

outlook

September 2008
Newsletter &
Activity Guide

lancaster  ca
it's positively clear.



Fall Class
Schedule
Inside!

city officials

Lancaster City Council

R. Rex Parris, *Mayor*
Ronald D. Smith, *Vice Mayor*
Ken Mann, *Council Member*
Sherry Marquez, *Council Member*
Ed Sileo, *Council Member*

City Manager

Mark V. Bozigan

you're invited to meetings

Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 5 pm. Notice of special Council meetings will be posted at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 6 pm. Agenda review is held on the Monday preceding each month's meeting at 5:30 pm in the Planning Department Conference Room.

Lancaster Youth Commission

Starting in November, 2nd Thursday of the month at 6:30 pm. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue.

let us hear from you

We welcome your comments and suggestions. 661-723-6000
Monday - Thursday from 8 am - 6 pm, Friday 8 am - 5 pm.

hotline info

24-hr recorded information	661-723-6200
Abandoned shopping cart retrieval	800-887-0466
City Special Event hotline	661-723-5900
Job hotline	661-723-5874
Hate crimes hotline	877-728-7322 (7 AT-PEACE)
Graffiti hotline	661-723-5985

www.cityoflancasterca.org

City Council meeting agendas can be found here.
Register for selected classes online.

www.lpac.org

Lancaster Performing Arts Center

www.avfilm.com

Antelope Valley Film Office

www.colra.org

Lancaster Redevelopment Agency

www.lancastersoccercenter.com

Lancaster National Soccer Center

www.big8softball.com

Big 8 Softball Complex

www.poppyfestival.com

California Poppy Festival

outlook lite now available via e-mail

In an effort to conserve City funds and trees, Lancaster's monthly **outlook lite** newsletter will now be distributed exclusively via e-mail. Quarterly **outlook** magazines will still be mailed to all residents.

To receive your copy of **outlook lite**, visit the City's website and click on the word *CityLink* at the top of the screen. From here you can sign-up to electronically receive a wide variety of City communications or call 661-723-5922.

A limited number of printed newsletters will still be available at City Hall for those that do not have easy access to the internet.

a message from the city council

FACING TOUGH CHALLENGES square on and finding innovative ways to solve them is a common thread you'll find in this fall edition of **outlook**.

The five inductees we pay tribute to at this month's Aerospace Walk of Honor surely knew how to face challenges adeptly. We hope you'll join us on September 20 as we celebrate their contributions to our country and civilization as a whole.

While perhaps not quite as heroic, another hardworking group has been busy finding innovative ways to address another set of challenges...that of balancing our City's budget in troubling economic times.

The City's Finance Department in concert with a management group representing every aspect of City government has developed a fiscally sound plan for the 2008-2009 budget year. It effectively addresses our most urgent needs of reducing crime, conserving water, revitalizing our neighborhoods and promoting economic prosperity. At the same time, we've been able to maintain high levels of service and find new ways to help save taxpayers money.

Creating intriguing challenges and fulfilling activities for the entire family is the quest of the Parks, Recreation & Arts Department. Take a look at the wide range of offerings the department has created for fall.

Each of us at City Hall remains deeply committed to effectively addressing our many pressing issues. But we cannot do it alone. Please join us by contributing your thoughts and energies to the lively debates, creative brainstorming and innovative solutions required to tackle these tough problems. Become a part of a new commission or committee. Join a Neighborhood or Business Watch group. Speak up and let your voice be heard. Only through such collective effort and resolve can our community's challenges be fully overcome.

Your City Council



on the cover

Photo by Liz Breault

Nowhere else on earth will you find such spectacular vistas as those found right in our own backyard. Photographer Liz Breault recently captured this beautiful shot of a Joshua tree at sunset.

outlook

Editor: Nicole Allen, *City of Lancaster Interim Communications Manager*

Design: Davis Communications

Photography: Liz Breault

outlook is published quarterly by the Lancaster Community Services Foundation.

This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County. The City of Lancaster is an equal opportunity employer.

AEROSPACE WALK OF HONOR

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LPAC 08/09

*Celebrate the City's birthday
with Debbie Reynolds!*

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SEPTEMBER 13 & 14

10 AM TO 6 PM

LANCASTER BOULEVARD

WINE | BEER | FOOD | MUSIC

FARMERS' MARKET



Sponsored by the AV Chambers of Commerce
in partnership with the City of Lancaster.
Call 661-948-4518 for more information.



close up on downtown

Aerospace Walk of Honor Recognizes Five Aviation Heroes

Each overcame adversity to reach higher, go farther

Continuing its 19-year tradition, on September 20, the City of Lancaster will once again honor the contribution of a remarkable group of men and women who have made a real impact on the advancement of aviation and space exploration. These individuals have done far more than simply set a record by going faster or higher than others. They have dedicated their careers to the advancement of aviation and aerospace. Each also has personal ties to Edwards Air Force Base.



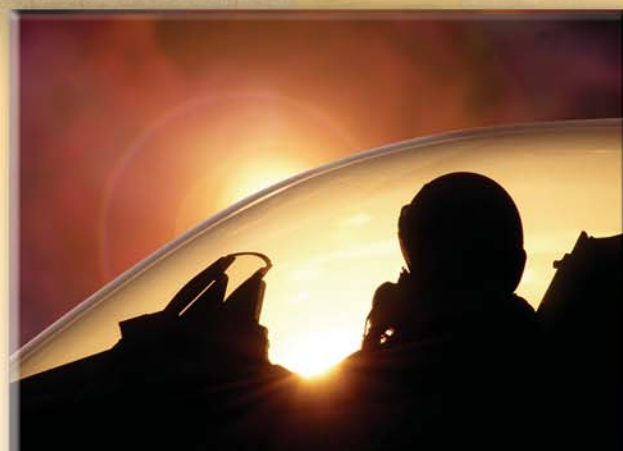
Gentry Lee

Hosting this year's festivities will be Gentry Lee, Chief Engineer for Planetary Flight Systems at the Jet Propulsion Laboratory in Pasadena. His recent work includes oversight of the remarkable Phoenix mission that landed successfully in the Martian arctic in May. Previously, Lee oversaw engineering aspects of the twin rover missions to Mars that landed in January 2004, as well as NASA's successful Deep Impact and Stardust missions.

Lee is also an accomplished novelist, television producer and computer software designer.

Lee received the NASA Medal for Exceptional Scientific Achievement in 1976 and NASA's highest award, the Distinguished Service Medal in 2005. More recently he was honored by the American Astronomical Society for his lifelong contributions to planetary exploration.

Mr. Lee's talk, entitled "From First Flight to Other Earths" will explore the history and heritage of our constant quest to leave the bounds of earth.



AEROSPACE WALK OF HONOR

Saturday, September 20, 2008
Downtown Lancaster

Plaque Unveiling 10:30 am
Boeing Plaza

Awards Ceremony 3 pm
Lancaster Performing Arts Center

Reception & Banquet 5 pm
Lancaster Performing Arts Center

A limited number of tickets to the reception and banquet are available to the public for \$50 per person. For tickets and more information, call 661-723-5950.

The City of Lancaster gratefully acknowledges the 2008 Aerospace Walk of Honor sponsors.





IRVING BURROWS

After a five year stint in the Air Force, including 100 combat missions in Korea, Irving "Irv" L. Burrows joined McDonnell Douglas Corporation as a test pilot. After successful trials of the F-3H, F-101 and F-4 fighters, Burrows was named chief experimental test pilot and later project pilot for the F-15 at Edwards Air Force Base, where he performed its first test flight in 1972.

Burrows spent over 20 years testing aircraft before he moved into management. In 1985 he was named Vice President and General Manager of the F-15 Program. He retired in 1991 as Executive Vice President of the firm.



COLONEL EILEEN M. COLLINS (USAF RETIRED)

Eileen Collins was attending test pilot school at Edwards AFB when NASA put in the call to become a part of the astronaut corp. She later became the first female Space Shuttle pilot and commander in history.

A veteran of four space flights, Collins has logged nearly 900 hours in space as a pilot on STS-63 (February 1995) and STS-84 (May 1997). She became the first female commander of a U.S. spacecraft on STS-93 (July 1999). She also commanded STS-114 in 2005, the first mission after the loss of Columbia. She has been honored with numerous awards and has been named one of the top women who have changed the world.



MAJOR GENERAL MICHAEL COLLINS (USAF RETIRED)

After spending four years in a fighter squadron, Michael Collins reported to the USAF Flight Test Center at Edwards AFB in 1960. After completing experimental test pilot school, NASA selected Collins to be an astronaut in 1963.

On his first mission in July 1966, he piloted Gemini X along with John Young and set a world altitude record. During that flight he became only the third American to ever walk in space.

In July of 1969, he was the command module pilot of the historic Apollo 11 mission, which placed Neil Armstrong and Buzz Aldrin on the moon.



COLONEL LEROY GORDON COOPER, JR. (USAF RETIRED)

Before becoming one of the original seven Mercury astronauts, Colonel Cooper was posted to the Flight Test Engineering Division at Edwards AFB where he tested the F-102 and F-106B. He was selected by NASA in 1959 to be a pioneer in the fledgling space program.

In May of 1963, he piloted Faith 7, the final flight of Project Mercury. Later, Cooper served as command pilot for Gemini V, as backup command pilot for Gemini 12 and as backup commander for Apollo X. The first man to make two orbital flights, Cooper accumulated more than 225 hours in space.

"Gordo" passed from this earth at his home in Ventura, California, on October 4, 2004, at the age of 77.



COLONEL JOE SCHIELE (USAF RETIRED)

Colonel Schiele has logged over 7,200 hours of flight time to stress every rivet and bolt on aircraft ranging from two-seat trainers to behemoth cargo craft.

An expert in unprepared surface takeoffs and landings, Schiele performed snow and ski tests, adverse weather and icing tests on many aircraft.

In 1961, Schiele was assigned to the bomber test program at Edwards AFB, where he flew the X-21A. He also piloted the C-141 on its first transcontinental flight and gained prominence testing C-123s and C-130s. He was the first Air Force pilot to fly the gigantic C-5A Galaxy whose cargo bay is longer than the Wright brothers' first flight.

fiscal fitness



New Budget Focuses Efforts on Key Issues

Quality service maintained despite economic downturn

The housing slump and general economic malaise may have caused local tax revenues to drop, but thanks to careful planning, clear priorities and conscientious efforts by City staff, Lancaster has been able to balance the 2008-2009 budget while still keeping service levels high and not dipping into emergency reserves.

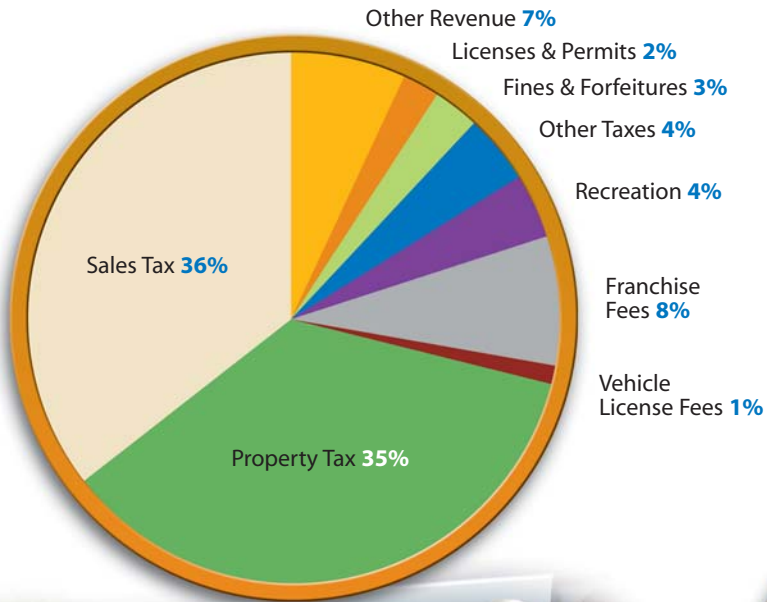
“The biggest contributing factor was the long-term view taken by the Council and staff,” said Director of Finance Barbara Boswell. “By showing restraint during good times we were able to properly prepare for the inevitable downturn that we knew was coming.”

Working with managers from all areas of City government, the team looked for ways to improve efficiency and reduce waste. Good ideas came from all levels of the organization. Often those in the trenches understand clearly how things can be substantially improved with a slight change in policy or procedure.

The City has also tightened its belt by limiting travel and putting a freeze on new hiring.

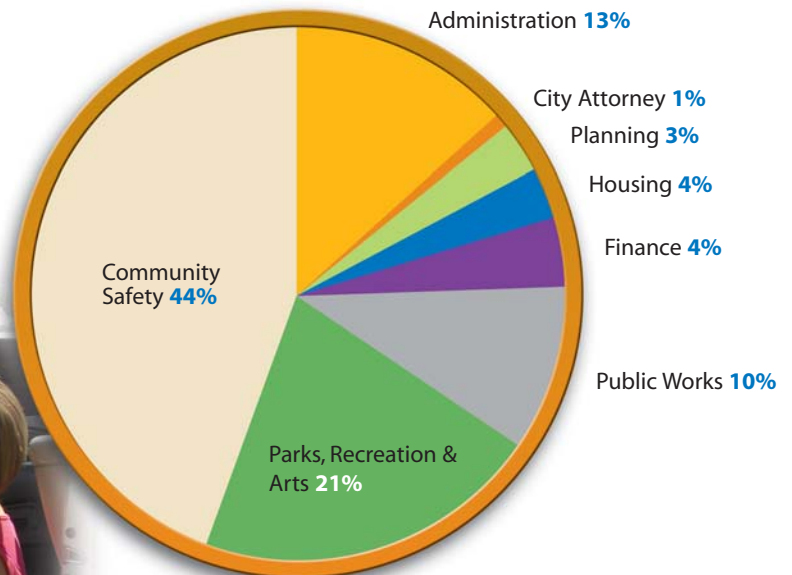
Revenues 2008-09

General fund revenues come primarily from Sales and Property Tax.



“BY SHOWING RESTRAINT DURING GOOD TIMES WE WERE ABLE TO PROPERLY PREPARE FOR THE INEVITABLE DOWNTURN THAT WE KNEW WAS COMING.”

– Barbara Boswell
Director of Finance



Operating Expenditures 2008-09

Expenses are allocated to Public Safety, Parks, Recreation & Arts, and City operations.



Key Priorities Maintained

Public Safety remains the top priority in the new budget.

Five new deputies will be hired with special patrols dedicated to reducing truancy and related daytime burglaries as well as decreasing weekend disturbances. Acquisition of new technology will aid in crime analysis and help achieve more convictions.

With a statewide drought and severe limits on our ability to import water, conservation is more important than ever.

Approximately \$3.2 million has been budgeted to enhance both recycled and potable water systems. The City has assumed responsibility of the local sewer system and the Council has established a new Committee on Water to help coordinate regional conservation efforts.

Anticipating increased foreclosures, the new budget sets aside money for acquiring abandoned properties and rehabilitating them. Funds have also been allocated for proactive code enforcement and community building programs that address problems on a neighborhood by neighborhood basis.

Effective planning is critical to the City's long-term health.

Several key planning projects including the Downtown Revitalization Specific Plan and revisions to the City's General Plan were begun last year. Sufficient funds have been allocated to complete these plans and put them in place.

On the economic development front a number of infrastructure improvements are being funded to help facilitate new commercial and industrial areas including the Amargosa Creek area, Front Row Center and a new North Lancaster Business Park.

New parks planned for 2008-09 include construction of Gilley Park downtown, completion of Whit Carter Park at Avenue H-8 and Sierra Highway, as well as improvements to the Eastside Pool, Skytower Park and the leash-free dog area at Hull Park. Lancaster Museum and Art Gallery will also be relocating to its new home on Lancaster Boulevard.

Public Works has budgeted for street improvements in conformance with its street maintenance plan and is scheduled to widen 30th Street West between Avenues M and L.

"This budget has been a team effort," noted Boswell. "Thanks to the support of the Council and every City Department, we've been able to craft a balanced budget that addresses our community's most pressing needs in an efficient and effective manner."



Improvements to Skytower Park will be one of the projects Parks, Recreation & Arts will take on in the 08-09 budget. New fencing for the park was approved.



Housing & Neighborhood Revitalization has made restoration of existing housing stock a high priority. Monies have been set aside to acquire abandoned and foreclosed properties so they can be rehabilitated and sold to qualified moderate income buyers.



safe at home

Community Shows Support Through National Night Out

2nd annual event draws crowd at Clear Channel Stadium

Citizens came out in droves Tuesday night, August 5th to show their support and thanks for the public safety efforts of local Neighborhood Watch and Business Watch programs. The second annual National Night Out event was held at Clear Channel Stadium in conjunction with a JetHawks game as a thank you to all those who have contributed to improving public safety in the community.

The evening included a BBQ for Neighborhood Watch Block Captains, crime prevention information along with displays from the Sheriff's and Fire Departments.

The event was hosted by the City's Public Safety Office. "It's our way of saying thank you to all our Neighborhood Watch and Business Watch participants," said Shelli Henson, Lancaster's Community Safety Supervisor. "These citizens are the unsung heroes that act as the 'eyes and ears' of the Lancaster Sheriff's Station."

The National Night Out, now in its 25th year, is an annual event where everyday citizens from across the country participate on a single evening to show their support and commitment to creating safer communities through public involvement in crime prevention.

Lancaster Continues to Cut Crime

Crime decreased eight percent in the first half of 2008 according to new statistics released by the Los Angeles County Sheriff's Department. This is the fourth straight quarter and the fifth time in the past six quarters that the City has seen crime reduced.

According to City Manager Mark Bozigian, significant headway has been made in combating several key categories of Part 1 crimes. Violent crimes have dropped over 13 percent in the first half of 2008, while property crimes have decreased by 6.5 percent thus far in 2008. Grand theft auto alone has decreased by 46.2 percent.

Continuing the downward trend will require the help and cooperation of everyone in the community. To find out how you can help, call the City's Public Safety Office at 661-723-6063.

New Burglary Suppression Unit Targets Property Crimes

The Lancaster Sheriff's Station, in cooperation with the City of Lancaster, has launched a new team to help combat residential and commercial burglaries. The team consists of two patrol deputies, two members of the Target Oriented Policing (TOP) team and two specialists who will focus on reducing truancy, a key contributor to daytime burglaries.

"We are sending a message loud and clear that crime will not be tolerated in the City of Lancaster," said Sheriff's Captain Axel Anderson. "I am confident that this new unit will play a significant role in reducing our crime rate and protecting our citizens from the violation of their homes, businesses and property."

The new team is just one of the ways that the City and Sheriff's Station are working together to meet the goal set by the City Council of reducing the crime rate.

"This is part of a long-term, forward-thinking effort to reduce crime," said City Manager Mark V. Bozigian. "Public safety is clearly our top priority. We are constantly reassessing the City's needs and improving public safety through new methods and resources."

Although the team was just recently launched, it has already seen significant results. In its first eight days alone, the team made 15 arrests and recovered

over \$10,000 worth of stolen goods. One major burglary solved was the theft of several thousand dollars worth of electronic equipment from Valley Bible Church. Within two days, the suspects were arrested and all but one of the stolen items had been recovered.

The team is the Lancaster Sheriff's Station's first unit to be dedicated entirely to solving burglaries. Officials are confident that it will continue to produce significant results in recovering stolen goods and arresting those responsible.

"WE ARE SENDING A MESSAGE LOUD AND CLEAR THAT CRIME WILL NOT BE TOLERATED IN THE CITY OF LANCASTER."

— Captain Axel Anderson
Lancaster Sheriff's Station



clip and save

Drought Conditions Require Careful Water Use

City adopts urgency ordinance to prevent waste

Lancaster, we have a problem. Due to severe drought conditions and recent court orders, water allocations from the State are currently about one-third the level for which we have contracted. In 2009, that level could drop even further, to as low as ten percent of what was authorized.

Furthermore, the courts will likely affect our ability to tap local supplies, as the region's aquifer is overdrawn, with more water being pumped out than is naturally returned to the ground. We have a serious water problem on our hands and need to take appropriate steps to correct it as soon as possible.

This is not a question of the glass being half full or half empty. We are down to our last few sips and need to make sure we use what remains as effectively and efficiently as possible.

That's why your City Council recently adopted a new urgency ordinance to combat water wasting. The City is also working diligently to come up with new rules for water usage inside and outside the home, in commercial and industrial applications and by City government itself.

Currently, the average household in Lancaster consumes about 2 acre-feet of water per year. In Tucson, Arizona, they use just 1/2 acre-foot per year. Clearly, we can do better.

The panel to the right details ways you can help save water in your home, as well as showing the type of wasteful water uses that are prohibited under the new ordinance. Please take a moment to review this list to see what changes you can make in your home.

In order to have the water we need to live and grow tomorrow, we must start saving today. Do your part. Use water wisely.



H₂O

to save

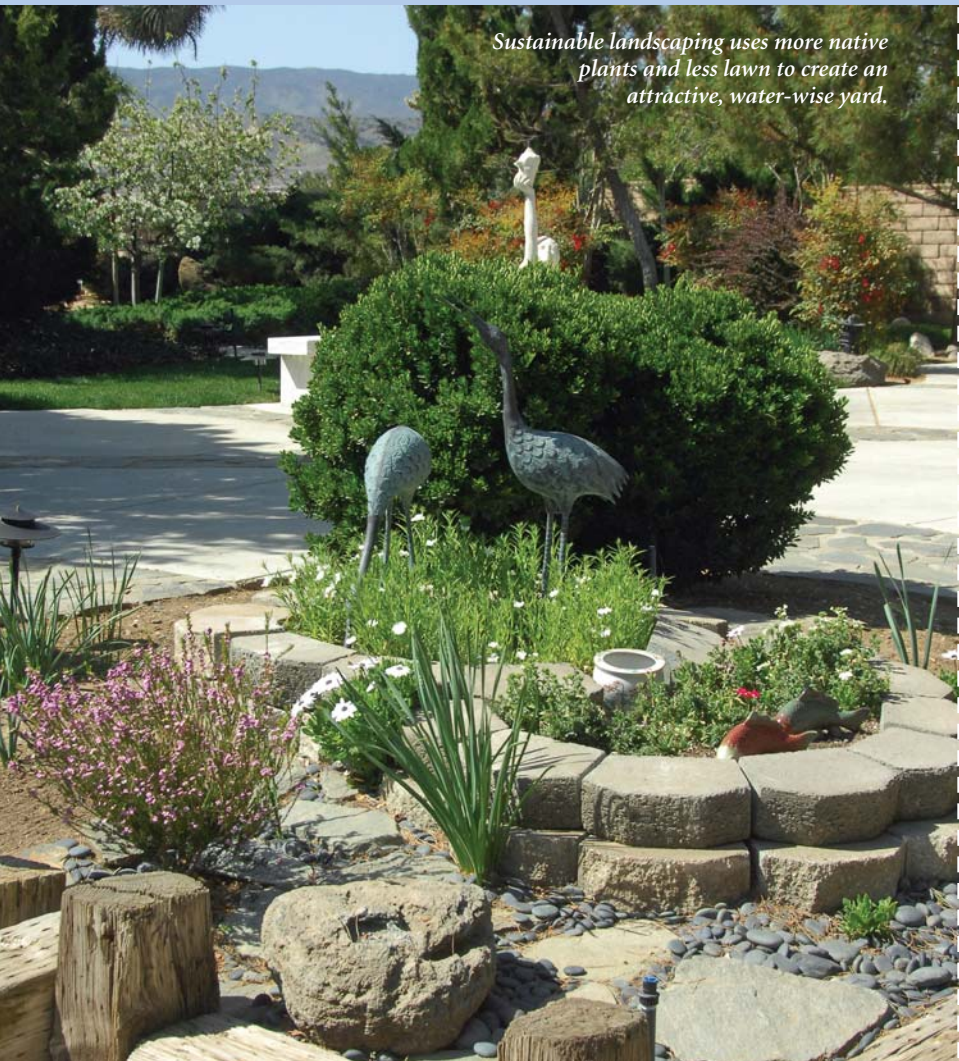
do

- Consider changes to your landscaping to conserve water. Over 75 percent of all water use is outdoors. Less grass, efficient drip irrigation of shrubs and more use of rock, gravel and artificial turf can significantly reduce your need for water out-of-doors.
- Take your car to a commercial car wash where water is recycled, filtered and reused.
- Install a "smart" sprinkler system that waters your lawn only when needed.
- Cover your pool when not in use to increase safety and reduce evaporation.
- Install other water saving devices such as dual flush toilets, low-flow showerheads, on-demand hot water systems and high-efficiency clothes washers to save water inside.

don't

- Don't allow water to drain or leak into the gutter, sewer system or storm drains without it first being put to beneficial use.
- Don't allow water to run off into streets or sidewalks due to broken or misdirected sprinklers.
- Don't water lawns or other landscaping after 10 am or before 10 pm between March and October.
- Don't wash your car with a free-running hose (the use of hoses fitted with on/off nozzles or a bucket only to wash vehicles is permissible).
- Don't wash down buildings, driveways, patios, parking lots, sidewalks, alleys, etc. with water (window washing is allowed).
- Don't allow water to accumulate deeper than one-quarter inch on any surface (aside from swimming pools, fountains or other similar purposes).

We know everyone will do their part to protect our community. More helpful tips and guidelines, as well as the complete Water Urgency Ordinance, can be found on our website at www.cityoflanasterca.org. Thank you for your help!



Sustainable landscaping uses more native plants and less lawn to create an attractive, water-wise yard.

community in action

Canines Compete to See Who's Top Dog

Canines of all shapes and sizes will descend upon Lancaster City Park on October 4 as the City once again sponsors its annual Bark at the Park event from 10 am to 5 pm. The event is designed to promote responsible pet ownership among local residents.

The free, fun-filled day offers plenty of activities for both dogs and their masters including the Pet Fashion Parade, an obedience match, an agility obstacle course, a doggy dash speed competition and a good citizenship presentation that lets pets show off how well-behaved they can be.

A number of remarkable demonstrations of dogged determination will also be available including the popular Dog Disc competition, Splash Dogs swimming show and a special presentation by Kyra Sundance and Chalcy, who have appeared on *The Tonight Show with Jay Leno*, *Ellen*, and have been featured on *Entertainment Tonight* encouraging everyone to "do more with your dog!"

Proceeds from the event raffle will go to benefit the Lancaster Animal Shelter.

Bark at the Park is open to all well-behaved, leashed (retractable leashes) dogs with current vaccinations.

For more information, visit www.lancasterbarkatthepark.org.

**Saturday, October 4
10 am to 5 pm
Lancaster City Park**



bark at the park

upcoming events

December 5 – Holiday Tree Lighting & Hospitality Walk

Help welcome the holiday season as we light the community tree and Downtown stays open late with prizes, surprises and plenty of refreshments.

December 6 – Lancaster's Holiday Parade, 10 am

A great way to get into the holiday spirit, Lancaster's annual Holiday Parade features bands, floats and of course, Santa himself!

December 6 – Breakfast with Santa, 7 to 11 am

Join Santa and friends for a warm pancake breakfast, holiday music and cheer at Lancaster City Park's Stanley Kleiner Activity Center. Adults \$8, Children \$5.



Saturday, September 13
10 am to 3 pm

Lancaster City Park, 43011 10th Street West

Spend a day celebrating diversity this fall at the 14th annual Antelope Valley International Heritage Festival. This award-winning festival strives to promote understanding and compassion between different cultures of the Antelope Valley. This free event, sponsored by the Cities of Lancaster and Palmdale and the International Heritage Committee, features food, music, art, dance and sports.

For more information, visit www.avheritagepicnic.org.

Martin Luther King Jr. Day of Service

On Saturday, January 17, 2009, local groups and individuals are invited to contribute their time and efforts to create positive change within the community.

If you have an idea for a service project or activity that you believe can improve Lancaster, nominate it now by calling 661-723-6077.



Lancaster to join nation in making MLK Celebration a day on...not a day off!

parks, & recreation & arts activity guide

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registration dates

Online/Mail-in begins September 2.

Phone/Fax/Walk-in begins September 8.

See insert for Registration Worksheet.

Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) fee.

Example \$40 (\$45 NR).

to register see insert.

Advance registration through Parks, Recreation & Arts Department required. Classes must meet minimum enrollment two business days prior to start & are subject to instructor change, rescheduling or cancellation.

preschool

El Dorado Preschool | Inst: Jennifer Alvarado
Registration guideline: New enrollees may be accepted monthly. Priority registration for current students ends on 15th of month prior to upcoming class. Parents required to volunteer. \$3 material fee due 1st day. El Dorado Park.

Monthly Preschool

(4 YRS) Kindergarten preparation, crafts, stories and motor skills play. Child must turn 4 by Dec 2, 2008. \$75 (\$80 NR). \$60 (\$65 NR).*

1949	MWF	Oct 1-31	9-11:30 am
1950	MWF	Nov 3-24*	9-11:30 am
1951	MWF	Dec 1-19*	9-11:30 am

Monthly Wee Folks

(3 YRS) Socialization skills, crafts, stories and outdoor play activities. Child must turn 3 by Dec 2, 2008. \$50 (\$55 NR). \$40 (\$45 NR).* No class Nov 11.

1952	T/TH	Oct 2-30	9-11:30 am
1953	T/TH	Nov 4-25*	9-11:30 am
1954	T/TH	Dec 2-18*	9-11:30 am

Jane Reynolds Preschool | Inst: Lynnette Bass
Registration guideline: Priority registration for current students ends on 15th of month prior to upcoming class. New enrollees may be accepted monthly. Parents required to volunteer 3 times. \$4 material fee due 1st day. Jane Reynolds Park, Rm 2.

JRP Play Brigade

(3 YRS) Music, crafts, stories, indoor & outdoor play. Child must turn 3 by Dec 2, 2008. \$130 (\$135 NR). No class Nov 27, Dec 23-Jan 1.

1961	T/TH	Nov 4-Jan 8	9-11:30 am
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JRP Preschool

(4 YRS) Socialization skills, kindergarten preparation, crafts, stories and motor skills play. Child must turn 4 by Dec 2, 2008. \$180 (\$185 NR). No class Nov 28, Dec 22-Jan 2.

1962	MWF	Nov 3-Jan 9	9 am -12:00 pm
1963	MWF	Nov 3-Jan 9	12:30-3:30 pm

youth enrichment

After-School Programs - Enrichment Centers

Interactive, structured and safe after-school programs for K-6 offered at Valley View and West Wind schools. Offered after school M-F until 6 pm only when school is in session. Staff fingerprinted & CPR/1st Aid certified. \$98 per month or per tracking period. Priority registration for Valley View participants ends on 15th of the month prior to upcoming month. Students lose their spot in the program after that date. New student enrollments & program payments only accepted at the Parks, Recreation & Arts Department at City Hall.

After-School Program – Lancaster CARES

Free award-winning program for children enrolled at Desert View, El Dorado, Jack Northrop, Joshua, Linda Verde, Mariposa, Sierra & Sunnydale schools. Offered after school M-F until 6 pm. Not offered when school is not in session. Includes academic & recreation enrichment activities, snacks & field trips. Staff fingerprinted & CPR/1st Aid certified. Pick up registration form at school district office. For more info call 661-948-4661 ext. 209 or 661-723-6192.

German Language for Kids

(4-12 YRS) Give your child the gift of another language. Basic vocabulary will be learned through group interactions, creative projects, songs and role play. Inst: Teresa Thacker & Alexia Svejda, M.A. \$45 (50 NR). \$5 material fee. El Dorado Preschool. No class Nov 11.

1854	4-7 YRS	Tue	Oct 7-Nov 25	3:30-5:30 pm
1855	8-12 YRS	Thu	Oct 2-Nov 20	3:30-5:30 pm

Mommy/Daddy & Me

(18 MOS-3 YRS) Parent and child explore art, music & games while developing socialization skills. Inst: Lynnette Bass. \$80 (\$85 NR). \$3 material fee. Jane Reynolds Park, Rm 2. No class Nov 27, Dec 23-Jan 1.

1955	Tue/Thu	Nov 4-Jan 8	12-1:30 pm
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Kids Can Cook Too!

(7-15 YRS) Students make a complete meal, including desserts and garnishes, from around America! They will learn recipes from South, Northeast, Southwest and Pacific Northwest menus! The proper use of handling kitchen utensils and the importance of safety & cleanliness will also be covered. Inst: Roxanne Diesel. \$30 (\$35 NR). \$15 material fee covers cookbook and all materials. Lancaster City Park Kitchen.

1882	Wed	Oct 1-Nov 5	3:30-5 pm
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PSAT/SAT Prep

(14-18 YRS) Students will take practice tests and learn valuable test-taking strategies to achieve higher scores on these college entrance exams. Inst: Deborah Sinness. \$160 (\$165 NR). \$20 material fee. Math Magicians, 41715 50th St W, Quartz Hill.

1922	Mon/Wed	Oct 6-29	6-8 pm
1923	Tue/Thu	Oct 7-30	6-8 pm
1940	Mon/Wed	Nov 3-Dec 3	6-8 pm
1941	Tue/Thu	Nov 4-Dec 4	6-8 pm

Online registration available New class offering

Bilingual instructor FREE!



free! **Teen Court**

Lancaster teens interested in criminal justice system gain experience by serving as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st time criminal offenses. Contact Gerald Wesley at 723-6256 for more info. Lancaster City Hall.

Meets monthly every 3rd Wed 3:30 pm

free! **Youth Commission**

Students from local high schools are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects & special events for Lancaster teens. Lancaster residents invited to attend meetings. Contact Patricia Garibay at 723-6072 for more info.

Meets monthly every 2nd Thu starting Nov 13 6:30 pm

performing arts

Ballet & Tap

(3-12 YRS) Learn techniques and improve body awareness, self-confidence and coordination. Bring leotard, pink ballet shoes, black tap shoes and pink tights. Inst: Melineh Alahverdian. \$85 (\$90 NR). Jane Reynolds Park, Rm 1. No class Nov 11.

1822	3-5 YRS	Mon	Oct 6-Dec 22	4-4:45 pm
1823	6-12 YRS	Mon	Oct 6-Dec 22	5-5:45 pm
1824	3-5 YRS	Tue	Oct 7-Dec 23	4-4:45 pm
1825	6-12 YRS	Tue	Oct 7-Dec 23	5-5:45 pm

Ballroom Dance I/II

(ADULT) Learn fun and social dances: Swing, Jitterbug, Cha Cha Cha, Fox Trot, Waltz, Tango, etc. Professional Dance Inst: Iris Groskopf. \$150 (\$155 NR) per couple. Lancaster City Park, Activity Ctr **(Dec 3 class at Jane Reynolds Park)**.

1880	Wed	Nov 12-Jan 28	7:30-9 pm
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Belly Dance for Kids & Teens

(8-17 YRS) Learn self-confidence and coordination through the fun art of belly dance! Costume required for performance. Inst: Jill Warden. \$48 (\$53 NR). Black Sea Trading Company, 311 E Ave K-8, Ste 109.

1924	8-12 YRS	Wed	Oct 1-Nov 5	4:30-5:30 pm
1925	8-12 YRS	Wed	Nov 12-Dec 17	4:30-5:30 pm
1926	13-17 YRS	Wed	Oct 1-Nov 5	5:30-6:30 pm
1927	13-17 YRS	Wed	Nov 12-Dec 17	5:30-6:30 pm

new! **C.A.T.S. Rock 'n Roll Musical Theatre Workshop**

(7-16 YRS) Improve singing, dancing and musical theatre acting skills while putting together a rock 'n roll celebration featuring 50s and 60s style music and dance numbers from the Beach Boys, Supremes, Beatles and more! Inst: Roxanne Diesel. \$75 (\$80 NR). \$5 material fee. Lancaster City Park, Activity Ctr.

1920	Wed	Oct 1-Nov 12	5-6:30 pm
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C.A.T.S. Commercial & Film Acting Workshop

(6-14 YRS) Does your child dream of being on TV or the big screen? Class focuses on the secrets and differences of acting for the camera while covering screen acting, television acting, commercials, and most of all what it takes to make it! Students filmed at first 5 classes and will receive video of work at last class. Inst: Roxanne Diesel. \$50 (\$55 NR). \$5 material fee. Lancaster City Park, Activity Ctr.

1921	Wed	Oct 1-Nov 5	6:30-7:30 pm
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Guitar

(8 YRS-ADULT) Class covers proper placement, technique, charts and more. Work at your pace, advance by enrolling in subsequent sessions. Provide own guitar. Inst: Brian Bastidas. \$60 (\$65 NR). \$3 material fee. Valley View Elementary, 3310 W Ave L-8. **Advanced classes available at City Hall with instructor approval.** No class Nov 11.

1896	Tue	Oct 7-28	5-6 pm
1897	Tue	Nov 4-Dec 2	5-6 pm

Hip Hop Dance

(7-12 YRS) Improve coordination and confidence while having fun learning hip hop dance moves! Wear loose clothing & tennis shoes. Inst: Regina Armstrong. \$66 (\$71 NR). Extensions Studio, 2765 W Ave L.

1947	Thu	Oct 2-Nov 6	5-5:45 pm
1948	Thu	Nov 13-Dec 18	5-5:45 pm

Lancaster Community Orchestra

(9-70 YRS) Provides an opportunity to play in large group setting; members play at concerts and community activities throughout season. Requirements: must audition, two years experience with instrument, have ability to read music, own instrument, purchase dress attire. Contact Roger Davis 661-943-4183, Lynn Ennis 661-943-4472 or visit www.lancastercommunityorchestra.com for info and registration. **Auditions: Jan 22; Practice: Jan 29-May 14.**

Salsa Dance

(13 YRS-ADULT) Become a skilled L.A. Salsa style dancer with modern dance moves & techniques, while having fun and meeting new people. Inst: Zuly Zappala & Miguel Cabrera. \$70 (\$75 NR). \$9 optional material fee. Jane Reynolds Park, Rm 1.

1863	Beg/Adv	Mon	Oct 6-Dec 8	7-8 pm
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Tribal Fusion Belly Dance

(16 YRS-ADULT) Learn group format through beginning steps, combos, choreography, improv, finger cymbals and performance opportunities. Inst: Jill Warden. \$48 (\$53 NR). Black Sea Trading Company, 311 E Ave K-8, Ste 109. **Intermediate classes available for registration online and at City Hall.**

1928	Wed	Oct 1-Nov 5	7-8 pm
1929	Wed	Nov 12-Dec 17	7-8 pm



special interest

The Art of Cooking

(ADULT) Learn expert techniques from professional chefs. Cuisine oriented menus are designed for beginners and casual chefs alike. Participants learn cuts, seasoning, preparation methods and presentation tips through demonstration & hands-on cooking. Inst: AV Medical College. **Workshops:** \$10 (\$15 NR). **Date Night:** \$30 (\$35 NR)/couple. \$20 material fee. AV Medical College, 44201 10th St W.

1944, 1945	Sat	Date Night	Oct 25 & Nov 22	5-8 pm
1942	Sat	Spooky Cuisine	Oct 11	5-8 pm
1943	Sat	Holiday Cookies	Nov 8	5-8 pm

Fun & Flavorful Mexican Cooking

(16 YRS-ADULT) Learn simple, fun family recipes through sampling food and balancing flavor to achieve authentic Mexican taste. Also, learn value of traditional Mexican dinners and fundamental vocabulary. Inst: Isabel & Bobby Gutierrez. \$40 (\$45 NR). \$30 (\$35NR).* \$20 material fee. Lancaster City Park Kitchen. **(Dec 3 class held at Jane Reynolds Park).** Class held on Wednesdays

1856	Tortillas, salsa, abondiga soup	Oct 8-29	6-7:30 pm
1857	Flautas, rice, sopas	Nov 5-26	6-7:30 pm
1858	Chicken & pork tamales	Dec 3-17*	6-7:30 pm

Gardening & Landscape

(16 YRS-ADULT) Learn how to landscape your yard & develop a green thumb or tips on gardening all year round while saving money! Basic landscape design, best practices for gardening in our desert climate, best irrigation practices, soil preparation, natural growing plants and water conservation techniques covered. Inst: Dat Tien. \$30 (\$35 NR). \$10 material fee. Lancaster City Park, Game Rm.



1859	Caring for Your Garden	Sat	Nov 8-15	10 am-12 pm
1860	Gardening & Landscape	Sat	Dec 13-20	10 am-12 pm

Public Safety Seminars

(ADULT) Sponsored by the City of Lancaster Public Safety Office and LA Co. Sheriff's Dept., participants learn preventative safety tips and how to prepare and protect themselves and their families! Inst: Lancaster Public Safety Office. *Free for registered participants.* City Hall Council Chambers.

1967	Tue	Burglary Prevention	Oct 21	7-9 pm
1968	Tue	Holiday Safety	Nov 4	7-9 pm
2077	Tue	Scams/Schemes/Fraud	Dec 16	7-9 pm

Touchtime™ Baby Massage

(3 WKS-8 MOS) Come explore the magic of touch! Learn how to have a happier, healthier and more relaxed baby. By using infant massage your baby can cry less, sleep deeper & longer, enhance brain development, get rid of constipation & gas and increase that special bond. Inst: Elaine Fogel Schneider, PhD. \$40 (\$45 NR). \$20 material fee. Lancaster City Park, Game Rm.

1843	Wed	Oct 29-Nov 19	10:30-11:30 am
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arts & crafts

D's Ceramics

All classes have \$25 material fee. **Participants 8-17 YRS must have adult supervision; 8-12 YRS must be accompanied by paid registered adult (exception: CAP).** Inst: Steve Mosley. Lancaster Market Place, 2330 Mall Loop Drive, Unit 5-121.

Potter's Wheel (8 YRS-ADULT) Learn basics of throwing on a potter's wheel, wedging, centering and basic forms. Create projects like bowls, jars or vases. \$65 (\$70 NR).

1871	Wed	Oct 1-22	6-7:30 pm
1872	Wed	Nov 5-26	6-7:30 pm

Basic Hand Building (8 YRS-ADULT) Basic, fun class that leads to advanced sculpting techniques. Learn to hand build a mask or other seasonal projects. \$60 (\$65 NR).

1877	Tue	Oct 7-28	6-7:30 pm
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Children's Art Program - CAP (6-12 YRS) Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art and hands-on work with clay, paints & glazes. \$50 (\$55 NR).

1874	Sat	Oct 4-25	1-2:30 pm
1875	Sat	Nov 1-22	1-2:30 pm

Kid's Art

(5-15 YRS) Learn drawing techniques with pencils & pastels, painting texture with primary colors and hues in watercolor & pastel. Inst: Joanne Maldonado. \$46 (\$51 NR). Material list online and at City Hall. Jane Reynolds Park, Rm 2. No class Nov 11.

1826	Tue	Oct 7-28	4-6 pm
1827	Tue	Nov 4-Dec 2	4-6 pm
1846	Tue	Dec 9-30	4-6 pm

Picture Perfect Photography

(18 YRS-ADULT) Amateur to advanced photographers learn to take better pictures, use flash efficiently, proper composition & more in hands-on environment. Inst: Phillip Kocurek of Phillip's Photography. \$55 (\$60 NR). \$44 (\$49 NR).* Prime Desert Woodlands, Interpretive Ctr. No class Nov 26.

1913	Wed	Oct 1-29	6-7:30 pm
1914	Wed	Nov 19-Dec 17*	6-7:30 pm

professional development

Advanced Business Strategies

(ADULT) Receive advanced entrepreneurship training with a strong emphasis on marketing, business management and operations, strategic planning and peer counseling. Covers issues such as significant growth factors and how to reach full potential. Following class, "Challenge Groups" meet for 4 months to gauge progress of business growth. Sponsored by Wells Fargo. Inst: Julian Medrano, AV Economic Development Center. \$45 (\$50 NR). Lancaster City Park, Activity Ctr. No class Nov 4, 11.

1834	Thu	Oct 2-30	6-9 pm
1835	Tue	Oct 14-Nov 25	6-9 pm

CPR & 1st Aid

(12 YRS-ADULT) American Heart Assn. certification in Infant, Child & Adult CPR & 1st Aid. \$35 (\$40 NR). AV Medical College, 44201 10th St W.

1932-1937	Sat	1st & 3rd/mo	10 am-5 pm
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Japanese

(14 YRS-ADULT) Students learn basic Japanese language including introductions, greetings and simple phrases. Bring note-taking supplies. Inst: Michael Heller. \$40 (\$45 NR). \$5 material fee. Lancaster City Park, Activity Ctr.

2076	Wed	Oct 1-Nov 5	7:30-8:30 pm
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martial arts

Northern Shaolin Kung-Fu

(5 YRS-ADULT) Unique class set in friendly, goal-oriented recreational atmosphere. Focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu & weaponry, self-defense and self-confidence. Inst: Harold Hazeldine. \$40 (\$45 NR). \$30 (\$35 NR). * Lancaster City Park, Activity Ctr. No class Nov 11.

1907	Tue	Oct 7-28	6:30-8:30 pm
1908	Tue	Nov 4-25*	6:30-8:30 pm
1909	Tue	Dec 2-23	6:30-8:30 pm

Self-Defense

(16 YRS-ADULT) Build better sense of self-awareness, adaptability and confidence while having fun, getting fit, relieving stress and learning how to defend yourself. Inst: Derek Morris. \$45 (\$50 NR). Shindenkan Budo, 42156 N 10th St W, Unit L (building on Ave L-12).

1852	Wed	Oct 1-Nov 5	6-7 pm
1853	Wed	Nov 12-Dec 17	6-7 pm

Youth Self-Defense & Safety Awareness

(5-18 YRS) Safety awareness and self-defense combined in fun, structured environment! Students placed according to age & ability while learning and practicing skills. Students progress in rank and earn belts. \$90 (\$95 NR). \$6 material fee. Inst: Anthony Kitson. Jane Reynolds Park, Rm 1. Session: Fridays, Sep 12-Jan 16. No class Oct 31, Nov 28, Dec 26, Jan 2.

1901	New students	5-7 YRS	4:30-5:10 pm
1902	New students	8-18 YRS	5:15-5:55 pm
1903	Yellow belts	5-18 YRS	6-6:40 pm
1904	Orange belts & above	6-18 YRS	6:45-7:25 pm

don't let limited funds limit your fun!

We believe all residents of the City should be able to enjoy the many fun and enriching programs available through the Parks, Recreation & Arts Department (PRA). That's why the City has created a fee waiver program to help reduce or eliminate costs involved in many popular recreation programs.

Open to qualifying children and adults who reside or work within Lancaster, fee waivers cover attendance to programs such as day camps, aquatic classes, youth sports programs and many special classes.

To apply, submit an application available at the PRA counter along with appropriate proof-of-eligibility at least two weeks prior to class.

For more information, call 661-723-6077 or visit www.cityoflancasterca.org.



Register for Parks, Recreation & Arts courses from the comfort of your own computer. Simply sign up for your own personal ID and password at www.cityoflancasterca.org.



lost & found - If you've lost an item at our parks, call 661-723-6077. Items will be kept for 30 days after they have been found.



health & fitness

Bowling for Kids

(2-16 YRS) Hands-on instruction, short videos and work sheets cover techniques taught by certified instructors. Participants receive target zone bowling ball upon completion (6-16 YRS only). Inst: Sherri Mott. \$50 (\$55 NR). 2-5 YRS receive cookies & milk each week. *\$40 (\$45 NR). Brunswick Sands Bowl, 43233 Sierra Hwy.

1917	6-16 YRS	Sat	Sep 27-Nov 29	10-11 am
1918	2-5 YRS*	Tue	Oct 7-Dec 9	9:30-10:30 am

Fencing

(10 YRS-ADULT) En Gardel! Agility, balance, discipline and self-esteem are just a few rewards gained by this intense mentally and physically challenging sport. Wear sweat pants and sneakers. Inst: Matt Damron with Swords Fencing. \$45 (\$50 NR). \$20 equipment rental fee. Lancaster City Park, Activity Ctr. No class Nov 24.

1910	Mon	Oct 6-27	7:30-8:30 pm
1911	Mon	Nov 3-Dec 1	7:30-8:30 pm
1912	Mon	Dec 8-29	7:30-8:30 pm

Get On the Ball

(16 YRS-ADULT) Non-impact exercise focuses on core strength in total body workout. Ball used to increase flexibility, balance and overall health & wellness. Wear sweat pants & sneakers; bring water, mat and towel. Stability balls provided. Inst: Denise Adkins. \$50 (\$55 NR). \$15 optional mat fee. AV Dance Studio 81, 45119 13th St W. No class Dec. 24, 31.

1894	Mon/Wed	Oct 13- Nov 19	10-11 am
1895	Mon/Wed	Dec 1-Jan 14	10-11 am

Gymnastics for Kids

(3-14 YRS) Keep kids healthy and fit while they learn how to tumble, bounce trampoline and basics of vault, bars & beam. Inst: Collette Zimmerman. \$40 (\$45 NR). Genesis Gymnastics, 824 W Ave L-6 Unit B. No class Nov 28.

1847	5-14 YRS	Fri	Oct 3-24	4-5 pm
1848	5-14 YRS	Fri	Nov 7-Dec 5	4-5 pm
1849	3-4 YRS	Sat	Oct 4-25	10-10:45 am
1850	3-4 YRS	Sat	Nov 1-22	10-10:45 am
1851	3-4 YRS	Sat	Dec 6-27	10-10:45 am

Jazzercise

(ADULT) Join this fitness program combining dance with a total body workout! Inst: Joanne Harris. For prices, call instructor at 661-723-3440. West Wind Elementary, 44044 36th St W. No class Nov 26.

Mon/Wed	6:30-7:30 pm
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Pilates

(12 YRS-ADULT) Strengthen & tone muscles through your core, rehabilitate any injuries and improve posture, body alignment & breathing. Bring mat. Inst: Alisha Pye-Dean. \$35 (\$40 NR). Lancaster City Park, Game Rm. **(Dec 3 class held at Jane Reynolds Park).**

1828	Mon/Wed	Oct 6-29	6:20-7:20 pm
1829	Mon/Wed	Nov 3-26	6:20-7:20 pm
1830	Mon/Wed	Dec 1-24	6:20-7:20 pm



Senior/Adult Exercise Classes

(ADULT) Non-strenuous exercises improve flexibility & circulation. Ongoing classes sponsored by Sierra Medical Group. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park, Activity Ctr. No class Nov 11, 26, Dec 25. **(Dec 4 Tone & Stretch class held at Lancaster National Soccer Ctr).**

AM Exercise	Mon/Wed	9-10 am
Tone & Stretch	Tue/Thu	9-10 am
Walk with the Mayor	Tue/Thu	8-9 am

Yoga

(18 YRS-ADULT) Want to lose a few pounds? Strengthen & tone your body? Simply release tension? Yoga delivers! Gentle enough for beginners, effective enough to see results quickly. Inst: Kelly Johnson. \$60 (\$65 NR). \$20 optional mat fee. Jane Reynolds Park, Rm 1. No class Oct 21, Nov 11, 27, Dec 25.

1915	Tue/Thu	Oct 2-Nov 13	6-7 pm
1916	Tue/Thu	Nov 18-Dec 30	6-7 pm

Zumba™ - Dance Aerobic Workout

(12 YRS-ADULT) Get ready to burn calories and experience total body workout while learning international dances: Samba, Cumbia, Merengue, Reggeton, Salsa, Cha Cha Cha, Belly Dance, Hip Hop and Bachata. Inst: Zuly Zappala. \$40 (\$45 NR). \$9 optional material fee. Jane Reynolds Park, Rm 1.

1861	Mon	Oct 6-Dec 8	6-6:50 pm
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seeking "green conscious" instructors

Share your ability with others as a contract instructor. Applications and class suggestions are now being accepted. Print class proposals from www.cityoflanasterca.org or pick up an application from the Parks, Recreation & Arts Department at City Hall – 44933 Fern Avenue.

tennis

Lancaster City Park Tennis Center, 43011 10th Street W.

Private Lessons

Lesson arranged with instructor following registration.
1 hour \$45 (\$50 NR), 1/2 hour \$28 (\$33 NR).

Pee Wee (4-6 YRS), \$36 (\$41 NR)

Coach: Jim Majd, Court 8

1891	Sat	Oct 4-25	10-11 am
1892	Sat	Nov 1-22	10-11 am
1893	Sat	Dec 6-27	10-11 am



Juniors (7-17 YRS), \$51 (\$56 NR).

Coach: Linda Ruiz, Court 3

1868	M/W	Oct 6-27	5-6 pm
1869	M/W	Oct 29-Nov 19	5-6 pm
1870	M/W	Dec 1-22	5-6 pm
1865	M/W-Adv	Oct 6-27	6-7 pm
1866	M/W-Adv	Oct 29-Nov 19	6-7 pm
1867	M/W-Adv	Dec 1-22	6-7 pm

Coach: Jim Majd, Court 5

1888	T/TH	Oct 2-28	4-5 pm
1889	T/TH	Nov 4-20	4-5 pm
1890	T/TH	Dec 2-23	4-5 pm

Adult (18 YRS+), \$51 (\$56 NR).

Coach: Jim Majd, Court 5

1885	T/TH	Oct 2-28	5-6 pm
1886	T/TH	Nov 4-20	5-6 pm
1887	T/TH	Dec 2-23	5-6 pm

Tournament Tennis (18 YRS+), \$65 (\$70 NR).

Requirements: Student must be rated at a 3.5 level or higher. Instructor will determine level of player. Goals: Movement, balance, ball control, strategy, shot combinations and point construction are highlighted.

Coach: Leonard Johnson, Court 3

1840	Wed	Oct 1-22	10-11:30 am
1841	Wed	Oct 29-Nov 19	10-11:30 am
1842	Wed	Nov 26-Dec 17	10-11:30 am



Court Maintenance on Tuesdays.

Courts closed while cleaned.

Public Play

Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts are lit from dusk to 10 pm, 7 days/wk. 1st-come, 1st-served. One-hour use if players are waiting for an open court.



aquatics

To Register:

1. Read descriptions.
2. Determine which class you would like to take.
3. Select the schedule that is convenient.
4. Check the table to see if your class is offered.
5. Write class code from table on registration form.

Eastside Pool 661-723-6255 (open year round)

at Deputy Pierre W. Bain Park, 45045 5th Street East. Eastside Pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Andrew Dunar, Pool Manager at 723-6256.

Webber Pool 661-723-6288 (open during summer)

at Jane Reynolds Park, 716 Oldfield Drive.

notice: Eastside Pool will be closed September 2 - October 3, 2008 to complete repairs that are essential for continued safe pool operation and the enjoyment of our residents. It is scheduled to reopen on Saturday, October 4, 2008 for all programs. Webber Pool will be open during the time Eastside is closed to ensure the continued accessibility of an aquatic facility for all pool users. All regularly scheduled programming will be transferred to Webber and will occur at the same times previously scheduled at Eastside.

PUBLIC SWIM TIMES

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

Public swim	Sat	1:30-2:30 pm
Early Bird lap	Mon-Fri	5:45-7 am
Noon lap	Daily	11:45 am-1 pm
Senior & Therapy	Mon-Fri	10-11:30 am
Evening lap	M/W/F	8:30-9:30 pm

Holiday Closures: Nov 11 - Veteran's Day, Nov 27 - Thanksgiving
Open: Nov 28 - 11:45 to 1 pm (noon lap)

PUBLIC SWIM FEES

Eastside Pool:

Infant (3 YRS and under)	Free
Child (4-12 YRS)	\$1
Teen (13-16 YRS)	\$1.25
Adult (17+ YRS)	\$1.75
Senior (55+ YRS)	\$1

30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19



selected courses available for online registration on page 18.

CLASS INFORMATION

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise & Hydro-Fit which are 45 minutes. See schedule for dates, times, program codes and fees.

Parent/Tot

(6 MOS-3 YRS) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

Preschool

(3-5 YRS) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn-to-swim class.

Preschool 2

(3-5 YRS) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

Preschool 3

(3-5 YRS) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.

Level 1: Introduction to Water Skills

(6-14 YRS) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back; explore arm and hand movements; swim on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.

Level 2: Fundamental Aquatic Skills

(6-14 YRS) Purpose: Gives students success with fundamental skills and enhances Level 1 skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.

Level 3: Stroke Development

(6-14 YRS) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform the HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

Level 4: Stroke Improvement

(6-14 YRS) Purpose: Develops confidence in the skills learned and improves Level 3 skills. Participants learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.



Level 5: Stroke Refinement

(6-14 YRS) Purpose: Provides further coordination and refinement of Level 4 strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; sidestroke.

Level 6: Swimming & Skill Proficiency

(6-14 YRS) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.

interested in a diving program?

Call 661-723-6255.

Adult Swim Lessons

(15+ YRS) Everyone can learn to swim. Skills taught: front and back float and glide; breathing; stroke and kicking techniques.

Aquacise: Aerobic Water Exercise

(15+ YRS) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.

Hydro-Fit: Muscle Toning & Fitness

(15+ YRS) Exercise class for those who want an invigorating water workout. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

Private Swim Lessons

Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

2041-2042 Lesson times to be arranged.

Lifeguard Training Class

(15+ YRS) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Current rescue techniques, lifeguarding procedures taught. Teaches the skills and provides certification to qualify as a professional lifeguard, including CFAS & CPR for the professional rescuer. Students must attend all classes – no exceptions. \$74 (\$80 NR). Call 723-6256 for times.

2019 Sat & Sun Sep 27-Oct 12 8 am-5 pm



Water Safety Instructor Class

(17+ YRS) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross ICT course included. Date: TBA. Approximately 40 hrs. of training. Students must attend all classes – no exceptions. \$74 (\$80 NR).

2043 Sat & Sun TBA 8 am-5 pm



Novice Swim Team

(5-17 YRS) Not a learn-to-swim class. Enrollees must be able to swim length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$58 (\$63 NR).

2020 Sat Sep 27-Nov 15 4-6 pm

Oasis Aquatics Swim Team

(5-18 YRS) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Head Coach: Gunther Niklas. Call 940-1832 for more info.

Oasis Masters Swim Program

(18+ YRS) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and info at 948-0057 or 722-0585.

A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 945-6210. Mondays.


aquatics class schedule

The numbers listed under each time frame are the class codes to include on your registration form.

Classes held at Eastside Pool

Session 0: Sep 27-Nov 15

Saturday (1x/week for 8 weeks) \$33 (\$36 NR).

Class Level	9 am	9:40 am	10:20 am
Parent/Tot		2021	
Preschool	2025	2026	
Preschool 2	2031		
Level 1	1980		
Level 2	1999		
Level 3		2003	
Level 4			2007
Level 5			2011
Level 6			2015
Adult		1969	
Aquacise 			1973





Session 1: Sep 22-Oct 2

Mon thru Thu (4x/week for 2 weeks) \$33 (\$36 NR).

Class Level	3:10 pm
Preschool	2027
Preschool 3	2037


Session 7: Sep 16-Oct 9

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	2022			
Preschool	2028			
Preschool 2		2032		
Preschool 3	2038			
Level 1	1981			
Level 2	2000			
Level 3		2004		
Level 4			2008	
Level 5			2012	
Level 6			2016	
Adult		1970		
Aquacise 		1974		
Hydro-Fit 				1977


Session 9: Nov 18 - Dec 16 (No class Nov 27)

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	2024			
Preschool	2036			
Preschool 2		2034		
Preschool 3	2040			
Level 1	1983			
Level 2	2002			
Level 3		2006		
Level 4			2010	
Level 5			2014	
Level 6			2018	
Adult		1972		
Aquacise 		1976		
Hydro-Fit 				1979

Session 8: Oct 14-Nov 6

Tue/Thu (2x/week for 4 weeks) \$33 (\$36 NR).

Class Level	7 pm	7:40 pm	8:20 pm	8:25 pm
Parent/Tot	2023			
Preschool	2029			
Preschool 2		2033		
Preschool 3	2039			
Level 1	1982			
Level 2	2001			
Level 3		2005		
Level 4			2009	
Level 5			2013	
Level 6			2017	
Adult		1971		
Aquacise 		1975		
Hydro-Fit 				1978





arts
in the
city

Frank Robert Dixon and “The Land of Treetch”

September 12 - November 2

Twenty-one years ago Frank Dixon painted his first “Treetch” (a tree with a human-like face filled with character and emotion). Since then he has drawn and painted dozens of these Treetch characters and other imaginary creatures (including a kwuflin – a kitten with wings, and a dragoon – a close relative of a dragon). Dixon’s paintings are self-portraits exploring his own emotions and feelings about life. This show will feature an array of Dixon’s work accompanied by work from some of his former students from Antelope Valley College and Quartz Hill High School.

Join us on Friday, September 12 for the opening reception from 6 to 9 pm. Visitors will be able to enjoy a free lecture, video, book signing and demonstration with our featured artist: Frank Robert Dixon.

Family Day - Saturday, September 27, 11 am - 4 pm. Free

Celebrate families with special activities for all ages at the Lancaster Museum/Art Gallery. Learn to draw a Treetch, enjoy storytelling, explore fantasy art and illustration techniques and much more with artist Frank Robert Dixon.

A Flow of Fine Art

Featuring the art students of Granada Hills Rinaldi Adult School

November 15, 2008 - January 4, 2009

Under the direction of instructor Reine River, one of California’s premier contemporary Western cowgirl artists, this multicultural group of students will display an exciting body of artwork featuring acrylics, oils, watercolors, pastels, ceramics and sculptures.

Please join us for our opening reception on Saturday, November 15 from 12 to 4 pm.

Museum Day - Saturday, September 27, Noon - 4 pm. Free

The Western Hotel Museum and the Lancaster Museum/Art Gallery are pleased to participate in the fourth annual National Museum Day presented by *Smithsonian* magazine. Visit the Museums and join in this celebration of culture, learning and the dissemination of knowledge.



Lancaster Museum/Art Gallery
44801 Sierra Highway | 661-723-6250
Imagreceptionist@cityoflancastrca.org
Free Admission and Tours

Hours:
Tuesday - Saturday, 11 am - 4 pm
Sunday, 1 - 4 pm
Closed Mondays and holidays

Closed: Friday, September 19 at 3 pm; Saturday, September 20; August 25 through September 13; November 3 through 14.

Western Hotel Museum
557 W. Lancaster Blvd. | 661-723-6260 / 6250
Free Admission and Tours

**The Western Hotel Museum is open on the following days:
Friday and Saturday (from noon to 4 pm)**
September 5 & 6, 26 & 27
October 10 & 11, 24 & 25
November 14 & 15, 28 & 29
December 12 & 13, 19 & 20

Rockapella

September 12 | 8 pm

America's top-selling a cappella singing group!

Orchestra \$30 | Balcony \$25



American Ballet Theatre II

November 18 | 8 pm

Thirteen young dancers of outstanding potential perform both classic and contemporary ballet pieces.

Orchestra \$30 | Balcony \$25 | Youth \$17



Celebrate the City's Birthday with an evening of music and comedy by

Debbie Reynolds

November 8 | 8 pm

Orchestra \$57 | Balcony \$50



East Village Opera Company

November 23 | 7 pm

Classical music with a rock and roll twist!

Orchestra \$32 | Balcony \$27

Youth 17 and under FREE with ticketed adult!

LPA **C** 08/09
lancaster performing arts center

the positively clear choice for entertainment

750 W. Lancaster Boulevard | For tickets or information, call 661-723-5950 or visit www.lpac.org

Box office hours: Monday - Friday, noon to 6 pm • Saturday, noon to 4 pm



Interpretive Center Hours:
Tuesday, Thursday,
Saturday & Sunday, 10 am to 3 pm



MOON WALKS



The 100-acre Preserve is located at 35th Street West and Avenue K-8 in Lancaster and features nearly three miles of trails. All presentations and walks last about one hour. Presentation fees will be collected at the Interpretive Center; children three and under are free. No reservations are required to attend presentations.

Please call 661-723-6230 for questions or to schedule a group tour.

WONDERFUL ACTIVITIES FOR FALL!

LIVE ANIMALS

Saturday, September 13, 4 pm

Brandon and Jennifer Kreis of Scales & Tales Ranch will share their collection of reptiles and farm animals including sheep, goats, a pig and ducks. \$3 per person

BIRD WATCHING

Saturday, October 11, 8 am

An award-winning wildlife artist and member of the Audubon Society will lead a walk along the trails of the Preserve. Remember to bring field guides and binoculars. Free.

LIVE DESERT TORTOISES

Saturday, November 8, 4 pm

Mark Bratton, a wildlife and environmental biologist at Edwards AFB will share his knowledge about these ancient creatures and how the program at the base is helping them to survive. Free.

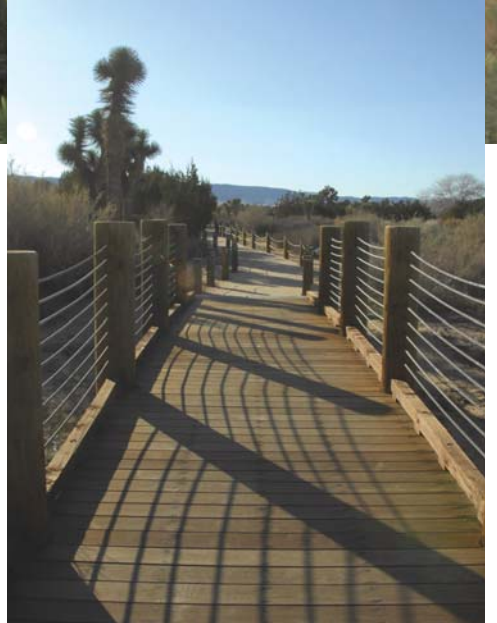
MOON WALKS

Saturday, September 27, 7:30 pm

Saturday, October 25, 6:30 pm

Saturday, November 22, 6 pm

Jeremy Amarant, Director of S.A.G.E. Planetarium, will teach us about the moon, stars and constellations as he leads visitors on a one-mile walk. AV Astronomy Club members will be on hand with their telescopes for a closer look at the night sky. Free.



facility rentals: Visit www.cityoflancasterca.org for information on renting group picnic shelters, barbeques, volleyball courts, horseshoe pits, softball fields, swimming pools, banquet halls and meeting rooms.

Lancaster Community Services Foundation, Inc.
44933 Fern Avenue
Lancaster, CA 93534-2461

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