

# outlook

December 2008  
Newsletter &  
Activity Guide

lancaster  ca  
*it's positively clear.*



Winter Class  
Schedule  
Inside!

## city officials

### Lancaster City Council

R. Rex Parris, *Mayor*  
Ronald D. Smith, *Vice Mayor*  
Ken Mann, *Council Member*  
Sherry Marquez, *Council Member*  
Ed Sileo, *Council Member*

### City Manager

Mark V. Bozigan

## you're invited to meetings

### Lancaster City Council/Lancaster Redevelopment Agency

2nd & 4th Tuesday of the month at 5 p.m. Notice of special Council meetings will be posted at City Hall.

### Lancaster Planning Commission

3rd Monday of the month at 6 p.m. Agenda review is held on the Monday preceding each month's meeting at 5:30 p.m. in the Planning Department Conference Room.

### Lancaster Youth Commission

2nd Thursday of the month at 6:30 p.m. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue.

## let us hear from you

We welcome your comments and suggestions. 661-723-6000  
Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.

## hotline info

24-hr recorded information	661-723-6200
Abandoned shopping cart retrieval	800-887-0466
City Special Event hotline	661-723-5900
Job hotline	661-723-5874
Hate crimes hotline	877-728-7322 (7 AT-PEACE)
Graffiti hotline	661-723-5985

### [www.cityoflancasterca.org](http://www.cityoflancasterca.org)

City Council meeting agendas can be found here.  
Register for selected classes online.

### [www.lpac.org](http://www.lpac.org)

Lancaster Performing Arts Center

### [www.avfilm.com](http://www.avfilm.com)

Antelope Valley Film Office

### [www.colra.org](http://www.colra.org)

Lancaster Redevelopment Agency

### [www.lancastersoccercenter.com](http://www.lancastersoccercenter.com)

Lancaster National Soccer Center

### [www.big8softball.com](http://www.big8softball.com)

Big 8 Softball Complex

### [www.poppyfestival.com](http://www.poppyfestival.com)

California Poppy Festival

## outlook lite now available via e-mail

In an effort to conserve City funds and trees, Lancaster's monthly **outlook lite** newsletter will now be distributed exclusively via e-mail. Quarterly **outlook** magazines will still be mailed to all residents.

To receive your copy of **outlook lite**, visit the City's website and click on the word *CityLink* at the top of the screen. From here you can sign-up to electronically receive a wide variety of City communications or call 661-723-5922.

A limited number of printed newsletters will still be available at City Hall for those that do not have easy access to the internet.

# a message from the city council

**As 2008 COMES TO A CLOSE AND WE WELCOME IN A NEW YEAR,** we'd like to review the many exciting changes and progress the City has made the past year and highlight a few of the fun and fulfilling opportunities to become involved in that are just around the corner.

In this issue, you'll find several articles on citizen engagement, a major focus of the City in 2008. Our lead story provides an overview of the many ways we've encouraged you to get involved and how you've made a difference. We follow with a reminder of an important upcoming event where everyone can pitch in and help out...our annual Martin Luther King Jr. Day of Service.

Citizen involvement doesn't stop at the City limits, so we've also included an article on environmental practices that help make our planet a little better. We encourage you to conserve, recycle and reuse, too.

In our continuing series of articles on public safety, we spotlight the City's encouraging new crime statistics. Serious "Part 1" crimes have dropped significantly in 2008, thanks in large part to citizen involvement.

Our Housing & Neighborhood Revitalization Department sheds light on new initiatives that are helping families keep their homes and avoid foreclosure.

Of course the end of the year also brings with it the holiday season and a wide range of activities for the entire family. Be sure to review our calendar of events for all there is to see and do this time of year in Lancaster. In observation of the holiday, the December 23rd Council Meeting will not be held. Regular meetings will resume January 13, 2009.

From all of us at City Hall, may we wish you and yours the happiest of holiday seasons!

*Your City Council*



## on the cover

*Photo by Liz Breault*

Fencing is just one of the more than 40 classes offered by the City that promotes fitness and a healthy lifestyle. Join Lancaster's *Positively Fit* program today!

## outlook

**Editor:** Joseph Cabral, *Communications Manager*

**Design:** Davis Communications

**Photography:** Liz Breault

**outlook** is published quarterly by the Lancaster Community Services Foundation.

This newsletter is mailed to households and businesses in the City as a public service. Incorporated in November 1977, Lancaster is a General Law City within Los Angeles County. The City of Lancaster is an equal opportunity employer.





**HONOR THE DREAM!**  
Lancaster makes January 17 a celebration of volunteerism. [page 4](#)

Lancaster Museum/  
Art Gallery's Traveling  
Trunk brings history  
to local schools.  
[page 8](#)



Start the new year  
off right! Sign up for  
Healthy Active  
Lifestyles classes.  
[page 9](#)



**LPAC** 08/09

Wynonna's "A Classic Christmas" is part of  
LPAC's Holiday Series.  
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# december outlook

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**back prime desert woodland**  
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# close up on civic strength

## Civic Engagement Key to City Success

Identifying important issues and addressing problems head on has been a top priority for City officials in Lancaster. Crime, Section 8, water, graffiti and other citizen concerns have all received special attention by the Council and City staff. However, real progress requires more than municipal involvement. It takes public participation at a grass roots level.

“Lasting solutions can only be achieved through the concerted efforts of all people affected by a problem,” said City Manager Mark V. Bozigian. “We can provide the foundation and framework necessary to enable change, but it is our citizens, businesses and community organizations that form the front line that will actually create change.”

Through programs such as Neighborhood and Business Watch, public immersion in the General and Downtown planning processes, and new commissions on criminal justice, architectural design and Section 8, the City is involving its citizenry as never before. New dialogues on local control issues have been initiated and cooperation with state prison officials, school district leaders and public safety experts in the Sheriff’s and Fire Departments has been established.

A prime example can be seen in the recent efforts of the Burglary Suppression Team. This initiative is a collaborate effort of the City, Los Angeles Sheriff’s Department, Antelope Valley Union High School District (AVUHSD) and Neighborhood Watch participants. Each has provided valuable input on how to best handle the problem of daytime burglaries.

“WE CAN PROVIDE THE FOUNDATION AND FRAMEWORK NECESSARY TO ENABLE CHANGE, BUT IT IS OUR CITIZENS, BUSINESSES AND COMMUNITY ORGANIZATIONS THAT FORM THE FRONT LINE THAT WILL ACTUALLY CREATE CHANGE.”

— Mark V. Bozigian  
City Manager







“Criminals seem to think they can operate under the radar and get away with crimes that don’t make the headlines. We intend to take them all down. Whether they commit big offenses or petty theft, we will find them and prosecute them. Citizens are standing up for their rights and safety. As a team, the City, the Sheriff’s and the citizens will see criminals brought to justice,” noted Sheriff’s Captain Axel Anderson.

Input from various segments of the community identified burglaries as a significant recurring problem. A specialized team was formed to focus on the issue. As a result, 116 burglary arrests have been made in the last six months while \$175,000 in property was recovered.

The City is approaching civic engagement not merely from the standpoint of getting more people involved but by getting the right people involved. By recruiting people willing to take a proactive approach to making things better, the City is able to leverage its efforts and effect rapid and long-lasting changes.

Through commissions, ad hoc committees, public forums and continuous dialogues, the City will address local issues with the active involvement of the community. Such participation is critical to ensure that all have a voice and buy-in to policy decisions that will impact Lancaster for years to come.

Visit [www.cityoflancasterca.org](http://www.cityoflancasterca.org) and click on “Opportunities to Get Involved” to see how you can help make positive changes in Lancaster.

## 2008 Civic Engagement Successes

- Created Anti-Gang partnership with LASD and CHP
- Reduced crime rate with cooperation from Neighborhood & Business Watch
- Instituted Burglary Suppression Team
- Formed partnership with AVUHSD on Truancy Car
- Significantly expanded distribution of City news to community and business leaders
- Created City presence on MySpace and Facebook to better involve our youth and young adults
- Established media briefings on Council Agenda before each Council meeting
- Reconstituted the City’s Planning Commission
- Established new Criminal Justice, Architectural Design and Section 8 commissions to develop key policies
- Began regional initiative for more local control of federal Section 8 Housing Choice Voucher Program
- Established new Regional Water Ad Hoc Committee
- New water conservation and landscaping ordinances drafted with public input from Council workshop
- Expanded partnership with Los Angeles County Sheriff’s Department
- Establishing opportunities for cooperation with Palmdale
- Achieving new partnerships with California State Prison Los Angeles County
- Instituted twice-weekly Walk with the Mayor program
- Instituted emergency preparedness training programs
- Adopted reduced, fiscally responsible budget for 2008-09





# community in action

## Serve Community in Memory of Dr. Martin Luther King Jr.

*Lancaster makes January 17  
a celebration of volunteerism*

Each January, America celebrates the life and work of Dr. Martin Luther King Jr. In many communities, including Lancaster, this holiday has become a day in which communities come together to help make things better. They've made it a day on, instead of a day off. On Saturday, January 17, local groups and individuals are invited to contribute their time and efforts to create positive change within the community.

If you have an idea for a service project or activity that you believe can improve Lancaster, nominate it now by calling 661-723-6077. Volunteers can also sign up to participate by calling this number or online at [www.cityoflancasterca.org](http://www.cityoflancasterca.org).

To view a video on MLK Day of Service activities and history, visit [www.mlkday.gov](http://www.mlkday.gov) and click on "Videos."

"AN INDIVIDUAL HAS NOT STARTED LIVING UNTIL HE CAN RISE ABOVE THE NARROW CONFINES OF HIS INDIVIDUALISTIC CONCERNS TO THE BROADER CONCERNS OF HUMANITY."

— Dr. Martin Luther King Jr.



CELEBRATE THE MARTIN LUTHER KING JR.

**DAY OF SERVICE**

**VOLUNTEER**



**THINK ABOUT IT.** Dr. King knew what makes a great American. Doesn't matter if you're young or old. Doesn't matter where you live. Doesn't matter how busy you are.

**All that matters is what you do for others.**

HONOR THE DREAM.  
**BE GREAT  
VOLUNTEER**



**JANUARY 17, 2009**

Corporation for  
**NATIONAL &  
COMMUNITY  
SERVICE** ★★ ★

# City Employees are going green

*What are you doing to help our environment?*

A new campaign aimed at increasing awareness of the many ways Lancaster employees can reduce their adverse impact on the environment was recently introduced to City staff.

The "Growing Green" campaign encourages City employees to change daily habits to conserve energy, reuse and recycle to reduce waste and think proactively about what they can do to make the community more environmentally friendly.

"Going green is nothing new for us," said City Manager Mark V. Bozigian. "As a City, we've been employing many of these practices for years. The goal of our campaign is to raise awareness and promote individual responsibility. We need to lead by example. I encourage all citizens to look for ways they can save at home and at work."

## 10 ways we can all save

### At home:

1. Replace incandescent with compact fluorescent bulbs and save 75% on energy costs.
2. Adjust your thermostat a little higher during summer, lower during winter. You can save up to 3% for each degree +/- 72. Better yet, install a programmable thermostat to adjust temperatures throughout the day.
3. Consider buying Energy Star compliant appliances and low-water use washers.
4. When you shop, bring along reusable bags and avoid the whole "paper or plastic" decision.
5. Use recycling and green waste bins. Everything should not go into the landfill. Be sure to dispose of hazardous waste properly.
6. Repair water drips and leaks quickly.
7. Wash clothes in cold water whenever possible. Set water at an appropriate level for the load.
8. Consider investing in low-flush, dual flush toilets.
9. Water landscaping only as needed and never after 10 a.m. when temperatures are higher and most will just evaporate.
10. Think about replacing thirsty lawns with more sustainable, natural landscape and hardscape.

### At the office:

1. Turn off your computer monitor when not in use. It can consume twice as much as the computer itself.
2. Plug all electronics into a power strip and switch it off when you leave for the day.
3. Set your computer to go to sleep automatically when you're away from your desk. This can cut energy use by 70%.
4. Use a refillable bottle or mug for water and coffee instead of disposable cups or bottled water.
5. Unplug phone chargers when they are not in use. They still consume 95% power, even with nothing connected.
6. Print only what you need to print. Read things on your screen and file electronically when you can.
7. Reuse paper, file folders, boxes and packing material.
8. Recycle paper, plastic and printer expendables.
9. Share a ride to work with a friend.
10. Telecommute one or more days a week.





# safe at home

## City Crime Rate Continues Downward Spiral

*Incidents lowered by more than six percent during first nine months of 2008*

New statistics recently released by the Los Angeles County Sheriff's Department show that Part 1 crimes, the most serious violent and property offenses, have decreased for five straight quarters.

In the third quarter alone, these common crimes were down by 5.4 percent. Leading the way was a decrease in violent crime, which was down nearly 15 percent. Reports of property crimes were down by more than four percent.

Paradoxically, the recent push to combat burglary caused the crime stats for that category to increase.

"We are convicting criminals of crimes no one had reported," noted Lancaster Sheriff's Captain Axel Anderson. "We're recovering personal

property that people had no expectation of ever getting back. This is great and the bottom line is our overall crime rate is still dropping."

City officials credit increased involvement at the neighborhood level for much of the success.

"Many factors have contributed to the crime reduction," stated City Manager Mark V. Bozigian. "Cooperation from the school districts, LA County and the State Department of

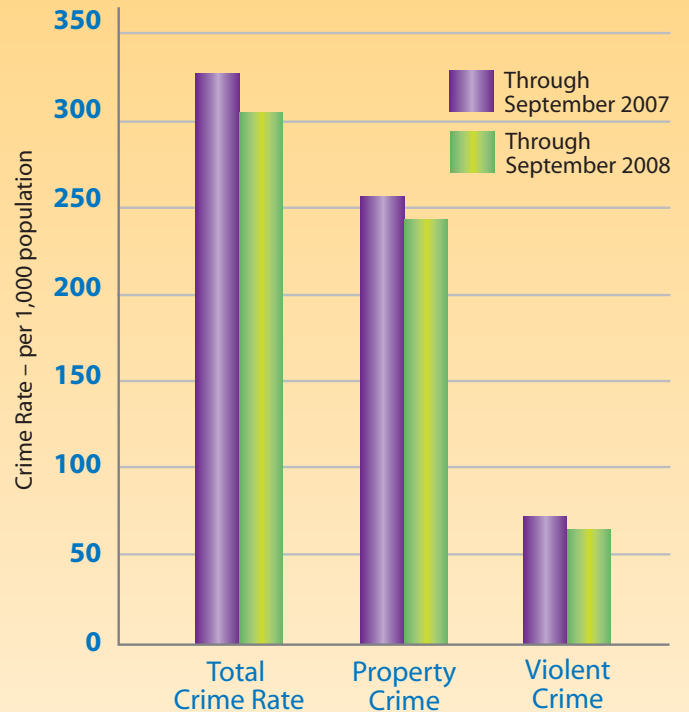
Corrections has helped, but most important has been the active involvement of citizens through our Neighborhood and Business Watch programs. They have been vital, forward observers in our fight against crime."

For more information on how you can get involved in your own neighborhood or business district to help combat crime, contact the City's Public Safety Office at 661-723-6063.

"MANY FACTORS HAVE CONTRIBUTED TO THE CRIME REDUCTION...MOST IMPORTANT HAS BEEN THE ACTIVE INVOLVEMENT OF CITIZENS THROUGH NEIGHBORHOOD AND BUSINESS WATCH PROGRAMS."

— Mark V. Bozigian  
City Manager

Lancaster Total Crime Rate through Third Quarter 2008



Part 1 crimes, as reported to the FBI, were down across the board when compared to the same period last year. Overall rates were down more than five percent, while violent crimes dropped nearly 15 percent.



By increasing the number of Community Safety Officers in the field to handle complaints, reports and collection of evidence, the City has been able to refocus deputies to proactively work on crime suppression efforts.

**WARNING!**



**Burglars and robbers are NOT welcome in the City of Lancaster!**

Citizens earn

**\$1,000**

**REWARD** for information leading to the arrest and conviction of persons involved in burglaries and robberies.

**661-948-COPS**

lancaster  ca  
*it's just the way we live*



# Own a Rental?

*You need a business license and a property inspection*

If you rent any residential property in Lancaster, whether apartment or single-family home, you are required by Municipal Code to obtain a business license and submit the property to inspection by a Code Enforcement Officer. Failure to obtain a license or have your rental property inspected can result in substantial fines.

The objective of this ordinance is to make sure the City's rental housing stock is safe and sanitary for occupants and their neighbors.

By working together, tenants, landlords and the City can improve neighborhood conditions and protect the quality of life for all who live here.

An application for a business license may be obtained online at [www.cityoflancafterca.org](http://www.cityoflancafterca.org) or from the City's Finance Department. Current license fees are \$64 for a new license, \$27 for renewals.

Initial inspections need to be scheduled by appointment with the Housing & Neighborhood Revitalization Department by calling 661-723-6172. Before an inspection can take place, a signed consent form must be obtained from the tenant.

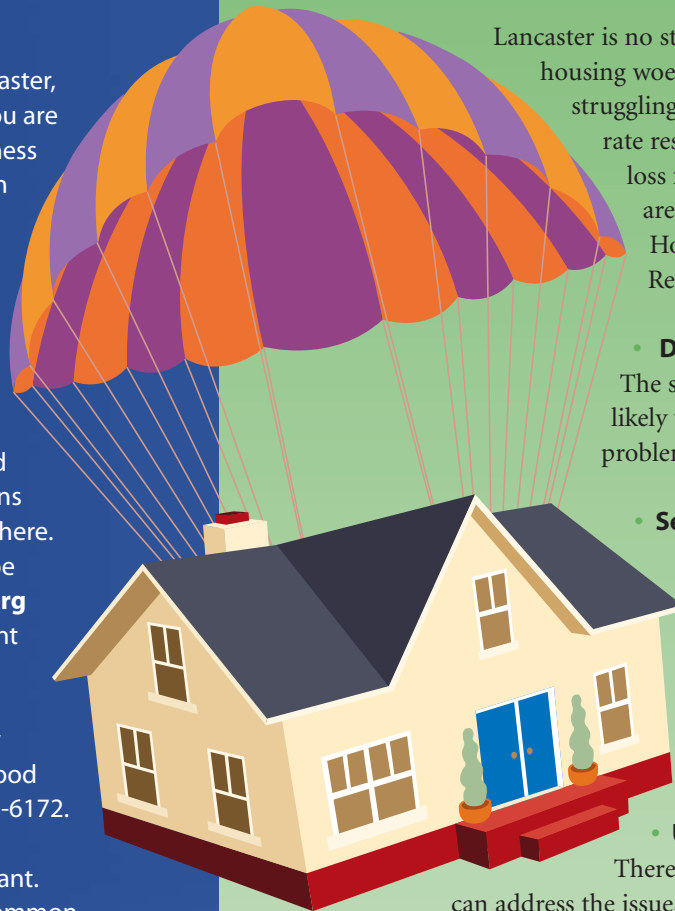
Sample consent letters as well as tips on common inspection issues can be found at the City's website under Housing's Code Enforcement section.

There is a \$100 fee for the first inspection at a given address. The fee for each additional unit at the same address is \$25. Subsequent inspections may be required if violations are found or if a tenant complaint is filed. These fees will be billed to the owner after inspection.

If you have questions regarding the City's business licensing or inspection requirements, contact the City's Housing & Neighborhood Revitalization Department at 661-723-6172.

# Facing Foreclosure?

*Resources are available to help*



Lancaster is no stranger to the nation's housing woes. If you find yourself struggling to keep up when a variable rate resets or an unexpected job loss finds you short on cash, here are some tips from the City's Housing & Neighborhood Revitalization Department.

- **Don't ignore the issue.** The sooner you act, the more likely you are to resolve the problem without losing your home.

- **Seek expert advice.** The U.S. Department of Housing and Urban Development maintains a list of approved counselors to provide assistance. Visit [www.hud.gov](http://www.hud.gov) for recommendations.

- **Understand your options.** There are a variety of ways you can address the issue, many of which let you keep your home. Investigate the possibilities. Refinancing, repayment plans, reverse mortgages, quick sales, short sales, deed-in-lieu of foreclosure are just a few of the ways you may be able to work things out.

- **Be realistic.** Make a budget. If you can't keep up with even a modified mortgage payment, then you may need to look at other options.
- **Gather the data you need.** If you are seeking redress, then you need to know, and need to show your lender what you can and can't afford to do.
- **Talk frankly.** Let your credit counselor and lender know the facts. When they know you're willing to work with them, they are more likely to work with you.

For additional in-depth ideas and access to knowledgeable, unbiased, credit counselors, call 888-995-HOPE, the toll-free number for the Home Ownership Preservation Foundation, a nonprofit network dedicated to helping homeowners facing foreclosure.





# Museum Brings Art and History to Students in Traveling Trunk

For two decades, the Lancaster Museum/Art Gallery has offered educational programs to local schools. In 2006, the museum launched one of its most successful programs ever: The Traveling Museum Trunk. Now beginning its third year, the program is growing and seeking to engage even more young minds.

With field trip budgets being cut and fewer students able to visit the museum, the museum took the proactive stand of bringing the museum to the student. Funded by a generous grant from The Boeing Company, the program has been able to reach more than 12,000 students in their classrooms. They experience engaging, fun and interactive exhibits on a variety of topics that fit state curriculum.



*Fourth graders at Sundown Elementary School in Lancaster enjoy the historic contents of the Native American trunk.*

While nothing can completely replace the experience of visiting a museum, the Traveling Museum Trunks come close. Each trunk is devoted to a specific historical topic and presented by a museum educational specialist. A typical presentation includes real artifacts, high-quality replicas, photographs, models and maps from the Lancaster Museum/Art Gallery's permanent collection. Available presentations include:

- **Antelope Valley Pioneers**
- **Prehistoric Dinosaurs**
- **Native Americans**
- **Ice Age Mammals**
- **Antelope Valley Miners**
- **Cowboys and Vaqueros**
- **Ancient Egypt**
- **Archaeology**
- **California Missions (NEW)**
- **Aerospace and Aviation (NEW)**

All programs are offered free of charge to schools, senior groups and community organizations. For more information, contact the Lancaster Museum/Art Gallery at 661-723-6250 or visit [www.cityoflancasterca.org](http://www.cityoflancasterca.org).





Start off the  
New Year right!



city of lancaster



be healthy. be active.  
be positively

fit.

Here's your chance to kick up your heels, shed a few pounds and have fun with your friends and neighbors.

### Join Lancaster's Positively Fit program!

- Choose from over 40 classes that encourage fitness and promote a healthy lifestyle
- Something for every age and activity level
- Motivate yourself with special prize incentives

Look for the  icon and sign up today!



# parks, & recreation & arts activity guide

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### registration dates

Online/Mail-in begins December 1.

Phone/Fax/Walk-in begins December 8.

See insert for Registration Worksheet.

Residents are those persons living inside the City limits

of Lancaster. All others pay a non-resident (NR) charge.

Example \$40 (\$45 NR).





## city of lancaster parks

### Deputy Pierre W. Bain Park/ Eastside Pool

45045 5th Street East • 661-723-5894 / 661-723-6255

### El Dorado Park

44501 5th Street East • 661-723-6245

### Forrest E. Hull, M.D. Park

2850 West Avenue L-12

### James C. Gilley Park (under construction)

Kettering and Fern Avenues

### Jane Reynolds Park/Webber Pool

716 Oldfield Street • 661-723-6285 / 661-723-6288

### Lancaster City Park/Tennis Center/ Big 8 Softball Complex

43011 10th Street West • 661-723-6278

### Lancaster National Soccer Center

43000 30th Street East • 661-723-5964

### Rawley Duntley Park

3334 West Avenue K • 661-723-6295

### Skytower Park

43434 Vineyard Drive • 661-723-6208

### Tierra Bonita Park

44910 27th Street East • 661-723-6209

### Whit Carter Park (under construction)

Avenue H-8 and Sierra Highway

## to register see insert.

Advance registration through Parks, Recreation & Arts Department required. Classes must meet minimum enrollment two business days prior to start & are subject to instructor change, rescheduling or cancellation.



Online registration available



New class offering



Bilingual instructor



FREE!



Healthy, active lifestyles



Instructor

## preschool

### El Dorado Preschool | Jennifer Alvarado

**Registration guideline:** New enrollees may be accepted monthly. Materials: \$3. El Dorado Park.



### Monthly Preschool

(4 yrs.) Kindergarten preparation, crafts, stories and motor skills play. Child must have turned 4 by Dec. 2, 2008. \$75 (\$80 NR). \$69 (\$74 NR)\* No class Jan. 19, Feb. 16.

2190	MWF	Jan. 5-30*	9-11:30 a.m.
2191	MWF	Feb. 2-27*	9-11:30 a.m.
2192	MWF	Mar. 2-27	9-11:30 a.m.



### Monthly Wee Folks

(3 yrs.) Socialization skills, crafts, stories and outdoor play activities. Child must have turned 3 by Dec. 2, 2008. \$50 (\$55 NR).

2193	T/TH	Jan. 6-29	9-11:30 a.m.
2194	T/TH	Feb. 3-26	9-11:30 a.m.
2195	T/TH	Mar. 3-26	9-11:30 a.m.

### Jane Reynolds Preschool | Lynnette Bass

**Registration guideline:** Priority registration for current students ends on 15th of month prior to upcoming class. New enrollees may be accepted monthly. Parents required to volunteer 3 times. Materials: \$4. Jane Reynolds Park, Rm. 2.

### JRP Play Brigade

(3 yrs.) Music, crafts, stories, indoor & outdoor play. Child must have turned 3 by Dec. 2, 2008. \$110 (\$115 NR).

2152	T/TH	Jan. 13-Mar. 12	9-11:30 a.m.
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### JRP Preschool

(4 yrs.) Socialization skills, kindergarten preparation, crafts, stories and motor skills play. Child must have turned 4 by Dec. 2, 2008. \$180 (\$185 NR). No class Jan. 19, Feb. 16.

2150	MWF	Jan. 12-Mar. 13	9 a.m. -12 p.m.
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## youth enrichment

### After-School Programs - Enrichment Centers


Interactive, structured and safe after-school programs for K-6 offered at Valley View and West Wind schools. Offered after school M-F until 6 p.m. only when school is in session. Staff fingerprinted & CPR/First Aid certified. \$98 per month or per tracking period. Priority registration for Valley View participants ends on 15th of the month prior to upcoming month. Students lose their spot in the program after that date. New student enrollments & program payments only accepted at the Parks, Recreation & Arts Department in City Hall.

#### After-School Program – Lancaster CARES

Free award-winning program for children enrolled at Desert View, El Dorado, Jack Northrop, Joshua, Linda Verde, Mariposa, Sierra & Sunnydale schools. Offered after school M-F until 6 p.m. only when school is in session. Includes academic & recreation enrichment activities, snacks & field trips. Staff fingerprinted & CPR/1st Aid certified. Pick up registration form at school office. For more info, call 661-948-4661 ext. 209 or 661-723-6192.

#### Language for Kids

(4-12 yrs.) Give your child the gift of another language. Basic vocabulary learned through group interactions, creative projects, songs and role play. Inst: Teresa Thacker (German) and Michele Whitmore (French). \$45 (\$50 NR). Materials: \$5. El Dorado Preschool. No class Jan. 19, Feb. 16.

	2227	4-7 yrs.	German	Mon.	Jan. 12-Mar. 16	3:30-5:30 p.m.
	2228	8-12 yrs.	German	Wed.	Jan. 14-Mar. 4	3:30-5:30 p.m.
	2229	4-7 yrs.	French	Tue.	Jan. 6-Feb. 24	3:30-5:30 p.m.
	2230	8-12 yrs.	French	Thu.	Jan. 8-Feb. 26	3:30-5:30 p.m.

#### Mommy/Daddy & Me | Lynnette Bass

(18 mos.-3 yrs.) Parent and child explore art, music & games while developing socialization skills. \$80 (\$85 NR). Materials: \$3. Jane Reynolds Park, Rm. 2.

2153	T/TH	Jan. 13-Mar. 12	12-1:30 p.m.
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#### Kids Can Cook Too! | Roxanne Diesel

(7-14 yrs.) Students make a variety of different desserts such as cookies, pies, candies and more! The proper use of handling kitchen utensils and the importance of safety & cleanliness will also be covered. \$30 (\$35 NR). Materials: \$15. Lancaster City Park, Kitchen.

2184	Wed.	Jan. 7-Feb. 11	3:30-5 p.m.
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#### High School Exit Exam Prep | Deborah Sinness

(14-18 yrs.) Students take practice tests and learn valuable test-taking strategies to achieve higher scores on their high school exit exams. \$75 (\$80 NR). Materials: \$10. Math Magicians, 41715 50th St. W., Quartz Hill.

2118	Sat./Fri.	Jan. 3-17 & 23	9-11 a.m./6-8 p.m.
2119	Sat.	Feb. 7-28	9-11 a.m.

#### Teen Court

Lancaster teens interested in criminal justice system gain experience by serving as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st-time criminal offenses. Contact Gerald Wesley at 661-723-6757 for more info. Lancaster City Hall.

Meets monthly every 3rd Wed. 3:30 p.m.

#### Youth Commission

Students from local high schools are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects & special events for Lancaster teens. Lancaster residents invited to attend meetings. Contact Patricia Garibay at 661-723-6072 for more info.

Meets monthly every 2nd Thu. 6:30 p.m.

## performing arts

#### Ballet & Tap Melineh Alahverdian

(3-12 yrs.) Learn techniques and improve body awareness, self-confidence and coordination. Bring leotard, pink ballet shoes, black tap shoes and pink tights. Costume required for performance in spring. \$85 (\$90 NR). Jane Reynolds Park, Rm. 1. No class Jan. 19, Feb. 16, Mar. 10.



2144	3-5 yrs.	Mon.	Jan. 5-Mar. 30	4-4:45 p.m.
2145	6-12 yrs.	Mon.	Jan. 5-Mar. 30	5-5:45 p.m.
2146	3-5 yrs.	Tue.	Jan. 6-Mar. 31	4-4:45 p.m.
2147	6-12 yrs.	Tue.	Jan. 6-Mar. 31	5-5:45 p.m.

#### Ballroom Dance I/II | Iris Groskopf

(Adult) Learn fun, social dances: Swing, Jitterbug, Cha Cha Cha, Fox Trot, Waltz, Tango, etc., and dance like a star! \$150 (\$155 NR) per couple. Lancaster City Park, Activity Ctr.

2081	Wed.	Feb. 11-Apr. 1	7:30-9 p.m.
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#### Belly Dance for Kids & Teens | Jill Warden

(8-17 yrs.) Learn self-confidence and coordination through the fun art of belly dance! Costume required for performance. \$49 (\$54 NR). Black Sea Trading Company, 311 E. Ave. K-8, Ste. 109.

2101	8-12 yrs.	Wed.	Jan. 7-Feb. 11	4:30-5:30 p.m.
2102	8-12 yrs.	Wed.	Feb. 18-Mar. 25	4:30-5:30 p.m.
2103	13-17 yrs.	Wed.	Jan. 7-Feb. 11	5:30-6:30 p.m.
2104	13-17 yrs.	Wed.	Feb. 18-Mar. 25	5:30-6:30 p.m.

#### Kids Performance Workshop | Roxanne Diesel

(7-14 yrs.) Learn to create a character with movement, voice and acting skills while putting together stage performance of "Beauty and the Beast!" \$75 (\$80 NR). Materials: \$10. Lancaster City Park, Game Rm.

2183	Wed.	Jan. 7-Feb. 25	5-6:30 p.m.
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#### Tiny Tot Acting | Roxanne Diesel

(4-6 yrs.) Introduce preschoolers to world of theatre. Young actors perform plays based on storybooks and fairy tales! \$50 (\$55 NR). Materials: \$5. Lancaster City Park, Game Rm.

2185	Wed.	Jan. 7-Feb. 11	2:30-3:15 p.m.
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**Guitar** | **Brian Bastidas**

(8 yrs.-Adult) Class covers proper placement, technique, charts and more. Work at your pace, advance by enrolling in subsequent sessions. Provide own guitar. \$60 (\$65 NR). Materials: \$3. Valley View Elementary, 3310 W. Ave. L-8. **Advanced classes available at City Hall with instructor approval.**

2122 Tue. Jan. 6-27 5-6 p.m.  
2123 Tue. Feb. 3-24 5-6 p.m.



arts & crafts

**Animal Painting for Preschoolers** | **Cotty Kilbanks**

(3-6 yrs.) Young painters can get their career started right here painting animals using brushes, sponges, collages and watercolor! \$50 (\$55 NR). Materials: \$10. Jane Reynolds Park, Rm. 1.

2233 Wed. Jan. 7-Feb. 11 2-3 p.m.

**Cartooning** | **Cotty Kilbanks**

(7-13 yrs.) Does your child love to draw and have an active imagination? Learn the secrets of the trade with our cartoonist who has created cartoons for Disney, Warner Bros. and Nickelodeon! \$50 (\$55 NR). Materials: \$10. Jane Reynolds Park, Rm. 1.

2234 Wed. Jan. 7-Feb. 11 3:30-4:30 p.m.

**D's Ceramics** | **Steve Mosley**

Materials: \$25. Lancaster Market Place, 2330 Mall Loop Dr., Unit 5-121.

**Potter's Wheel** (8 yrs.-Adult) Learn basics of throwing on a potter's wheel, wedging, centering and basic forms.

Create projects like bowls, jars or vases. \$65 (\$70 NR). **Must be accompanied by paid registered adult (8-12 yrs.).**

2173 Wed. Jan. 7-28 6-7:30 p.m.  
2174 Wed. Feb. 4-25 6-7:30 p.m.  
2175 Wed. Mar. 4-25 6-7:30 p.m.

**Children's Art Program - CAP** (6-12 yrs.) Students experience

a variety of ceramic art styles including potter's wheel, sculpting, ceramic art and hands-on work with clay, paints & glazes. \$50 (\$55 NR). **Adult supervision required.**

2167 Sat. Feb. 7-28 1-2:30 p.m.  
2168 Sat. Mar. 7-28 1-2:30 p.m.

**Fast & Easy Twist on Walls** | **Linda Coffman**

(Adult) With a twist of the wrist and a few tricks of the trade, you can create fabulous walls! Learn from a professional wallpapering and faux finishing painter how easy beautiful walls are to achieve. \$25 (\$30 NR). Materials: \$29, optional DVD: \$29.



Register for Parks, Recreation & Arts courses from the comfort of your own computer. Simply sign up for your own personal ID and password at [www.cityoflancasterca.org](http://www.cityoflancasterca.org).

**Hip Hop Dance** | **Regina Armstrong**

(7-12 yrs.) Learn latest hip hop dance moves, improve coordination and confidence while having fun! Wear loose clothing & tennis shoes. \$66 (\$71 NR). Extensions Studio, 2765 W. Ave. L.

2095 Thu. Jan. 8-Feb. 12 5-5:45 p.m.  
2096 Thu. Feb. 19-Mar. 26 5-5:45 p.m.

**Lancaster Community Orchestra**

(9-70 yrs.) Participants play in large group setting plus performances at concerts and community activities. Requirements: audition, two years experience with instrument, ability to read music, own instrument, purchase dress attire. Contact Roger Davis 661-943-4183, Lynn Ennis 661-943-4472 or visit [www.lancastercommunityorchestra.com](http://www.lancastercommunityorchestra.com) for info. and registration. **Auditions: Jan. 22; Practice: Jan. 29-May 15.**

**Piano Workshop** | **Craig Coffman**

(Adult) Piano teachers teach note reading, piano professionals use chords; learn all the chords needed to play any song. As seen on the PBS television program - "Piano in a Flash." Prior experience with chords recommended. \$25 (\$30 NR). Materials: \$26. Lancaster City Park, Activity Ctr.

2165 Instant Piano Fri. Mar. 20 6:30-9:30 p.m.

**Salsa Dance** | **Zuly Zappala & Andres Cabrera**

(13 yrs.-Adult) Become a skilled L.A. Salsa style dancer with modern dance moves & techniques. Have fun and meet new people. \$70 (\$75 NR). Optional materials: \$9. Jane Reynolds Park, Rm. 2. No class Jan. 19, Feb. 16.

2186 Beg./Adv. Mon. Jan. 12-Mar. 30 7-8 p.m.

**Tribal Fusion Belly Dance** | **Jill Warden**

(16 yrs.-Adult) Learn group format through beginning steps, combos, choreography, improv, finger cymbals and performance opportunities. \$49 (\$54 NR). Black Sea Trading Company, 311 E. Ave. K-8, Ste. 109. **Intermediate classes available for registration online and at City Hall.**

2097 Wed. Jan. 7-Feb. 11 7-8 p.m.  
2098 Wed. Feb. 18-Mar. 25 7-8 p.m.





 **Floral Design** |  **Chris Spicher**

(16 yrs.-Adult) Beautify your home or give a gift to a friend when you create 4 unique flower displays to take home after class. Covers basic flower care, design & identification. \$44 (\$49 NR). Materials: \$45. AV Florist, 1302 W. Ave. J.

2091 Mon. Jan. 5-26 6:30-8:30 p.m.

 **Kid's Art** |  **Joanne Maldonado**

(5-15 yrs.) Build solid drawing techniques with pencils & pastels, paint textures with primary colors and hues in watercolor & pastel. \$46 (\$51 NR). Material list online and at City Hall. Jane Reynolds Park, Rm. 2.

2178 Tue. Jan. 6-27 3-5 p.m.  
2179 Tue. Feb. 3-24 3-5 p.m.  
2180 Tue. Mar. 3-24 3-5 p.m.

 **Picture Perfect Photography** |  **Phillip Kocurek**

(Adult) Amateur to advanced photographers learn to take better pictures, use flash efficiently, proper composition & more in hands-on environment. \$55 (\$60 NR). Prime Desert Woodlands, Interpretive Ctr.

2148 Wed. Jan. 7-Feb. 4 6-7:30 p.m.  
2149 Wed. Feb. 25-Mar. 25 6-7:30 p.m.



## special interest

 **Cooking with the Chef** |  **AV Medical College**

(Adult) Learn expert techniques from professional chefs. Cuisine-oriented menus are designed for beginners and casual chefs alike. Learn cuts, seasoning, preparation methods and presentation tips through demonstration & hands-on cooking. **Workshops:** \$30 (\$35 NR). **Date Night:** \$40 (\$45 NR)/couple. Materials: \$20. AV Medical College, 44201 10th St. W.

2111-2112 Sat. Date Night Jan. 24, Feb. 21 5-8 p.m.  
2109 Sat. Hearty Soups Feb. 7 5-8 p.m.  
2110 Sat. Appetizers Mar. 14 5-8 p.m.

 **Fun & Flavorful Mexican Cooking** |  **Isabel & Bobby Gutierrez**

(16 yrs.-Adult) Learn simple, fun family recipes through sampling food and balancing flavor to achieve authentic Mexican taste. Also, learn value of traditional Mexican dinners and fundamental vocabulary. \$40 (\$45 NR). Materials: \$20. Lancaster City Park, Kitchen. All classes on Wed.

2272 Tortillas, salsa, abondiga soup Jan. 7-28 6-7:30 p.m.  
2273 Flautas, rice, sopas Feb. 4-25 6-7:30 p.m.  
2274 Enchiladas, rice, beans Mar. 4-25 6-7:30 p.m.

 **Gardening & Landscape** |  **Dat Tien**

(16 yrs.-Adult) Learn to landscape your yard, develop a green thumb or tips on gardening all year round. Basic landscape design, best practices for gardening in our desert climate, best irrigation practices, soil preparation, natural growing plants and water conservation techniques covered. \$30 (\$35 NR). Materials: \$10. Lancaster City Park, Game Rm.

2126 Introduction to Bonsai Sat. Jan. 10-17 10 a.m.-12 p.m.  
2127 Gardening & Landscape Sat. Mar. 14-21 10 a.m.-12 p.m.



 **Public Safety Seminars** |  **Public Safety Office**

(Adult) Sponsored by the City of Lancaster Public Safety Office and LA Co. Sheriff's Dept., participants learn preventative safety tips and how to prepare and protect themselves and their families! *Free for registered participants.* City Hall Council Chambers.

2269 Thu. Identity Theft Jan. 15 7-9 p.m.  
2270 Thu. Child/Internet Safety Feb. 19 7-9 p.m.  
2271 Thu. Gangs & the Community Mar. 19 7-9 p.m.

 **Touchtime™ Baby Massage** |  **Elaine Fogel Schneider, PhD**

(3 wks.-8 mos.) Explore the magic of touch! Learn how to have a happier, healthier and more relaxed baby. By using infant massage your baby can cry less, sleep deeper & longer, enhance brain development, get rid of constipation & gas and increase that special bond. \$40 (\$45 NR). Materials: \$20. Lancaster City Park, Activity Ctr.



2275 Wed. Jan. 7-28 10:30-11:30 a.m.  
2276 Wed. Feb. 11-Mar. 4 10:30-11:30 a.m.



## professional development

 **CPR & 1st Aid** |  **AV Medical College**  
 (12 yrs.-Adult) American Heart Assn. certification in Infant, Child & Adult CPR & 1st Aid. \$35 (\$40 NR). AV Medical College, 44201 10th St. W.



2085-2090 Sat. 1st & 3rd/mo. 10 a.m.-5 p.m.

 **Japanese** |  **Michael Heller**  
 (14 yrs.-Adult) Students learn basic Japanese language including introductions, greetings and simple phrases. Bring note-taking supplies. \$40 (\$45 NR). Materials: \$5. Lancaster City Park, Game Rm.

2196 Wed. Jan. 7-Feb. 11 6:45-7:45 p.m.



## pet classes

 **Dog Obedience Classes** |  **Carole Kelly**  
 (12 yrs.-Adult) Teaches basic commands: sit, heel, down, stay & come. Bring dog (**puppies: 8 wks-5 months old**), proof of current vaccinations, rabies cert. (dogs 6 months+ **only**) and 6-ft. leather/nylon leash to 1st class. Young participants must have parents on-site. \$60 (\$65 NR). Lancaster City Park, open space near tennis court.

2078 Sat. Novice (6 mo+) Jan. 17-Mar. 7 9:30-10:30 a.m.  
 2079 Sat. Puppy Preschool Jan. 17-Mar. 7 11 a.m.-12 p.m.

### seeking pet classes



Share your ability with others as a contract instructor. Applications and class suggestions are now being accepted. Print class proposals from [www.cityoflancasterca.org](http://www.cityoflancasterca.org) or pick up an application from the Parks, Recreation & Arts Department at City Hall – 44933 Fern Avenue.





## health & fitness

 **Bowling for Kids** |  **Sherri Mott**  
 (2-16 yrs.) Hands-on instruction, short videos and work sheets cover techniques taught by certified instructors. 6-16 yrs. receive target zone bowling ball upon completion. 2-5 yrs. receive cookies and milk each week. \$65 (\$70 NR). \$40 (\$45 NR)\*. Brunswick Sands Bowl, 43233 Sierra Hwy.



2181 6-16 yrs. Sat. Jan. 24-Mar. 28 10-11 a.m.  
 2280 2-5 yrs. Tue. Jan. 20-Mar. 24\* 9:30-10:30 a.m.

 **Fencing** |  **Matt Damron, Swords Fencing**  
 (10 yrs.-Adult) En Garde! Agility, balance, discipline and self-esteem are just a few rewards gained by this intense mentally and physically challenging sport. Wear sweat pants and sneakers. \$45 (\$50 NR). \$34 (\$37 NR)\*. \$20 for equipment rental. Lancaster City Park, Activity Ctr. No class Jan. 19, Feb. 16.



2160 Mon. Jan. 5-26\* 7:30-8:30 p.m.  
 2161 Mon. Feb. 2-Mar. 2 7:30-8:30 p.m.  
 2162 Mon. Mar. 9-30 7:30-8:30 p.m.

 **Get On the Ball** |  **Denise Adkins**  
 (16 yrs.-Adult) Non-impact exercise focuses on core strength in total body workout. Ball used to increase flexibility, balance and overall health & wellness. Wear sweat pants & sneakers; bring water, mat and towel. Stability balls provided. \$50 (\$55 NR). Optional mat: \$15. AV Dance Studio 81, 45119 13th St. W. No class Mar. 23, 25.



2082 M/W Jan. 19-Feb. 25 10-11 a.m.  
 2083 M/W Mar. 2-Apr. 8 10-11 a.m.  
 2084 M/W Apr. 13-May 20 10-11 a.m.

 **Gymnastics for Kids** |  **Collette Zimmerman**  
 (3-14 yrs.) Keep kids healthy and fit while they learn how to tumble, bounce trampoline and basics of vault, bars & beam. \$40 (\$45 NR). Genesis Gymnastics, 824 W. Ave. L-6, Unit B.


2105 5-14 yrs. Fri. Jan. 9-30 4-5 p.m.  
 2106 5-14 yrs. Fri. Feb. 6-27 4-5 p.m.  
 2281 3-4 yrs. Sat. Jan. 10-31 10-10:45 a.m.  
 2282 3-4 yrs. Sat. Feb. 7-28 10-10:45 a.m.

 **Jazzercise** |  **Joanne Harris**  
 (Adult) Join this fitness program combining dance with a total body workout! For prices, call instructor at 661-723-3440. West Wind Elementary, 44044 36th St. W. No class Jan. 19, Feb. 16.

M/W 6:30-7:30 p.m.

 **Pilates** |  **Alisha Pye-Dean**  
 (14 yrs.-Adult) Strengthen & tone muscles through your core, rehabilitate any injuries and improve posture, body alignment & breathing. Bring mat. \$35 (\$40 NR). \$31 (\$36 NR)\*. Lancaster City Park, Activity Ctr. No class Jan. 19, Feb. 16.

2092 M/W Jan. 5-28\* 6:20-7:20 p.m.  
 2093 M/W Feb. 2-25\* 6:20-7:20 p.m.  
 2094 M/W Mar. 2-25 6:20-7:20 p.m.

 **Senior/Adult Exercise Classes**  
 (Adult) Non-strenuous exercises improve flexibility & circulation. Ongoing classes sponsored by Sierra Medical Group. No pre-registration, start any time. Bring large towel/mat to class. Lancaster City Park, Activity Ctr. No class Jan. 19, Feb. 16.

AM Exercise M/W 9-10 a.m.  
 Tone & Stretch T/TH 9-10 a.m.  
 Walk with the Mayor T/TH 8-9 a.m.



 **Yoga** |  **Kelly Johnson**

(16 yrs.-Adult) Want to lose a few pounds? Strengthen & tone your body? Simply release tension? Yoga delivers! Gentle enough for beginners, effective enough to see results quickly. \$55 (\$60 NR). Optional mat: \$20. Lancaster City Park, Game Rm.

2176	Tue.	Jan. 6-Feb. 10	5:30-6:30 p.m.
2177	Tue.	Feb. 17-Mar. 24	5:30-6:30 p.m.

 **Zumba™ -**

**Dance Aerobic Workout** |  **Zuly Zappala**

(12 yrs.-Adult) Get ready to burn calories and experience total body workout while learning international dances: Samba, Cumbia, Merengue, Reggeton, Salsa, Cha Cha Cha, Belly Dance, Hip Hop and Bachata. \$39 (\$44 NR). Optional materials: \$9. Jane Reynolds Park, Rm. 1. No class Jan. 13, Feb. 10, Mar. 10.

2187	T/TH	Jan. 8-Feb. 3	6-6:50 p.m.
2188	T/TH	Feb. 5-Mar. 3	6-6:50 p.m.
2189	T/TH	Mar. 5-31	6-6:50 p.m.



## martial arts

 **Northern Shaolin Kung-Fu** |  **Harold Hazeldine**



(5 yrs.-Adult) Unique class set in friendly, goal-oriented recreational atmosphere. Focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu & weaponry, self-defense and self-confidence. \$40 (\$45 NR). \$50 (\$55 NR)\*. Lancaster City Park, Activity Ctr.

2137	Tue.	Jan. 6-27	6:30-8:30 p.m.
2138	Tue.	Feb. 3-24	6:30-8:30 p.m.
2139	Tue.	Mar. 3-31	6:30-8:30 p.m.

 **Self-Defense - Defensive Tactics** |  **Derek Morris**

(16 yrs.-Adult) Build better sense of self-awareness, adaptability and confidence while having fun, getting fit, relieving stress and learning how to defend yourself. \$45 (\$50 NR). Shindenkan Budo, 42156 10th St. W., Unit L (building on Ave. L-12).

2231	Thu.	Jan. 8-Feb. 12	6-7 p.m.
2232	Thu.	Feb. 19-Mar. 26	6-7 p.m.

 **Youth Self-Defense & Safety Awareness** |  **Anthony Kitson**

(5-18 yrs.) Safety awareness and self-defense combined in fun, structured environment! Students placed according to age & ability while learning and practicing skills. Students progress in rank and earn belts. \$66 (\$71 NR). Materials: \$6. Jane Reynolds Park, Rm. 1. Session: **Fridays, Jan. 23-Apr. 3.**

2114	New students	5-7 yrs.	4:30-5:10 p.m.
2115	New students	8-18 yrs.	5:15-5:55 p.m.
2116	Yellow belts	5-18 yrs.	6-6:40 p.m.
2117	Orange belts & above	6-18 yrs.	6:45-7:25 p.m.

## sports

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. **Register early, space is limited.**

### adult sports

 **Basketball**

Registration: Nov. 24-Dec. 26

League play begins in Jan. 2009. Games played at local high schools Mon.-Thu. nights. Registration limited to 24 teams. \$420/team.

Mon.-Thu.	Adult Basketball
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 **Softball**

Registration: Jan. 12-Feb. 27

League play begins in Mar. Schedule consists of 10 league games and 1 classification game. Games played Sun.-Fri., you determine the day. Lancaster City Park. \$385/team.

Sun.-Fri.	Men's Slowpitch
Sun.-Fri.	Coed Slowpitch
Sun.-Fri.	Coed Hardball
Thu.	Women's Slowpitch

### youth sports

 **Basketball (10-13 yrs.)**

Each division plays 8 games. Games on Saturdays, played at local high schools; practices during the week with day, time & location determined by volunteer coach. \$55 (\$60 NR).

**Ages 10-13 yrs.** Registration: Aug. 25-Dec. 19  
League play begins in early Jan.

2051	Boys Div. A	12-13 yrs.
2052	Boys Div. B	10-11 yrs.
2053	Girls Div. A	12-13 yrs.
2054	Girls Div. B	10-11 yrs.

**Ages 14-15 yrs.** Registration: Aug. 25-Dec. 19  
League play begins in early Jan.

2055	Boys Div. AA	14-15 yrs.
2056	Girls Div. AA	14-15 yrs.

### softball tournament contact information

**ASA & SCMAF Tournaments:** Jeff Campbell, 661-723-6075  
**USSSA Tournaments:** Frank Vega, 909-393-7503



2 Slowpitch Softball • 1 Medium Softball  
1 Fastpitch Softball • 2 Slowpitch Baseball  
1 Medium Baseball • 2 Fastpitch Baseball  
1 Very Fastpitch Baseball

**\$1.50 for 1 token (20 pitches), buy 5 tokens get one FREE.**  
**Batting Range Cards: 20 tokens for \$24; 42 tokens for \$45**

43415 City Park Way • 661-942-7088  
Mon. - Fri., 3-9 p.m. • Sat. & Sun., 9 a.m.-9 p.m

## tennis

Lancaster City Park Tennis Center, 43011 10th Street W.



### Private Lessons

Session arranged with instructor following registration. One session includes 4 lessons.

2277	1 hour	\$145 (\$150 NR)
2278	1/2 hour	\$100 (\$105 NR)



### Pee Wee (4-6 yrs.), \$36 (\$41 NR)



Jim Majd, Court 8

2129	Sat.	Feb. 7-28	11 a.m.-12 p.m.
2130	Sat.	Mar. 7-28	11 a.m.-12 p.m.



### Juniors (7-17 yrs.), \$51 (\$56 NR).



Linda Ruiz, Court 3

2154	M/W	Jan. 5-28	5-6 p.m.
2155	M/W	Feb. 2-25	5-6 p.m.
2156	M/W	Mar. 2-25	5-6 p.m.
2157	M/W-Adv	Jan. 5-28	6-7 p.m.
2158	M/W-Adv	Feb. 2-25	6-7 p.m.
2159	M/W-Adv	Mar. 2-25	6-7 p.m.



Jim Majd, Court 5

2132	T/TH	Feb. 3-24	4-5 p.m.
2133	T/TH	Mar. 3-24	4-5 p.m.



### Adult (18+ yrs.), \$51 (\$56 NR).



Jim Majd, Court 5

2134	T/TH	Feb. 3-24	5-6 p.m.
2135	T/TH	Mar. 3-24	5-6 p.m.



### Court Maintenance on Tuesdays.

Courts closed while cleaned.



### Public Play

Except tournaments, non-City lessons or court rentals.

### Tennis Court Lights

Courts are lit from dusk to 10 p.m., 7 days/wk. 1st-come, 1st-served. One-hour use if players are waiting for an open court.



## aquatics

### To Register:

1. Read descriptions.
2. Determine which class you would like to take.
3. Select the schedule that is convenient.
4. Check the table to see if your class is offered.
5. Write class code from table on registration form.

### Eastside Pool 661-723-6255 (open year round)

Deputy Pierre W. Bain Park, 45045 5th Street East. Eastside Pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Casandra Hyman, Pool Manager at 661-723-6256.

### Webber Pool 661-723-6288

#### (open July 4 - Labor Day only)

at Jane Reynolds Park, 716 Oldfield Drive.

### PUBLIC SWIM TIMES

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 16 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

#### Eastside Pool:

Public swim	Sat.	1:30-2:30 p.m.
Early Bird lap	Mon.-Fri.	5:45-7 a.m.
Noon lap	Daily	11:45 a.m.-1 p.m.
Senior & Therapy	Mon.-Fri.	10-11:30 a.m.
Evening lap	M/W/F	8:30-9:30 p.m.

**Holiday Closures:** Dec. 24/25 - Christmas Eve/Day, Dec. 31/Jan. 1 - New Year's Eve/Day, Jan. 19 - MLK Day, Feb. 16 - President's Day

### PUBLIC SWIM FEES

#### Eastside Pool:

Infant (3 yrs. and under)	Free
Child (4-12 yrs.)	\$1
Teen (13-16 yrs.)	\$1.25
Adult (17+ yrs.)	\$1.75
Senior (55+ yrs.)	\$1

### 30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19





**selected courses available for online registration on page 18.**

### CLASS INFORMATION

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise & Hydro-Fit which are 45 minutes. See schedule for dates, times, program codes and fees.

#### Parent/Tot

(6 mos.-3 yrs.) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.

#### Preschool

(3-5 yrs.) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn-to-swim class.

#### Preschool 2

(3-5 yrs.) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.

#### Preschool 3

(3-5 yrs.) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.

#### Level 1: Introduction to Water Skills

(6-14 yrs.) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back; explore arm and hand movements; swim on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.

#### Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Purpose: Gives students success with fundamental skills and enhances Level 1 skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.

#### Level 3: Stroke Development

(6-14 yrs.) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform the HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.

#### Level 4: Stroke Improvement

(6-14 yrs.) Purpose: Develops confidence in the skills learned and improves Level 3 skills. Participants learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.

#### Level 5: Stroke Refinement

(6-14 yrs.) Purpose: Provides further coordination and refinement of Level 4 strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; sidestroke.

#### Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.

**interested in a diving program?**  
Call 661-723-6255.



### Adult Swim Lessons

(15+ yrs.) Everyone can learn to swim. Skills taught: front and back float and glide; breathing; stroke and kicking techniques.

### Aquacise: Aerobic Water Exercise

(15+ yrs.) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.

### Hydro-Fit: Muscle Toning & Fitness

(15+ yrs.) Exercise class for those who want an invigorating water workout. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.

### Private Swim Lessons

Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

2197-2198

Lesson times to be arranged.

### Lifeguard Training Class

(15+ yrs.) Enrollees must be able to: (1) swim 500 yards continuously, demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Current rescue techniques, lifeguarding procedures taught. Teaches the skills and provides certification to qualify as a professional lifeguard, including CFAS & CPR for the professional rescuer. Students must attend all classes – no exceptions. \$74 (\$80 NR). Call Shanae Hill, 661-723-6256 for times and information.

2199

Sat. & Sun. TBA

8 a.m.-5 p.m.

### Water Safety Instructor Class

(17+ yrs.) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross ICT course included. Date: TBA. Approximately 40 hrs. of training. Students must attend all classes – no exceptions. \$74 (\$80 NR).

2200

Sat. & Sun. TBA

8 a.m.-5 p.m.



### Novice Stroke Clinic

(5-17 yrs.) Not a learn-to-swim class. Enrollees must be able to swim length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$80 (\$85 NR).

2201

Sat.

TBA

4-6 p.m.

### Oasis Aquatics Swim Team

(5-18 yrs.) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Call Coach Amanda Orlando at 661-269-3799 or Coach Cindy Poole at 661-618-5283 for more information.

### Oasis Masters Swim Program

(18+ yrs.) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and information at 661-948-0057 or 661-722-0585.

### A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 661-945-6210.

Mon.

7-8:30 p.m.




## aquatics class schedule

The numbers listed under each time frame are the class codes to include on your registration form.

### Classes held at Eastside Pool

#### Session 0: Feb. 7 - Mar. 28

Saturday (1x/week for 8 weeks) \$34 (\$37 NR).

Class Level	9 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot		2202	
Preschool	2206	2207	
Preschool 2	2212		
Level 1	2220		
Level 2	2236		
Level 3		2240	
Level 4			2244
Level 5			2248
Level 6			2252
Adult		2256	
Aquacise 			2260

#### Session 1: Feb. 2 - 12



Monday thru Thursday (4x/week for 2 weeks) \$34 (\$37 NR).

Class Level	3:10 p.m.
Preschool	2208
Preschool 3	2216





**Session 7: Jan. 13 - Feb. 5**

T/TH (2x/week for 4 weeks) \$34 (\$37 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	2203			
Preschool	2209			
Preschool 2		2213		
Preschool 3	2217			
Level 1	2221	2222		
Level 2	2237			
Level 3		2241		
Level 4			2245	
Level 5			2249	
Level 6			2253	
Adult		2257		
Aquacise 		2261		
Hydro-Fit 				2264



**Session 8: Feb. 10 - Mar. 5**

T/TH (2x/week for 4 weeks) \$34 (\$37 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	2204			
Preschool	2210			
Preschool 2		2214		
Preschool 3	2218			
Level 1	2223	2224		
Level 2	2238			
Level 3		2242		
Level 4			2246	
Level 5			2250	
Level 6			2254	
Adult		2258		
Aquacise 		2262		
Hydro-Fit 				2265

**Session 9: Mar. 10 - Apr. 2**

T/TH (2x/week for 4 weeks) \$34 (\$37 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	2205			
Preschool	2211			
Preschool 2		2215		
Preschool 3	2219			
Level 1	2225	2226		
Level 2	2239			
Level 3		2243		
Level 4			2247	
Level 5			2251	
Level 6			2255	
Adult		2259		
Aquacise 		2263		
Hydro-Fit 				2266



# Your Guide to Holiday Events

## Friday, December 5

### Holiday Tree Lighting

6 p.m., Lancaster Performing Arts Center - FREE

Join City officials, neighbors and friends as we officially welcome in the Christmas/Holiday Season with our annual Tree Lighting ceremony.

### Hospitality Walk

5:30-7:30 p.m., Downtown Lancaster - FREE

Downtown Lancaster merchants open their doors to the community in a celebration of the season. Enjoy entertainment, refreshments, prizes, face painting, puppet show, cake walk, pictures with Santa and fun for all. A raffle will be held at 7:15 p.m.

## Saturday, December 6

### Annual Holiday Parade

10 a.m., Downtown Lancaster - FREE

The Antelope Valley Chambers of Commerce invite you to greet Santa and his friends in this enchanting holiday tradition filled with fancy floats, marching bands and more!

### Breakfast with Santa

Seatings at 7, 8, 9, 10 & 11 a.m., Lancaster City Park

Santa serves up a festive feast of hotcakes, happiness and harmony at the Stanley Kleiner Activity Center. Adults \$8, Children \$5. Bring your camera for a great Santa photo op!

## Saturday, December 21

### Holiday Toy Express

5 p.m., Lancaster Metrolink Station - FREE

Put your holiday on track with a visit from Metrolink's Holiday Train. Enjoy a charming musical stage show featuring over 50,000 twinkling lights. Bring an unwrapped toy and support the Firefighters' "Spark of Love" campaign.





Visitors at the September opening of LMAG's exhibition "The Land of Treetch: The Art of Frank Robert Dixon" explore the artist's illustrative images with accompanying acrylic labels generously provided by Plastic Mart. The nearly 200 guests who attended the event also enjoyed hors d'oeuvres from the Lemon Leaf Café and wine poured by Leona Valley Winery.

LMAG thanks the sponsors for their generous contributions.



## A Flow of Fine Art

Featuring the art students of Granada Hills Rinaldi Adult School  
*November 14, 2008 - January 4, 2009*

Under the direction of instructor Reine River, one of California's premier contemporary Western cowgirl artists, this multicultural group of students will display an exciting body of artwork featuring acrylics, oils, watercolors, pastels, ceramics and sculptures.

**"The Soul of the West"**  
*Saturday, December 6, 2 to 4 p.m.*  
 Discussion and spoken word performance by Reine River. FREE.

*Beyond*, Courtesy of Reine River

## Family Day

*Saturday, December 27, 1 to 4 p.m.*

Celebrate families at LMAG with art activities for all ages. Also, learn about cowboys and vaqueros with the Traveling Museum Trunk. FREE.



## The 24th Annual All Media Juried Art Exhibition

*February 6 - March 22, 2009*

The Lancaster Museum/Art Gallery is calling on all artists to submit artwork for this annual event. Applications are available December 1, 2008 through January 16, 2009 at the Lancaster Museum/Art Gallery and Lancaster City Hall. Artwork submission is January 23-26, 2009. Please join us for an opening reception on Friday, February 6 from 6 to 9 p.m.



**Lancaster Museum/Art Gallery**  
 44801 Sierra Highway | 661-723-6250  
 Imagreceptionist@cityoflancafterca.org  
 Free Admission and Tours

**Hours:**  
 Tuesday - Saturday, 11 a.m. - 4 p.m. • Sunday, 1 - 4 p.m.  
 Closed Mondays and holidays (Christmas Eve, Christmas Day, New Year's Eve, New Year's Day)

The museum will be closed from January 5 - February 5, 2009 for renovations and between exhibitions from March 22 - April 3, 2009.

Beginning February 6, 2009 opening hours will be Tuesday - Sunday, 11 a.m. - 4 p.m.

**Western Hotel Museum**  
 557 W. Lancaster Blvd. | 661-723-6260 / 6250  
 Free Admission and Tours

The Western Hotel Museum is open on the following days:  
 Friday and Saturday (from noon - 4 p.m.)  
 December 12 & 13, 19 & 20

Beginning January 2009, the Western Hotel Museum will be open the second and fourth Friday and Saturday of every month from 11 a.m. - 4 p.m.



# HOLIDAY SERIES

presented by Time Warner Cable



## The Best Christmas Pageant Ever

December 5 & 6 | 7 p.m.

*Naughty children run amok and accidentally teach the true meaning of Christmas in this comedic play.*

Orchestra \$17 | Balcony \$14 | Youth \$8

## The Nutcracker Ballet

December 13 | 8 p.m.

December 14 | 2 p.m.

*This fairy-tale ballet features local dancers and is set to the beautiful music of Tchaikovsky.*

Orchestra \$28 | Balcony \$24 | Youth \$14



## Wynonna A Classic Christmas

December 8 | 8 p.m.

Pit \$82 | Orchestra \$77 | Balcony \$70



## The Neville Brothers

January 30 | 8 p.m.

*Groove to the hybrid music created by the First Family of Funk.*

Orchestra \$56 | Balcony \$49

## Matt Dusk

February 11 | 8 p.m.

*A sophisticated crooner with soul and sizzle!*

Orchestra \$24 | Balcony \$20



# LPA C 08/09

lancaster performing arts center

*the positively clear choice for entertainment*

750 W. Lancaster Boulevard | For tickets or information, call 661-723-5950 or visit [www.lpac.org](http://www.lpac.org)

**Box office hours:** Monday - Friday, noon to 6 p.m. • Saturday, noon to 4 p.m.





The 100-acre Preserve is located at 35th Street West and Avenue K-8 in Lancaster and features nearly three miles of trails. All presentations and walks last approximately one hour. Presentation fees will be collected at the Interpretive Center; children three years and under are free. No reservations are required to attend presentations.

Please call 661-723-6230 for questions or to schedule a group tour.

**Interpretive Center Hours: Saturday & Sunday, 10 a.m. to 3 p.m.**

## WONDERFUL ACTIVITIES FOR WINTER!

### BIRD WATCHING

**Saturday, January 10, 8 a.m.**

Participants will be led on a walk along the North trail of the Preserve and learn about resident and migratory birds. This event is great for beginners and will start in the Interpretive Center with a short talk on the history of birding, how to identify birds, and what to look for. Remember to bring field guides and binoculars. Free.

### VOLCANOES

**Saturday, January 24, 4 p.m.**

Richard Wade will demonstrate in detail how volcanoes erupt and explain myths and legends. A working model of a volcano will be on display and each child will receive a piece of lava to take home. \$3 per person.

### MOON WALK

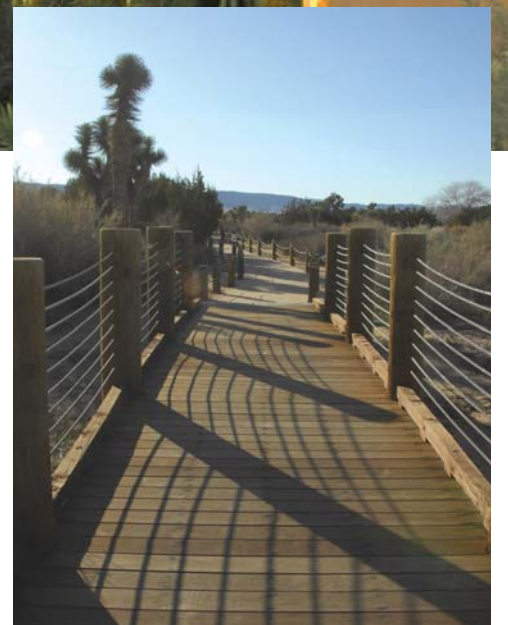
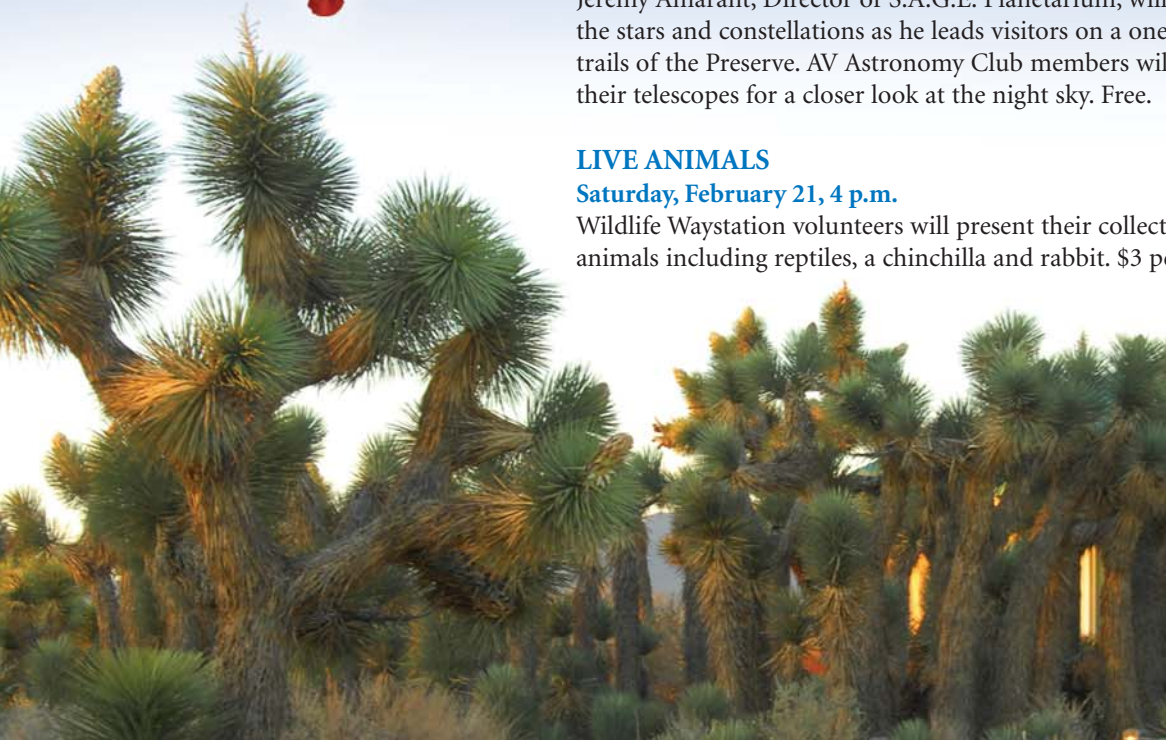
**Saturday, February 7, 6:30 p.m.**

Jeremy Amarant, Director of S.A.G.E. Planetarium, will teach us about the stars and constellations as he leads visitors on a one-mile walk on the trails of the Preserve. AV Astronomy Club members will be on hand with their telescopes for a closer look at the night sky. Free.

### LIVE ANIMALS

**Saturday, February 21, 4 p.m.**

Wildlife Waystation volunteers will present their collection of rescued animals including reptiles, a chinchilla and rabbit. \$3 per person.



**facility rentals:** Visit [www.cityoflancasterca.org](http://www.cityoflancasterca.org) for information on renting group picnic shelters, barbecues, volleyball courts, horseshoe pits, softball fields, swimming pools, banquet halls and meeting rooms. Visit [www.lpac.org](http://www.lpac.org) for information on renting the Lancaster Performing Arts Center for theatrical and non-theatrical events.

Lancaster Community Services Foundation, Inc.  
44933 Fern Avenue  
Lancaster, CA 93534-2461

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