

outlook

March 2008
Newsletter &
Activity Guide

lancaster  ca
it's positively clear.



Spring
Class
Schedule
Inside!

city officials

Lancaster City Council

Henry W. Hearn, *Mayor*
Andrew D. Visokey, *Vice Mayor*
Jim Jeffra, *Council Member*
Ed Sileo, *Council Member*
Ron Smith, *Council Member*

Interim City Manager

Mark V. Bozigian

Lancaster Planning Commission

Ken Mann, *Chairman*
Mark Troth, *Vice Chairman*
Mary Faux, *Commissioner*
Bruce MacPherson, *Commissioner*
Manuel Salazar, III, *Commissioner*

you're invited to meetings

Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 6 pm. Notice of special Council meetings will be posted at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 7 pm. Agenda review is held on the Monday preceding each month's meeting at 5:30 pm in the Community Development Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 pm. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue.

let us hear from you

We welcome your comments and suggestions. 661-723-6000
Monday - Thursday from 8 am - 6 pm, Friday 8 am - 5 pm.

hotline info

24-hr recorded information	661-723-6200
Abandoned shopping cart retrieval	800-887-0466
City Special Event hotline	661-723-5900
Job hotline	661-723-5874
Hate crimes hotline	877-728-7322 (7 AT-PEACE)
Graffiti hotline	661-723-5985

www.cityoflancasterca.org

City Council meeting agendas can be found here.
Register for selected classes online.

www.lpac.org

Lancaster Performing Arts Center

www.avfilm.com

Antelope Valley Film Office

www.colra.org

Lancaster Redevelopment Agency

www.lancastersoccercenter.com

Lancaster National Soccer Center

www.big8softball.com

Big 8 Softball Complex

www.poppyfestival.com

Information, dates, etc.

Lancaster CityLink

Receive free e-mail alerts for City of Lancaster events and activities! Just go to www.cityoflancasterca.org and sign up for Lancaster CityLink.

a message from the city council

AS THE WEATHER WARMS, BLOSSOMS START TO BLOOM, AND THOUGHTS TURN ONCE AGAIN TO OUR ANNUAL POPPY FESTIVAL.

In this issue of the **outlook**, you'll find a full rundown on all the family fun and excitement that is scheduled for April 19 and 20.

Another important date to remember is our Municipal Election day, April 8. Be sure to register to vote by March 24, if you aren't already, and head to the polls to help choose who you think should lead our community forward in the years ahead.

Even if you are unable to attend our City meetings, you can keep up on local issues via TV broadcasts of Council and Planning Commission meetings on Time Warner Cable Channel 28 or online at www.cityoflancasterca.org. Please let us know what you think. E-mail links to each council member are available under the "Contact Us" section of the City website.

The City's younger generation is the hope and promise of tomorrow. Highlighted in this issue of **outlook** are a number of innovative programs to help protect our youth, prevent abuse and divert youthful offenders through a special "Teen Court" program.

Our thanks go out to all our citizens who have participated in recent volunteer activities such as the Martin Luther King Jr. Day of Service held January 19. People pitching in together to help their community really can make a big difference. Thank you.

Your City Council



on the cover

Photo by Liz Breault

Kids, clowns and good times for all are guaranteed to be important ingredients at the 2008 California Poppy Festival, held April 19 and 20. Look for details on our entertainment line-up inside this issue of **outlook**.

outlook

Editor: Anne Aldrich, *City of Lancaster Communications Manager*

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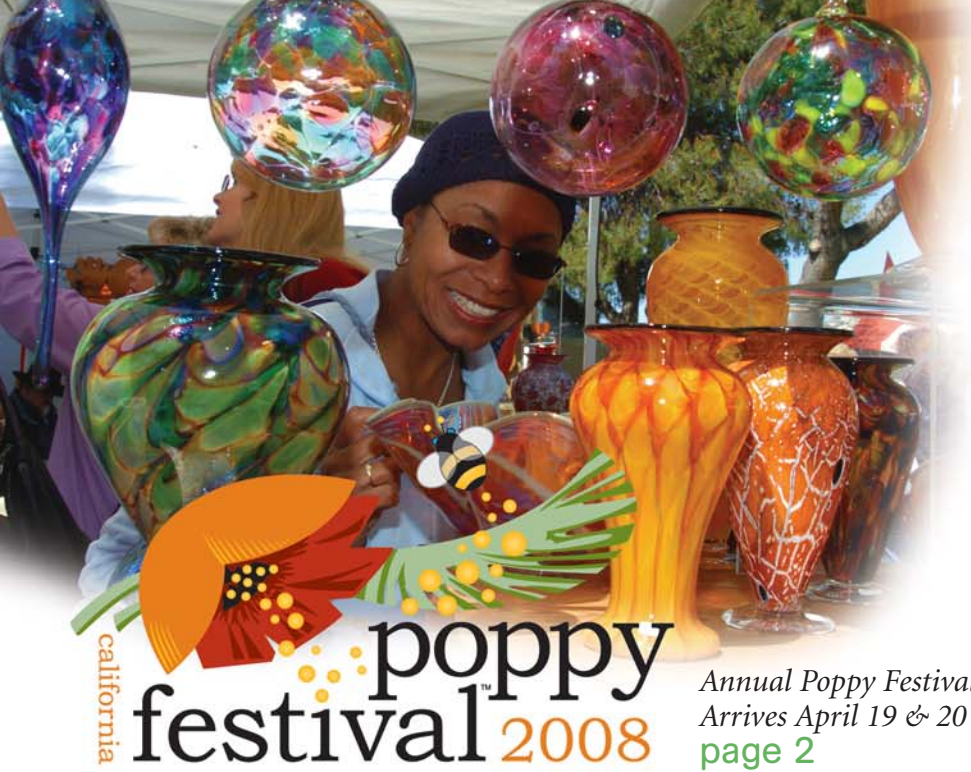
Photography: Liz Breault and Dave Balian

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This newsletter is mailed to households and businesses in the City as a public service.

Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County.

The City of Lancaster is an equal opportunity employer.



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Arrives April 19 & 20
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Music, dance and comedy

back prime desert woodland

Spring nature adventures!



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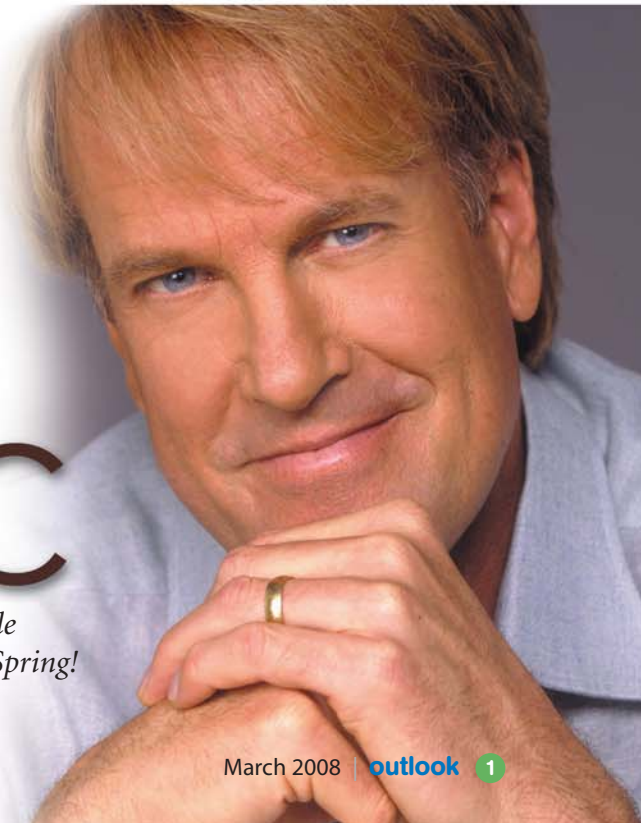


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LPAC

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close up on poppy festival

Outlook Is Positively Clear for Loads of Family Fun

Annual Poppy Festival Arrives April 19 & 20

As winter's chill gives way to warmer weather, laughter fills the air and poppies burst into bloom blanketing our hillsides in a sea of orange.

Once again, Lancaster's signature event is right around the corner.

Join friends, neighbors and visitors from across Southern California as we celebrate the fresh air, clear blue skies and bright floral décor found in this inviting high desert community.

This year's line-up of entertainers and attractions promises to be better than ever.

Fifteen-year-old identical twins Nik and Sam kick off this year's entertainment with a melodic show from American roots.

This young duo is followed by Louisiana musicians, the Magnolia Sisters, who bring a woman's touch to Cajun music. Sunday's line-up includes two contemporary jazz legends, Acoustic Alchemy and Lee Ritenour. Grammy Award nominee Acoustic Alchemy will bring their smooth jazz interpretations to the Festival stage followed by famed jazz guitarist Lee Ritenour. Ritenour has earned 17 Grammy nominations and has topped Billboard's jazz charts with his album "Wes Bound," a tribute to Wes Montgomery.

Experience more fun and excitement at any of six amazing performances offered up by magic master Ron Saylor. A member of the famed Magic Castle in Hollywood, Saylor is accomplished at both close-up and stage magic, and has thrilled audiences for years.

Another top family attraction is the Jest-in-Time Circus of Fools that features the hilarious antics of a talented troupe of white-faced comedians.

Also on tap for Festival Weekend is the Exotic Animal Encounter where kids can experience emu, wallabies, exotic birds and more.

Guests can stroll through rows of arts and crafts exhibits, enjoy mouth-watering treats and discover new surprises around every corner, including the ever-popular carnival attractions.



April 19 & 20
lancaster
city park

43011 N. 10th Street West
Lancaster, California
10 am to 6 pm

california

Adults \$8
Children (6-12) \$5
Seniors (62 & older) \$5
Children (under 6) Free

poppy
festival 2008

For more information: 661-723-6077
www.poppyfestival.com

Parking is free!

Dogs and other pets are not permitted
on the Festival grounds.



Ron Saylor, Master Magician
3 shows daily!

Ron Saylor combines masterful illusions, music and choreography to create a truly amazing show that will delight the entire family. Saylor is a Performing Magician Member of the world famous Magic Castle in Hollywood. His remarkable performances have earned him numerous awards from audiences throughout the U.S.



Nik & Sam | Saturday, 1:30 pm

Combining elements of bluegrass, blues, country and classic rock, Nik and Sam's sound has been influenced by such talents as Sheryl Crow, Alison Krauss and Nickel Creek.



The Magnolia Sisters | Saturday, 3:30 pm

These four diversely talented singers and musicians give a woman's voice to the sounds of the Mississippi bottomlands while retaining its soulful, gutsy feel.



Acoustic Alchemy | Sunday, 1:30 pm

These award-winning British recording artists are famous for their signature sound of dual acoustic guitars, punctuated by an eclectic mix of piano, sax and brass.

Lee Ritenour
Sunday, 4:30 pm

With a career spanning three decades, Lee Ritenour has established himself as one of the world's leading jazz guitarists.



community in action

Peer Pressure Put to Good Use Through Teen Court

The City of Lancaster, in cooperation with the Los Angeles County Sheriff's Department and the Los Angeles County District Attorney's office, has a unique way of dealing with local youthful first-time offenders: Teen Court.

This special program offers an alternative to the traditional juvenile justice system for 12- to 17-year-old kids who have no prior felony arrests or gang affiliations.

Each month, Teen Court jurors gather to hear four cases. They listen, ask questions and then deliver their verdict that can include community service time, writing letters of apology and essays, as well as restitution. Once the offender has completed his sentence, he or she is required to serve on the teen jury before the charges are dismissed.

Being judged by fellow students has a real impact on those who have gone astray, said Program Supervisor Gerald Wesley. "Recidivism is greatly reduced because offenders have friends and classmates helping them live up to their commitments and avoid future problems."

For more information on the Teen Court program, contact Gerald Wesley at 661-723-6257.



Let Your Voice Be Heard...

Lancaster's Municipal Election Slated for April 8 **vote!**

With all the national primaries, caucuses and general elections taking place in 2008, it would be easy to overlook Lancaster's municipal elections coming up on April 8, but don't. Perhaps no other election has a greater direct impact on you and your family than the municipal election. Up for grabs are two council seats and the election of Lancaster's mayor as well as a local advisory measure that asks citizens if our municipal elections should be moved to coincide with November elections held in odd-numbered years.

"It is vital for people to get out and vote in local elections," says City Clerk Geri K. Bryan. "The decisions made in these elections impact us all. I encourage every registered voter to do their part."

"I BELIEVE THAT VOTING IS THE FIRST ACT OF BUILDING A COMMUNITY AS WELL AS BUILDING A COUNTRY."

— John Ensign
U.S. Senator

Go to the polls and let your voice be heard on Tuesday, April 8."

For those who have moved, changed party affiliation or changed their name, be sure to re-register by the March 24th deadline. For registration information, contact the City Clerk's office at 661-723-6020.

Tune in to Must-See Muni TV!

City Council and Planning Commission Meetings are now televised live on Time Warner Cable TV Channel 28 with special rebroadcasts throughout the week. Don't miss this great opportunity to view local government in action. See and hear the discussions that lead up to the important decisions your representatives make that can impact both you and your family. Gain a better understanding of the dynamics involved and the tremendous amount of work and thought put into issues of concern by staff, applicants and the public-at-large before each meeting.

For those with high-speed internet connections, an archived version of each Council meeting will be available "on-demand" beginning March 11 at www.cityoflanasterca.org. There's no better way to catch up on what you've missed, at your convenience!

So turn it on, tune in and stay informed about what's happening in your community.

city of lancaster meeting broadcast schedule

	City Council	Planning Commission
Monday	10 am	6 pm
Tuesday	Live Meeting	
Wednesday	6 pm	
Thursday		10 am, 6 pm
Friday	6 pm	
Saturday	2 pm	
Sunday		2 pm



Martin Luther King Jr. National Day of Service

With more than 50 organizations and businesses and 925 volunteers, Lancaster celebrated the spirit of Dr. Martin Luther King Jr. Thanks to all who made a difference by giving their time, their hearts and their soul to improving our City.

- A-G Sod Farms
- Adelman Broadcasting
- Affordable Tire
- Albertsons
- AV Chambers of Commerce
- Antelope Valley College
- Antelope Valley Conservancy
- Antelope Valley Hospital
- AV Human Relations Task Force
- AVHS Navy JROTC
- Antelope Valley Jaycees
- AV Union High School District
- Assistance League of the AV
- Bicycle John's
- Boeing Corporation
- Boys & Girls Clubs
- Boy Scouts
- Call 2 Action
- Carpeteria
- Central Christian Church
- Children's Bureau
- City of Lancaster
- Cold Stone Creamery
- D's Ceramics
- Desert Christian School
- Dunn-Edwards Paints
- EAA Chapter 1000
- Girl Scouts
- Grace Chapel
- Grace Resource Center
- Greater AV Association of REALTORS®
- High Desert Broadcasting
- High Desert Medical Group
- Home Depot
- Lancaster Homeless Shelter
- Lancaster JetHawks
- Lancaster Rattlers
- Lancaster School District

- Lancaster Sunrise Rotary
- Lancaster West Rotary
- Lancaster Youth Commission
- Little Miss AV Queens
- Live Again Ministries
- Metro Floors
- Pet Pals
- Pinnacle Mortgage Corporation
- Think Creative Minds
- Time Warner Cable
- Unity Church
- Vons
- Waste Management
- Young Marines
- Zonta International

WM Green Team Helps Prevent Illegal Dumping

Despite Arlo Guthrie's lament, illegal dumping really does have a big negative impact on our environment. Not only does it create a neighborhood eyesore, it can also leech harmful chemicals into our precious water supply and top soil. What's worse, you risk a \$1,000 fine for each infraction.

That's why the City of Lancaster, in cooperation with Waste Management of the Antelope Valley, has created special programs to help haul away bulky items, yard waste and other trash that may accumulate.

Just call Waste Management at 661-947-7197, 24 hours ahead of your normal pick-up day to schedule this special service, which is included in your standard refuse fees.

For those who spot illegal dumping, contact the Maintenance Division of the City's Public Works Department at 661-723-5985 for rapid follow-up.

COMING TO A CURB NEAR YOU

To improve service and recycling programs in Lancaster, Waste Management will be standardizing carts for Lancaster residents.

The cart colors will be: **BLUE** for trash, **GRAY** for greenwaste and **GREEN** for recycling. The cart standardization has already started and will be completed over the next five years. Waste Management will *only* replace carts if the carts do not match the standardized colors.

Keep recycling, reducing the amount of waste that enters the landfills and keep Lancaster beautiful!

If you have any questions, please contact Waste Management at 661-947-7197.



After-School Programs Help Cut Juvenile Crime

The statistics are irrefutable. Unsupervised teens are three times more likely to engage in criminal activity in the afternoon than those who participate in well supervised after-school activities.

These after-school programs have been proven to reduce youth crime markedly. In one study, areas with Boys & Girls Club programs were shown to have half the occurrence of vandalism, and a third less drug abuse than communities without such programs.

“Many people believe that kids are most likely to get into trouble at night or on weekends,” said Shelli Henson, Lancaster’s Community Safety Supervisor. “The truth is during the hours after school and with no parental supervision, kids are most likely to commit crimes.”



The City’s Parks, Recreation and Arts Department offers structured, safe and fun after-school programs for K-6 at Valley View and West Wind schools until 6 pm on days when school is in session. Activities are aimed at children of working parents and offer physical and mental exercise for growing kids. New enrollments are accepted in person at City Hall. Fees are \$95/month. For more information, please call 661-723-6077.

The Boys & Girls Clubs of the Antelope Valley offers after-school programs for teens at their Whitney Mac Youth Center at 45404 Division Street. In addition to recreational activities, homework help and computer access is offered in a well supervised and supportive environment. For more information on the Boys & Girls Clubs program, call 661-951-1400 or visit www.avbgc.org.

safe at home

City Invests in Future with Several Children’s Programs

The children of Lancaster represent the future of our community. Keeping them safe and helping them find a successful path to adulthood is our highest priority.

From preschool to after-school programs, a number of free and low-cost options are available to assist both parents and children.

Early Education Plays Key Role in Adult Outcomes

Ask a deputy, prosecutor or judge the best way to prevent criminal activity in the future and they’ll tell you that we need to invest money in our youth, starting at an early age.

Programs such as preschool and Head Start can shape children’s attitudes and get them heading in the right direction. Quality preschool programs prepare children for learning, reinforce respect and responsibility, and reduce behavioral problems that can often spiral out of control.

Research has shown that at-risk kids who do not attend preschool programs are five times more likely to grow up to be criminals than children who do attend Pre-K programs. Pre-K programs make economic sense too. For every dollar invested in early education, two dollars are saved in avoided costs to the society later on.

Locally, the City’s Parks, Recreation & Arts Department offers preschool programs at both El Dorado Park and Jane Reynolds Park. See page 10 for details.

Contact the Lancaster Head Start office at 661-273-4710 for information on its programs.



April Is Child Abuse Prevention Month

Do your part to stop child abuse. Contact The Children’s Center of the Antelope Valley to see how you can help. Call 661-949-1206 or visit www.childrenscenter.av.org.

Cities and Schools Unite to Create Violence-Free Zone Around Eastside High

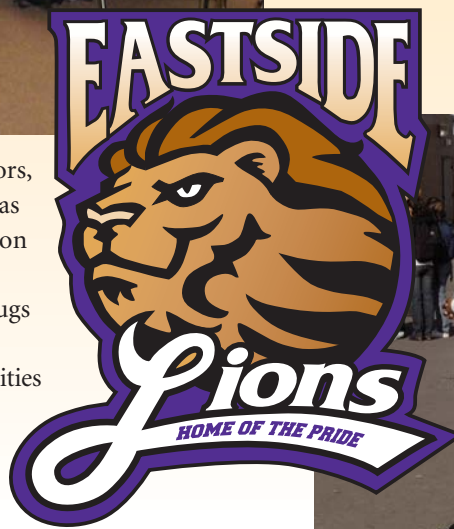
The City of Lancaster, in cooperation with the Antelope Valley Union High School District and the City of Palmdale, has launched a new program to reduce youth violence and crime around local high schools.

The “Violence-Free Zone” initiative is a model program created by the Center for Neighborhood Enterprise (CNE) and has proven to be successful in a number of communities throughout the country.



Central to the program is the use of Youth Advisors, mature young adults from the community who act as hall monitors, mentors, counselors, conflict resolution advisors and role models. They work closely with at-risk youth, steering them away from violence, drugs and gangs.

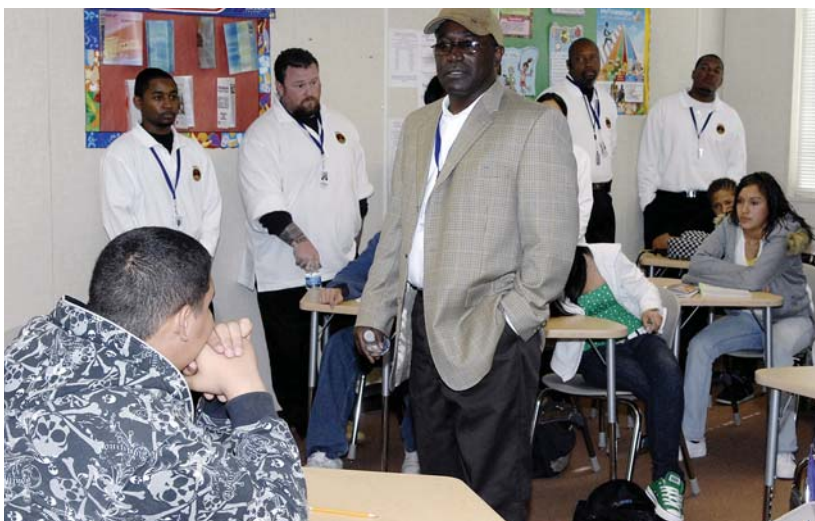
The result in the 21 schools and six other communities where the program has been initiated has been a significant reduction in violent incidents, truancy, suspensions and increased school attendance. Once violence subsides, focus changes to providing life skills and jobs as a positive alternative to the drugs and crime lifestyle these youth leave behind.



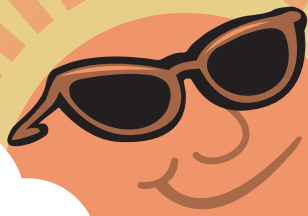
Each of the cities has committed \$75,000 toward the program with the high school district providing \$150,000 to kick off the effort. Help from foundations and government grants may be sought to expand activities once the pilot program has proven the concept here.

Murrell's Farm and Boys Home is the local agency that has contracted with the school district to implement the “Violence-Free Zone” initiative with support and direction from the Washington D.C. based Center for Neighborhood Enterprise.

For more information on the program, its successes and CNE, visit www.cneonline.org.



Camp Fun Seekers



Camp Sign-Up Day Saturday, May 3

9 am to 12 pm
Lancaster City Park
Stanley Kleiner Building
43011 10th Street West

\$50 deposit per week.

June 16 to August 8 Ages 6 to 12

Participate in one or all sessions!
Excursions, movies, games, crafts & swimming!

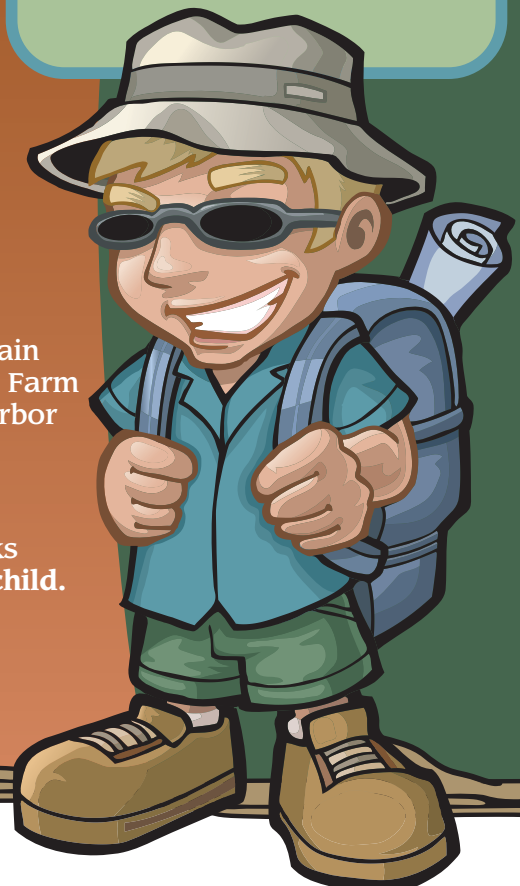
Core Camp Hours: 9 am to 4 pm, Monday through Friday.
Participants may enjoy extended commuter hours
(6 am to 6 pm) at no additional cost.

Day Camp Fee: \$150 per week for all residents. Fee includes
costs for day camp including excursions.

Excursions: June 18 - Natural History	July 16 - Magic Mountain
June 25 - Raging Waters	July 23 - Knott's Berry Farm
July 2 - Movies 22	July 30 - Hurricane Harbor
July 9 - Medieval Times	August 6 - Disneyland

Registration Policy: A \$50 non-refundable deposit per week is
required when enrolling. The remaining balance is due two weeks
before the start of each week. **Bring a current photo of your child.**
Cash, checks and credit cards accepted.

Call 661-723-6077 for more information.



Egg Hunt Eggstravaganza

Saturday, March 22
For kids ages 9 & under

Free!

Lancaster City Park Big 8 Complex
Field Area 1 - 4
43011 10th Street West

Hunt for eggs and redeem them for a bag of surprises. Magician Ron Saylor will dazzle families with his unique show in between hunts. Children can visit with the Bunny and have a Polaroid taken for only \$3. Children must bring their own baskets to gather eggs. Hunts will begin on time, make sure to arrive early. Adults will not be allowed on the fields except for the infant to 5-year-old age groups. There will also be a special photo opportunity area outside the hunt areas to give parents a place to create life-long memories.

Age	Time	Field #
1 & under	9:30 am	1
2 years	9:50 am	2
3 years	10:10 am	3
4 & 5 years	10:30 am	4
6 years	10:50 am	1
7 years	11:10 am	2
8 & 9 years	11:30 am	1



parks, & recreation & arts activity guide

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Pet Classes 13

Dog obedience

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Martial Arts 15

Kung Fu, self defense for women...

sports

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registration dates

Online/Mail-in begins March 3. Phone/Fax/Walk-in begins March 10. See insert for Registration Worksheet. Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee. Example \$40 (\$45 NR).

to register see insert.

Advance registration through Parks, Recreation & Arts Department required. Classes must meet minimum enrollment two business days prior to start & are subject to instructor change, rescheduling or cancellation.

preschool

El Dorado Preschool

Inst: Jennifer Alvarado

Registration guideline: New enrollees may be accepted monthly. Priority registration for current students ends on 15th of month prior to upcoming class. \$3 material fee due 1st day. El Dorado Park.

Monthly Preschool

(4 YRS) Kindergarten preparation, crafts, stories and motor skills play. Must have turned 4 by Dec 2, 2007. \$75 (\$80 NR). No class Apr 18, May 26.

1173	MWF	Apr 2-30	9-11:30 am
1174	MWF	May 2-30	9-11:30 am
1175	MWF	Jun 2-30	9-11:30 am

Monthly Wee Folks

(3 YRS) Socialization skills, crafts, stories and outdoor play activities. Must have turned 3 by Dec 2, 2007. \$55 (\$60 NR). No class Apr 8, 17.

1179	T/TH	Apr 1-29	9-11:30 am
1180	T/TH	May 1-29	9-11:30 am
1181	T/TH	Jun 3-26	9-11:30 am

Jane Reynolds Preschool

Inst: Lynnette Bass

Registration guideline: Priority registration for current students ends on 15th of month prior to upcoming class. New enrollees may be accepted after the 15th. Parents required to volunteer 3 times. \$4 material fee due 1st day. Jane Reynolds Park, Rm 2.

JRP Play Brigade

(3 YRS) Music, crafts, stories, indoor & outdoor play. Must have turned 3 by Dec 2, 2007. \$110 (\$115 NR). No class Apr 17.

1283	T/TH	Apr 1-May 22	9:30-11:30 am
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JRP Preschool



(4 YRS) Socialization skills, kindergarten preparation, crafts, stories and motor skills play. Child must have turned 4 by Dec 2, 2007. \$160 (\$165 NR). No class Apr 18.



1284	MWF	Apr 2-May 21	9-11:30 am
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Kids Play Days

(3-5 YRS) Out of preschool and on your way to kindergarten? Enjoy a summer full of fun activities. Children experience arts & crafts, story time and songs. Activities include colors, shapes, numbers and the alphabet. Bring lunch and bottle of water. Inst: Lynnette Bass. \$85 (\$90 NR). Jane Reynolds Park, Rm 2.

1270	MWF	Jun 2-27	9 am-12 pm
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 Online registration available  New class offering

 Bilingual instructor  FREE!



youth enrichment

After-School Programs - Enrichment Centers

Interactive, structured and safe after-school programs for K-6 offered at Valley View and West Wind schools. Offered after school M-F until 6 pm only when school is in session. Staff fingerprinted & CPR/1st Aid certified. \$95 per month or tracking period. Priority registration for Valley View ends on 15th of month prior to upcoming month. Students lose spot in program after that date. New student enrollments & payments only accepted at Parks, Recreation & Arts Department in City Hall. For more info call 723-6077.

Mommy/Daddy & Me

(18 MOS-3 YRS) Parent and child explore art, music & games while developing socialization skills. Inst: Lynnette Bass. \$80 (\$85 NR). *45 (\$50 NR). \$4 material fee. Jane Reynolds Park, Rm 2. No class Apr 17.

1279	T/TH	Apr 1-May 22	12-1:30 pm
1280	T/TH	Apr 1-May 22	2-3:30 pm
1276	T/TH	Jun 3-26*	9-10:30 am
1277	T/TH	Jun 3-26*	11 am-12:30 pm

Let's Cook Up a Story!

(3-5 YRS) Read a fun story or nursery rhyme each week, like "The Gingerbread Man" or "The Little Red Hen," then make and eat a fun treat relating to story! Great way to teach your tiny tot that reading is fun! Inst: Roxanne Diesel. \$25 (\$30 NR). \$8 material fee. Lancaster City Park, Kitchen. No class Apr 16.

1246	Wed	Apr 2-30	2:30-3:15 pm
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Teen Court

Lancaster teens interested in criminal justice system gain experience as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st-time criminal offenses. Contact Gerald Wesley at 723-6257 for more info. Lancaster City Hall.

Meets monthly every 3rd Wed 3:30 pm

Youth Commission

Students from local high schools are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects & special events for Lancaster teens. Lancaster residents invited to attend meetings. Contact Patricia Garibay at 723-6072 for more info.

Meets monthly every 2nd Thu 6:30 pm

performing arts



Ballet & Tap

(3-12 YRS) Learn techniques and improve body awareness, self-confidence & coordination. Bring leotard, pink ballet shoes, black tap shoes and pink tights. Inst: Melineh Alahverdian. \$85 (\$90 NR). Costume required for performance. Jane Reynolds Park, Rm 1. No class May 26-27.

1261	3-5 YRS	Mon	Apr 7-Jun 30	4-4:45 pm
1262	6-12 YRS	Mon	Apr 7-Jun 30	5-5:45 pm
1263	3-5 YRS	Tue	Apr 1-Jun 24	3:30-4:15 pm
1264	6-12 YRS	Tue	Apr 1-Jun 24	4:30-5:15 pm

Belly Dance for Kids & Teens

(8-17 YRS) Learn self-confidence and coordination through the fun art of belly dance! Costume required for performance. Inst: Jill Warden. \$48 (\$53 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste. 109.

1249	8-12 YRS	Wed	Apr 9-May 14	4:30-5:30 pm
1250	8-12 YRS	Wed	May 21-Jun 25	4:30-5:30 pm
1251	13-17 YRS	Wed	Apr 9-May 14	5:30-6:30 pm
1252	13-17 YRS	Wed	May 21-Jun 25	5:30-6:30 pm

C.A.T.S. Creative Drama Workshop

(6-8 YRS) Explore the magical world of theatre through improv, games and character building while developing speaking & acting skills, creativity, confidence and self-esteem. Informal performance on last day of class. Inst: Roxanne Diesel. \$50 (\$55 NR). \$5 material fee. Lancaster City Park, Game Rm. No class Apr. 16

1170	Wed	Apr 2-May 14	3:30-4:30 pm
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C.A.T.S. "All the World's A Stage" Workshop

(7-16 YRS) Improve character development, movement and voice skills in preparation for a showcase performance of scenes from Shakespeare's plays that incorporate learning about the language and times. Inst: Roxanne Diesel. \$75 (\$80 NR). \$10 material fee. Lancaster City Park, Game Rm. No class April 16.

1171	Wed	Apr 2-May 14	4:30-6 pm
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Guitar

(8 YRS-ADULT) Class covers proper placement, technique, charts and more. Work at your pace, advance by enrolling in subsequent sessions. Provide own guitar. Inst: Brian Bastidas. \$60 (\$65 NR). \$3 material fee. Valley View Elementary, 3310 W. Ave L-8. **Advanced classes available at City Hall with instructor approval.**

1237	Tue	Apr 8-29	5-6 pm
1238	Tue	May 6-27	5-6 pm
1239	Tue	Jun 3-24	5-6 pm

Hip Hop

(7-12 YRS) Improve coordination and confidence while having fun learning the latest dance moves! Wear loose clothing & tennis shoes. Performance opportunity: participation requires registration in both sessions and costume fee. Inst: Regina Armstrong. \$66 (\$71 NR). Extensions Studio, 2765 W. Ave L.

1392	Thu	Apr 3-May 8	5-5:45 pm
1393	Thu	May 15-Jun 19	5-5:45 pm

Middle Eastern Dance

(16 YRS-ADULT) Learn basic belly dance moves appropriate for American cabaret or Egyptian style. Veil work, finger cymbals, history and cultural studies will be taught. Inst: Jill Warden. \$48 (\$53 NR). Black Sea Trading Company, 311 E. Ave K, Ste. 109. No class May 26.

1273	Mon	Apr 7-May 12	7-8 pm
1274	Mon	May 19-Jun 30	7-8 pm

Piano Workshops

(ADULT) **Instant Piano:** Piano teachers teach note reading, piano professionals teach chords; learn all the chords needed to play any song. *As seen on the PBS television program "Piano in a Flash."*

Play Piano by Ear: Practical presentation of music theory including predicting & learning chord progressions, recordings and transposing. Prior experience with chords recommended. Inst: Craig Coffman. \$25 (\$30 NR). \$10 discount if registering for both workshops in June. \$26 material fee for each class. Lancaster City Park, Activity Ctr.

1160	Instant Piano	Thu	Apr 10	6:30-9:30 pm
1235	Instant Piano	Sat	Jun 28	9 am - 12 pm
1303	Play Piano by Ear	Sat	Jun 28	1-4 pm

Salsa Dance

(13 YRS-ADULT) Become a skilled L.A. Salsa style dancer with modern dance moves & techniques, while having fun and meeting new people. Inst: Zuly Zappala & Miguel Cabrera. **Single:** \$35 (\$40 NR); **Couple:** \$60 (\$65 NR); **Workshop:** \$40 (\$45 NR). \$9 optional material fee. Jane Reynolds Park, Rm 2.

1306	Intermediate	Thu	Apr 24-May 22	7-9 pm
1307	Intermediate	Thu	May 29-Jun 26	7-9 pm
1282	Workshop	Sat	May 17	1-6 pm

Social Dance I/II

(ADULT) Learn fun and social ballroom dances: Swing, Jitterbug, Cha Cha Cha, Fox Trot, Waltz, Tango, etc. Professional Dance Inst: Iris Groskopf. \$150 (\$155 NR) per couple. Lancaster City Park, Activity Ctr. No class Apr 16.

1300	Wed	Apr 2-May 21	7:30-9 pm
1301	Wed	May 28-Jul 16	7:30-9 pm

Tribal Fusion Belly Dance

(16 YRS-ADULT) Learn group format through beginning steps, combos, choreography, improv, finger cymbals and performance opportunities. Inst: Dana Viramontes. \$48 (\$53 NR). Black Sea Trading Company, 311 E. Ave K-8, Ste. 109. **Intermediate classes available for registration online and at City Hall.**

1218	Wed	Apr 2-May 7	7-8 pm
1219	Wed	May 14-Jun 18	7-8 pm





arts & crafts

Cartoon Art for Kids

(6-12 YRS) Have fun learning to use basic shapes to draw your favorite cartoon characters and create a character of your very own. Cartoonist: Kate McAllister. \$50 (\$55 NR). \$5 material fee. Lancaster City Park, Game Rm. *Jane Reynolds Park, Rm 1.

1254	Mon	Apr 28-May 19	3:30-4:45 pm
1305	Wed	Jun 4-25*	3:30-4:45 pm

Chinese Painting and Calligraphy

(10 YRS-ADULT) Learn fundamentals of brush painting; incorporates calligraphy, poetry and elements of nature. Inst: Yin Ping Zheng. \$40 (\$45 NR). \$5 material fee. Lancaster City Park, Activity Ctr. No class Apr 20.

1343	Sun	Apr 6-May 18	4-6 pm
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D's Ceramics

All classes have \$25 material fee. **Participants 12-18 YRS must have adult supervision; 8-12 YRS must be accompanied by paid registered adult (exception: CAP).** Inst: Steve Mosley. Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

Potter's Wheel (8 YRS-ADULT) Learn basics of throwing on a potter's wheel, wedging, centering and basic forms. Create projects like bowls, jars or vases. \$65 (\$70 NR).

1195	Wed	Apr 2-23	6-7:30 pm
1196	Wed	May 7-28	6-7:30 pm
1197	Wed	Jun 4-25	6-7:30 pm

Basic Hand Building (8 YRS-ADULT) Fun class that leads into advanced sculpting techniques. Learn to hand build a mask or other seasonal projects. \$60 (\$65 NR).

1198	Tue	Apr 1-22	6-7:30 pm
1199	Tue	May 6-27	6-7:30 pm
1200	Tue	Jun 3-24	6-7:30 pm

Children's Art Program - CAP (6-12 YRS) Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art and hands-on work with clay, paints & glazes. \$50 (\$55 NR).

1188	Sat	Apr 5-26	1-2:30 pm
1189	Sat	May 3-24	1-2:30 pm
1190	Sat	Jun 7-28	1-2:30 pm

don't let limited funds limit your fun!

Apply for a recreation fee waiver to reduce or eliminate costs in many popular recreation programs. For more information, call 661-723-6077 or visit www.cityoflancastrca.org.

health & fitness instructors needed

Share your ability with others as a contract instructor. Applications and class suggestions are now being accepted. Print class proposals from www.cityoflancastrca.org or pick up an application from the Parks, Recreation & Arts Department at City Hall – 44933 Fern Avenue.

Fast & Easy Twist on Walls

(ADULT) With a twist of the wrist and a few tricks of the trade, you can create fabulous walls! **Part I:** Learn from a wallpaper and faux finishing professional how easy beautiful walls are to achieve. **Part II:** Learn to paint faux natural stone tiles and textured walls, as well as using glazes. Inst: Linda Coffman. \$25 (\$30 NR). \$10 discount if registering for both workshops. \$29 material fee for Part I, \$29 optional DVD fee. Lancaster City Park, Activity Ctr.

1314	Part I	Sat	Jun 28	9:30 am-12 pm
1315	Part II	Sat	Jun 28	1-3:30 pm

Kid's Art

(5-15 YRS) Learn drawing techniques with pencils & pastels, painting texture with primary colors and hues in watercolor & pastel. Inst: Joanne Maldonado. \$46 (\$51 NR). Material list online and at City Hall. El Dorado Park.

1333	Tue	Apr 8-29	3-5 pm
1334	Tue	May 6-27	3-5 pm
1335	Tue	Jun 3-24	3-5 pm

Picture Perfect Photography

(16 YRS-ADULT) Amateur to advanced photographers learn to take better pictures, efficient flash use, proper composition & more in hands-on environment. Inst: Phillip Kocurek of Phillip's Photography. \$55 (\$60 NR). Prime Desert Woodlands, Interpretive Ctr.

1201	Wed	Apr 2-30	6-7:30 pm
1202	Wed	May 14-Jun 11	6-7:30 pm

special interest

CPR & 1st Aid

(12 YRS-ADULT) American Heart Assn. certification in Infant, Child & Adult CPR & 1st Aid. \$35 (\$40 NR). AV Medical College, 44201 10th Street West.

1326-1332	Sat	1st & 3rd/mo	10 am-5 pm
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Cooking with the Chef

(ADULT) Learn expert techniques from professional chefs. Cuisine oriented menus are designed for beginners and casual chefs alike. Participants learn cuts, seasoning, preparation methods and presentation tips through demonstration & hands-on cooking. Inst: Cecil Humphries. **Workshops:** \$10 (\$15 NR). **Date Night:** \$30 (\$35 NR)/couple. \$20 material fee. AV Medical College, 44201 10th St West.

1316-1318	Sat	Date Night	4th/mo	7-9 pm
1312	Sat	Vegetarian Cooking	Apr 12	7-9 pm
1313	Sat	Marinades & Grilling	May 10	7-9 pm

Debt Free & Prosperous Living

(ADULT) Learn how to manage debt & enjoy prosperous living! Class teaches all you need to know about investing, life insurance, 401K, inheritance, etc. Manage yourself to wealth! Inst: Jamaal Brown & Terry Duke, Investment director & Realtor team. \$10 (\$15 NR). Lancaster City Park, Game Rm.

1414	Thu	May 22	7-9 pm
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Gardening & Landscape

(ADULT) If you've always wanted to landscape your yard or develop a green thumb, come learn about basic landscape design and best practices for gardening in our desert climate. Best irrigation practices, soil preparation, natural growing plants and water conservation techniques will be covered. Inst: Dat Tien. \$30 (\$35 NR). \$10 material fee. Lancaster City Park, Game Rm.

1413 Sat Apr 5-12 10-12 pm



Fun & Flavorful Mexican Cooking

(16 YRS-ADULT) Learn simple, fun family recipes through sampling food and balancing flavor to achieve authentic Mexican taste. Also, learn value of traditional Mexican dinners and fundamental vocabulary. Inst: Isabel & Bobby Gutierrez. \$40 (\$45 NR). \$20 material fee. Lancaster City Park Kitchen. No class Apr 16.

1255 Wed Apr 2-30 5:30-6:45 pm
 1256 Wed May 7-28 5:30-6:45 pm
 1257 Wed Jun 4-25 6:30-7:45 pm



Stop Smoking through Hypnosis

(ADULT) Course takes you on a relaxing journey to a healthy smoke-free life through hypnosis. Smoking is a habit, which can be overcome easily with hypnosis. Inst: Kathy Miller. \$75 (\$80 NR). City Hall Lobby.

1286 Tue Apr 8-22 6:30-8:30 pm
 1287 Tue May 13-27 6:30-8:30 pm



Touchtime™ Baby Massage

(3 WKS-7 MO OLD) Help your baby cry less, sleep better and increase brain development! Bond with your baby as you learn massage techniques to increase health, happiness and well-being while developing a loving relationship that lasts a lifetime. Inst: Elaine Fogel Schneider, PhD. \$40 (\$45 NR). \$20 material fee. Lancaster City Park, Game Rm. No class Apr 16.

1289 Wed Apr 2-30 10:30-11:30 am
 1290 Wed May 7-28 10:30-11:30 am

professional development



Japanese

(16 YRS-ADULT) Students learn basics of language including introductions, greetings and simple phrases. Bring note-taking supplies. Inst: Michael Heller. \$40 (\$45 NR). \$5 material fee. Lancaster City Park, Activity Ctr.

1266 Wed Apr 23-May 14 6-7 pm



Positively Clear Business Strategies

(ADULT) Businesses receive higher level of training in advanced entrepreneurship with strong emphasis on marketing, business management & operations, strategic planning and peer counseling. Covers issues such as significant growth factors and how to reach full potential. Following class, "Challenge Groups" meet for 4 months to gauge progress of business growth. Sponsored by Wells Fargo. Inst: Julian Medrano, AV Economic Development Center. \$50 (\$55 NR). Lancaster City Park, Activity Ctr. No class April 17, 24.

1302 Thu Apr 3-May 15 6-9 pm



Home Safety Seminar

(ADULT) Sponsored by the City of Lancaster Public Safety Office and LA Co. Sheriff's Dept., participants learn home safety tips and how to prepare and protect your house and family against unforeseen emergencies and invaders. Inst: Public Safety Department. Free for registered participants. City Hall Council Chambers.

1395 Thu May 15 6-8 pm



Modeling

(12 YRS-ADULT) Learn the glamorous life of a fashion model! From the catwalk to posing, make-up to marketing, shaking hands to the right smile, this is a fun class for everyone! Fashion show held at end of class for family/friends. Inst: Tonia Thompson. \$40 (\$45 NR). \$10 material fee. Bring dress shoes/heels to first class. Jane Reynolds Park, Rm 1.

1336 Sun May 4-25 2-3:30 pm
 1337 Sun Jun 1-22 2-3:30 pm

pet classes



Dog Obedience Classes

(12 YRS-ADULT) Teaches basic commands: sit, heel, down, stay & come. Bring dog (puppies: 8 wks-5 months old), proof of current vaccinations, rabies cert. (dogs 6 mo+ only) and 6-ft leather/nylon leash to 1st class. Young participants must have parent on-site. \$60 (\$65 NR). Lancaster City Park, open space near tennis courts. No class Apr 19.

1281 Sat Novice (6 mo+) Apr 5-May 31 9:30-10:30 am
 1415 Sat Puppy Preschool Apr 5-May 31 11 am-12 pm



Register for Parks & Recreation courses from the comfort of your own computer. Simply sign up for your own personal ID and password at www.cityoflanasterca.org.



health & fitness

Bowling Rocks

(6-16 YRS) Hands-on instruction, short videos and work sheets cover techniques taught by certified instructors. Participants receive target zone bowling ball upon completion. Inst: Sherri Mott. \$50 (\$55 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

1253 Sat Apr 26-Jun 28 10-11 am

Fencing

(10 YRS-ADULT) En Garde! Agility, balance, discipline and self-esteem are just a few regards gained by this intense mentally and physically challenging sport. Wear sweat pants and sneakers. Inst: Matt Damron with Swords Fencing. \$45 (\$50 NR). *\$34 (\$39 NR). \$20 equipment rental fee. Lancaster City Park, Activity Ctr. No class Apr 21, May 26.

1242 Mon Apr 7-28* 7:30-8:30 pm
 1243 Mon May 5-Jun 2 7:30-8:30 pm
 1244 Mon Jun 9-30 7:30-8:30 pm

Get On the Ball

(16 YRS-ADULT) Non-impact exercise focuses on core strength in total body workout. Ball used to increase flexibility, balance and overall health & wellness. Wear sweat pants & sneakers; bring water, mat and towel. Stability balls provided. Inst: Denise Adkins. \$50 (\$55 NR). \$15 optional mat fee. AV Dance Studio 81, 45119 13th Street West.

1236 Mon/Wed Apr 7-May 14 10-10:45 am

Gymnastics

(5-14 YRS) Keeps kids healthy and fit while they learn how to tumble, bounce trampoline and basics of vault, bars & beam. Inst: Collette Zimmerman. \$65 (\$70 NR). *\$105 (\$110 NR). Genesis Gymnastics, 824 W. Ave L-6 Unit B.

1258 Fri Apr 4-May 9 4-5 pm
 1260 Mon-Fri (Camp)* Jun 23-27 9 am-12 pm

Jazzercise®

(ADULT) Join this fitness program combining dance with a total body workout! Inst: Joanne Harris. For prices call instructor at 661-723-3440. Old Endeavor Middle School Site, 831 E. Ave K-2. No class May 26.

Mon/Wed 6:30-7:30 pm

Kindergym

(3-4 YRS) Toddlers have tons of fun while developing motor skills and strength by learning basic gymnastics, tumbling and balance. Inst: Collette Zimmerman. \$65 (\$70 NR). Genesis Gymnastics, 824 W. Ave L-6 Unit B.

1272 Sat Apr 5-May 10 10-10:45 am

Pilates

(16 YRS-ADULT) Strengthen & tone muscles through your core, rehabilitate any injuries and improve posture, body alignment & breathing. Wear loose clothing. inst: Alisha Pye-Dean. \$30 (\$35 NR). Lancaster City Park, Game Rm. No class Apr 16, May 26.

1185 Mon/Wed Apr 2-28 6:30-7:30 pm
 1186 Mon/Wed May 5-28 6:30-7:30 pm
 1187 Mon/Wed Jun 2-30 6:30-7:30 pm

Senior/Adult Exercise Classes

(ADULT) Non-strenuous exercises improve flexibility & circulation. Ongoing classes sponsored by Sierra Medical Group. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park, Activity Ctr. No class Apr 17, 21, May 26.

AM Exercise Mon/Wed 9-10 am
 Tone & Stretch Tue/Thu 9-10 am

Toddler Bumper Bowling

(2-5 YRS) Toddlers learn aspects of teamwork and concepts of bowling with certified instructors while having tons of fun. Each week they bowl one game with bumpers and receive cookies & milk. Inst: Sherri Mott. \$40 (\$45 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

1288 Tue Apr 22-Jun 24 9:30-10:30 am



Yoga

(ADULT) Want to lose a few pounds? Strengthen & tone your body? Simply release tension? Yoga delivers! Gentle enough for beginners, effective enough to see results quickly. Inst: Kelly Johnson. \$52 (\$57 NR). \$20 optional mat fee. Lancaster City Park, Game Rm. No class Apr 15.

1247 Tue Apr 15-May 13 5:30-6:50 pm
 1248 Tue May 20-Jun 24 5:30-6:50 pm

Zumba™ - Dance Aerobic Workout

(13 YRS-ADULT) Get ready to burn calories and experience total body workout while learning international dances: Samba, Cumbia, Merengue, Reggeton, Salsa, Cha-Cha-Cha, Belly Dance, Hip Hop and Bachata. Inst: Zuly Zappala. \$35 (\$40 NR). \$9 optional material fee. Jane Reynolds Park, Activity Rm 1. No class Apr 17.

1191 Thu Apr 24-May 22 6-7 pm
 1192 Thu May 29-Jun 26 6-7 pm



martial arts

Northern Shaolin Kung-Fu

(5 YRS-ADULT) Unique class set in friendly, goal-oriented atmosphere. Focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu & weaponry, self-defense and self-confidence. Inst: Harold Hazeldine. \$40 (\$45 NR). Lancaster City Park, Activity Ctr. No class Apr 15, 22.

1222	Tue	Apr 1-29	6:30-8:30 pm
1223	Tue	May 6-27	6:30-8:30 pm
1224	Tue	Jun 3-24	6:30-8:30 pm

Self Defense for Women

(16 YRS-ADULT) Build better sense of self-awareness, adaptability and confidence while having fun, getting fit, relieving stress and learning how to defend yourself. Inst: Derek Morris. \$55 (\$60 NR). Shindenkan Budo, 42156 N. 10th Street W, Unit L (building on Ave L-12).

1344	Wed	Apr 9-May 14	6-7 pm
1345	Wed	May 21-Jun 25	6-7 pm

Youth Self-Defense & Safety Awareness

(5-18 YRS) Safety awareness and self-defense combined in fun, structured environment! Students placed according to age & ability while learning and practicing skills. Students progress in rank and earn belts. \$54 (\$59 NR). \$6 first-time material fee. Inst: Anthony Kitson. Jane Reynolds Park, Rm 1. Session: Fridays, Apr 11-Jun 6. No class Apr 18.

1225	New students	5-7 YRS	4:30-5:10 pm
1226	New students	8-18 YRS	5:15-5:55 pm
1227	Yellow belt	5-18 YRS	6-6:40 pm
1228	Orange belt & above	6-18 YRS	6:45-7:25 pm

american youth soccer organization ayso soccer

(4.5-18 YRS) Program's goal is to build positive character through participation in a fun, family-oriented environment. Players must be born between 8/1/89 and 7/31/04. Practices: Mon-Thu nights (TBD by team). Games: Sat at LNSC. Playoffs and All-Stars for 9-10 year old division and higher. Cost: \$90/child, \$85/2nd child. More info: visit www.lancasterayso.com or call 661-945-0207. Sign up through AYSO only – not the City of Lancaster.

Sign ups held at LNSC, 30th St East & Ave L, Eastside Bldg

Tue	Mar 11	5:30-8:30 pm
Wed	May 21	5:30-8:30 pm
Wed	Jun 11 - \$110	5:30-8:30 pm

sports

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early, space is limited.

adult sports

Basketball

Registration: May 5-30

League play begins mid-June. Games played at local high schools Mon-Thu nights. Registration limited to 24 teams. \$410/team.

Mon-Thu	Adult Basketball
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Softball

Registration: April 21-June 6

League play begins in July. Schedule consists of 10 league games and one classification game. Games played Sun-Fri, you determine the day. \$375/team.

Sun-Fri	Men's Slowpitch
Sun-Fri	Coed Slowpitch
Sun-Fri	Coed Hardball
Thu	Women's Slowpitch
Fri	Church Slowpitch - \$330/team

youth sports

Basketball (5-15 YRS)

Registration: August 2008, more info to come in Fall Outlook.

Each division plays 8 games. Games on Saturday, played at local high schools; practices during the week with day, time & location determined by volunteer coach. \$55 (\$60 NR).

League play	Ages 5-9	October
	Ages 10-15	January

softball tournament contact information

ASA & SCMAF Tournaments: Jeff Campbell, 661-723-6075

USSSA Tournaments: Frank Vega, 909-393-7503



BATTING RANGE

10 Batting Cages!

2 Slow-Pitch Softball • 1 Medium Softball
1 Fast-Pitch Softball • 2 Slow-Pitch Baseball
1 Medium Baseball • 2 Fast-Pitch Baseball
1 Very Fast-Pitch Baseball

**\$1.50 for 1 token (20 pitches),
buy 5 tokens get one FREE.**

Batting Range Cards: 20 tokens for \$24; 42 tokens for \$45

43415 City Park Way
942-7088 or 942-3848

Mon. - Fri., 3-9 pm • Sat. & Sun., 9 am-9 pm



tennis

Lancaster City Park Tennis Center, 43011 10th Street W.

Private Lessons

Lesson arranged with instructor following registration.
1 hour \$45 (\$50 NR), 1/2 hour \$28 (\$33 NR).

Pee Wee

(4-6 YRS), \$36 (\$41 NR) *\$27 (\$32 NR). No class Apr 19.

Coach: Jim Majd, Court 8

1297	Sat	Apr 5-26*	10-11 am
1298	Sat	May 3-24	10-11 am
1299	Sat	Jun 7-28	10-11 am

Juniors

(7-17 YRS), \$51 (\$56 NR). No class Apr 16, 17, 21, May 26.

Coach: Linda Ruiz, Court 3

1229	M/W	Apr 2-May 5	5-6 pm
1230	M/W	May 7-Jun 4	5-6 pm
1231	M/W	Jun 9-Jul 7	5-6 pm
1232	M/W-Adv	Apr 2-May 5	6-7 pm
1233	M/W-Adv	May 7-Jun 4	6-7 pm
1234	M/W-Adv	Jun 9-Jul 7	6-7 pm

Coach: Jim Majd, Court 5

1291	T/TH	Apr 1-29	5-6 pm
1292	T/TH	May 1-27	5-6 pm
1293	T/TH	Jun 3-26	5-6 pm

Junior Team Tennis

(10-18 YRS), \$40 (\$45 NR). Requirements: Interested in competitive play; hit forehand, backhand, serve & sustain a 2-3 ball rally, have basic knowledge of rules. Goals: Preparation for competition; fine tune stroke techniques, serve, return, footwork, balance, strategy & shot combinations. \$2.50 material fee.

Coach: Leonard Johnson, Court TBD

1267	Wed	Apr 2-23	4-5:30 pm
1268	Wed	May 7-28	4-5:30 pm
1269	Wed	Jun 4-25	4-5:30 pm

Adult

(18 YRS+), \$51 (\$56 NR). No class Apr 17.

Coach Jim Majd, Court 5

1294	T/TH	Apr 1-29	6-7 pm
1295	T/TH	May 1-27	6-7 pm
1296	T/TH	June 3-26	6-7 pm



Court Maintenance on Tuesdays.

Courts closed while cleaned.



Public Play

Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts are lit from dusk to 10 pm, 7 days/wk. 1st-come, 1st-served. One-hour use if players are waiting for an open court.

aquatics

To Register:

1. Read descriptions.
2. Determine which class you would like to take.
3. Select the schedule that is convenient.
4. Check the table to see if your class is offered.
5. Write class code from table on registration form.

Eastside Pool 661-723-6255 (open year round)

at Deputy Pierre W. Bain Park, 45045 N. 5th Street East. Eastside pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Gerald Wesley at 723-6256.

notice: Eastside Pool will be closed 6-10 weeks this spring for repairs. While closure dates are estimated for April, exact dates will be posted at the pool and in the local newspapers with as much advance notice as possible. Webber Pool will be open for swim lessons and other aquatics programs during that time. It is our intent to reopen Eastside Pool for the summer swim sessions.

Webber Pool 661-723-6288 (open July 4-Sep 1)

at Jane Reynolds Park, 716 Oldfield.

PUBLIC SWIM TIMES

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Public swim	Sat	1:30-2:30 pm
Early Bird lap	Mon-Fri	5:45-7 am
Noon lap	Daily	11:45 am-1 pm
Senior & Therapy	Mon-Fri	10-11:30 am
Evening lap	M/W/F	8:30-9:30 pm

Holiday Closures: Mar 23, Apr 19-20, May 26

PUBLIC SWIM FEES

Infant (3 YRS and under)	Free
Child (4-12 YRS)	\$1
Teen (13-16 YRS)	\$1.25
Adult (17+ YRS)	\$1.75
Senior (55+ YRS)	\$1

30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19





selected courses available for online registration on page 18.

CLASS INFORMATION

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise & Hydrofit which are 45 minutes. See schedule for dates, times, program codes and fees.

Parent/Tot

(6 MOS-3 YRS) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

Preschool

(3-5 YRS) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn-to-swim class.

Preschool 2

(3-5 YRS) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

Preschool 3

(3-5 YRS) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 YRS) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back; explore arm and hand movements; swim on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.

Level 2: Fundamental Aquatic Skills

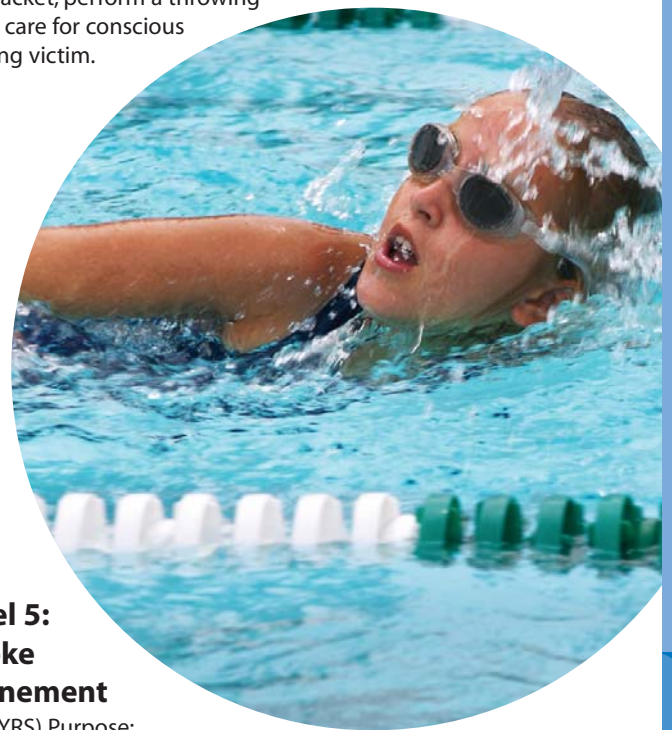
(6-14 YRS) Purpose: Gives students success with fundamental skills and enhances Level 1 skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.

Level 3: Stroke Development

(6-14 YRS) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform the HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

Level 4: Stroke Improvement

(6-14 YRS) Purpose: Develops confidence in the skills learned and improves Level 3 skills. Participants learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.



Level 5: Stroke Refinement

(6-14 YRS) Purpose: Provides further coordination and refinement of Level 4 strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; sidestroke.

Level 6: Swimming & Skill Proficiency

(6-14 YRS) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.

interested in a diving program?

Call 661-723-6255.

Adult Swim Lessons

(15+ YRS) Everyone can learn to swim. Skills taught: front and back float and glide; breathing; stroke and kicking techniques.

Aquacise: Aerobic Water Exercise

(15+ YRS) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.

Hydro-Fit: Muscle Toning & Fitness

(15+ YRS) Exercise class for those who want an invigorating water workout. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

Private Swim Lessons

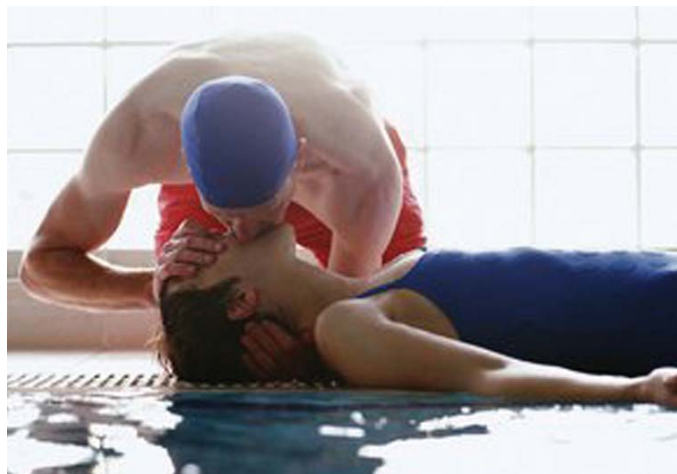
Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

1426-1427 Lesson times to be arranged.

Lifeguard Training Class

(15+ YRS) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Current rescue techniques, life guarding procedures taught. Teaches the skills and provides certification to qualify as a professional lifeguard, including CFAS & CPR for the professional rescuer. Students must attend all classes – no exceptions. \$74 (\$80 NR). Call 723-6256 for times.

1423 Mon-Fri Mar 17-21 1-4 pm
 Sat-Sun Mar 15-16 8 am-5pm



Water Safety Instructor Class

(17+ YRS) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross ICT course included. Date: TBA. Approximately 40 hrs. of training. Students must attend all classes – no exceptions. \$74 (\$80 NR).

1424 Sat & Sun TBD 8 am-5 pm

Novice Stroke Clinic

(5-17 YRS) Not a learn-to-swim class. Enrollees must be able to swim length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$58 (\$63 NR). No class Apr 19.

1425 Sat Apr 12-Jun 7 4-6 pm



Oasis Aquatic Swim Team

(5-18 YRS) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Head Coach: Gunther Niklas. Call 940-1832 for more info.

Oasis Masters Swim Program

(18+ YRS) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and info at 948-0057 or 722-0585.

A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 945-6210. Mondays.

aquatics class schedule

The numbers listed under each time frame are the class codes to include on your registration. All classes at Eastside Pool.


Session 1: May 12-22

Mon thru Thu (4x/week for 2 weeks) \$33 (\$36 NR).

Class Level	3:10 pm
Preschool	1380
Preschool 3	1387



Session 0: Apr 12-Jun 7

Sat (1x/week for 8 weeks) \$33 (\$36 NR). **No class Apr 19.**

Class Level	9:00 am	9:40 am	10:20 am
Parent/Tot		1377	
Preschool	1379	1382	
Preschool 2	1384		
Level 1	1359		
Level 2	1360		
Level 3		1363	
Level 4			1366
Level 5			1369
Level 6			1372
Adult		1346	
Aquacise 			1349



Session 7: Apr 1-24

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	1375			
Preschool	1381			
Preschool 2		1385		
Preschool 3	1388			
Level 1	1355	1356		
Level 2	1361			
Level 3		1364		
Level 4			1367	
Level 5			1370	
Level 6			1373	
Adult		1347		
Aquacise 		1350		
Hydro-Fit 				1353

Session 8: Apr 29-May 22

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	1376			
Preschool	1391			
Preschool 2		1386		
Preschool 3	1389			
Level 1	1357	1358		
Level 2	1362			
Level 3		1365		
Level 4			1368	
Level 5			1371	
Level 6			1374	
Adult		1348		
Aquacise 		1351		
Hydro-Fit 				1354



Lookin' Good Lancaster
will be held on
Saturday, April 26

Work side-by-side with your community to beautify neighborhoods. With volunteers from throughout Lancaster, you'll help make the community a cleaner, nicer place to live. To learn more about this upcoming event, or to register to volunteer, please call 661-723-5985.



special event



arts
in the
city

Antelope Valley Union High School District Student Art Exhibit

April 5 - May 4

Each year, local high school students are recognized at the Museum/Art Gallery for their artistic efforts and talent. This show provides students with the opportunity to learn how to present artwork in a competitive gallery setting. The art instructors from each school select the work for display. Cash awards totaling over \$300 are donated by the Lancaster Museum/Art Gallery Associates and high school art instructors. Be sure to support our young artists by attending the free reception on Saturday, April 5 from 12 to 4 pm.



Lancaster Woman's Club Historical Exhibit

May 17 - June 29

Come and join us as we step back in time with the Lancaster Woman's Club displaying an array of antique and vintage clothing. This exhibit will also feature a historical section dedicated to the Lancaster Woman's Club and the role this organization has played in our local community since its inception in 1922. Please come join us during our free opening reception on Saturday, May 17 from 12 to 4 pm, with a special lecture at 2 pm.

Lancaster Museum/Art Gallery

44801 Sierra Highway
661-723-6250
Free Admission and Tours

Hours:

Tuesday - Saturday, 11 am - 4 pm
Sunday, 1 - 4 pm
Closed Mondays and Easter Sunday,
March 23

Closed for preparation of new exhibits:
March 24 - April 4 and May 5 - May 16.
Closed for the California Poppy Festival
April 18 through April 20.

Western Hotel/Museum

557 W. Lancaster Blvd.
661-723-6260 / 6250
Free Admission and Tours

**The Western Hotel/Museum will only
be open the following days: Friday
and Saturday (from noon to 4 pm)**

March 7 & 8; 14 & 15
April 4 & 5; 25 & 26
May 9 & 10; 30 & 31



MOON WALKS

Looking for a fun Saturday night activity? Come on out to the Prime Desert Woodland Preserve for one of our monthly *Moon Walks*. S.A.G.E. Planetarium Director, Jeremy Amarant, hosts a fun and informative walk along the trails at the Preserve, pointing out constellations and planets and dispensing interesting facts about the moon, planets and stars, along with other heavenly bodies.

Members of the AV Astronomy Club provide powerful telescopes to allow visitors to stargaze after their walk. It is a great experience for both adults and kids.

Moon Walks are scheduled monthly at the Prime Desert Woodland Preserve, located at Avenue K-8 and 35th Street West.

Upcoming Dates

March 29, 7:30 pm
May 10, 7:30 pm

Prime Desert Woodland Preserve

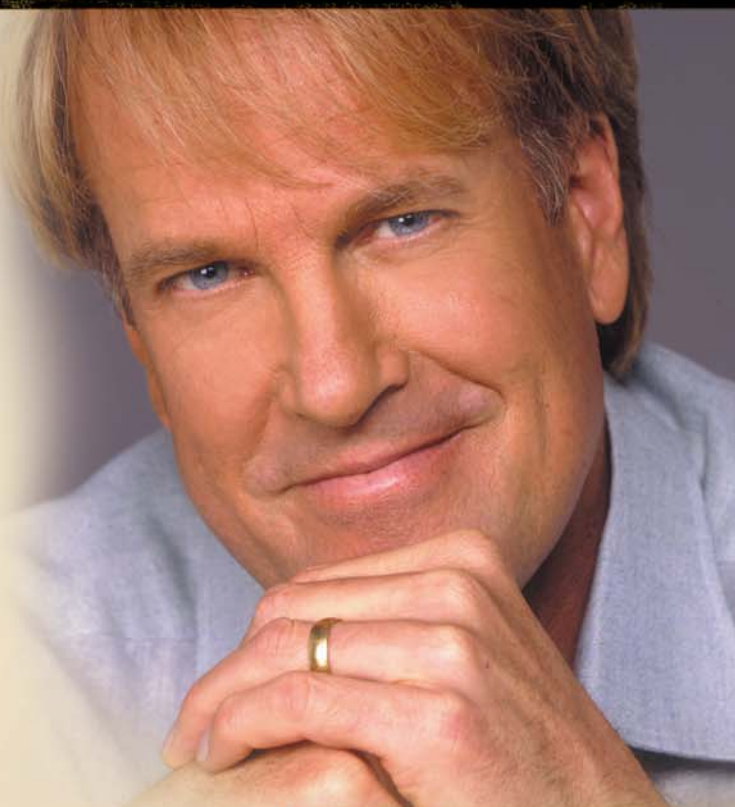


John Tesh

April 6 | 7 pm

John Tesh is known worldwide as a leading and respected figure in the entertainment and broadcasting industries, as well as an accomplished keyboardist and composer. www.johntesh.com

Orchestra \$60 | Balcony \$55



The Wailin' Jennys

April 11 | 8 pm

Seamless three-part harmonies add distinction to this trio's bluegrass, Celtic and Cajun music. www.thewailinjennys.com

All Seats \$25



Ballet Folklorico "Quetzalli" de Veracruz

April 13 | 7 pm

"Quetzalli" de Veracruz presents a visual fiesta of culture and folklore through music, dance and song.

All Seats \$35



The Capitol Steps

May 16 | 8 pm

This troupe of current and former Congressional staffers provides a hilarious look at current political issues in a show of bipartisan barbs and silly song parodies pulled straight from the headlines.

All Seats \$35



LANCASTER
PERFORMING
ARTS
CENTER

750 W. Lancaster Boulevard
For tickets or information,
call 661-723-5950 or visit www.lpac.org.

Box office hours:
Monday - Friday, noon to 6 pm
Saturday, noon to 4 pm

Prime Desert Woodland Preserve

Interpretive Center Hours:

Tuesday-Thursday, 2 to 5 pm • Saturday & Sunday, 10 am to 3 pm

Come visit the 100-acre preserve that features nearly three miles of trails. Group tours are available by appointment. All presentations and walks last approximately one hour. Presentations are free for children three & under. Attendance is limited for events in the Interpretive Center. No reservations are required. Call 661-723-6230 for more information.



LIVE ANIMALS

Saturday, March 8, 6 pm

Wildlife Waystation will present their animals including a rabbit, ferret and chinchilla. \$2 per person

WILDFLOWERS - Saturday, March 15, 6 pm

Ricardo Montijo, an environmental biologist, will talk about native wildflowers of the Antelope Valley. Free.

BIRD WATCHING - Saturday, April 12, 8 am

Ron Smith, award-winning wildlife artist and member of the Audubon Society, will lead a walk along the trails of the Preserve. Remember to bring field guides and binoculars. Free.

SAND PAINTING - Saturday, April 26, 10 am - 12 pm

Come between 10 am and 12 pm and try your hand at Native American sand painting. \$1 per person.

FORESTS FOREVER - Saturday, May 24, 10 am - 12 pm

Learn about pine trees and forests, taste a pine nut, and plant a seed to take home. Participation limited to the first 75 people. \$1 per person.

INSECT SPECIMENS - Saturday, May 31, 4 pm

Robert Shannon will talk about insects and display moths, beetles, etc. Free.



facility rentals: Visit www.cityoflanasterca.org for information on renting group picnic shelters, barbeques, volleyball courts, horseshoe courts, softball fields, swimming pools, banquet halls and meeting rooms.

Lancaster Community Services Foundation, Inc.
44933 Fern Avenue
Lancaster, CA 93534-2461

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