

lancaster — ca



DODY festival

APRIL 25 & 26

spring class schedule inside!





city officials

Lancaster City Council

R. Rex Parris, Mayor Ronald D. Smith, Vice Mayor Ken Mann, Council Member Sherry Marquez, Council Member Ed Sileo, Council Member **City Manager** Mark V. Bozigian

vou're invited to meetings

Lancaster City Council/Lancaster Redevelopment Agency 2nd & 4th Tuesday of the month at 5 p.m. Notice of special Council meetings will be posted at City Hall.

Lancaster Planning Commission

3rd Monday of the month at 6 p.m. Agenda review is held on the Monday preceding each month's meeting at 5:30 p.m. in the Planning Department Conference Room.

Lancaster Youth Commission

2nd Thursday of the month at 6:30 p.m. All meetings are held in the Council Chambers at Lancaster City Hall, 44933 Fern Avenue.

let us hear from you

We welcome your comments and suggestions. 661-723-6000 Monday - Thursday from 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.

hotline info

24-hr recorded information 661-723-6200
Abandoned shopping cart retrieval 800-887-0466
City Special Event hotline 661-723-5900
Job hotline 661-723-5874
Hate crimes hotline 877-728-7322 (7 AT-PEACE)
Graffiti hotline 661-723-5985

www.cityoflancasterca.org

City Council meeting agendas can be found here. Register for selected classes online.

www.poppyfestival.com

California Poppy Festival

www.lpac.org

Lancaster Performing Arts Center

www.avfilm.com

Antelope Valley Film Office

www.colra.org

Lancaster Redevelopment Agency

www.lancastersoccercenter.com

Lancaster National Soccer Center

www.big8softball.com

Big 8 Softball Complex

outlook lite now available via e-mail

In an effort to conserve City funds and trees, Lancaster's monthly outlook life newsletter is now being distributed exclusively via e-mail. Quarterly outlook magazines are still mailed to all residents.

To receive your copy of outlook life, visit the City's website and click on the word CityLink at the top of the screen. From there you can sign-up to electronically receive a wide variety of City communications. You may also call 661-723-5922

A limited number of printed newsletters will still be available at City Hall for those that do not have easy access to the internet.

a message from the

city council

AFTER A LONG HARD WINTER, IT IS FINALLY SPRINGTIME.

So shed that coat of doubt and enjoy a little optimism! We all can look forward to sunnier days ahead.

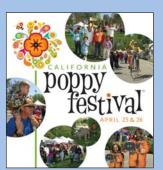
In April, we host our annual California Poppy Festival with lively entertainment, great food and fun for the entire family. April is also the month for our annual spring spruce up, "Lookin' Good, Lancaster," when we all get out and help our neighbors clean up and create a better community for us all.

Recent reports from the Sheriff's department have us smiling as well. Major crime rates are down substantially, thanks to some great cooperation between the City, the Sheriff's Department and you, the citizens. We have several neighborhood events planned to further build upon the team effort, similar to the one recently held at Mariposa School. We had a great time getting to know the residents in that neighborhood, listening to their concerns and explaining our plans. Thanks to all who attended.

Sports are on the minds of many of us as the weather warms. Celebrate the return of baseball with the JetHawk's first home game on April 13. If soccer is your obsession, don't miss the big tournament coming to Lancaster's National Soccer Center in June. US Youth Soccer's Far West Regional Championships are expected to draw more than 10,000 players, coaches and supporters during the week-long event.

As always, this issue of the **outlook** is filled with loads of ideas on things to do and places to explore. So head outside and enjoy life in Lancaster!

Your City Council



on the cover

Photos by Liz Breault

Time to drink in some sunshine and celebrate spring with family and friends at the 2009 California Poppy Festival, held April 25 and 26 at Lancaster City Park. Details of our exciting Festival entertainment lineup can be found on pages 2 and 3.

outlook

Editor: Joseph Cabral, Communications Manager

Design: Davis Communications **Photography:** Liz Breault

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- prime desert woodland back Celebrate Spring!



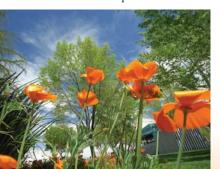
A Golden Opportunity for the Entire Family!

18th Annual California Poppy Festival Returns April 25 & 26

San Juan Capistrano has its swallows, Washington its cherry blossoms, but for Lancaster the sure sign of spring is the annual California Poppy Festival.

With hundreds of exhibits, performers and activities for the entire family, the Poppy Festival has become a widely-acclaimed event which draws thousands from throughout the Southland.

Entertainment at this year's Festival provides a whirlwind journey through the American music scene with the Pine Leaf Boys' lively Louisiana-style serving of Cajun and Creole tunes, the Latin salsa sounds of the Spanish Harlem Orchestra, Lori Andrews' remarkable reinvention of the harp as a funky jazz instrument, and the gospel/rock inspiration of the talented Campbell Brothers.



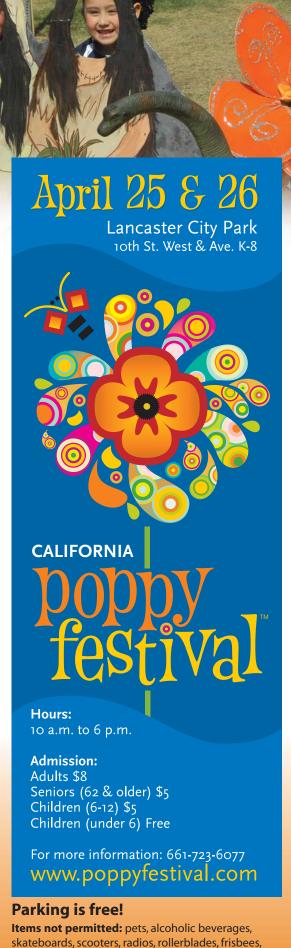
The Festival's four stages offer up nearly non-stop entertainment from local talent and specialty acts. Enjoy dance, music, magic and more.

Other attractions at the Festival include several animal and bird exhibitions and shows; an arts and crafts marketplace where you'll find handmade jewelry, toys, glass and cookware, clothing, leather goods, decorative items and much more; a farmers' market filled with fresh

produce, baked goods, jams and other homestyle specialties.

Food at the Poppy Festival is an experience unto its own. Enjoy everything from ethnic delicacies to traditional fair food such as funnel cakes and roasted corn. Come hungry and leave happy!

The fine arts are always an important aspect of the Festival. This year even more so with the introduction of a fascinating public art project: *Antelopes on Parade*. Five local artists will unveil their vision of art on life-size antelope statues which will then be displayed throughout the City in the months ahead.



tables and coolers. Bags are subject to inspection.



entertainment



There are more than 100 adventure sports to enjoy within 100 miles of Lancaster. This year, the Healthy Living Pavilion will help you discover new ways to enjoy life while exercising body and mind. From undersea diving to mountain biking, you're bound to find activities to please everyone!

The Festival's Home & Garden Studio is filled with great gardening ideas and delightful home décor concepts. Learn how to conserve energy and water while still enjoying the good life in Lancaster.



Explore foreign cultures without leaving town in the Festival's International Marketplace. Here native performers bring their traditions to you through dance, music and art.

Pine Leaf Boys | Saturday, 1:30 p.m.

Bringing youthful exuberance to their inimitable brand of Cajun and Creole music, these Louisiana boys heat things up on twin fiddles, accordian, bass and drum.

Campbell Brothers Saturday, 3:30 p.m.

Talented brothers Chuck, Darick and Phil present "Sacred Steel," African-American gospel music with electric steel guitar and gutsy vocals.



Lori Andrews Sunday, 1:30 p.m.

Pushing the boundaries of what a harp can do, Ms. Andrews bridges the gap between traditionalism and contemporary jazz.



Spanish Harlem Orchestra | Sunday, 3:30 p.m.

Directed by world-renowned pianist Oscar Hernández, the 13member ensemble has reintroduced the classic sounds of New York City salsa to music lovers worldwide.

community in action

As Crime Declines, Crooks Encouraged to Exit

The City of Lancaster is sending a clear message to those who choose to break the law here: "Go away or pay the consequences."

The City, working closely with the County Sheriff's Department and local citizen groups, has developed several new programs designed to make it substantially riskier to attempt to commit a crime in this community.

The Sheriff's Burglary Suppression Unit nabbed 271 burglars in 2008 and recovered a large amount of stolen property. The LAN-CAP team turned up the heat on neighborhood troublemakers with nearly 1,200 arrests, more than 300 for felony offenses. The elite TOP squad made some 2,000 major crime arrests while the City's Community Service Officers freed up patrol deputies by responding to more than 7,500 non-emergency calls.

"THANKS TO THE HARD WORK, DEDICATION AND CREATIVITY OF OUR COMMUNITY, WE CONTINUE TO MAKE PUBLIC SAFETY OUR TOP PRIORITY. THE COMBINED TEAM OF CITY, SHERIFFS AND CITIZENS ARE WORKING TOGETHER TO MAKE LANCASTER A SAFER, STRONGER COMMUNITY."

- Mark V. Bozigian, City Manager

Overall, the Lancaster Sheriff's Station made 16,278 arrests in 2008, a 10 percent increase over the 14,773 arrests in 2007, and the highest arrest total for any Sheriff's Station in Los Angeles County.

FBI crime stats confirm that misconduct is declining. Major crime was down 25 percent in the fourth quarter of 2008 while a comparison of 2007 to 2008 figures show an overall reduction of more than 11 percent.

Conversely, public participation in anti-crime activities is up 58 percent with 168 active

Neighborhood Watch programs in effect and over 100 Business Watch members. For more information on how you can participate in making this a safer, more secure community, contact the City's Public Safety office at 661-723-6063.

good downward trends!

Homicides: **Down 16%** Robbery: **Down 19% Down 40%** Auto theft: **Down 15%** Injury traffic collisions: Routine response time: **Down 21%** False alarms: **Down 20%**



Safer, Stronger Neighborhood Events Aim to Build City and Citizen Ties

In an effort to encourage greater community involvement in decisions that affect local neighborhoods, the City, in cooperation with local schools and the Sheriff's Department, has held a number of "Safer, Stronger Neighborhood" gatherings recently.

An event held at Mariposa School February 12 allowed local citizens to talk with City officials and staff plus ask questions of the Sheriff's Department in a relaxed and festive atmosphere.

Children enjoyed meeting McGruff, the crime fighting dog, while parents appreciated the free fingerprinting aimed at aiding searches should a child go missing. Similar events will be scheduled in other areas of the City throughout the year.



When you shop in Lancaster, you too serve our community.

> Make the pledge today! Visit www.shopforcops.org



US Youth Soccer will hold their Far West Regional Championships at Lancaster's National Soccer Center from June 15-21. The week-long event is anticipated to draw more than 250 teams and 4,500 players from throughout 14 western states. Both boys and girls, ages 12 to 19, will participate.

Overall attendance for this major event is anticipated to exceed 10,000 and create upwards of \$10 million dollars in positive economic impact.

Lancaster's National Soccer Center is the largest soccer complex in the West. The facility includes 35 premium fields, with 11 fully lighted fields, as well as five FIFA fields which meet the international soccer federation's specifications for tournament play.

US Youth Soccer is the largest member of the United States Soccer Federation, the governing body for soccer in the nation. US Youth Soccer is a nationwide body of over 600,000 volunteers and administrators, and more than 300,000 dedicated volunteer and pro coaches. They register more than three million youth players each

year between the ages of five and 19 in their 55-member associations across the country.

For more information on this and other events, visit www.lancastersoccercenter.com. For additional information on US Youth Soccer, visit www.usyouthsoccer.org or call 1-800 4 SOCCER.

New Interviews Offer Insights into City Activities



To view the videos online, visit www.cityoflancasterca.org and simply click on the "Watch Lancaster Videos" link.

A new series of video vignettes feature key contributors to the City's many programs and planning processes. The series lets citizens get to know City staffers "up close and personal." The growing list of interviews available on the City's website, and on a rotating basis on cable

channel 28, includes:

- · City Manager, Mark V. Bozigian
- · Director of Finance, Barbara Boswell
- · Director of Housing & Neighborhood Revitalization, Elizabeth Brubaker
- City Clerk, Geri Bryan
- Director of Parks, Recreation & Arts, Bob Greene
- Community Safety Supervisor, Shelli Henson
- Director of Economic Development/Redevelopment, Vern Lawson
- · Director of Planning, Brian Ludicke
- · Director of Public Works, Randy Williams

THE FAMILIES AND FANS

TO LANCASTER."

OF THESE TALENTED TEENS

Mike Rosa, General Manager



City Honors Dual CIF Champs

Paraclete and Quartz Hill High Schools both claim football crown!

Two CIF champs in one city in one season – it is an event so rare that perhaps once in a generation do the stars align and such talented players gather on the gridiron to make it all possible. But in 2008, it happened right here in Lancaster.

Quartz Hill High clinched its CIF Division Championship on December 12 when it shut out Mira Costa High School 14 to 0.

> The following evening, Paraclete beat Rosemead 21 to 10 to earn their Division crown.

Both teams were honored for their sportsmanship and achievements at a recent City Council meeting along with

led the Quartz Hill Rebels, and Norm Dahlia, coach of the Paraclete Spirits.

City Manager Mark V. Bozigian, a Paraclete graduate himself, noted the great support the two schools gave each other. "Each team made a point of turning out and rooting for each other at their final game," said the alumnus. "That was really beautiful to see."

City officials praised these "magnificent kids" and awarded each team a plaque commemorating their historic accomplishment. The last time a similar feat was attained was nearly 30 years ago.

"What really makes me proud," noted Coach Degnan," is the good old days!""





safe at home

New Animal Ordinance Aimed at Irresponsible Owners of Dangerous Dogs

Lancaster's City Council has adopted a new ordinance designed to better protect citizens from vicious and potentially dangerous dogs, all too often owned by gang members and other criminals who seek to use the animals as weapons or tools of intimidation.

Drafted in cooperation with local dog activists, the new regulations define "potentially dangerous" and "vicious" animals and prescribe penalties for the owners of such pets while encouraging responsible pet ownership and training.

Under the regulations, owners of such dogs will be cited and required to attend a hearing where the pertinent facts would be established and both sides heard. If the animal were deemed potentially dangerous or vicious, the owner could be required to forfeit the pet and be precluded from possessing another animal for up to three years. If the owner is allowed to keep the animal they would be required to pay a substantial fine, and at their own expense:

- Have the dog implanted with a microchip
- Keep all vaccinations up-to-date
- Keep the property secure and maintain adequate quarters for the dog
- Muzzle the dog and keep it on a four-foot leash under the control of an adult when off property
- Successfully complete dog obedience training
- Spay or neuter the dog
- Maintain adequate liability insurance

These regulations apply to any breed of dog that displays profoundly aggressive behavior. In addition, the Council has determined that two breeds, rottweilers and pit bulls, represent a disproportionate percentage of the populations at animal shelters and create an undue burden on the community. By law, these animals must be spayed or neutered after reaching the age of four months. Certain exemptions apply.

These rules should have little or no effect on the vast majority of responsible pet owners who care for their dogs and tend to their surroundings. Only those who abuse the privilege of pet ownership are subject to review and potential prosecution.

Be Safe on a Bike: Observe the Rules of the Road

Sometimes we forget that bicycles are legally considered "vehicles" on roadways. As a bike rider, you need to obey the same rules as the other vehicles with which you share the street. Be prepared to stay aware of your surroundings. Ride defensively.



- Obey all traffic signs and signals these rules apply to you, too!
- Never ride against traffic stay on the right side of the road.
- Follow lane markings don't turn left from a right lane or go straight when marked "right turn only."
- Don't pass on the right others may not look for or see a bicycle there.
- Scan the road behind you learn to look over your shoulder without problems or use helmet mirrors.
- Keep both hands ready to brake allow extra distance when stopping on wet surfaces.
- Wear a helmet and never ride with headphones protect yourself and be ready to react quickly.
- Use proper hand signals they tell motorists and pedestrians what you intend to do.
- Make left turns like a car or a pedestrian either ride your bike into the left lane to turn like a car or use the crosswalk and walk your bike across. Never cut across traffic.
- 10. Make eye contact with drivers the fact that you see a driver doesn't mean he or she sees you.
- 11. Look out for hazards be careful as you ride. Avoid grates, gravel, ice, sand or debris. Always cross railroad tracks at right angles.
- 12. Use lights at night the law requires you have a white headlight and a rear reflector or taillight.
- 13. Keep your bike in good repair check your brakes, tires and chain regularly.
- 14. Use common sense a 20 lb. bike is no match for a 2,000 lb. car. Ride like your life depends on it. It does!





parks, recreation arts activity guide

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Beginning to advanced class descriptions

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registration dates

Example \$40 (\$45 NR).

Online/Mail-in begins March 2. Phone/Fax/Walk-in begins March 9. See insert for Registration Worksheet. Residents are those persons living inside the City limits of Lancaster. All others pay a non-resident (NR) charge.





city of lancaster parks

Deputy Pierre W. Bain Park/ Eastside Pool

45045 5th Street East • 661-723-5894 / 661-723-6255

El Dorado Park

44501 5th Street East • 661-723-6245

Forrest E. Hull, M.D. Park

2850 West Avenue L-12

James C. Gilley Park (under construction)

Kettering and Fern Avenues

Jane Reynolds Park/Webber Pool

716 Oldfield Street • 661-723-6285 / 661-723-6288

Lancaster City Park/Tennis Center/ Big 8 Softball Complex

43011 10th Street West • 661-723-6278

Lancaster National Soccer Center

43000 30th Street East • 661-723-5964

Rawley Duntley Park

3334 West Avenue K • 661-723-6295

Skytower Park

43434 Vineyard Drive • 661-723-6208

Tierra Bonita Park

44910 27th Street East • 661-723-6209

Whit Carter Park (under construction)

Avenue H-8 and Sierra Highway

to register see insert.

Advance registration through Parks, Recreation & Arts Department required. Classes must meet minimum enrollment two business days prior to start & are subject to instructor change, rescheduling or cancellation.



Online registration available



New class offering



Bilingual instructor



FREE!







El Dorado Preschool | Dennifer Alvarado Registration guideline: New enrollees may be accepted

monthly. Materials: \$3. El Dorado Park.



Monthly Preschool

(4 yrs.) Kindergarten preparation, crafts, stories and motor skills play. Child must have turned 4 by Dec. 2, 2008. \$75 (\$80 NR). No class Apr. 24, May 25.

2410	MWF	Apr. 1-29	9-11:30 a.m.
2411	MWF	May 1-29	9-11:30 a.m.
2412	M/M/E	lun 1-20	0-11·30 a m



(3 yrs.) Socialization skills, crafts, stories and outdoor play activities. Child must have turned 3 by Dec. 2, 2008. \$50 (\$55 NR).

2413	T/TH	Apr. 2-30	9-11:30 a.m.
2414	T/TH	May 5-28	9-11:30 a.m.
2415	T/TH	lun 2-30	9-11·30 a m

Jane Reynolds Preschool | Dynnette Bass

Registration guideline: Priority registration for current students ends on 15th of month prior to upcoming class. New enrollees may be accepted monthly. Parents required to volunteer 3 times. Materials: \$4. Jane Reynolds Park, Rm. 2.

JRP Play Brigade

(2¹/₂-3 yrs.) Music, crafts, stories, indoor & outdoor play. **Must** be potty trained. Child must have turned 2 1/2 by Dec. 2, 2008. \$110 (\$115 NR). No class Apr. 14, 16.

2386 T/TH Mar. 19-May 21 9-11:30 a.m.

JRP Preschool

(4 yrs.) Socialization skills, kindergarten preparation, crafts, stories and motor skills play. Graduation ceremony May 21. Child must have turned 4 by Dec. 2, 2008. \$180 (\$185 NR). No class Apr. 10-17, 24.

2385 **MWF** Mar. 18-May 22 9 a.m. -12 p.m.

Kids Play Days

(3-5 yrs.) Out of preschool and on your way to kindergarten? Enjoy a summer full of fun activities. Children experience arts & crafts, story time and songs. Activities include colors, shapes, numbers and the alphabet. Bring lunch & bottle of water. \$85 (\$90 NR).

2375 MWF Jun. 1-26 9 a.m. -12 p.m.

youth enrichment

After-School Programs - Enrichment Centers

Interactive, structured and safe after-school programs for K-6 offered at Valley View and West Wind schools. Offered after school M-F until 6 p.m. only when school is in session. Staff fingerprinted & CPR/1st Aid certified. \$98 per month or per tracking period. Priority registration for Valley View participants ends on 15th of the month prior to upcoming month. Students lose their spot in the program after that date. New student enrollments & program payments only accepted at the Parks, Recreation & Arts Department in City Hall.

🚾 After-School Program – Lancaster CARES

Free award-winning program for children enrolled at Desert View, El Dorado, Jack Northrop, Joshua, Linda Verde, Mariposa, Sierra & Sunnydale schools. Offered after school M-F until 6 p.m. only when school is in session. Includes academic & recreation enrichment activities, snacks & field trips. Staff fingerprinted & CPR/1st Aid certified. Pick up registration form at school office. For more info. call 661-948-4661 ext. 209 or 661-723-6192.



Mommy/Daddy & Me | 🔗 Lynette Bass

(9 mos.-3 yrs.) There is no stopping your baby now! Class provides ways to enrich and enhance interaction with the world. Parent and child explore art, music & games while developing socialization skills. \$80 (\$85 NR)*. \$45 (\$50). Materials: \$3. Jane Reynolds Park, Rm. 2. No class Apr. 13-16, 24.

2377	18 mos3 yrs.	T/TH	Mar. 19-May 21	* 12-1:30 p.m.
2418	9-18 mos.	M/W	Mar. 23-May 20)* 12:30-2 p.m.
2426	1-3 yrs.	Sat.	May 2-Jun. 27	9:30-11 a.m.
2384	18 mos3 yrs.	T/TH	Jun. 2-25	9-10:30 a.m.
2416	18 mos3 yrs.	T/TH	Jun. 2-25	11 a.m12:30 p.m.
2417	9-18 mos.	M/W	Jun. 3-29	12:30-2 p.m.



Sack 2 School Basics Deborah Sinness

(5-8 yrs.) Gain an academic advantage in math, reading and writing! Hands-on camp reviews conceptual skills, introduces new concepts through fun games, music and activities! \$80 (\$85 NR). Materials: \$10. Math Magicians, 41715 50th St. W., Quartz Hill.

2322 Mon.-Fri. Jun. 22-26



High School Exit Exam Prep | Property Deborah Sinness

(14-18 yrs.) Students take practice tests and learn valuable testtaking strategies to achieve higher scores on their high school exit exams. \$69 (\$74 NR). Materials: \$10. Math Magicians, 41715 50th St. W., Quartz Hill.

2320 Sat Apr. 18-May 9 9-11 a.m.



Lancaster teens interested in the criminal justice system gain experience by serving as a juror. 6-12 high school students hear charges, ask questions & set sentences for teens facing 1st-time criminal offenses. Contact Gerald Wesley at 661-723-6257 for more info. Lancaster City Hall.

Meets monthly every 3rd Wed. 3:30 p.m.



Youth Commission

Students from local high schools are selected to serve as a teen advisory group to the City Council, addressing issues and helping plan programs, projects & special events for Lancaster teens. Lancaster residents invited to attend meetings. Contact Patricia Garibay at 661-723-6072 for more info.

Meets monthly every 2nd Thu.

6:30 p.m.

performing arts



Ballet & Tap | Melineh Alahverdian

(3-12 yrs.) Learn techniques and improve body awareness, self-confidence and coordination. Bring leotard, pink ballet shoes, black tap shoes and pink tights. Costume required for performance in spring. \$85 (\$90 NR). Jane Reynolds Park, Rm. 1. No class Apr. 27, May 25.

2342	3-5 yrs.	Mon.	Apr. 6-Jun. 29	4-4:45 p.m.
2343	6-12 yrs.	Mon.	Apr. 6-Jun. 29	5-5:45 p.m.
2344	3-5 yrs.	Tue.	Apr. 7-Jun. 23	4-4:45 p.m.
2345	6-12 yrs.	Tue.	Apr. 7-Jun.23	5-5:45 p.m.



Ballroom Dance I/II | Firs Groskopf

(Adult) Learn fun, social dances: Swing, Jitterbug, Cha Cha, Fox Trot, Waltz, Tango, etc., and dance like a star! \$150 (\$155 NR) per couple. Lancaster City Park, Activity Ctr. Apr. 22 class at Jane Reynolds Park, Rm. 1.

2374 7:30-9 p.m. Wed. Apr. 8-May 27



Selly Dance for Kids & Teens | 🧀 Jill Warden



(8-17 yrs.) Learn self-confidence and coordination through the fun art of belly dance! Costume required for performance. \$51 (\$56 NR). Black Sea Trading Company, 311 E. Ave. K-8, Ste. 109.

2389	8-12 yrs.	Wed.	Apr. 1-May 6	4:30-5:30 p.m.
2390	8-12 yrs.	Wed.	May 13-Jun. 17	4:30-5:30 p.m.
2391	13-17 yrs.	Wed.	Apr. 1-May 6	5:30-6:30 p.m.
2392	13-17 vrs.	Wed.	May 13-Jun. 17	5:30-6:30 p.m.





Guitar | 🔗 Brian Bastidas

(8 yrs.-Adult) Class covers proper placement, technique, charts and more. Work at your pace, advance by enrolling in subsequent sessions. Provide own guitar. \$60 (\$65 NR). Materials: \$3. Valley View Elementary, 3310 W. Ave. L-8. Advanced classes available at City Hall with instructor approval.

2338 Tue. Apr. 7-28 5-6 p.m. May 5-26 2339 5-6 p.m.



(7-12 yrs.) Learn latest hip hop dance moves, improve coordination and confidence while having fun! Wear loose clothing & tennis shoes. \$66 (\$71 NR). Extensions Studio, 2765 W. Ave. L. No class Apr. 9.

2372 Apr. 2-May 14 2373 Thu. May 21-Jun. 25 5-5:45 p.m.



Piano Workshop | Piano Coffman

(Adult) Piano teachers teach note reading, piano professionals use chords; learn all the chords needed to play any song. As seen on the PBS television program - "Piano in a Flash." Prior experience with chords recommended. \$25 (\$30 NR). Materials: \$26. Lancaster City Park, Activity Ctr.

2400 Instant Piano Jun. 12 7-10 p.m.



Salsa Dance | 🔗 Zuly Zappala & Andres Cabrera

(13 yrs.-Adult) Become a skilled L.A. Salsa style dancer with modern dance moves & techniques. Have fun and meet new people. \$70 (\$75 NR). Optional materials: \$10. Jane Reynolds Park, Rm. 2. No class Apr. 13, May 25.

2304 Beg./Adv. Mon. Apr. 6-Jun. 22 7-8 p.m.



🏌 🄏 Tribal Fusion Belly Dance | 🤌 Jill Warden

(16 yrs.-Adult) Learn group format through beginning steps, combos, choreography, improv, finger cymbals and performance opportunities. \$51 (\$56 NR). Black Sea Trading Company, 311 E. Ave. K-8, Ste. 109. Intermediate classes available for registration online and at City Hall.

2393 Wed. Apr. 1-May 6 7-8 p.m. 2394 Wed. May 13-Jun.17 7-8 p.m.



arts & crafts

Animal Painting for Preschoolers Cotty Kilbanks (3-6 yrs.) Young painters can get their career started right here

painting animals using brushes, sponges, collages and watercolor! \$50 (\$55 NR). Materials: \$10. Jane Reynolds Park, Rm. 1.

2388 Apr. 22-May 27 Wed. 2-3 p.m.





3:30-4:30 p.m.

(7-13 yrs.) Does your child love to draw and have an active imagination? Learn the secrets of the trade with our cartoonist who has created cartoons for Disney, Warner Bros. and Nickelodeon! \$50 (\$55 NR). Materials: \$10. Jane Reynolds Park

Apr. 22-May 27 2387 Wed.

D's Ceramics Steve Mosley

Materials: \$25. Lancaster Market Place, 2330 Mall Loop Dr., Unit 5-121.



Rm. 1.

Potter's Wheel (12 yrs.-Adult) Learn basics of throwing on a potter's wheel, wedging, centering and basic forms. Create projects like bowls, jars or vases. \$65 (\$70 NR).

2290	Sat.	Apr. 4-25	3-4:30 p.m.
2291	Sat.	May 2-23	3-4:30 p.m.
2175	Sat.	Jun. 6-27	3-4:30 p.m.
2293	Wed.	Apr. 1-22	3-4:30 p.m.
2294	Wed.	May 6-27	3-4:30 p.m.
2295	Wed.	Jun. 3-24	3-4:30 p.m.



Children's Art Program - CAP (6-12 yrs.) Students experience a variety of ceramic art styles including potter's wheel, sculpting, ceramic art and hands-on work with clay, paints & glazes. \$50 (\$55 NR). Adult supervision required.

2296	Sat.	Apr. 4-25	1-2:30 p.m.
2297	Sat.	May 2-23	1-2:30 p.m.
2298	Sat.	Jun. 6-27	1-2:30 p.m.



Fast & Easy Twist on Walls | Dinda Coffman

(Adult) With a twist of the wrist and a few tricks of the trade, you can create fabulous walls! Learn from a professional wallpapering and faux finishing painter how easy beautiful walls are to achieve. \$25 (\$30 NR). Materials: \$27 for painting kit. Lancaster City Park, Activity Ctr.

2401 Fri. Jun. 12 7-9:30 p.m.



Art Classes | Doanne Maldonado

(6 yrs.-Adult) Build solid drawing techniques with pencils & pastels, paint textures with primary colors and hues in watercolor & pastel. \$46 (\$51 NR). Material list online and at City Hall. Jane Reynolds Park, Rm. 2

2323	(6-15 yrs.) Tue.	Apr. 7-28	3-5 p.m.
2324	(6-15 yrs.) Tue.	May 5-26	3-5 p.m.
2325	(6-15 yrs.) Tue.	Jun. 2-30	3-5 p.m.
2428	(16+ yrs.) Thu.	Apr. 2-30	5:30-7:30 p.m.
2429	(16+ yrs.) Thu.	May 7-28	5:30-7:30 p.m.
2430	(16+ yrs) Thu	lun 4-25	5·30-7·30 n m

Phillip Kocurek

(Adult) Amateur to advanced photographers learn to take better pictures, use flash efficiently, proper composition & more in hands-on environment. \$65 (\$70 NR). Prime Desert Woodlands, Interpretive Ctr.

2364	Wed.	Apr. 8-May 6	6-7:30 p.m.
2365	Wed.	May 20-Jun. 17	6-7:30 p.m.



special interest

Cooking with the Chef | PAV Medical College

(Adult) Learn expert techniques from professional chefs. Cuisineoriented menus are designed for beginners and casual chefs alike. Learn cuts, seasoning, preparation methods and presentation tips through demonstration & hands-on cooking. Workshops: \$30 (\$35 NR). Date Night: \$40 (\$45 NR)/couple. Materials: \$20. AV Medical College, 44201 10th St. W.

2421-2422	Sat.	Date Night	May 23, Jun. 13	5-8 p.m.
2419	Sat.	Spring Rollin'	Apr. 11	5-8 p.m.
2420	Sat.	Fundue	May 9	5-8 p.m.



Fun & Flavorful Mexican Cooking

Isabel & Bobby Guitierrez

(15 yrs.-Adult) Learn simple, fun family recipes through sampling food and balancing flavor to achieve authentic Mexican taste. Also, learn value of traditional Mexican dinners and fundamental vocabulary. \$30 (\$35 NR). Materials: \$20. Lancaster City Park, Kitchen. All classes on Wed. No class Apr. 22.

2307	Salsa, Mexican salad, quesadillas	Apr. 1-29	6-7:25 p.m.
2308	Salsa, ceviche, flautas, calavacitas	May 6-27	6-7:25 p.m.
2309	Beans, rice, enchiladas	Jun. 3-24	6-7:25 p.m.

Gardening & Landscape | Dat Tien

(16 yrs.-Adult) Learn to landscape your yard, develop a green thumb or tips on gardening all year round. Basic landscape design, best practices for gardening in our desert climate, best irrigation practices, soil preparation, natural growing plants and water conservation techniques covered. \$30 (\$35 NR). Materials: \$10. Lancaster City Park, Game Rm.

2302 Growing Vegetables Sat. Apr. 4-11 10 a.m.-12 p.m. 2303 Gardening & Landscape Sat. May 9-16 10 a.m.-12 p.m.

Public Safety Seminars Public Safety Office

(Adult) Sponsored by the City of Lancaster Public Safety Office and LA Co. Sheriff's Dept., participants learn preventative safety tips and how to prepare and protect themselves and their families! Free for registered participants. City Hall Council Chambers.

2423	Tue.	Domestic Violence	Apr. 21	7-9 p.m.
2424	Tue.	Illegal Street Racing/Safe Driving	May 19	7-9 p.m.
2425	Tue.	Animal Control Issues	Jun. 11	7-9 p.m.



Baby Massage | Elaine Fogel Schneider, PhD

(3 wks.-8 mos.) Explore the magic of touch! Learn how to have a happier, healthier and more relaxed baby. By using infant massage your baby can cry less, sleep deeper & longer, enhance brain development, get rid of constipation & gas and increase that special bond. \$40 (\$45 NR). Materials: \$20. Lancaster City Park, Activity Ctr. Apr. 21 class at Jane Reynolds Park, Rm. 1.*

2398 Apr. 7-28* Tue. 10:30-11:30 a.m. 2399 10:30-11:30 a.m. Tue. Jun. 2-23

professional development

🚺 CPR & 1st Aid | 🧀 AV Medical College

(12 yrs.-Adult) American Heart Assn. certification in Infant, Child & Adult CPR & 1st Aid. \$35 (\$40 NR). AV Medical College, 44201 10th St.W.

2366-2371 Sat. 1st & 3rd/mo. 10 a.m.-5 p.m.



(14 yrs.-Adult) Students learn basic Japanese language including introductions, greetings and simple phrases. Bring note-taking supplies. \$40 (\$45 NR). Materials: \$5. Lancaster City Park, Game Rm. No class Apr. 22.

2397 Wed. Apr. 1-May 13 6:45-7:45 p.m.

pet classes

Dog Obedience Classes **Carole Kelly**

(12 yrs.-Adult) Teaches basic commands: sit, heel, down, stay & come. Bring dog (puppies: 8 wks.-5 mos. old), proof of current vaccinations, rabies cert. (dogs 6 mos.+ only) and 6-ft. leather/nylon leash to 1st class. Young participants must have parents on-site, \$60 (\$65 NR). Lancaster City Park, open space near tennis court. No class Apr. 25.

2402	Sat. Novice (6 mos.+)	Apr. 11-Jun. 6	9:30-10:30 a.m.
2403	Sat. Puppy Preschool	Apr. 11-Jun. 6	11 a.m12 p.m.
2404	Sat. Novice (6 mos.+)	Jun. 20-Aug. 8	9:30-10:30 a.m.
2405	Sat. Puppy Preschool	Jun. 20-Aug. 8	11 a.m12 p.m.



Register for Parks, Recreation & Arts courses from the comfort of your own computer. Simply sign up for your own personal ID and password at www.cityoflancasterca.org.

seeking class instructors

Share your ability with others as a contract instructor. Applications and class suggestions are now being accepted. Print class proposals from www.cityoflancasterca.org or pick up an application from City Hall – 44933 Fern Avenue.

health & fitness



Bowling for Kids | Sherri Mott

(2-16 yrs.) Hands-on instruction, short videos and work sheets cover techniques taught by certified instructors. 6-16 yrs. receive target zone bowling ball upon completion. 2-5 yrs. receive cookies and milk each week. \$65 (\$70 NR). \$40 (\$45 NR)*. Brunswick Sands Bowl, 43233 Sierra Hwy.

Apr. 25-Jun. 27 2502 6-16 yrs. 10-11 a.m. 2503 Apr. 28-Jun. 30* 9:30-10:30 a.m. 2-5 yrs.



Fencing | Matt Damron, Swords Fencing

(10 yrs.-Adult) En Garde! Agility, balance, discipline and self-esteem are just a few rewards gained by this intense mentally and physically challenging sport. Wear sweat pants and sneakers. \$45 (\$50 NR). \$35 (\$40 NR)*. \$20 for equipment rental. Lancaster City Park, Activity Ctr. No class May 25.

2352	Mon.	Apr. 6-20*	7:30-8:30 p.m.
2353	Mon.	May 4-Jun. 1	7:30-8:30 p.m.
2354	Mon.	Jun. 8-29	7:30-8:30 p.m.





📕 🏈 Get On the Ball | 🔗 Denise Adkins

(16 yrs.-Adult) Non-impact exercise focuses on core strength in total body workout. Ball used to increase flexibility, balance and overall health & wellness. Wear sweat pants & sneakers; bring water, mat and towel. Stability balls provided. \$45 (\$50 NR). Optional mat: \$15. AV Dance Studio 81, 45119 13th St.W.

2084 Apr. 13-May 20 2335 May 27-Jun. 29 10:15-11 a.m.



💢 % Gymnastics for Kids | 🔗 Collette Zimmerman

(5-13 yrs.) Keep kids healthy and fit while they learn how to tumble, bounce trampoline and basics of vault, bars & beam. \$40 (\$45 NR). \$100 (\$105).* Genesis Gymnastics, 824 W. Ave. L-6, Unit B. No class May 23.

2358	5-13 yrs.	M-F	Jun. 22-26*	9 a.m12 p.m.
2359	5-13 yrs.	Fri.	Apr. 3-May 1	4-5 p.m.
2360	5-13 yrs.	Fri.	May 8-29	4-5 p.m.
2361	5-13 yrs.	Fri.	Jun. 5-26	4-5 p.m.
2355	3-4 yrs.	Sat.	Apr. 4-25	10-10:45 a.m.
2356	3-4 yrs.	Sat.	May 2-30	10-10:45 a.m.
2357	3-4 yrs.	Sat.	Jun. 6-27	10-10:45 a.m.



Jazzercise Joanne Harris
(Adult) Join this fitness program combining dance with a total body workout! For prices, call instructor at 661-723-3440. West Wind Elementary, 44044 36th St. W. No class May 25.

6:30-7:30 p.m.



Pilates Alisha Pye-Dean
(12 yrs.-Adult) Strengthen & tone muscles through your core, rehabilitate any injuries and improve posture, body alignment & breathing. Bring mat. \$35 (\$40 NR). Lancaster City Park, Activity Ctr. *Apr. 22 at Jane Reynolds Park, Rm. 1. No class May 25.

2299	M/W	Apr. 1-22*	6:20-7:20 p.m.
2300	M/W	May 5-27	6:20-7:20 p.m.
2301	M/W	Jun. 1-24	6:20-7:20 p.m.



Senior/Adult Exercise Classes

(Adult) Non-strenuous exercises improve flexibility & circulation. Ongoing classes sponsored by Sierra Medical Group. No preregistration, start any time. Bring large towel/mat to class. Lancaster City Park, Activity Ctr. Apr. 21-23 at Jane Reynolds Park, Rm. 1.*

AM Exercise	M/W	9-10 a.m.
Tone & Stretch	T/TH	9-10 a.m.
Walk with the Mayor	T/TH	8-9 a.m.



Yoga | Welly Johnson

(Adult) Want to lose a few pounds? Strengthen & tone your body? Simply release tension? Yoga delivers! Gentle enough for beginners, effective enough to see results quickly. \$55 (\$60 NR). Optional mat: \$15. Jane Reynolds Park, Rm. 1. No class Apr. 23.

2407	T/TH	Apr. 2-30	6:30-7:30 p.m.
2408	T/TH	May 5-28	6:30-7:30 p.m.
2409	T/TH	Jun. 2-25	6:30-7:30 p.m.



Dance Aerobic Workout | Zuly Zappala

(13 yrs.-Adult) Get ready to burn calories and experience total body workout while learning international dances: Samba, Cumbia, Merengue, Reggeton, Salsa, Cha Cha Cha, Belly Dance, Hip Hop and Bachata. \$55 (\$60 NR). Optional materials: \$10. Jane Reynolds Park, Activity Rm. 1. No class Apr. 13

2310 Apr. 6-Jun. 15 6-6:50 p.m. Mon.





martial arts

Northern Shaolin Kung-Fu | Parold Hazeldine

(6 yrs.-Adult) Unique class set in friendly, goal-oriented recreational atmosphere. Focuses are: punching, kicking, traditional forms of Shaolin Kung-Fu & weaponry, self-defense and self-confidence. \$40 (\$45 NR). \$50 (\$55 NR).* Lancaster City Park, Activity Ctr. Apr. 22 at Jane Reynolds Park, Rm. 1.**

2313	Tue.	Apr 7-28**	6:30-8:30 p.m.
2314	Tue.	May 5-26	6:30-8:30 p.m.
2315	Tue.	Jun. 2-30*	6:30-8:30 p.m.

Self-Defense - Defensive Tactics Derek Morris (16 yrs.-Adult) Build better sense of self-awareness, adaptability and confidence while having fun, getting fit, relieving stress and learning how to defend yourself. \$45 (\$50 NR). Shindenkan Budo, 42156 10th St. W., Unit L (building on Ave. L-12).

2305 Apr. 2-May 7 7-8 p.m. 2306 Thu. May 14-Jun. 18 7-8 p.m.

Youth Self-Defense &

Safety Awareness Anthony Kitson

(5-18 yrs.) Safety awareness and self-defense combined in fun, structured environment! Students placed according to age & ability while learning and practicing skills. Students progress in rank and earn belts. \$54 (\$59 NR). Materials: \$6. Jane Reynolds Park, Rm. 1. Session: Fridays, Apr. 10-Jun. 12. No class Apr. 24.

2316	New students	5-7 yrs.	4:30-5:10 p.m.
2317	New students	8-18 yrs.	5:15-5:55 p.m.
2318	Yellow belts	5-18 yrs.	6-6:40 p.m.
2319	Orange belts & above	6-18 yrs.	6:45-7:25 p.m.

lost and found

If you've lost an item at our parks, call 661-723-6077. Items will be kept for 30 days after they have been found.

sports

Obtain registration materials from the Parks, Recreation & Arts Department. Return with completed registration form, roster and league fee. Register early, space is limited.

adult sports

PBasketball

Registration: May 4-29

League play begins mid-June. Games played at local middle schools Mon.-Thu. nights. Registration limited to 24 teams. \$420/team.

Adult Basketball

PSoftball

Registration: Apr. 20-Jun. 12

League play begins in July. Schedule consists of 10 league games and 1 classification game. Games played Sun.-Fri., you determine the day. Lancaster City Park. \$385/team.

Sun.-Fri. Men's Slowpitch Sun.-Fri. Coed Slowpitch Sun.-Fri. Coed Hardball Thu. Women's Slowpitch

Church Slowpitch - \$340/team Fri.

youth sports

Basketball (5-15 yrs.)

Registration: Aug. 2009, more info to come in Fall Outlook. Each division plays 8 games. Games on Saturdays, played at local middle schools; practices during the week with day, time & location determined by volunteer coach. \$55 (\$60 NR).

League play - Ages 5-9: October; Ages 10-15: January

softball tournament contact information

ASA & SCMAF Tournaments: Jeff Campbell, 661-723-6075 USSSA Tournaments: Frank Vega, 909-393-7503



BATTING RANGE

10 Batting Cages!

2 Slowpitch Softball • 1 Medium Softball 1 Fastpitch Softball • 2 Slowpitch Baseball 1 Medium Baseball • 2 Fastpitch Baseball 1 Very Fastpitch Baseball

\$1.50 for 1 token (20 pitches), buy 5 tokens get one FREE. Batting Range Cards: 20 tokens for \$24; 42 tokens for \$45

43415 City Park Way • 661-942-7088 Mon. - Fri., 3-9 p.m. • Sat. & Sun., 9 a.m. - 9 p.m.

tennis

Lancaster City Park Tennis Center, 43011 10th Street W.



Private Lessons

One-on-one lessons arranged with tennis pro following registration. 4 lesson package.

2500 4 - 1 hour \$145 (\$150 NR) \$100 (\$105 NR) 2501 4 - 1/2 hour



Pee Wee (4-6 yrs.), \$36 (\$41 NR), \$31 (\$36 NR)*

Introduce your child to tennis; learn basic skills and principles of the game. Materials: \$5. End-of-season fun fair on Sunday, Jun. 28, 1 p.m.

2326	Sat.	Apr. 4-18*	9-10 a.m.
2327	Sat.	May 2-30	9-10 a.m.
2328	Sat.	Jun. 6-27	9-10 a.m.





2329	Sat.	Apr. 4-18*	9-10 a.m.
2330	Sat.	May 2-30	9-10 a.m.
2331	Sat.	Jun. 6-27	9-10 a.m.



Juniors (8-17 yrs.), \$51 (\$56 NR)

Long recognized as an individual sport, this tennis class focuses on team competition. Novice and advanced play levels available.

Materials: \$5. Round-Robin Tournament on Sunday, Jun. 14, 1 p.m.

Linda Ruiz, Court 3 & 4 – No class Apr. 27, May 25

2346	M/W	Apr. 1-29	5-6 p.m.
2347	M/W	May 4-27	5-6 p.m.
2348	M/W	Jun. 1-24	5-6 p.m.
2349	M/W-Adv	Apr. 1-29	6-7 p.m.
2350	M/W-Adv	May 4-27	6-7 p.m.
2351	M/W-Adv	Jun. 1-24	6-7 p.m.



Adults (18+ yrs.), \$51 (\$56 NR)

Lifetime sport encourages participants of all ages and various physical abilities to play. Fun, fitness-focused class provides a social experience for all. Round-Robin Tournament on Sunday, Jun. 28, 7 p.m.

Jim Majd, Court 5

2332	T/TH	Apr. 7-30	5-6 p.m.
2333	T/TH	May 5-28	5-6 p.m.
2334	T/TH	Jun. 2-25	5-6 p.m.



Court Maintenance on Tuesdays. Courts closed while cleaned.



Except tournaments, non-City lessons or court rentals.

Tennis Court Lights

Courts are lit from dusk to 10 p.m., 7 days/wk. 1st-come, 1st-served. One-hour use if players are waiting for an open court.





aquatics

To Register:

- 1. Read descriptions.
- 2. Determine which class you would like to take.
- 3. Select the schedule that is convenient.
- 4. Check the table to see if your class is offered.
- 5. Write class code from table on registration form.

Eastside Pool 661-723-6255 (open year round)

Deputy Pierre W. Bain Park, 45045 5th Street East. Eastside Pool can be rented for birthdays, parties and special events! For rental or aquatic program information, call Gerald Wesley at 661-723-6256.

Webber Pool 661-723-6288

(open July 4 - Labor Day only)

at Jane Reynolds Park, 716 Oldfield Street.

PUBLIC SWIM TIMES

Children less than 4 ft. tall & 7 yrs. old must be accompanied in the water by an adult (one-on-one). Flotation devices are not allowed. Lap swim is open to adults 17 and older. Lap swimmers must circle swim whenever there are more than two swimmers per lane.

Eastside Pool:

aquatics

Public swim	Sat.	1:30-2:30 p.m.
Early Bird lap	MonFri.	5:45-7 a.m.
Noon lap	Daily	11:45 a.m1 p.m.
Senior & Therapy	MonFri.	10-11:30 a.m.
Evening lap	M/W/F	8:30-9:30 p.m.

Holiday Closures: Apr. 25-26, May 25

PUBLIC SWIM FEES

Eastside Pool:

Infant (3 yrs. and under)	Free
Child (4-12 yrs.)	\$1
Teen (13-16 yrs.)	\$1.25
Adult (17+ yrs.)	\$1.75
Senior (55+ yrs.)	\$1

30 Punch Swim Pass:

Teen	\$25
Adult	\$35
Senior/Child	\$19



selected courses available for online registration on page 18.

CLASS INFORMATION

All classes: 8 lessons, 30 minutes long, except Level 6, Aquacise & Hydro-Fit which are 45 minutes. See schedule for dates, times, program codes and fees.



Parent/Tot

(6 mos.-3 yrs.) Parents, teach your child to feel more relaxed and comfortable in the water. Instructors teach basic skills emphasizing orientation and safety. Parent must accompany the child in the water. Swim diapers required for all tots.



Preschool

(3-5 yrs.) Teaches your child to feel comfortable in the water, learn breath control, flutter kick, front & back float. This is not a learn-toswim class.



Preschool 2

(3-5 yrs.) Prerequisite: Three sessions of Preschool swim class. Preschoolers advance to prone kick glide, underwater movement, and combination arm and kick movements.



Preschool 3

(3-5 yrs.) Prerequisite: Three sessions of Preschool 2 swim class. Preschoolers advance to side breathing and enhance combined arm and kick movements.



Level 1: Introduction to Water Skills

(6-14 yrs.) Purpose: Helps students feel comfortable in the water. Participants learn to: enter and exit water safely; submerge mouth, nose and eyes; exhale underwater through mouth and nose; open eyes underwater; pick up submerged object; float on front and back; explore arm and hand movements; swim on front and back using arm and leg actions; follow basic water safety rules; use a life jacket.



Level 2: Fundamental Aquatic Skills

(6-14 yrs.) Purpose: Gives students success with fundamental skills and enhances Level 1 skills. Participants learn to: enter water by stepping or jumping from the side; exit water safely using ladder or side; submerge entire head; perform front and back glide; roll over from front to back, back to front; swim on side; swim on front and back using combined strokes; tread water using arm and leg motions; move in the water while wearing a life jacket.



Level 3: Stroke Development

(6-14 yrs.) Purpose: Builds on the skills in Level 2 through additional guided practice. Participants learn to: jump into deep water from the side; dive from kneeling or standing position; submerge and retrieve an object; bob with the head fully submerged; use rotary breathing in horizontal position; perform front and back glide; perform survival float; perform front and back crawl; butterfly-kick and body motion; perform the HELP and Huddle position; perform a reaching assist; use Check-Call-Care in an emergency; change from horizontal to vertical position on front and back.



Level 4: Stroke Improvement

(6-14 yrs.) Purpose: Develops confidence in the skills learned and improves Level 3 skills. Participants learn to: perform shallow dive or dive from stride position; swim underwater; perform feet-first surface dive; perform open turns on front and back using any stroke; tread water using sculling arm motions and kick. Perform the following: front and back crawl; breaststroke; butterfly; elementary backstroke; swim on side using scissors-like kick; use safe diving rules; perform compact jump into water from a height while wearing a life jacket; perform a throwing assist; care for conscious choking victim.



Level 5: Stroke Refinement

(6-14 yrs.) Purpose: Provides further coordination and refinement of Level 4 strokes. Participants learn to: tread water with two different kicks; learn survival swimming; perform rescue breathing. Perform the following: standing dive; shallow dive; glide two body lengths and begin any front stroke; tuck surface dive; pike surface dive; front flip turn; backstroke flip turn; sidestroke.



Level 6: Swimming & Skill Proficiency

(6-14 yrs.) Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Class is designed with "menu" options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options include: personal water safety; lifeguard readiness; fundamentals of diving; fitness swimmer.



interested in a diving program? Call 661-723-6255.

Adult Swim Lessons

(15+ yrs.) Everyone can learn to swim. Skills taught: front and back float and glide; breathing; stroke and kicking techniques.



Nater Exercise Aerobic Water Exercise

(15+ yrs.) Water exercise class to help firm up arms and legs and increase circulatory endurance using a variety of movements.



Mydro-Fit: Muscle Toning & Fitness

(15+ yrs.) Exercise class for those who want an invigorating water workout. Class uses belts, ankle cuffs & Styrofoam barbells to create resistance & provide aerobic exercise.



Private Swim Lessons

Private swim lessons for all ages. The fee is \$137 for eight 1/2 hour lessons.

2497-2498

Lesson times to be arranged.



ifeguard Training Class

(15+ vrs.) Enrollees must be able to: (1) swim 500 vards continuously. demonstrating the correct use of the front crawl and breaststroke; (2) swim 20 yards, retrieve a 10 lb. brick and return it to the starting point; (3) must provide own manuals and a pocket mask. Current rescue techniques, lifeguarding procedures taught.



Teaches the skills and provides certification to qualify as a professional lifeguard, including CFAS & CPR for the professional rescuer. Students must attend all classes - no exceptions. \$74 (\$80 NR). Call Shanae Hill, 661-723-6256 for times and information.

2494

Sat. & Sun. Apr. 4-19

9 a.m.-5 p.m.



Water Safety Instructor Class

(17+ yrs.) Upon successful completion, students are certified as Red Cross swim lesson instructors. Must provide own Red Cross manuals. Current certificate in Lifeguard Training desirable. Required Red Cross ICT course included. Approximately 40 hrs. of training. Students must attend all classes – no exceptions. \$74 (\$80 NR).

2499

Sat. & Sun. May 2-17

9 a.m.-5 p.m.



Novice Stroke Clinic

(5-17 yrs.) Not a learn-to-swim class. Enrollees must be able to swim length of pool without stopping. Increase swimming endurance, improve competitive swim strokes. \$80 (\$85 NR). No class Apr. 25.

2496

Sat.

Apr. 11-Jun. 6

4-6 p.m.

Oasis Aquatics Swim Team

(5-18 yrs.) Oasis Aquatics is a United States Swimming affiliated year-round competitive swim team offering competitive training and swim meets. Novice to advanced. Strokes, turns, strength and endurance, goal setting, mental preparation and nutrition. Head Coach - Gunther Niklas. Call 661-940-1832 for more information.

Oasis Masters Swim Program

(18+ yrs.) Overall conditioning, swim skills, instruction, competitive events and ocean swimming. Call Tom Otto for fees and information at 661-948-0057 or 661-722-0585.

A.V. Special Olympics

Swimming opportunities for the developmentally challenged. Call Wilma Wick at 661-945-6210.

Mon.

7-8:30 p.m.



aquatics class schedule

The numbers listed under each time frame are the class codes to include on your registration form.

Classes held at Eastside Pool

Session 1: May 11-21

Monday thru Thursday (4x/week for 2 weeks) \$34 (\$37 NR).

Class Level	3:10 p.m.
Preschool	2454
Preschool 3	2462

Session 0: Apr. 11-Jun. 6 No class Apr. 25

Saturday (1x/week for 8 weeks) \$34 (\$37 NR).

Class Level	9 a.m.	9:40 a.m.	10:20 a.m.
Parent/Tot		2504	
Preschool	2455	2456	
Preschool 2	2459		
Level 1	2466		
Level 2	2471		
Level 3		2474	
Level 4			2477
Level 5			2480
Level 6			2483
Adult		2486	
Aquacise 🔏			2489



Session 7: Apr. 7-30

T/TH (2x/week for 4 weeks) \$34 (\$37 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	2505			
Preschool	2457			
Preschool 2		2460		
Preschool 3	2463			
Level 1	2467	2468		
Level 2	2472			
Level 3		2475		
Level 4			2478	
Level 5			2481	
Level 6			2484	
Adult		2487		
Aquacise		2490		
Hydro-Fit 🍆				2492

Session 8: May 5-28

T/TH (2x/week for 4 weeks) \$34 (\$37 NR).

Class Level	7 p.m.	7:40 p.m.	8:20 p.m.	8:25 p.m.
Parent/Tot	2506			
Preschool	2458			
Preschool 2		2461		
Preschool 3	2464			
Level 1	2469	2470		
Level 2	2473			
Level 3		2476		
Level 4			2479	
Level 5			2482	
Level 6			2485	
Adult		2488		
Aquacise		2491		
Hydro-Fit 🎨				2493



Lookin' Good Lancaster!

Mark your calendars for Saturday, April 18.

That's when volunteers from throughout the community will help the Desert View II neighborhood with some spring housekeeping. They'll be painting fire hydrants,

addressing curbs, weeding and cleaning up graffiti that has marred the area. Helping a neighborhood get back on its feet is a rewarding way to spend a Saturday morning.

To register as a volunteer, call 661-723-5985 or visit



www.lookingood lancaster@cityof lancaster ca.org.





The 24th Annual All Media Juried Art Exhibition Through March 22, 2009

This popular exhibition closes on March 22nd, so don't delay! Featuring a wide variety of artists from the Antelope Valley and surrounding areas, the Annual Juried Exhibition is a showcase of the incredible artistic talent to be found here at home. Help support local artists by visiting the exhibition or one of the museum's special events.



Special Events

An Evening of Art, Music and Wine Saturday, March 7 from 6 to 9 p.m.

Featuring musician and vocalist Cody Wood (www.codywood.net). Enjoy an evening of art, music, wine, light hors d'oeuvres and conversation at the museum. Admission is \$8. Please RSVP to 661-723-6250 or lmagreceptionist@cityoflancasterca.org. Sponsored

Archaeology Family Day at the Western Hotel Museum *Saturday, March 14 from 1 to 3 p.m.*

by Himlin Realty.

Bring the whole family to the historic Western Hotel and enjoy special activities for all ages, including an Archaeology Traveling Trunk demonstration, an archaeological dig box and a museum tour with many local artifacts. *Free*.

The 24th Annual Antelope Valley Union High School District Student Exhibition *April 11 - May 17, 2009*

Students from AVUHSD showcase their artistic talents in a wide variety of media in this annual exhibition co-organized by the Lancaster Museum/Art Gallery and AVUHSD teachers. Past exhibitions have included photography, sculpture, painting, drawing and ceramic arts. Come show your support for these burgeoning young artists.

Opening Reception Saturday, April 11 from 12 to 4 p.m.

Please join us in celebrating the achievements of the student artists. Refreshments will be served. Award presentations begin at 1 p.m.



Spring is the perfect time to visit the Lancaster Museum/Art Gallery! We have recently given the museum a mini makeover.

LMAG would like to sincerely thank those volunteers who spent Martin Luther King, Jr. Day of

Service painting the museum walls. Visitors will notice a distinct difference as they view art on our brand new portable walls and fresh white space. We are also reorganizing our permanent exhibits, so stay tuned for new developments!



More than 20 volunteers helped give the museum a fresh coat of paint during the City's Martin Luther King, Jr. Day of Service.



Lancaster Museum/Art Gallery

44801 Sierra Highway | 661-723-6250 Imagreceptionist@cityoflancasterca.org Free Admission and Tours

Hours

Tuesday - Sunday, 11 a.m. - 4 p.m. Closed Mondays and holidays

The museum will be closed on Sunday, April 12 in observance of Easter. Both the Lancaster Museum/Art Gallery and the Western Hotel Museum will be closed Friday, April 24 through Sunday, April 26 during the California Poppy Festival.

Western Hotel Museum

557 W. Lancaster Blvd. | 661-723-6260 / 6250 Free Admission and Tours

The Western Hotel Museum is open the second and fourth Friday and Saturday of every month from 11 a.m. - 4 p.m.

Cirque Éloize: Nebbia

April 14 | 8 p.m.

Find yourself suspended in a fog of magic and mystery! Cirque Éloize's "Nebbia" (Italian for fog) completes their performance trilogy dedicated to the sky. An awe-inspiring combination of acrobatic, theatre, music and dance arts, this European-style circus will thrill the whole family. www.cirque-eloize.com

Orchestra \$42 | Balcony \$37 | Youth \$25



Mama's Night Out! May 8 | 8 p.m.

A special event for Mother's Day, "Mama's Night Out!," features three hilarious ladies - the Southern wit, the sassy Brit and the New York dame - in an eclectic blend of stand up comedy and audience participation. For mature audiences. www.mamasnightout.com

Orchestra \$32 | Balcony \$27



The Magic Flute

June 6 | 8 p.m. June 7 | 7 p.m.

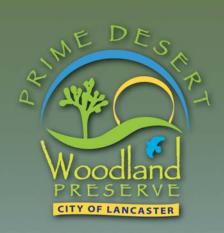
From the virtuosic arias of the Queen of the Nile to the folk song-like melodies of the bird catcher Papageno, the full range of Wolfgang Amadeus Mozart's miraculous talent is on display in this magical fairy tale opera. Presented by the Antelope Valley Symphony Orchestra and Master Chorale.

All Seats \$30 | Youth \$15

lancaster performing arts center

the positively clear choice for entertainment

750 W. Lancaster Boulevard | For tickets or information, call 661-723-5950 or visit www.lpac.org Box office hours: Monday - Friday, noon to 6 p.m. • Saturday, noon to 4 p.m.



Come visit the 100-acre Preserve that features nearly three miles of trails. The trails are open from 6 a.m. to sunset.

Interpretive Center Hours:

Saturday & Sunday: 10 a.m. - 3 p.m. Tuesday & Thursday: 2 p.m. - 5 p.m. Closed Mondays, Wednesdays & Fridays

Fees to attend presentations will be collected at the door of the Interpretive Center on the day of each presentation. All presentations and walks last approximately one hour. Presentations are free for children three years and under. Meet at the Interpretive Center at posted times for all group walks. Group tours are available by appointment; please call 661-723-6230.

Attendance is limited for events in the Interpretive Center.

No reservations

are required.

WONDERFUL ACTIVITIES FOR SPRING!

LIVE BUGS

Saturday, March 7, 4 p.m.

Brent Karner, "The Bug Guy" from The Natural History Museum Ralph Parson Insect Zoo, will give a presentation and share live bugs from around the world. \$3 per person.

BIRD WATCHING WALK

Saturday, April 4, 8 a.m.

Ron Smith, an award-winning wildlife artist and member of the Audubon Society, will lead a walk along the north trail of the Preserve pointing out both resident and migratory birds. This event is great for beginners and will start in the Interpretive Center with a short talk on the history of birding, how to identify birds and what to look for. Remember to bring field guides and binoculars. Free.

BATS

Saturday, May 2, 6 p.m.

Ranger Jean Rhyne of the Mojave section of California State Parks will give a presentation about the truth and myths of bats both local and from around the world. The presentation will include the facts about their unusual lifestyles and their amazing variety of sizes and shapes. Free.

LIVE ANIMALS

Saturday, May 30, 4 p.m.

Volunteers from the Placerita Canyon Nature Center will bring a collection of native animals

from their nature center including a live skunk. \$3 per person.



MOON WALKS

Saturday, March 21, 8 p.m. • Saturday, April 18, 8 p.m. • Saturday, May 16, 8:30 p.m. Jeremy Amarant, Director of the SAGE Planetarium, will teach us about the stars and constellations as he leads visitors on a one-mile walk on the trails of the Preserve. The AV Astronomy Club members will be on hand with their telescopes for a closer look at the night sky. Free.

facility rentals: Visit www.cityoflancasterca.org for information on renting group picnic shelters, barbeques, volleyball courts, horseshoe pits, softball fields, swimming pools, banquet halls and meeting rooms. Visit www.lpac.org for information on renting the Lancaster Performing Arts Center for theatrical and non-theatrical events.

Lancaster Community Services Foundation, Inc. 44933 Fern Avenue Lancaster, CA 93534-2461 PRSRT STD U.S. POSTAGE PAID LANCASTER, CA PERMIT NO. 192

