



CITY OFFICIALS

Lancaster City Council

Bishop Henry W. Hearns, Mayor Andrew D. Visokey, Vice Mayor Jim Jeffra, Council Member Ed Sileo, Council Member Ron Smith, Council Member

City Manager

Robert S. LaSala

Lancaster Planning Commission

Ken Mann, Chairman Mark Troth, Vice Chairman Mary Faux, Commissioner Bruce MacPherson, Commissioner Manuel Salazar, III, Commissioner

YOU'RE INVITED TO MEETINGS

Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 6 pm. Notice of special Council meetings will be posted at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 7 pm. Agenda Review is held on the Monday preceding each month's meeting at 5:30 pm in the Community Development Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 pm. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue.

LET US HEAR FROM YOU

We welcome your comments and suggestions. 661-723-6000 Monday - Thursday from 8 am - 6 pm, Friday 8 am - 5 pm.

HOTLINE INFO

24-hr recorded information 661-723-6200

Abandoned Shopping

Cart Retrieval 800-887-0466 City Special Event Hotline 661-723-5900

Job Hotline 661-723-5874

Hate Crimes Hotline 877-728-7322 (7 AT-PEACE)

Graffiti Hotline 661-723-5985

www.cityoflancasterca.org

City Council meeting agendas can be found here. Register for selected classes online.

www.lpac.org

(Lancaster Performing Arts Center)

www.avfilm.com

(Antelope Valley Film Office)

www.colra.org

(Lancaster Redevelopment Agency)

www.lancastersoccercenter.com

(Lancaster National Soccer Center)

www.big8softball.com

(Big 8 Softball Complex)

Lancaster CityLink

Receive free e-mail alerts for City of Lancaster events and activities! Just go to www.cityoflancasterca.org and sign up for Lancaster CityLink.

A message from the City Council

Lancaster is changing...for the better.

As fall arrives, the weather cools, kids return to school and around town you'll see plenty of signs of exciting new growth and improvements. There are big new shopping opportunities along Valley Central Way. Next door to Clear Channel Stadium at Lancaster, CA, new lodging facilities are sprouting up and downtown, plans have been unveiled for a new pedestrian-friendly promenade.

We continue to refine our vision for creating a better community. Both our new master plan for the community and specific plans for the Downtown revitalization are well under way. We've also just completed our 2007-2008 budget process. The new fiscal report is highlighted inside.

Get involved in these important processes. We need to hear from you as we set plans and priorities for the years ahead. Visit www.cityoflancasterca.org for dates and times of Council and Planning Commission meetings, outreach activities and workshops where you can hear the facts and give your opinions. Save December 13 on your calendar. That's when the City will introduce a whole new look for Lancaster!

This issue of the **OUTLOOK** is also packed with plenty of information about many fun and interesting things to do in the City this fall. Help us celebrate our many treasured traditions and the exciting new twists we're bringing to Lancaster.

Your City Council



ON THE COVER

A new generation of Lancaster's youth has come to appreciate the importance of the City's rich aviation heritage. Here, a future pilot shows he's good to go with this month's Aerospace Walk of Honor celebration. Join residents and friends from around the country as five more aerospace pioneers are honored September 15 at Boeing Plaza.

OUTLOOK Editor – Anne Aldrich

City of Lancaster Communications Manager September Outlook Designer – Davis Communications September Outlook photographs – Liz Breault and Dave Balian

OUTLOOK is published quarterly by the Lancaster Community Services Foundation. This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County. The City of Lancaster is an equal opportunity employer.



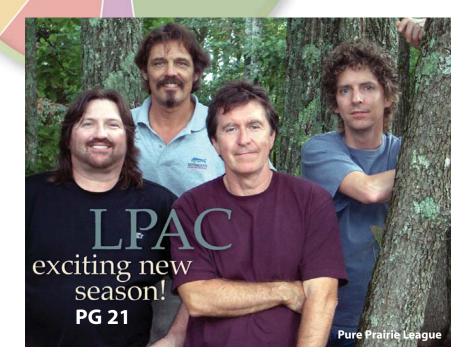
September 15

PG 2





Bark at the Park **PG 4**



September UTLOOK

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Aerospace Walk of Honor and Celebrate Downtown!

4 COMMUNITY IN ACTION

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- SAFE AT HOME Business watch safety tips.
- **9** PARKS, RECREATION & ARTS Preschool, classes, sports, aquatics.
- 19 SPECIAL INTEREST

Don't let limited funds limit your fun!

20 ARTS IN THE CITY

A Celebration of Mexican folk art plus California Arts Day.

21 LPAC

New season announced!

Back PRIME DESERT WOODLAND

Fall Nature Adventures!



Receive free e-mail alerts for City of Lancaster events and activities! Just go to www.cityoflancasterca.org and sign up for Lancaster City Link.



Not All Exploration Happens on Land...

Discover what pioneering explorers of the sky and sea have in common at the 2007 Aerospace Walk of Honor Celebration

Lancaster's yearly celebration of its aerospace heritage explores new depths of excitement and adventure as famed deep sea diver John Chatterton hosts the 18th Annual Aerospace Walk of Honor ceremonies on Saturday, September 15.

Mr. Chatterton, who co-hosts the History Channel's *Deep Sea Detectives*, is one of the world's foremost shipwreck explorers, discovering a German U-boat off the coast of New Jersey. That search was the subject of a best-selling book *Shadow Divers* and a two-hour PBS Nova special *Hitler's Lost Sub*. His diving has taken him to explore both the Lusitania



AEROSPACE WALK OF HONOR FESTIVITIES

11 am Meet the Pilots Plaque unveiling at Boeing Plaza

3 pm John Chatterton From the Sea to the Sky: Unearthing the Pioneer Spirit

3 pm Honoree Recognition

3 pm Scholarship Presentations at LPAC and Titanic firsthand.

Chatterton will draw parallels between the pioneering efforts of this year's AWOH recipients and those who explore other uncharted territory.

An important part of each AWOH celebration is the awarding of scholarships to five local students who hope to follow in their mentors' footsteps to achieve greatness in math, science and engineering.

Don't miss this unique opportunity to meet these aviation history makers. Learn more about the AWOH at www.cityoflancasterca.org.

Community partners support Aerospace Walk of Honor

The City of Lancaster gratefully acknowledges the 2007 Aerospace Walk of Honor sponsors:

Signature



Silver





Bronze

















2007 AEROSPACE WALK OF HONOR INDUCTEES

CAPTAIN ROBERT L. CRIPPEN, USN (RETIRED)

Captain Crippen made history on April 22, 1981 as the pilot of the first Space Shuttle mission aboard Columbia. He later commanded STS-7, the second flight of Challenger. This was the first time a shuttle flew with a five-person crew which included Sally Ride, America's first woman in space. Captain Crippen logged over 6,000 hours in various aircraft and more than 560 hours aboard the Space Shuttle.

COLONEL ROBERT C. ETTINGER, USAF (RETIRED)

Colonel Ettinger was the first pilot to fly the Full Scale Development F-16 and acted as the F-16 Combined Test Force Director from 1978-1980. From 1997-2006, Ettinger was Manager of Flight Test for Northrop's Global Hawk flight test program. Colonel Ettinger was also Vice Commander of the Air Force Flight Test Center during the busiest time in its history. He has logged over 6,600 hours in over 100 different aircraft.

CHARLES "CHUCK" TUCKER

Pioneer aviator Chuck Tucker flew the first flight of the X-4 "Bantam" on December 15, 1948, as well as all subsequent flights of this experimental tailless transonic jet aircraft. As Assistant Chief of Northrop's Missiles Division, he made the first radio control landing of the SM-62 Snark missile. He also conducted spin and stall tests on the YB-49 Flying Wing at Edwards AFB. Tucker is a founder and fellow of the Society of Experimental Test Pilots and has logged over 10,000 hours in a myriad of experimental and production aircraft.

GEORGE SCHWARTZ "WHEATIES" WELCH

George "Wheaties" Welch was America's first World War II flying hero as he shot down Japanese dive bombers at Pearl Harbor on December 7, 1941. As Chief Test Pilot for North American Aviation, he piloted a number of pioneering flights. In the late 40s and 50s he achieved supersonic speeds while flying North American's F-86 Sabre and the YF-100A Super-Sabre jets. Welch's life was tragically cut short in 1954 at Edwards AFB during a flight of the F-100A when the aircraft tumbled out of control. He was laid to rest, with honors, at Arlington National Cemetery.

Lewis "Lew" Nelson

Lewis Nelson was a Northrop experimental test pilot from 1950-1972. He piloted the N-156F "Freedom Fighter" prototype to supersonic speeds in its first test flight at Edwards AFB in 1959. Earlier that year he flew the first flight of its sister craft, the T-38 Talon trainer. His test piloting included structural demonstrations, spins, dive recovery limits, flutter tests, landing tests, attack and escape maneuver demonstrations, and stability and control tests on the F-89 Scorpion fighter/interceptor.



Take You to New Heights!

September 15, 5:30 - 9:30 pm

Wrap up your summer with a cool evening of R&B, soul and jazz as Celebrate Downtown Lancaster kicks in when the Aerospace Walk of Honor lets out.

The Funk Brothers are the legendary group of Motown studio musicians who have performed on more number-one hit songs than the Beach Boys, Rolling Stones, Elvis and the Beatles combined! In 2004, the group added to their collection of Grammys when the National Academy of Recording Arts and Sciences presented the Funk Brothers with its Lifetime Achievement Award.

Experience a whirlwind tour through the Motown era with familiar renditions of I Heard it through the Grapevine, My Girl, Do You Love Me, and many other hits from this amazing assemblage of Motown musicians. Their performance is scheduled for 7:30 pm.

Also appearing in the September celebration will be local smooth jazz favorite Mark Macisso.

Macisso's sensual sax, flute and harmonica solos have complemented many television shows, commercials, movies and albums. He has performed with Bette Midler, Whitney Houston, Mariah Carey, Carole King, Sheena Easton and the Doobie Brothers, among many others. Come enjoy the tremendous talent of Marc Macisso, appearing

Celebrate Downtown offers more than just great music. This fun and fanciful street fair will include activities for all ages with a farmers' market, cool cuisine and kid-friendly activities.

Both concerts and most activities are free of charge. Festivities begin at the conclusion of the AWOH ceremonies around 5:30 pm.



Community in action

bark at the park

Canine Carnival Promotes Responsible Pet Ownership

Dog owners and their pets are invited to participate in the 2007 rendition of *Bark at the Park*, Saturday, October 6 at Lancaster City Park.

Among the many activities for Fido and friends are the Pet Fashion Show Parade, sponsored by the Girl Scouts. Whether it's high couture for your French poodle or the latest in loungewear for your Lhasa Apso, let them strut their stuff at this fun display of fur and finery scheduled for 11 am. There is a \$1 entry fee for parade participants.

Disc Dogs of Southern California and the Golden Gate area invite energetic canines and their companions to compete in the "Crusty Classic," a thrilling disc catching competition open to all comers. There is a \$5 entry fee for the competition

with trophies awarded. Spectators will find the

remarkable aerobatic skills displayed by these animals simply amazing. Don't miss all the action!

For those who enjoy things wet and wild, Splash Dogs will make a return appearance to *Bark at the Park*. Watch hunting dogs show off their natural retrieving skills as they leap into the pool to fetch their favorite toy. Prizes

are awarded for the highest and longest jumps. If your own dog would like to give it a try, the entry fee is \$10.

Curious about how fast your fox hound is? Sign him up for Race the Wind, a timed sprint gauged by radar guns. All breeds are welcome, with ranking based on size.

Other events include a Canine Good
Citizen's Test to demonstrate your dog's good
behavior, an obstacle course where your
Airedale can show off her agility, plus tons of fun
games, contests and activities to keep you and your
pooch entertained and amused all day!





Saturday, October 6 • 10 am to 5 pm Lancaster City Park

Proceeds benefit the Lancaster Animal Shelter.
www.lancasterbarkatthepark.org





Lancaster to join nation in making January's MLK Celebration a day on...not a day off.

Each January, America celebrates the life and work of Dr. Martin Luther King Jr. In more and more communities, this holiday is becoming a day in which communities come together to help make things better. They've made it a day on, instead of a day off. In 2008, Lancaster will join with thousands of other communities to pitch in and make a difference.

On Saturday, January 19, local groups and individuals are invited to contribute their time and efforts to create positive change within the community.



If you have an idea for a service project or activity that you believe can improve Lancaster, nominate it now by emailing mlkday@cityoflancasterca.org.



O M I N G

September 15 - Aerospace Walk of Honor, 11 am Plaque Unveiling - Boeing Plaza, 3 pm Honoree Presentations - LPAC Help celebrate the Antelope Valley's rich aviation and space heritage as we honor five new inductees.

September 15 - Celebrate Downtown, 5:30 - 9:30 pm

Enjoy cool R&B, soul and jazz sounds from the Funk Brothers and Marc Macisso and partake in great food and family fun as we say farewell to summer in spectacular fashion! FREE.

October 6 - Bark at the Park, 10 am - 5 pm

Enjoy a dog day at Lancaster City Park with loads of fun, entertainment and activities for you and your pet.

November 30 – Holiday Tree Lighting & Hospitality Walk

Help welcome the holiday season as we light the community tree and Downtown stays open late with prizes, surprises and plenty of refreshments.

December 1 – Lancaster's Holiday Parade, 10 am

A great way to get into the holiday spirit, Lancaster's annual Holiday Parade features bands, floats and of course, Santa himself!

December 8 – Breakfast with Santa, 7 - 11 am

Join Santa and friends for a warm pancake breakfast, holiday music and cheer at Lancaster City Park's Stanley Kleiner Activity Center. Adults \$7, Children \$4.

December 13 - City of Lancaster's 30th Anniversary Celebration

Unveiling of new civic identity.

December 15 – Metrolink Santa Train

Santa's special train is aglow with 30,000 lights and his magical show. Free for the whole family.

Fiscal fitness

Aligning Goals with Actions

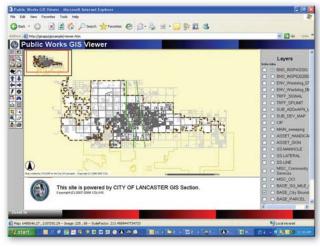
New approach makes sure the City focuses on activities that really make a difference

This year's budgetary process went well beyond simply tallying revenues and adding up the costs of projects to make sure the City could live within its means. With the advent of new performance measurement techniques known as the Balanced Scorecard (BSC), each department justified their proposed expenditures against a set of strategies that aligned with the City's Vision 2020 plan, adopted by the City Council.

The Balanced Scorecard, developed by Harvard Business School professors Robert Kaplan and David Norton, has been successfully practiced by the private sector for a number of years. Recently, it has been adapted to meet the needs of governmental bodies and non-profit organizations.

BSC measures results from several different points of view:

- Customer/Stakeholder perspective looks at achieving goals that are important to and require the involvement of the community as a whole.
- Internal perspective looks at key processes within the City to make sure they line up with its overall goals.
- Learning & Growth perspective deals with assuring that City staff has the tools and knowledge required to fulfill important assignments.



At over \$29 million, Public Works' operating budget for FY 07-08 includes implementation of a new GIS computer mapping system to support the City's planning and engineering needs.

 Financial perspective – deals with the fiscal issues ordinarily associated with the budget process: maintaining and delivering responsible stewardship of public funds.

Early in 2006, members of the City's executive team worked together to translate the Council's Vision 2020 priorities into these actionable strategies. The result was a Strategy Map that articulated 17 specific objectives across these four different perspectives.

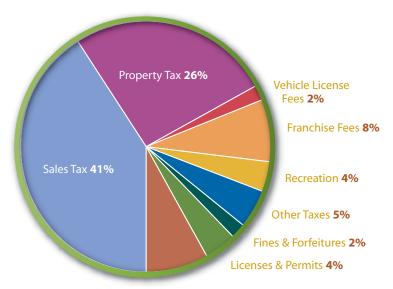
Departments were expected to align their expenditures in support of these objectives and create measurements that could help management, Council and the public-at-large gauge the relative success of each initiative.

The BSC process within the City is still evolving and growing. In FY 2006, the executive team was engaged in creating the framework. As we enter FY 2007, the program will be expanded to involve and align every member of the City staff with overall goals and objectives. It's a key move in making sure your City delivers on its promise to make Lancaster a more desirable place to live, work and visit.





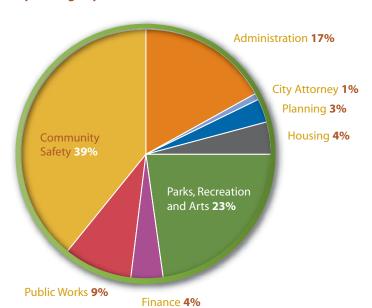
Revenue Budget 2007-08



Other Revenue 8%

General fund revenues come primarily from Sales and Property Tax.

Operating Expenditures 2007-08



Expenses are allocated to Public Safety, Parks, Recreation and Arts, and City operations.

Income & Expenses

Total income from all sources for FY 07-08 is projected to reach over \$180 million, down slightly from last year as the pace of development in the community slows.

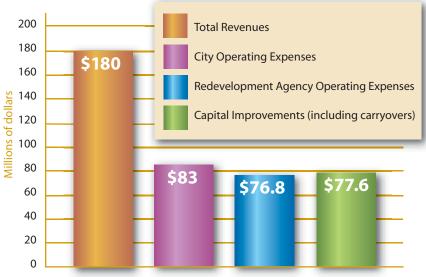
Operating expenses are estimated to approach \$160 million. The Redevelopment Agency's expenditures are budgeted at close to \$77 million while the City's operating expenses are budgeted at slightly over \$83 million. Capital improvements, including carryovers from prior years, total nearly \$77 million.



An additional \$1.8 million has been allocated to beef up policing in the City, including eight new sworn officers and additional support staff.



As the City's Code Enforcement program expands to encourage "Strong Neighborhoods," funding has been increased to support added field work and prosecutions where necessary.



Safe at home



Business Watch is a crime prevention program that enlists the active participation of business citizens in cooperation with law enforcement and the City to reduce crime in your community.

It's a free program that assists business owners and employees and can be used to help cut down on business-related crime.

When neighboring merchants get together and cooperate with each other and law enforcement, crime issues can be reduced.

The Business Watch program focuses on teaching employees how to be observant and aware. Trained employees are a business' front line and a great resource to deter crime.

To get started, contact the City's Public Safety Office at (661) 723-6063.

TIPS FOR A MORE SECURE BUSINESS:

- Install strong locks on all doors and windows. Cheap locks can be jimmied. Use sturdy deadbolts. Have a locksmith inspect entries and offer suitable locks.
- Replace hollow-core doors with solid doors.
- Illuminate all entrances with vandal-proof fixtures.
- Leave empty cash drawers open after hours.
- Keep shrubs away from windows and doors. Don't provide concealment or climbing tools for burglars.
- Install an alarm system and check it regularly.
- Make frequent bank deposits at varied times.
- Teach employees to be aware of persons who are loitering or behaving suspiciously. They may be casing the place for burglary, robbery or shoplifting.
- Make it a policy to prosecute all shoplifters.
- Establish effective deterrents. Heighten a shoplifters' feelings of being watched and minimize their access to high-value merchandise.





New Technology Helps ID Criminals

Lancaster Sheriff's Station is employing new high-tech cameras that can "read" and ID car license plates as they drive by and compare them against a computer database of stolen cars and wanted criminals.

According to Captain Carl Deeley, commander of the Lancaster station, "When the system spots a wanted license plate number, it sends an alert to the computer screen inside the car." The officer can then evaluate the information and take appropriate action.

Two cars have been equipped with the special cameras that have proven to be very effective in Europe and other parts of the U.S.

Each system is capable of reading thousands of license plates per hour, far more than the human eye and mind can comprehend. The license numbers can be stored and used at a later date to help identify vehicles that were in the area at the time of a crime.

To report crime and suspicious activity, please call the Lancaster Sheriff's Station at 948-8466.



understand flash, proper composition and more in this hands-on environment! Cost \$55 (\$60 NR). No class Nov 21.

733 Wed Oct 3-31 6-8 pm 734 Wed Nov 7-Dec 12 6-8 pm

PARKS, RECREATION & ARTS Activity Guide

Classes

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Play groups & kindergarten readiness...

YOUTH ENRICHMENT 10

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Grease is the word, salsa dance

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Registration Dates

Online/Mail-in begins September 4. Phone/Fax/Walk-in begins September 10. See insert for Registration Worksheet.

Residents are those persons living inside the City limits of Lancaster. All others pay a nonresident (NR) fee. Example \$40 (\$45 NR).

To Register See Insert.

Advance registration through the Parks, Recreation & Arts Department required. Classes must meet minimum enrollment at least two business days prior to start, and are subject to instructor change, rescheduling or cancellation. No on-site registration.

Preschool

El Dorado Preschool

Instructor: Angela Rai

Registration guideline: Priority registration for current students ends on the 15th of the month prior to the upcoming month. New enrollees may be accepted monthly. Parents are required to volunteer in the classroom. \$3 material fee due to instructor 1st day of class. El Dorado Park.

Monthly Preschool

(4 YRS) Kindergarten preparation, crafts, stories and motor skills play. Child must turn 4 by Dec 2, 2007. \$75 (\$80 NR). *\$60 (\$65 NR). No class Nov 23.

684	MWF	Oct 1-31	9-11:30 am
685	MWF	Nov 2-30	9-11:30 am
686	MWF	Dec 3-21*	9-11:30 am
687	MWF	Oct 1-31	12:30-3 pm
688	MWF	Nov 2-30	12:30-3 pm
689	MWF	Dec 3-21*	12:30-3 pm

Monthly Wee Folks

(3 YRS) Socialization skills, crafts, stories and outdoor play activities. Child must turn 3 by Dec 2, 2007. \$50 (\$55 NR). *\$40 (\$45 NR). No class Nov 22.

690	T/TH	Oct 2-30	9-11:30 am
691	T/TH	Nov 6-29	9-11:30 am
692	T/TH	Dec 4-20*	9-11:30 am
693	T/TH	Oct 2-30	12:30-3 pm
694	T/TH	Nov 6-29	12:30-3 pm
695	T/TH	Dec 4-20*	12:30-3 pm

Jane Reynolds Preschool

Instructor: Lynnette Bass

Registration guideline: Priority registration for current students ends on the 15th of the month prior to the upcoming month. New enrollees may be accepted monthly. Parents are required to volunteer in the classroom 3 times. \$3 material fee due to instructor 1st day of class. Jane Reynolds Park, Rm 2.

JRP Play Brigade

(3 YRS) Music, crafts, stories, indoor & outdoor play. Child must turn 3 by Dec 2, 2007. \$110 (\$115 NR). *55 (\$60 NR), No class Nov 22, Dec 18-Jan 3.

696	T/TH	Oct 2-30*	9:30-11:30 am
697	T/TH	Nov 6-Jan 17	9:30-11:30 am

JRP Preschool

(4 YRS) Socialization skills, crafts, kindergarten preparation, stories and motor skills play. Child must turn 4 by Dec 2, 2007. \$160 (\$165 NR). *\$80 (\$85 NR). No class Nov 23, Dec 17-Jan 4.

698	MWF	Oct 1-31*	9-11:30 am
699	MWF	Nov 5-Jan 18	9-11:30 am
700	MWF	Oct 1-31*	12:30-3 pm
701	MWF	Nov 5-Jan 18	12:30-3 pm



Youth Enrichment

After-School Enrichment Centers

Interactive, structured & safe after-school programs for K-6 offered at Sundown, Valley View and West Wind schools. Offered after school M-F until 6 pm. Not offered when school is not in session. Staff fingerprinted & CPR/1st Aid certified. \$95 per month or per tracking period. Priority registration for Valley View participants ends on 15th of the month prior to upcoming month. Students lose their spot in program after that date. New student enrollments & program payments only accepted at Parks, Recreation & Arts Department in City Hall.

FREE After-School Program – Lancaster CARES

Free award-winning after-school program for children enrolled at Desert View, El Dorado, Jack Northrop, Joshua, Linda Verde, Mariposa, Sierra & Sunnydale schools. Offered after school M-F until 6 pm. Not offered when school is not in session. Includes academic & recreation enrichment activities, snacks & field trips. Staff fingerprinted & CPR/1st Aid certified. Pick up registration form at school office. For more info call 948-4661, ext. 209 or 723-6192.

NEW 1 Kids Can Cook Too!

(7-14 YRS) Students will prepare "Just Desserts" such as cakes, pastries, custards and more. In "Holiday Treats" students will make delicious cookies & candies for fall and winter holidays. Students also learn importance of kitchen safety & cleanliness. Inst: Roxanne Diesel. \$20 (\$25 NR) each. \$15 material fee. Lancaster City Park Kitchen. No class Oct 31.

802 Just Desserts	Wed	Sep 19-Oct 10	3:30-5 pm
803 Holiday Treats	Wed	Oct 17-Nov 14	3:30-5 pm

1 Mommy/Daddy & Me

(18 MOS-3 YRS) Parent & child explore art, music & games while developing socialization skills. Inst: Lynnette Bass. \$80 (\$85 NR). *\$40 (\$45 NR). \$2 material fee. Jane Reynolds Park, Rm 2. No class Nov 22, Dec 18-Jan 3.

702	T/TH	Oct 2-30*	12-1:30 pm
703	T/TH	Nov 6-Jan 17	12-1:30 pm
704	T/TH	Oct 2-30*	2-3 pm
705	T/TH	Nov 6-Jan 17	2-3 pm
915	T/TH	Oct 2-30*	5-6:30 pm
916	T/TH	Nov 6-Jan 17	5-6:30 pm

FREE Teen Court

Lancaster teens interested in the criminal justice system gain experience as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st-time criminal offenses. Call Gerald Wesley at 723-6256 for info.

Meets monthly every 3rd Wed

3:30 pm



FREE Youth Commission

Students from local high schools are selected to act as a teen advisory group to the City Council, addressing issues & helping plan programs, projects & special events for Lancaster teens. All Lancaster residents are invited to attend the monthly meetings. Contact Patricia Funes at 723-6072 for more info.

Meets monthly every 2nd Thu

6:30 pm



Dance, Theatre & Music

→ Ballet & Tap

(3-12 YRS) Children learn ballet and tap techniques, improve body awareness, self-confidence and coordination. Bring leotard, pink ballet shoes, black tap shoes and pink tights. Inst: Melineh Alahverdian. \$80 (\$85 NR). Jane Reynolds Park, Rm 1. No class Nov 24.

723 3-5 YRS	Tue	Oct 2-Dec 18	4-4:45 pm
724 6-12 YRS	Tue	Oct 2 -Dec 18	5-5:45 pm

Belly Dance for Kids and Teens

(7-17 YRS) Learn self-confidence and coordination through the fun art of belly dance! Costume required for performance. Inst: Jill Warden. \$48 (\$53 NR). *\$40 (\$45 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste. 109. No class Oct 31.

719 7-12 YRS	Wed	Oct 3-Nov 14	4:30-5:30 pm
720 7-12 YRS	Wed	Nov 21-Dec 19*	4:30-5:30 pm
721 13-17 YRS	Wed	Oct 3-Nov 14	5:30-6:30 pm
722 13-17 YRS	Wed	Nov 21-Dec 19*	5:30-6:30 pm

C.A.T.S. Commercial/Film Acting Workshop

(7-16 YRS) Class focuses on secrets and differences of acting for the camera while covering film acting, commercials and what it takes to make it! Students will be filmed at first 5 classes and receive a DVD of class work. Inst: Roxanne Diesel. \$50 (\$55 NR). \$5 material fee. Lancaster City Park, Game Rm.

883 Wed Sep 19-Oct 24 6:30-7:30 pm

Chinese Cultural Performance

(10 YRS-ADULT) An introduction to Chinese culture and performance. Participants will learn juggling, strength building, dragon dances and more. Inst: Zheng Yin Ping. \$40 (\$45 NR). Lancaster City Park, Activity Ctr.

796	Sun	Oct 14-Nov 18	6-8 pm
7 00	Juli	OCT IT NOV TO	o o piii



NEW "Grease Is The Word!" Musical Theatre

(7-14 YRS) Improve singing, dancing and musical acting skills in this class for beginning and intermediate students. Students perform various song and dance numbers in a celebration of Broadway hit "Grease" on last day of class. Inst: Roxanne Diesel. \$75 (\$80 NR). \$5 material fee. Lancaster City Park, Game Rm. No class Oct 31.

806 Wed Sep 19-Nov 14 5-6:30 pm

Guitar

(8 YRS -ADULT) Class covers proper placement, technique, charts and more. Work at your own pace and advance by enrolling in subsequent sessions. Must provide your own guitar. Inst: Brian Bastidas. \$60 (\$65 NR). \$3 material fee. Valley View Elementary, 3310 W. Ave L-8. No class Nov 20.

ூ Beg	ginning		
727	Tue	Oct 9-30	6-7 pm
728	Tue	Nov 6-Dec 4	6-7 pm
Advand	ced (requires in	structor approval)	
730	Tue	Oct 9-30	7-8 pm
731	Tue	Nov 6-Dec 4	7-8 pm
730	Tue	Oct 9-30	•

Piano Workshops

(ADULT) Instant Piano: While regular piano teachers teach note reading, piano professionals use chords. Learn all the chords you'll need to play any song. As seen on the PBS Television program "Piano in a Flash." Play Piano by Ear: Practical presentation of music theory including predicting chord progressions, learning from recordings and transposing. Prior experience with chords recommended. Inst: Craig Coffman. \$25 (\$30 NR) each or \$40 (\$45 NR) for both. \$26 material fee for each class. Lancaster City Park, Activity Ctr.

798 Instant Piano Sat Dec 1 9 am-12 pm **NEW** 799 **Play Piano by Ear** Sat Dec 1 1-4 pm

Lancaster Community Orchestra

(ALL AGES) Requirements: must have played instrument for at least 2-years and have ability to read music. Contact Roger Davis at 661-943-4183, Lynn Ennis at 661-943-4472 or visit www.lancastercommunityorchestra.com for info and registration. Next session in Jan 2008.

Middle Eastern Dance

(16 YRS-ADULT) Experience Middle Eastern dance through the development of basic isolation & dance movements, exploration of rhythms, music, costumes, props and modern dance forms. Materials list given on 1st day of class. Inst: Kathryn Hosler. \$75 (\$80 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste. 109.

707	Mon	Oct 1-29	6-8 pm
708	Mon	Nov 5-Dec 3	6-8 pm

Salsa Dance

(13 YRS-ADULT) Become a skilled salsa dancer while having a good time & meeting new people. Proper instruction in L.A. Salsa style with modern techniques & dance moves. Inst: Zuly Zappala & Andres Cabrera. I/II: \$65/single (\$70 NR) or \$120/couple (\$125 NR). Workshop: \$40 (\$45 NR). \$3 material fee. Jane Reynolds Park, Rm 2. No class Oct 11, Nov 15, 22.

1/11			
711	Thu	Oct 4-Nov 1	6-8 pm
712	Thu	Nov 8-Dec 13	6-8 pm
NEW Wo	rkshop		
713	Sat	Nov 17	1-6 pm
714	Sat	Dec 15	12-5 pm

→ Social Dance I/II

(ADULT) Learn fun and social ballroom dances: Swing, Jitterbug, Cha Cha Cha, Fox Trot, Waltz, Tango, etc. Professional Dance Inst: Iris Groskopf. \$150 (\$155 NR) per couple. Lancaster City Park, Activity Ctr. No class Dec 26, Jan 2.

709	Wed	Sep 19-Nov 7	7:30-9 pm
710	Wed	Nov 14-Jan 16	7:30-9 pm

Tribal Fusion Belly Dance

(16 YRS-ADULT) Learn to belly dance in group format. Beginning steps, combos, choreography, group improv, finger cymbals and performance opportunities. Inst: Dana Viramontes. \$48 (\$53 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste. 109.

Beginning				
715	Wed	Oct 3-Nov 7	7-8 pm	
716	Wed	Nov 14-Dec 19	7-8 pm	

arts & Crafts

Cartoon Art for Kids

(6-12 YRS) Your child will learn to use basic shapes to draw their favorite cartoon characters and create a character of their very own. Cartoonist: Kate McAllister. \$50 (\$55 NR). \$5 material fee. Jane Reynolds Park, Rm 1.



1 Chinese Painting and Calligraphy

(10 YRS-ADULT) Learn the fundamentals of Chinese brush painting; which incorporates calligraphy, poetry and elements of nature.
Inst: Zheng Yin Peng. \$40 (\$45 NR). \$5 material fee. Lancaster City Park, Game Rm.

797 Sun Oct 14-Nov 18 4-6 pm

D's Ceramics

D's Ceramics offers the following classes related to pottery. All classes have \$25 material fee. **Participants under 18 YRS must have adult supervision.** Inst: Steve Mosley. Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

Potter's Wheel (8 YRS-ADULT) Learn the basics of throwing on the potter's wheel, wedging, centering & basic forms. Create projects such as bowls, jars or vases. \$65 (\$70 NR).

737	Wed	Oct 3-24	6-7:30 pm
738	Wed	Nov 7-28	6-7:30 pm

NEW Basic Sculpting (10 YRS-ADULT) A basic, fun class in sculpting and a good lead into advanced sculpting techniques. Work hands-on with clay, sculpting a mask or other seasonal projects. \$60 (\$65 NR).

809	Tue	Oct 2-23	6-8 pm
810	Tue	Nov 6-27	6-8 pm

Children's Art Program (CAP) (6-12 YRS) Experience a variety of ceramic art styles including the potter's wheel, sculpting & ceramic art. Learn techniques working hands-on with clay, paints & glazes. \$50 (\$55 NR).

739	Sat	Oct 6-27	1-2:30 pm
740	Sat	Nov 3-24	1-2:30 pm

NEW Day of the Dead Children's Art Program

In conjunction with the Museum/Art Gallery's exhibit, A Celebration of Mexican Folk Art Traditions, we are presenting 2 special children's programs. During exhibit's opening reception, children can create a colorful Mexican craft. Sign up at the Museum/Art Gallery immediately before each program; adults must supervise children during the entire program. Enrollment is limited. Cost: \$10 per child and includes a craft and snack.

Sat Oct 27 9 am & 2 pm

The Floral Design

(16 YRS-ADULT) Create 4 unique flower displays to take home after class. Class covers basic flower care, design & identification. Inst: Chris Spicher. \$44 (\$49 NR). \$45 material fee. AV Florist, 1302 W. Ave J.

808 Mon Oct 15-Nov 5 6:30-8:30 pm

[↑] Kid's Art

(5-15 YRS) Learn various art mediums including drawing, painting and collage. Inst: AV Allied Arts artist Judy Rankin. \$46 (\$51 NR). *\$35 (\$40 NR). Material list at City Hall. Cedar Center Hall, 44857 Cedar Ave.

735	Mon	Nov 5-26	4-6 pm
736	Mon	Dec 3-17*	4-6 pm

Special Interest

Buying Your Home 101

(ADULT) Seminar teaches you what you need to know: pricing, market conditions, available loan programs, disclosures and more. Be prepared to buy your home the right way. Inst: Jamaal Brown & Terry Duke. \$10 (\$15 NR). Lancaster City Park, Game Rm.

811 Thu Nov 8 7-9 pm

CPR & 1st Aid

(12 YRS-ADULT) Course covers infant, child & adult CPR & 1st Aid. Certification is done through American Heart Assn. \$35 (\$40 NR). AV Medical College, 44201 10th Street West. Offered 1st or 3rd Saturday of each month.

744-749 Sat 10 am-5 pm

FREE 1 Identity Theft Seminar

(ADULT) Sponsored by the City of Lancaster and the LA Co. Sheriff's Department, participants will learn how to reduce access to their personal information, protect their credit cards and secure confidential personal information when conducting business online. Inst: Shelli Henson, Community Safety Supervisor. Free for registered participants. City Hall Council Chambers.

817 Thu Oct 25 6-8 pm

NEW⁻⁰ Stop Smoking through Hypnosis Seminar

(ADULT) Course takes you on a relaxing journey to a healthy smoke-free life through hypnosis. Smoking is a habit, which can be overcome easily with hypnosis. Inst: Kathy Miller. \$75 (\$80 NR). Holistic Laser & Hypnotherapy, 44262 Division St, Ste. C.

813 Tue Oct 2-16 6-8 pm 816 Tue Oct 23-Nov 6 6-8 pm

Professional Development

1 Entrepreneur Training Program

(ADULT) Introductory seminar teaches participants the fundamental steps of starting a small business including identifying a market niche, conducting a competitive analysis & exploring funding options. Sponsored by Wells Fargo. Graduates receive a certificate of completion. Inst: Julian Medrano. \$40 (\$45 NR). Lancaster City Park, Activity Ctr. No class Nov 22.

800 Thu Oct 11-Dec 6 6:30-9:30 pm

NEW 1 Japanese

(16 YRS-ADULT) Students learn basic Japanese language including introductions, greetings and simple phrases. Bring note-taking supplies. Inst: Michael Heller. \$40 (\$45 NR). \$5 material fee. Lancaster City Park, Game Rm. No class Nov 21.

819 Wed Nov 7-Dec 5 6:30-7:30 pm

Master of Ceremonies

(ADULT) Class covers concepts that are basis for excellent emceeing. Learn how to write and deliver a resounding introduction and proper way of award presentations. Bring note-taking supplies. Inst: Dana LaMon, World Champion of Public Speaking. \$20 (\$25 NR). \$15 material fee. Camille's Sidewalk Café, 43901 15th Street West.

818 Sat Oct 13 10 am-12 pm



Pet Classes

Pet Assisted Therapy Class

(ADULT) Learn what PAT is, what makes a PAT dog and how to get involved in a program. Attendance does not guarantee your dog as a PAT dog. Do not bring your dog to class. Inst: Carole Kelly. \$25 (\$30 NR). \$2 material fee. Lancaster City Park, Tennis Rm.

750	Wed	Oct 17	5:30-9 pm
926	Wed	Feb 20	5:30-9 pm

Martial Arts

**** Northern Shaolin Kung-Fu**

(5 YRS-ADULT) This unique class is set in a friendly, yet goal-oriented atmosphere. The main focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu & weaponry, self-defense and self-confidence. Inst: Harold Hazeldine. \$40 (\$45 NR). *\$30 (\$35 NR). Lancaster City Park, Activity Ctr.

756	Tue	Oct 2-23	6:30-8:30 pm
757	Tue	Nov 6-27	6:30-8:30 pm
758	Tue	Dec 4-18*	6:30-8:30 pm

Traditional Japanese Karate

(16 YRS-ADULT) Learn Okinawan Karate using safe exercises and techniques with controlled practical applications. Drills include learning to punch, block and kick along with basic Japanese Karate forms (Katas) and basic fighting techniques (Kumite). Inst: Jay Carpenter. \$45 (\$50 NR). Lancaster City Park, Game Rm.

759 Mon Oct 1-Nov 5 6:30-8:30 pm 760 Mon Nov 12-Dec 17 6:30-8:30 pm

1 Youth Self-Defense & Safety Awareness

(5-18 YRS) Safety awareness education with self-defense instruction in a fun, structured environment! Students are placed according to age and ability while learning and practicing verbal and physical skills. Students progress in rank and earn belts. \$90 (\$95 NR). \$6 one-time activity fee. Inst: Anthony Kitson. Jane Reynolds Park, Rm 1. Session: Fridays, Sep 14-Jan 11. No class Nov 23, Dec 21, 28.

755	New students	5-7 YRS	4:30-5:10 pm
752	New students	8-18 YRS	5:15-5:55 pm
753	Yellow belt	5-18 YRS	6-6:40 pm
754	Orange belt & above	6-18 YRS	6:45-7:25 pm



Health & Fitness

Bowling Rocks

(6-16 YRS) Class utilizes hands-on instruction, short videos and work sheets to cover techniques taught by certified instructors. Participants receive a target zone bowling ball upon completion. Inst: Sherri Mott. \$50 (\$55 NR). Brunswick Sands Bowl, 43233 Sierra Hwy. No class Nov 24.

768 Sat Oct 13-Dec 22 10-11 am

Fencing

(10 YRS-ADULT) En Garde! Agility, balance, discipline and self-esteem are only a few of the rewards gained by this intense mentally & physically challenging sport. Wear sweat pants and sneakers. Inst: Matt Damron with Swords Fencing. \$45 (\$50 NR). *\$34 (\$39). \$20 equipment rental fee. Lancaster City Park, Activity Ctr.

761	Mon	Oct 8-29	7:30-8:30 pm
762	Mon	Nov 5-26	7:30-8:30 pm
763	Mon	Dec 3-17*	7:30-8:30 pm

NEW 4 Get On the Ball

(16 YRS-ADULT) Exercise class focuses on core (abs, back) strength in total body workout. Ball is used to increase strength, flexibility, balance, overall health & wellness in a non-impact way. Beginners to advanced. Wear sweat pants and sneakers and bring water, mat and towel. Stability balls provided. Inst: Denise Adkins. \$45 (\$50 NR). \$15 optional mat fee. AV Dance Studio 81, 45119 13th Street West.

820 Mon & Wed Oct 1-Nov 7 9-10 am

Gymnastics

(5-12 YRS) Keep your kids healthy & fit while learning how to tumble and bounce trampoline. Learn the basics of vault, bars and beam. Inst: Collette Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. L-6, Unit B.

769 Fri Oct 5-Nov 9 4-5 pm

Jazzercise

(ADULT) Join this fitness program which combines dance with total body workout! Ongoing classes. Register at site. Call Inst: Joanne Harris (723-3440) for class fees. No babysitting available. Endeavor Middle School, 831 E. Ave K-2.

Mon & Wed 6:30-7:30 pm

Kindergym

(3-4 YRS) Toddlers have tons of fun in this class that helps develop motor skills and strength. Children learn basic gymnastics, tumbling and balance. Inst: Collette Zimmerman. \$60 (\$65 NR). Genesis Gymnastics, 824 W. L-6, Unit B.

821 Sat Oct 6-Nov 10 10-10:45 am

FREE Senior/Adult Exercise Classes

(ADULT) Non-strenuous exercises improve flexibility & circulation. Ongoing exercise class sponsored by Sierra Medical Group & AV Hospital. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park, Activity Ctr. No class Nov 22, Dec 25.

 AM Exercise
 M/W
 9-10 am

 Tone & Stretch
 T/TH
 9-10 am

Toddler Bumper Bowling

(2-6 YRS) Toddlers learn to bowl with certified instructors and learn the aspects of teamwork, concepts of bowling and have tons of fun. Each week they bowl one game with bumpers and receive cookies & milk. Inst: Sherri Mott. \$40 (\$45 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

801 Tue Oct 16-Dec 18 9:30-10:30 am



Wrestling Fitness

(5-15 YRS) Introductory class that teaches the basic fundamentals of wrestling and overall fitness. Inst: Bill Zimmerman and Jeremy Allen. \$60 (\$65 NR). Genesis Gymnastics, 824 W. L-6 Unit B.

771 Tue Oct 2-Nov 6 4:30-5:30 pm

⁴ Yoga

(ADULT) Whether you want to lose a few pounds, strengthen & tone your body or simply release tension, yoga delivers! Gentle enough for the beginner, effective enough to see results quickly. Inst: Kelly Johnson. \$60 (\$65 NR). *\$50 (\$55 NR). \$15 optional for mat.

Lancaster City Park

764 Tue Oct 2-Nov 6 5:30-6:50 pm 765 Tue Nov 13-Dec 18 5:30-6:50 pm

Register online!

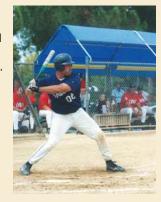
Register for Parks, Recreation and Arts courses from the comfort of your own computer. Simply sign up for your own personal ID and password at www.cityoflancasterca.org.

Adult Sports Jeams

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early as space is limited.

Adult Winter Softball

Registration: Aug 20-Sep 21 Winter softball begins in Nov. Schedule consists of ten league games and a classification game. Games played Sun-Fri, you determine day. \$330/team.



Sun-Fri Men's Slowpitch
Sun-Fri Coed Mushball
Sun-Fri Coed Hardball
Thu Women's Slowpitch



Youth Sports

Youth Basketball

Each division plays 8 games. Games are on Saturdays and will be played at local high schools; practices are during the week with day, time & location determined by the volunteer coach. \$55 (\$60 NR).

Ages 5-9 YRS

Registration: Aug 20-Sep 21. League play begins mid-Oct.

910 Coed Div C 8-9 YRS 917 Coed Div D 6-7 YRS 918 Coed Div E 5 YRS

Ages 10-13 YRS

Registration: Aug 20-Dec 14. League play begins early Jan.

919 Boys Div A 12-13 YRS 920 Boys Div B 10-11 YRS 921 Girls Div A 12-13 YRS 922 Girls Div B 10-11 YRS

Ages 14-15 YRS

Registration: Aug 20-Sep 21. League play begins mid-Oct.

923 Boys Div AA 14-15 YRS 924 Girls Div AA 14-15 YRS

Hidz Love Soccer-Coed

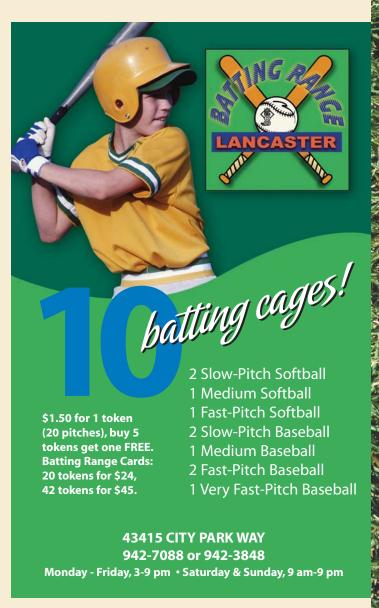
(3-1/2-12 YRS) Learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method including skill demonstrations, fun games & instructional scrimmages conducted in a non-competitive, recreational format. \$79 (\$84 NR). Lancaster City Park, Tot Lot. Rain-out Hotline 1-800-871-2275.

Saturda	ys, Sep 22-Nov 17		
884	Tot-soccer	3.5-4 YRS	3:30-4 pm
885	Pre-soccer	4-5 YRS	4-4:35 pm
886	Soccer 1	5-6 YRS	1:45-2:30 pm
887	Soccer 2	7-8 YRS	2:30-3:15 pm
888	Soccer 3	9-12 YRS	2:30-3:30 pm
Tuesday	s, Sep 18-Nov 13		
889	Pre tot-soccer	3.5-4 YRS	5:05-5:35 pm
890	Soccer 1	5-6 YRS	3:20-4:05 pm
891	Soccer 2	7-8 YRS	4:05-4:50 pm
892	Soccer 3	9-12 YRS	4:05-5:05 pm

Mommy/Daddy & Me Soccer

(2-3-1/2 YRS) Introduce yourself & your toddler to soccer. Each week you & your child participate in fun activities related to soccer. The fun happens on the field & you won't have to watch from the sidelines. \$79 (\$84 NR). Lancaster City Park, Tot Lot. Rain-out Hotline 1-800-871-2275.

894	Sat	Sep 22-Nov 17	4:50-5:20 pm
895	Tue	Sep 18-Nov 13	2:30-3 pm



Jennis

Lancaster City Park Tennis Center, 43011 10th St.W.

Private Lessons

Lesson is arranged following registration. 1 hour \$45 (\$50 NR), 1/2 hour \$28 (\$33 NR).

Saturday Tennis

Coach: Jim Majd

Pee Wee	Lessons (4-6 YRS) \$36 (\$41 NR)	
772	Oct 6-27	

11 am-12 pm 773 11 am-12 pm Nov 3-24 774 Dec 1-22 11 am-12 pm

Monday/Wednesday Tennis

Coach: Linda Ruiz.

Junior Lessons (7-17	7 YRS) Beg to Adv-Beg \$51 (\$56 NR))
784	Oct 17-Nov 14	5-6 pm
785	Nov 19-Dec 12	5-6 pm

Advanced Juniors (7-17 YRS)-\$51 (\$56 NR)

Oct 17-Nov 14 6-7 pm Nov 19-Dec 12 788 6-7 pm

Tuesday/Thursday Tennis

Coach: Jim Majd, No class Nov 22.

Junior Lessons (7-17 YRS) Beg to Adv-Beg \$51 (\$56 NR),

*\$39 (\$ 44 NR).

781	Oct 2-25	6-7 pm
782	Nov 1-29	6-7 pm
783	Dec 4-20*	6-7 pm

Adult Beg to Adv \$51 (\$56 NR). *\$39 (\$ 44 NR).

775	Oct 2-25	7-8 pm
776	Nov 1-29	7-8 pm
777	Dec 4-20*	7-8 pm

FREE Public Play

Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts will be lit from dusk to 10 pm, 7 days/wk. 1st-come, 1st-served. One-hour use if players are waiting for an open court.





Aquatics

To Register See Insert.

Eastside Pool 661-723-6255

at Deputy Pierre W. Bain Park, 45045 N. 5th St. East. Open year round. Eastside pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Gerald Wesley at 723-6256.

Webber Pool 661-723-6288

at Jane Reynolds Park, 716 Oldfield. Open during the summer.

Public Swim Jimes

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Public swim	Sat	1:30-2:30 pm
Early Bird lap	Mon-Fri	5:45-7 am
Noon lap	Daily	11:45 am-1 pm
Senior & Therapy	Mon-Fri	10-11:30 am
Evening lap	M/W/F	8:30-9:30 pm

Holiday Closures: Nov 12 - Veteran's Day, Nov 22 - Thanksgiving. **Open:** Nov 23 - 11:45 to 1 pm (noon lap)

Public Swim Fees

Infant (3 YRS and under)	Free
Child (4-12 YRS)	\$1
Teen (13-16 YRS)	\$1.25
Adult (17+ YRS)	\$1.75
Senior (55+ YRS)	\$1

30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19

Courses available for online registration on page 18.

Aquatic Classes

To Register:

- 1. Read descriptions.
- 2. Determine which class you would like to take.
- 3. Select the schedule that is convenient.
- 4. Check the table to see if your class is offered.
- 5. Write class code from table on registration form.

Class Information

All classes: eight lessons, 30 minutes long, except Level 6, Aquacise & Hydrofit which are 45 minutes. See schedule for dates, times, program codes and fees.

Parent/Tot

(6 MOS-3 YRS) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

Preschool

(3-5 YRS) This intro class will help teach your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn to swim class.

Preschool 2

(3-5 YRS) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

Preschool 3

(3-5 YRS) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhanced combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 YRS) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back; explore arm and hand movements; swim on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.

Level 2: Fundamental Aquatic Skills

(6-14 YRS) Purpose: Gives students success with fundamental skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.





Level 3: Stroke Development

(6-14 YRS) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform the HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

Level 4: Stroke Improvement

(6-14 YRS) Purpose: Develops confidence in the skills learned and improves Level 3 skills. Participants learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.

Level 5: Stroke Refinement

(6-14 YRS) Purpose: Provides further coordination and refinement of Level 4 strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; sidestroke.

Level 6: Swimming & Skill Proficiency

(6-14 YRS) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that each focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.

Adult Swim Lessons

(15+ YRS) Everyone can learn to swim. Skills taught: front and back float and glide; breathing; stroke and kicking techniques.

Aquacise: Aerobic Water Exercise

(15+ YRS) A water exercise class to help firm up your arms and legs and increase your circulatory endurance using a variety of movements.

Hydro-Fit: Muscle Toning & Fitness

(15+ YRS) An exercise class for those who want an invigorating water workout. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

Private Swim Lessons

Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

822-823

Lesson times to be arranged.

Lifeguard Training Class

(15+ YRS) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Current rescue techniques, life guarding procedures taught. Teaches the skills and provides certification to qualify as a professional lifeguard, including CFAS & CPR for the professional rescuer. Students must attend all classes – no exceptions. \$74 (\$80 NR). Call 723-6256 for times.

824

Sat & Sun

Sep 22-Oct 7

8 am-5 pm

Water Safety Instructor Class

(17+ YRS) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross ICT course included. Date: TBA. Approximately 40 hrs. of training. Students must attend all classes – no exceptions. \$74 (\$80 NR).

825

Sat & Sun

TBA

8 am-5 pm





Aquatic Programs

Novice Swim Team

(5-17 YRS) Not a learn-to-swim class. Enrollees must be able to swim at least length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$80 (\$86 NR).

826

Sat

Sep 22-Nov 10

4-6 pm

Oasis Aquatic Swim Team

(5-18 YRS) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Head Coach: Gunther Niklas. Call 940-1832 for more info.

Oasis Masters Swim Program

(18+ YRS) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and info at 948-0057 or 722-0585.

A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 945-6210. Meets on Mondays.

Aquatics Class Schedule

The numbers listed under each time frame are the class codes to include on your registration.

Session 0: Sep 22- Nov 10

Sat (1x/week for 8 weeks) \$33 (\$36 NR).

Class Level	9:00 am	9:40 am	10:20 am
Parent/Tot		829	
Preschool	831	835	
Preschool 2	837		
Level 1	847		
Level 2	850		
Level 3		854	
Level 4			858
Level 5			862
Level 6			866
Adult		870	
Aquacise 4			874

Session 1: Sep 17-27

Mon thru Thu (4x/week for 2 weeks) \$33 (\$36 NR).

Class Level	3:10 pm
Preschool	832
Preschool 3	841



Session 7: Sep 11-Oct 4

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	827			
Preschool	833			
Preschool 2		838		
Preschool 3	842			
Level 1	845	911		
Level 2	851			
Level 3		855		
Level 4			859	
Level 5			863	
Level 6			867	
Adult		871		
Aquacise 🕆	The same	875		
Hydro-Fit 🖰				878

Session 8: Oct 9 - Nov 1

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	828			
Preschool	834			
Preschool 2		839		
Preschool 3	843			
Level 1	846	912		
Level 2	852			
Level 3		856		
Level 4			860	
Level 5			864	
Level 6			868	
Adult		872		
Aquacise 🖰		876		
Hydro-Fit 🖰				879

Session 9: Nov 6 - Dec 4 (No class Nov 22)

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

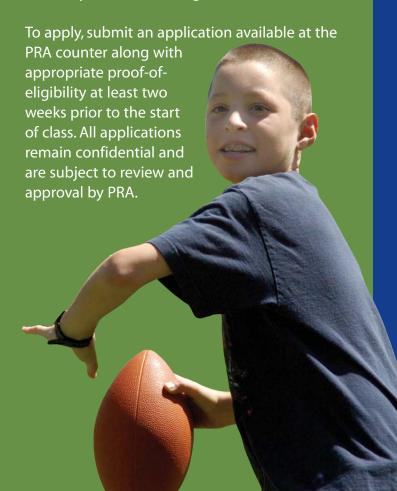
Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	830			
Preschool	836			
Preschool 2		840		
Preschool 3	844			
Level 1	848	913		
Level 2	853			
Level 3		857		
Level 4			861	
Level 5			865	
Level 6			869	
Adult		873		
Aquacise 🕆		877		
Hydro-Fit 🖰				880

Don't let limited funds limit your fun!

Apply for a Recreation Fee Waiver

We believe all residents of the City should be able to enjoy the many fun and enriching programs available through the Parks, Recreation and Arts (PRA) Department. That's why the City has created a fee waiver program to help reduce or eliminate costs involved in many popular recreation programs.

Open to qualifying children and adults who reside or work within Lancaster, fee waivers cover attendance to programs such as day camps, aquatic classes, youth sports programs and many special classes. Any supplies, materials, transportation or other special fees are not included. All program policies apply. For more information, call 661-723-6077 or visit www.cityoflancasterca.org.



SEPTEMBER OUTLOOK 2007 19



Cultural Bones – A Body of Artwork by Tandy Zorba

Visitors have until September 30 to explore the scope of award-winning Tandy Zorba's deeply personal artwork that has a strong Greek emphasis. Her pieces, which are mostly portraits, include pencil and pastel drawings, acrylic paintings and some sculptures. The exhibit superbly illustrates the evolutionary twists and turns this artist has experienced throughout her career. Visit www.artbytandyzorba.com.

A Celebration of Mexican Folk Art Traditions October 27 - December 2

This colorful show explodes with the rich and diverse artistic traditions of Mexico. Viewers will have an up-close view at the creativity and symbolism of the Dia de los Muertos (Day of the Dead), which is a festive time honoring ancestors and deceased loved ones while remembering that though they are gone, they are not forgotten. The exhibit includes ancient artifacts and vintage textiles and will showcase artwork by Ramon Ramirez, Ulrica Bell Perkins, Joanne Maldonado, Edwin Vasquez and others. The show opens with a free reception on Saturday, October 27 from 12 to 4 pm.

How to Prepare Artwork for a Juried Art Show

November 3, 12 to 3 pm

With the annual juried art exhibition coming in January 2008, be sure to attend this lecture and learn about proper framing, judging criteria and artwork presentation. Discover how to become a winning artist! \$2 per person.





California Comes Alive

with the Arts

Join us in celebrating California Arts
Day on October 6, 2007 from 11 am to
5 pm. In conjunction with the California
Arts Council, the event is presented by
the Lancaster Museum/Art Gallery
Associates, the Museum/Art Gallery,
and the Western Hotel/Museum. This
statewide celebration of the power and
influence of arts to help bring our
community together will feature an
exciting day of art activities and fun for
adults and children. Call the Museum/
Art Gallery for information.

Lancaster Museum/Art Gallery

44801 N. Sierra Highway 661-723-6250 Free admission and tours

Hours:

Tuesday - Saturday, 11 am to 4 pm Sunday, 1 to 4 pm Closed Mondays and holidays

The Museum/Art Gallery will be closed: September 14 and 15 for special events; October 1-26 to prepare our new show.

Western Hotel/Museum

557 W. Lancaster Boulevard 661-723-6260 or 661-723-6250

The Western Hotel/Museum will only be open the following days: Friday and Saturday (from noon to 4 pm)

September 7-8, 14-15; October 5-6, 12-13; November 2-3, 23-24

lancaşter performing artş center

Pure Prairie League and Firefall

September 23 | 7 pm

Pure Prairie League is one of the true originals of country rock. The harmonies, lyrics, musicianship and honesty in their musical vision set them apart, reinforcing their status as originals. With a wealth of songs old and new, Firefall demonstrates the depth and diversity of the band's lyrical and musical excellence.







750 W. Lancaster Boulevard

For tickets or information, call 661-723-5950 or visit www.lpac.org

Box office hours: Monday - Friday, noon to 6 pm Saturday, noon to 4 pm



Georgian State Dance Company September 24 | 8 pm

Like an illuminated manuscript come to life, a company of 80 dancers, singers and musicians from the Republic of Georgia dazzle audiences with their vigor, agility and spectacular costumes.

All Seats \$35/Youth \$15



Come visit the 100-acre preserve that features nearly three miles of trails. The Interpretive Center is open from 2 pm to 5 pm, Tuesday through Thursday and 10 am to 3 pm Saturday and Sunday. Group tours by appointment. Fees will be collected at the door to the Interpretive Center on the day of each presentation. Presentations are free for children 3 years and under. Meet at the Interpretive Center at posted times.

Attendance is limited for events in the Interpretive Center. Call 661-723-6230 for more information.

Nature is an endless combination and repetition of a very few laws.

Ralph Waldo Emerson

Take a Look at These Great Fall Events at the Preserve! Sponsored by Lockheed Martin

Birds - Sat., September 8 • 4 pm

Richard Montijo, a wildlife biologist and environmental consultant will speak about migratory birds that visit the AV, and will present a slide show to help recognize these beautiful and fascinating creatures. Free.

Live Animals – Sat., September 29 • 4 pm

Valentine's Traveling Nature Class. John Valentine will present his collection of millipedes, frogs, snakes, lizards and tarantulas. \$2 per person.

Bird Watching - Sat., October 13 • 8 am

Ron Smith, award-winning wildlife artist and member of the A.V. Audubon Society, will lead a walk along the trails of the Preserve as he identifies local and migrant birds. Remember to bring field guides and binoculars. Free.

Live Birds of Prey - Sat., October 20 • 4 pm

Avian Entertainment presents exotic birds of prey from around the world. Come see a falcon fly at 100 mph. \$2 per person.

Live Animals - Sat., November 10 • 6 pm

Placerita Canyon Nature Center presents native animals of Southern California including a skunk. \$2 per person.

Moon Walks

Jeremy Amarant, Director of the S.A.G.E. Planetarium, will teach us about the moon, stars and constellations as he leads visitors on a onemile walk on the trails of the Preserve. Free.

Sat., September 15, 7:30 pm Sat., October 27, 7 pm Sat., November 24, 6 pm

AVENUE H AVENUE I AVENUE II AVENUE II

Facility Rentals

Individuals... families... groups...

organizations... can rent facilities at:

- 11 City Parks
- Clear Channel Stadium at Lancaster, CA
- Big 8 Softball Complex at Lancaster City Park
- Lancaster National Soccer Center

Rent group picnic shelters, barbecues, volleyball courts, horseshoe courts, softball fields, swimming pools, banquet halls and meeting rooms. Reservations must be made at least three weeks in advance. For more information, call 723-6077.

Lancaster Community Services Foundation, Inc. 44933 Fern Avenue Lancaster, CA 93534-2461 U.S. Postage Paid Presorted Standard

Lancaster CA Permit No. 192

Facility Info

- 1 City Hall
 - 44933 Fern Ave. 723-6000
- 2 Clear Channel Stadium at Lancaster, CA 45116 Valley Central Way for Stadium info, call 726-5400
- 3 Deputy Pierre W. Bain Park/Eastside Pool 45045 N. 5th St. E. • 723-5894/723-6255
- **4 El Dorado Park** 44501 N. 5th St. E. • 723-6245
- 5 Forrest E. Hull, M.D. Park 2850 W. Ave. L-12
- 6 Jane Reynolds Park/Webber Pool 716 Oldfield St. 723-6285/723-6288
- 7 Lancaster City Park/Tennis Center Big 8 Softball Complex 43011 N. 10th St. W. • 723-6277
- 8 Lancaster Museum/Art Gallery 44801 N. Sierra Hwy. • 723-6250
- 9 Lancaster National Soccer Center 43000 30th St. E. • 723-5964
- **10 Lancaster Performing Arts Center** 750 W. Lancaster Blvd. 723-5950
- 11 Maintenance Yard 615 W. Ave. H • 723-5985
- **12** Mariposa Park 45755 N. Fig • 723-6265
- 13 Prime Desert Woodland Preserve 43201 35th St.W.• 723-6230
- **14 Rawley Duntley Park** 3334 W. Ave. K 723-6295
- **15 Skytower Park** 43434 N. Vineyard 723-6208
- 16 Tierra Bonita Park 44910 N. 27th St. E. • 723-6209
- Western Hotel557 W. Lancaster Blvd. 723-6260/723-6250
- 18 Whit Carter Park (under construction)
 Ave. H-8 and Sierra Highway

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