12 yrs.	Thu.	Sep. 1-22	4:30-5:30 p.m.
10286	13 yrsAdult	Thu.	Jul. 7-28	5:30-6:30 p.m.
10287	13 yrsAdult	Thu.	Aug. 4-25	5:30-6:30 p.m.
10288	13 yrsAdult	Thu.	Sep. 1-22	5:30-6:30 p.m.

# Japanese | Antelope Valley Japanese Academy **Poppy Gakuen**

(13 yrs.-Adult) Learn to speak, read, and write Japanese, as well as become accustomed to Japanese culture. \$80 (\$87 NR). Materials: \$10 Youth, \$15 Adult. Antelope Valley Japanese Academy Poppy Gakuen, 808 W. Newgrove Street.

10057	Youth (13-17 yrs.)	Sep. 3-24	9-10:30 a.m.
10059	Adult (18 yrs.+)	Sep. 3-24	9:30-11 a.m.

# SPORTS

Obtain registration materials from the Parks, Recreation and Arts Department. Return with completed registration form, roster, and league fee. Register early, space is limited.



# **Adult Sports**

# **Basketball** | Registration: October 3-December 16

League play begins in early January 2017. Games played at local high schools Mon.-Thu. nights. Registration limited to 24 teams. \$485/team.

Mon.-Thu. Adult Basketball

## Pickleball | Register by June 30

"The funnest sport in America" blends tennis and ping-pong on a badminton-sized court. Pickleball is easier on the joints than tennis which makes it a great sport for all ages. \$18 (\$21 NR). Youth players must be registered and accompanied by a parent/quardian. Lancaster City Park, Pickleball Courts.

10083 Sat. Jul 2.-Sep. 24 8-10:30 a.m.

# **Softball** | Register by June 17

League play begins in July 2016. Schedule consists of 10 league games and one classification game. Games played Sun.-Fri., you determine day. \$425/team.

Sun.-Fri. Men's Slowpitch Sun.-Fri. Coed Slowpitch Sun.-Fri. Coed Hardball Mon. Women's Fastpitch

# **Youth Sports**

#### Basketball (5-13 yrs.)

Each division plays eight games. Games on Saturdays, played at local high schools; practices during the week with day, time, and location determined by volunteer coach. \$60 (\$66 NR)

#### Ages 5-9 yrs. | Registration: August 15-September 23

League play begins October 2016.

9738 Coed Div. C 8-9 yrs. Coed Div. D 9739 6-7 yrs. 9740 Coed Div. E. 5 yrs.

## Ages 10-13 yrs. | Registration: August 15-December 16

League play begins January 2017.

9741 Boys Div. A 12-13 yrs. 9742 Boys Div. B 10-11 yrs. 9743 Girls Div. A 12-13 yrs. 9744 Girls Div. B 10-11 yrs.

# **Softball Tournament Contact Information**

661-723-6077 | www.big8softball.com



# X Soccer Shots

(2-8 yrs.) Soccer Shots is the national leader in youth soccer development. Using creative and age appropriate curriculum, Soccer Shots introduces children to the sport of soccer in a noncompetitive and fun-filled environment. \$84 (\$91 NR). Call for sibling registration discounts. Tierra Bonita Park, Soccer Field.

# Season 1: July 9-August 13

Mommy/Daddy & Me (2 yrs.)	9916	Sat.	9-9:30 a.m.
Classic Pre-K Soccer (3-5 yrs.)	9918	Sat.	9:45-10:30 a.m.
Premier Soccer (5-8 yrs.)	9920	Sat.	10:30-11:30 a.m.

Season 2: August 20-September 24							
Mommy/Daddy & Me (2 yrs.)	9917	Sat.	9-9:30 a.m.				
Classic Pre-K Soccer (3-5 yrs.)	9919	Sat.	9:45-10:30 a.m.				
Premier Soccer (5-8 vrs.)	9921	Sat	10·30-11·30 a m				



10084	50+ yrs.	Mon.	Aug. 8-Sep. 26	10:30-12:30 p.m.
10085	8-17 yrs.	Mon.	Aug. 8-Sep. 26	3:30-5 p.m.
10086	18-49 yrs.	Mon.	Aug. 8-Sep. 26	5-6:30 p.m.
10087	League Play*	Mon.	Jul. 11-Sep. 26	6:30-9 p.m.

# Tennis **X**

Lancaster City Park Tennis Center | 43063 10th St. West

#### Private Lessons (Four-lesson package)

One-on-one lessons arranged with tennis pro following registration.

9965 Four 1-hour lessons \$145 (\$152 NR) 9966 Four 1/2-hour lessons \$100 (\$107 NR)

Pee Wee (4-6 yrs.), \$35 (\$40 NR). Brandon Diaz, Court 8 Is your young child tired of just watching the big kids have all the tennis fun? Register them in the tennis class made just for them. Students will learn the basics of the forehand, backhand, volley, and serve in a coordination building, fun and fitness-friendly atmosphere. Bring 21" or 23" tennis racket.

9967	Sat.	Jul. 2-23	8-9 a.m.
9968	Sat.	Jul. 30-Aug. 20	8-9 a.m.
9969	Sat.	Aug. 27-Sep. 17	8-9 a.m.

#### **Juniors** (7-17 yrs.)

Students improve knowledge and skills through healthy team competition. No class Jul. 4 and Sep. 5.

Linda Ruiz,	Court 3, \$51	(\$58 NR).	Materials: \$5.

21110	a mail, court o, q	31 (930 mm). materials. 93.	
9970	M/W	Jun. 29-Jul. 27	5-6 p.m.
9971	M/W	Aug. 1-24	5-6 p.m.
9972	M/W	Aug. 29-Sep. 21	5-6 p.m.
9973	M/W-Adv.	Jun. 29-Jul. 27	6-7 p.m.
9974	M/W-Adv.	Aug. 1-24	6-7 p.m.
9975	M/W-Adv.	Aug. 29-Sep. 21	6-7 p.m.

# 🥬 Brandon Diaz, Court 2, \$45 (\$52 NR).

9976	T/TH	Jul. 5-28	5-6 p.m.
9977	T/TH	Aug. 2-25	5-6 p.m.
9978	T/TH	Aug. 30-Sep. 22	5-6 p.m.

# Intermediate/Advanced (13 yrs.-Adult)

Brandon Diaz, Court 2, \$55 (\$62 NR). Materials: \$5.

9979	T/TH	Jul. 5-28	6-7 p.m.
9980	T/TH	Aug. 5-25	6-7 p.m.
9981	T/TH	Διισ 30-Sen 22	6-7 n m

# Tennis Excel Program | Brandon Diaz (12-22 yrs.) This program is designed for intermediate/advanced level tennis students who are looking to play competitively in high school or college. Part classroom, part court time; focusing on everything from mentality to advanced technique and tactic. Participation in this program includes a single one-hour private lesson with the instructor. \$160 (\$167 NR). Classes are held Fridays from 5-7 p.m. and Saturdays from 9:30 a.m.-12:30 p.m. Lancaster City Park, Game Room and Court 8. Meet in front of the Stanley Kleiner Activity Center on the first day.

9963 Fri./Sat. Jul. 1-23 9964 Fri./Sat. Aug. 5-27

Public Play - Courts are lit from dusk to 10 p.m., 7 days a week. Open to the public except during tournaments, City lessons or court rentals. First come, first served. One-hour use if players are waiting for an open court.



# **BeX Bandstand**

Your All-American Concert Host

Join us as we host weekly live music events. Enjoy yourself with cold drinks and our signature 100% Certified Angus Beef Tri-Tip. We also feature many other unique drinks, entrées, and appetizers for you to enjoy. So, meet up with old friends, meet new people or bring your own group. The good times never end at BeX Bar & Grill.

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SIERRA TOYOTA CONCERT SERIES | STREETS OF LANCASTER GRAND PRIX | LA COUNTY AIR SHOW | CALIFORNIA POPPY FESTIVAL

# AQUATICS

# COURSE REGISTRATION NOW ONLINE!

# To Register:

- 1. Read descriptions.
- 2. Determine which class you would like to take.
- 3. Select the session that is convenient (see pages 35 and 36).
- 4. Check the table to see if your class is offered during selected session.
- 5. Use class code from table when registering.

# Eastside Pool 661-723-6255 (open year round)

at Deputy Pierre W. Bain Park, 45045 5th St. East. Eastside Pool can be rented for birthdays, parties, and special events! For rental or aquatic program information, call the 661-723-6256.

**Webber Pool** | **661-723-6288** (open July 4 -September 5)

at Jane Reynolds Park, 716 Oldfield Street.

#### **PUBLIC SWIM TIMES**

Children less than 4 ft. tall and 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 17 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

#### **Eastside Pool:**

Early Bird Lap	MonThu.	5:45-7 a.m.		
Public Swim	M/W/F	1 - 5 p.m.		
	SatSun.	1 - 5 p.m.		
	T/TH	1:30 - 4 p.m.		
Senior & Therapy	MonFri.	10-11:30 a.m.		
Noon Lap	MonSat.	11:45 a.m1 p.m.		
Evening Lap	Wed.	8:30-9:30 p.m.		
Closures: July 4 and September 5.				

## Webber Pool:

Child (4-12 yrs.)

Teen (13-16 yrs.)

Adult (17+ yrs.)

Senior (55+ yrs.)

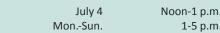
Teen

Adult Senior/Child

30 Punch Swim Pass:

Infant (3 yrs. and under)

Lap Swim	July 4	Noon-1 p.m.
Public Swim	MonSun.	1-5 p.m.





# CLASS INFORMATION

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise, and Hydrofit which are 45 minutes. For full descriptions of classes, visit City Hall or go online to www.cityoflancasterca.org.

# See Parent/Tot

(6 mos.-3 yrs.) Parents, teach your child to feel more relaxed and comfortable in the water.

# **See Preschool**

(3-5 yrs.) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front and back float. This is not a learn-to-swim class.

# See Preschool 2

(3-5 yrs.) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

# See Preschool 3

(3-5 yrs.) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.





# Level 1: Introduction to Water Skills

(6-14 yrs.) Helps students feel comfortable in the water. Learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object and float on front and back.



# Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Teaches fundamental skills and enhances Level 1 skills. Learn to: enter water by stepping or jumping from side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back and tread water.



# Level 3: Stroke Development

(6-14 yrs.) Builds on skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from side; dive from kneeling or standing position; submerge and retrieve an object; bob with head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl: butterfly-kick and body motion: perform HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.



# Level 4: Stroke Improvement

(6-14 yrs.) Develops confidence in skills learned and improve Level 3 skills. Learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick, front and back crawl, breaststroke, butterfly, elementary backstroke, and swim on side.



# Level 5: Stroke Refinement

(6-14 yrs.) Provides further coordination and refinement of Level 4 strokes. Learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform standing dive; shallow dive; glide two body lengths and begin any front stroke.



# Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses.



# **Adult Swim Lessons**

(15+ yrs.) Everyone can learn to swim. All skills taught.



# Aquacise: Aerobic Water Exercise

(15+ yrs.) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.



# Mydrofit: Muscle Toning & Fitness

(15+ yrs.) Exercise class for an invigorating water workout. Uses belts, ankle cuffs, and Styrofoam barbells.

#### **Private Swim Lessons**

Private swim lessons for all ages. The fee is \$145 (\$170 NR) for eight 1/2-hour lessons.

9821

Lesson times to be arranged





# Lifeguard Training Class

(15+ yrs.) Enrollees must be able to:

- (1) Swim 300 yards with rhythmic breathing, non-stop, front crawl, or breast stroke.
- (2) Tread water for two minutes, legs only, hands in armpits.
- (3) Within one minute and 40 seconds be able to: Swim 20 yards with no goggles with face in or out of water. Surface dive face first or feet first into deep water to retrieve 10 lb. brick. Return to surface and swim 20 yards on back returning to the starting point with both hands holding the brick while keeping face at or near the surface. Candidates are not permitted to swim the distance underwater. Candidates must exit the pool without the use of steps or ladders.

Call the pool at 661-723-6255 for additional information. \$115 (\$125 NR).

# Water Safety Instructor Class

(17+ yrs.) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross FIT course included. Approximately 40 hours of training. Students must attend all classes – no exceptions. \$115 (\$125 NR). Call the pool at 661-723-6255 for times and information.

## **Oasis Aquatics Swim Team**

(5-18 yrs.) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Visit www.oasisaquatics.org for more information.

# **Oasis Masters Swim Program**

(18+ yrs.) Conditioning, swim skills, instruction, competitive events, and ocean swimming. Call Tom Otto for fees and information at 661-946-7537 or 661-722-0585.

## A.V. Special Olympics

Swimming opportunities for individuals with intellectual disabilities. Call Laura Mayo at 661-253-2121.

### **AQUATIC CLASS SCHEDULE**

The numbers listed under each time frame are the class codes to use when registering. ESP: Eastside Pool | WP: Webber Pool



Session 1: June 27 - July 8 No class July 4; make-up Friday, July 8. Monday - Thursday (4x/week for 2 weeks) \$39 (\$45 NR)

Session 0: June 18 - August 13 | Webber Pool Saturday (1x/week for 8 weeks) \$39 (\$45 NR). No class July 2.

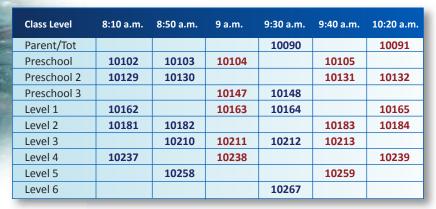
Class Level	9 a.m.	9:40 a.m.	10:20 a.m.	11 a.m.
Parent/Tot			10094	
Preschool	10110	10111	10112	
Preschool 2	10137	10138		
Preschool 3				10151
Level 1	10170			
Level 2		10189		10190
Level 3			10218	
Level 4	10243			
Level 5		10262		
Adult				10272
Aquacise			10276	





### **Session 2: July 11-21**

Monday - Thursday (4x/week for 2 weeks) \$39 (\$45 NR)





Session 3: July 25 - August 4

Monday - Thursday (4x/week for 2 weeks) \$39 (\$45 NR)

Class Level	8:10 a.m.	8:50 a.m.	9 a.m.	9:30 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot				10092		10093
Preschool	10106	10107	10108		10109	
Preschool 2	10133	10134			10135	10136
Preschool 3			10149	10150		
Level 1	10166		10167	10168		10169
Level 2	10185	10186			10187	10188
Level 3		10214	10215	10216	10217	
Level 4	10240		10241			10242
Level 5		10260			10261	
Level 6				10268		





## Session 7: June 14 - July 7 | Eastside Pool Tuesday/Thursday (2x/week for 4 weeks) \$39 (\$45 NR)

Class Level	4:20 p.m.	5 p.m.	5:40 p.m.	6:40 p.m.	7:20 p.m.	8 p.m.	8:15 p.m.
Parent/Tot				10095			
Preschool	10113	10114	10115		10116		
Preschool 2	10139			10140			
Preschool 3		10152			10153		
Level 1	10171		10172				
Level 2	10191	10192	10193	10194	10195		
Level 3	10220	10219	10221	10222	10223		
Level 4		10244	10245		10246	10247	
Level 5				10263			
Level 6						10269	
Adult						10273	
Aquacise					10277		
Hydrofit							10280

## Session 8: July 12 - August 4 | Eastside Pool Tuesday/Thursday (2x/week for 4 weeks) \$39 (\$45 NR)

Class Level	4:20 p.m.	5 p.m.	5:40 p.m.	6:40 p.m.	7:20 p.m.	8 p.m.	8:15 p.m.
Parent/Tot				10096			
Preschool	10117	10118	10119		10120		
Preschool 2	10141			10142			
Preschool 3		10154		10156			
Level 1	10173		10174				
Level 2	10196	10197	10198	10199	10200		
Level 3	10224	10225	10226	10227	10228		
Level 4		10248	10249		10250	10251	
Level 5				10264			
Level 6						10270	
Adult						10274	
Aquacise					10278		
Hydrofit							10281



### Session 9: August 9 - September 1 | Eastside Pool Tuesday/Thursday (2x/week for 4 weeks) \$39 (\$45 NR)



Class Level	4:20 p.m.	5 p.m.	5:40 p.m.	6:40 p.m.	7:20 p.m.	8 p.m.	8:15 p.m.
Parent/Tot				10097			
Preschool	10121	10122	10123		10124		
Preschool 2	10143			10144			
Preschool 3		10155		10157			
Level 1	10175		10176				
Level 2	10201	10202	10203	10204	10205		
Level 3	10229	10230	10231	10232	10233		
Level 4		10252	10253		10255	10254	
Level 5				10265			
Level 6						10271	
Adult						10275	
Aquacise					10279		
Hydrofit							10282

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Pure-electric powered transportation is no longer in the future. It's here now, and the Antelope Valley Transit Authority (AVTA) is "Leading the Way" by becoming the first 100% all-electric bus fleet in the nation. The agency recently made history by awarding a \$79 million contract to BYD Motors to purchase up to 85 electric buses over a five year period, to be built at their manufacturing facility in Lancaster.

Converting to all-electric buses will create a smarter, greener and more interconnected transit system that will serve the Antelope Valley and areas extending south into the Los Angeles basin. The combination of groundbreaking electric bus technology and wireless inductive charging technology makes AVTA's innovative bus conversion project the first of its kind.

"The electrification of AVTA's fleet will create hundreds of local jobs, eliminate harmful air pollutants, and reduce our dependence on foreign oil," said AVTA Executive Director Len Engel. "We're proud to be the first transit system with a goal of '100% Green in 2018'."

The buses can travel up to 160 miles on a single battery charge, and AVTA will extend that range by installing up to 13 wireless charging stations in various locations around the Antelope Valley. AVTA will also be installing a hard-wire charging system in its bus yard that's capable of charging the entire fleet overnight.





Leading the way...

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MOAH:CEDAR | 44857 Cedar Ave. | Art Gallery open Thursday - Sunday, 2 - 8 p.m.

Western Hotel Museum | 557 W. Lancaster Blvd.

Open the second and fourth Saturday and accompanying Friday of each month from 11 a.m. - 4 p.m.

### POW!WOW! Antelope Valley

POW! – It's the impact that art has on a person. WOW! - It's reaction that art has on a viewer. Jasper Wong, founder of POW!WOW! Hawaii

#### August 6 - 14

Special VIP Party | Friday, August 12 Street Festival | Saturday, August 13

Playing on the Native American term describing a gathering of the tribes, POW!WOW! has become a global phenomenon bringing together culture, music, and art in celebratory events. Born in Hawaii, POW!WOW! has gone on to transform Hong Kong, Japan, Taiwan, Austin, and Long Beach. This summer the POW!WOW! is headed to Lancaster for a weeklong series of live mural projects, exciting gallery shows, artist talks, special events, and more as part of MOAH's Made in America exhibition. Plan now to be a part of this remarkable weeklong art happening in Downtown Lancaster culminating in a sensational street festival celebrating the arts.

### MADE IN AMERICA

#### August 13 - October 30

Made in America explores America's innovative and creative cultural history in celebration of MOAH's 30th Anniversary. In the Main Gallery: NASA Flight Research: Probing the Sky takes a look back at the remarkable test craft which have flown over the valley. At the foot of the stairs, NASA Astronaut Karen Nyberg's extraordinary Sewn in Space quilt is displayed. In the Vault Gallery, artist Scott Listfield offers up anonymous astronauts in unusual settings. In the East Gallery, Contemporary Native American artist Gerald Clarke Jr. will display a collection of his most compelling work. In the Education Gallery, Korean American Artist Jae Yong Kim offers up a delicious collection of ceramic donuts, while throughout the museum you'll find an intriguing selection of artwork from promising young artists entitled the New Vanguard.

#### **Lancaster Museum & Public Art Foundation Board of Directors:**

Josh Mann, President; Lori Young, Vice President; Terry Norris, Treasurer Directors: Ralph Bozigian, Andi Campognone, Dana Haycock, Stevie Love, Kimra Martin, Michelle Shaver, Steven Strauss

Directors Emeritus: Steve Eglash, Leo Stallworth

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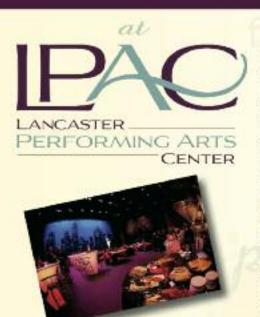




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# IMAGINE YOUR EVENT...



lancaster =

Did you know the Lancaster Performing Arts Center (LPAC) is available to rent? This beautiful venue can accommodate both theatrical and non-theatrical events, such as: seminars, concerts, quinceañeras, anniversaries, plays, graduations, proms, receptions, fundraisers, weddings, birthday parties and recitals.

LPAC's distinctive features include: the 758-scat Main Stage Theatre; the intimate Nellie and Lou Bozigian Family Theatre; as well as a Grand Staircase and beautiful Lobby area, highlighted by a large two-story exterior glass wall and the all new, Zelda's 750 West.

To receive more information and technical specifications for the Lancaster Performing Arts Center, contact the Rental Department at (661) 723-6111. For Zelda's 750 West, please call (661) 723-6077.

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# Woodland Preserve

Jortoise Presentation | June 4, 1 p.m. | Free Mark Bratten, a wildlife and environmental biologist at Edwards Air Force Base, offers amazing insights into the life of a desert tortoise. This fun and fast-paced presentation should bring everyone out of their shells. Live tortoises will be on display.

Moon Walks | Saturdays | \$2 donation welcome June 4, 8:30 p.m. | July 23, 8:30 p.m. | August 27, 8 p.m.

Experience a magical night of nature and astronomy. Jeremy Amarant, Director of Palmdale School District's SAGE Planetarium, takes you on a journey through the mysterious night sky. Explore both heaven and earth on this guided mile-long walk through the Preserve. Weather permitting, AV Astronomy Club members offer a closer peek through their telescopes.

Free Guided Journ | July 16 & August 6, Noon | Free

Park Rangers provide personal tours of the Prime Desert Woodland Preserve's beautiful trail system. Following the tours, check out the exhibits in the Interpretive Center. Se habla español.

Celebrate "World Ranger Day" | July 31, 1 p.m. | Free

Learn about "World Ranger Day" and animals native to the Antelope Valley from City of Lancaster Park Rangers. See rabbit, snake, and coyote skins as well as feathers from the red tail hawk, common crow, and birds of prey found at the Preserve. Don't miss this opportunity to earn your Junior Park Ranger badge. There will be food, games, and free walking tours for families to enjoy.

Bird Watching Walk | August 27, 8 a.m. | Free

Park Rangers will lead an educational bird watching walk, beginning in the Interpretive Center with a vast description of birds native to the Antelope Valley and their habits, and then continuing on to the trails of the Preserve. Bring binoculars.

Ranger Outreach Program

Park Rangers will visit local schools and provide presentations on the Prime Desert Woodland Preserve, as well as a brief history of the Interpretive Center and our City's park system. Rangers share information on wildlife and plant life found in the Antelope and Santa Clarita valleys. Students can see and touch deer antlers, turtle shells, or rabbit, snake and coyote skins. Topics include "World Ranger Day," park safety, swimming pool safety, and "stranger danger," as well as what to do when encountering snakes or wild animals indigenous to the area. Age-appropriate programs are available for grades K-12. For more information, call the Park Ranger Supervisor at 661-723-6257



#### 43201 35th Street West • Lancaster (Avenue K-8 at 35th Street West)

Come visit the 100-acre Preserve, featuring nearly three miles of trails. The trails are open from 6 a.m. to sunset.

The Interpretive Center is open Saturday, Sunday and Wednesday from 10 a.m. to 4 p.m. Group tours are available by calling the Preserve Ranger at 661-723-6230 or the PDW Supervisor at 661-723-6257. Fees to attend presentations will be collected at the door of the Interpretive Center on the day of each presentation. All presentations and walks last approximately one hour. Presentations are free for children three years and under. Meet at the Interpretive Center at posted times for all group walks.

Parking and attendance are limited for events held in the Interpretive Center. No reservations are required.

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